

## **Momentum 2025 – Annual Sports Report**

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Organized by: Department of Speech and Hearing

Father Muller College, Kankanady, Mangaluru

Dates: 23rd April to 30th April 2025

Venue: Father Muller Ground & Indoor Stadium

Momentum 2025, the annual intra-college sports fest of the Department of Speech and Hearing, was conducted with great enthusiasm and team spirit from 23rd to 30th April 2025. The event aimed to encourage physical fitness, team collaboration, and sportsmanship among students and staff. The week-long fest included a diverse set of indoor and outdoor games and saw spirited participation from all batches.

### **Team Formation**

Four groups were formed with balanced representation and competitive equity:

- Emperors
- Conquerors
- Titans
- Guardians (with one additional member to accommodate all 141 participants)

Teams were finalized via a fair and transparent online auction, following a 3500-point budget system. A total of 141 participants were assigned equally, with the Guardians having 37 players and others having 36 each.

### **Highlights**

- A fair online auction system was implemented for team formation.
- A strict knockout format was followed for all events.
- Participation from both male and female students across all years.
- Collaboration with Father Muller College of Nursing for Athletics.
- Enthusiastic involvement from faculty, staff, and student volunteers.
- Emphasis was laid on discipline, punctuality, and safety throughout.

## 1. Chess



### Winners of Chess

1 <sup>st</sup> place – Karthikeyan (Team Conquerors)
2 <sup>nd</sup> place- Kevin (Team Guardians)
3 <sup>rd</sup> place – Albin (Team Titans)

## 2. Arm-Wrestling



### Winners of Arm Wrestling

Men's category	Women's category
1 <sup>st</sup> place – Adwaith (Team Titans)	1 <sup>st</sup> place – Ashiqa (Team Conquerors)
2 <sup>nd</sup> place – Najmal (Team Emperors)	2 <sup>nd</sup> place – Mithali (Team Emperors)
3 <sup>rd</sup> place – Kevin (Team Guardians)	3 <sup>rd</sup> place – Abigail (Team Conquerors)

### 3. Volleyball

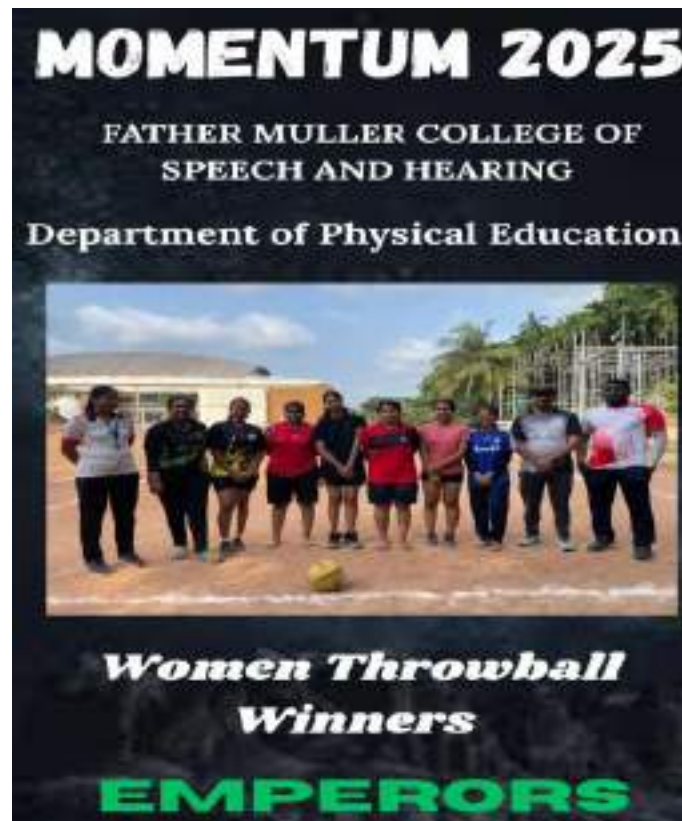


#### Winners of Volleyball

1 <sup>st</sup> place – Team Conquerors
2 <sup>nd</sup> place- Team Emperors
3 <sup>rd</sup> place – Team Guardians



#### 4. Throwball



## 5. Badminton



Men’s Singles		Women’s Singles	
1 <sup>st</sup> place – Lijo (Team Conquerors)		1 <sup>st</sup> place – Angel Sunil (Team Guardians)	
2 <sup>nd</sup> place – Judin (Team Emperors)		2 <sup>nd</sup> place – Reshma (Team Emperors)	
3 <sup>rd</sup> place – Albin (Team Titans)		3 <sup>rd</sup> place - Jeana (Team Titans)	
Mixed Doubles			
1 <sup>st</sup> place – Lijo & Abigail (Team Conquerors)			
2 <sup>nd</sup> place- Judin & Suraksha (Team Emperors)			
3 <sup>rd</sup> place – Leslie & Prathista (Team Guardians)			
Men’s Doubles		Women’s Doubles	
1 <sup>st</sup> place – Judin & Nijay (Team Emperors)		1 <sup>st</sup> place – Diya & Abigail (Team Conquerors)	
2 <sup>nd</sup> place – Sonu & Najmal (Team Emperors)		2 <sup>nd</sup> place – Sweedal & Prathista (Team Guardians)	
3 <sup>rd</sup> place – Lijo & Karthikeyan (Team Conquerors)		3 <sup>rd</sup> place – Anupa & Angel Sunil (Team Guardians)	

Overall, the Badminton winners were Team Emperors

## 6. Football



### Winners of Football

1 <sup>st</sup> place – Team Conquerors & Team Titans
2 <sup>nd</sup> place- Team Guardians & Team Emperors

## 7. Short format Cricket

### Winners of Cricket

1st place – Team Guardians
2nd place – Team Titans
Best Bowler: Ms. Anupa (Team Guardians)
Best Batter: Mr. Albert (Team Titans)
Best Fielder: Mr. Lijo (Team Conquerors)







## 8. Tug of War



Winners of Tug of War	
1 <sup>st</sup> place –Team Emperors	
2 <sup>nd</sup> place – Team Guardians	

## 9. Basketball

### Winners of Basketball

1 <sup>st</sup> place – Team Conquerors
2 <sup>nd</sup> place- Team Emperors
3 <sup>rd</sup> place – Team Guardians



## **Athletics Day and Valedictory Ceremony**

The Athletics events of Momentum 2025 were held on 30th April 2025, in collaboration with the Father Muller School and College of Nursing. The day commenced with the hoisting of the Sports Meet flag, followed by the torch lighting ceremony, symbolizing the spirit of unity and sportsmanship. This was followed by a disciplined and vibrant march past by all four teams. Team Conquerors was declared the Best Marching Team, followed by Team Emperors in second place.

### **The track events included:**

- 100 metres dash (Men & Women)
- 200 metres race (Men & Women)
- 400 metres race (Men & Women)
- 4x100 metres relay (Men & Women)
- 4x100 metres mixed relay





### The field events featured:

- Shotput (Men & Women)



- Discus throw (Men & Women)



Team Conquerors delivered an outstanding performance across both track and field events and emerged as the best-performing team in athletics.

The Best Male Athlete was awarded to Mr. Karthikeyan from Team Conquerors.



The Best Female Athlete was awarded to Ms. Abigail, also from Team Conquerors.

A flash mob event was held midway through the day, showcasing creativity and energy. Team Guardians won the event, followed by Team Titans in second place.

The day concluded with a solemn valedictory ceremony, with the emcees being Ms. Kesiya for FMCOSH and Ms. Muriel for FMCON. The sports meet flag was ceremonially lowered, and the winners were felicitated with trophies and certificates.





## Overall Championship Results:

Champions: Team Conquerors (970 points)



Runner-up: Team Guardians (650 points)



Third Place: Team Emperors (590 points)



Fourth Place: Team Titans (450 points)



The event was a true celebration of athleticism, collaboration, and spirited competition.



## Conclusion

Momentum 2025 was a resounding success, reflecting the unity, energy, and athletic potential of the Department of Speech and Hearing. The initiative not only promoted fitness but also strengthened inter-batch camaraderie. The department extends sincere gratitude to the Director of FMCI, Principal Prof. Cynthia Santhmayor, physical instructors Mr Chandrashekhar and Ms Sushma, staff coordinators of school and college of nursing Mr Santhosh, staff coordinators of college of speech and hearing Mr Pancham & Dr Prashasti, Ms. Melissa, Ms. Velida, Ms. Frannie, Mr. Asif, Ms. Viona and other staff, the student council led by Sports secretary Catherine, student volunteers, and all participants for making this event memorable.

