

ANNUAL REPORT

2018-19

Father Muller Charitable Institutions
Fr Muller Road
Kankanady, Mangalore 575002

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1. INTRODUCTION

With great joy and pride, let me place before you the Annual Report of Father Muller Charitable Institutions for the year 2018-19. God has guided us at every step during this year, and we have experienced the Providence of our benevolent God. The heavenly blessings have resulted in the visible progress made by every Unit of the Institution.

Through this Annual Report, an effort is made to document the administrative performance, the academic achievements and also the magnitude of the service provided by the various Units of the Institution. At the outset, I would like to record with gratitude the guidance provided by the members of the General Body and of the Governing Board, the cooperation and commitment extended by all the Administrators and Executives of various Units and also the loyalty of the Staff and the goodwill of the student community.

Rev. Fr Richard Aloysius Coelho

Director and Secretary of the Registered Society

Father Muller Charitable Institutions

2. OBJECTIVES

Father Muller Charitable Institutions were founded by Rev. Fr Augustus Muller S.J. in the year 1880. This is a Religious Minority Institution, a Registered Society under the Societies' Registration Act XXI of 1860. The Society is established primarily for the following objectives:

1. To perform works of charity by caring for, healing and comforting the sick and disabled without distinction of caste, creed and community,
2. To promote education and research in the field of health care,
3. To conduct hospital and clinical research, and to evaluate and improve the quality of patient care, and
4. To provide for preventive health care by conducting community health service.

3. ADMINISTRATIVE STRUCTURES

26.07.2018, 19.09.2018 and 14.03.2019 to conduct the affairs of the Institutions.

a) GENERAL BODY:

The Society is sponsored by the Catholic Diocese of Mangalore. The Bishop of Mangalore is the President of the Society. The General Body of the Society met on 13.11.2018 when besides consideration of the Annual Report on the affairs of the Society during the year 2017-2018, the members also considered and adopted the Statement of Accounts, the Income and Expenditure Account and the Auditor's Report for the year ended 31st March 2018.

b) GOVERNING BOARD:

The following are the members of the Governing Board:

President

Most Rev. Dr Peter Paul Saldanha,
Bishop of Mangalore

Vice President

Maxim Lawrence Noronha,
Vicar General, Diocese of Mangalore

Secretary

Rev. Fr Richard Aloysius Coelho,
Director, FMCI

Members

Rev. Fr Rudolph Ravi D'Sa,
Administrator, FMMCH
Rev. Fr Vincent V. Saldanha,
Administrator, FMHMCH & HPD
Rev. Fr Ajith Menezes,
Administrator, FMMC
Rev. Fr Roshan Crasta,
Administrator, FMH, Thumbay
Rev. Fr Sylvester Lobo,
Assistant Administrator, FMHMCH & HPD
Rev. Fr Nelson Dheeraj Pais,
Assistant Administrator, FMMCH

Elected Members

Mr M.P. Noronha
Mr John E. D'Silva
Rev. Fr Dionysius Vas SJ
Rev. Sr Mariette BS
Prof. Aloysius H. Sequeira
Mr Naveen D'Souza
Dr Lavina Noronha
Mr C.G. Pinto

Governing Board Meetings:

During the period under report, the Governing Board of Father Muller Charitable Institutions met on 12.04.2018,

c) MANAGING COMMITTEE:

The Managing Committee consisting of the Director, Administrators, Chief of Research, Dean, Principals, Vice Principals, Medical Superintendents and Chief Nursing Officer meet 4 times in a week to share, discuss and plan out various day-to-day activities for the smooth running of the Institutions and its effective administrative functioning. Keeping in mind the administrative decentralization, Father Muller Medical College and Hospital have two meetings a week, Father Muller Homoeopathic Medical College and Hospital and Father Muller School and College of Nursing have one meeting a week each and Father Muller Hospital, Thumbay once a month in the Director's Office.

d) ADVISORY COMMITTEE OF F.M.C.I.:

Director
Administrators
Assistant Administrators
Chaplains
Superior, Sisters of Charity
Chief of Research
Dean, Father Muller Medical College (FMMC)
Vice Dean, FMMC
Principal, Father Muller Homoeopathic Medical College (FMHMC)
Vice Principal, FMHMC
Principal, Father Muller College of Nursing
Vice Principal, Father Muller College of Nursing
Principal, Father Muller College of Speech and Hearing (BASLP)
Principal, Father Muller School of Nursing
Medical Superintendent, Father Muller Medical College Hospital (FMMCH)
Medical Superintendent, Father Muller Homoeopathic Medical College Hospital (FMHMCH)
Medical Superintendent, Father Muller Hospital, Thumbay
Deputy Medical Superintendent, FMHMCH
Chief Nursing Officer
Coordinator, P.G. Studies, FMMC
Coordinator, P.G. Studies, FMHMC
Coordinator, P.G. Studies, FMCON
PG Programme Advisor, FMHMC
Course Coordinator, MHA, FMMC
Coordinator, U.G. Clinical Studies, FMMC
Coordinator, U.G. Para Clinical Studies, FMMC
Coordinator, U.G. Pre Clinical Studies, FMMC
Course Coordinator, BPT and MPT, FMMC
Course Coordinator, B.Sc. (MIT), FMMC
Course Coordinator, B.Sc. and. M.Sc. (MLT), FMMC
Course Coordinator, B.Sc. (Radiotherapy), FMMC
Interns Coordinator, FMMC
Interns Coordinator, FMHMC
Manager, Human Resource Department

4. TRANSFERS AND APPOINTMENTS

1. Rev. Fr George Jeevan Sequeira, Assistant Administrator, Father Muller Medical College Hospital joined St John's National Academy of Health Sciences for MHA Studies on 26.08.2018.
2. Rev. Fr Nelson Dheeraj Pais was appointed Assistant Administrator of Father Muller Medical College Hospital on 01.11.2018.
3. Dr B. Sanjeev Rai was appointed Chief of Research on 11.11.2018.

5. THE CHRONICLE

Electoral Awareness Program :

An Electoral Awareness Program was organised by the District Election Commission of India along with Mangalore City Corporation by establishing SVEEP – Systematic Voters Education and Electoral Participation Committee on 7th April 2018 and 20th March 2019 for all the teaching and non-teaching staff of the Institutions.

Feast of St Joseph – Workers' Day – May 1:

The Feast of St Joseph, Patron of Workers, was celebrated with a solemn Holy Mass at 8.00 a.m. in St Joseph Chapel. **V. Rev. Fr Walter Oswald D'Mello**, Judicial Vicar of Diocese of Mangalore was the Main Celebrant and he preached a meaningful homily. Lunch was served to all the staff and the employees.

International Yoga Day – June 21 :

Father Muller Charitable Institutions and its Educational Units observed International Yoga Day on 21st June 2018 at Father Muller Indoor Stadium. Mr U.T. Khader, Hon'ble Minister for Urban Development and Housing, Government of Karnataka was the Chief Guest and Rev. Fr Richard Aloysius Coelho, Director, FMCI presided over the program. After the inaugural program a Yoga Session was conducted for the benefit of the staff and students of FMCI.

Feast of St Joachim & St Anne, Patrons of FMCI – July 26:

The Feast of St Joachim and St Anne was observed with a concelebrated solemn high mass at 8.00 a.m. in St Joseph Chapel. **Rev. Fr Wilfred Prakash D'Souza**, Director, St Joseph Engineering College, Vamanjoor was the main celebrant. A dinner was hosted in the evening to the members of the Governing Board, the Registered Society, the Managing Committee of FMCCS, the Advisory Committee of the Institutions and Priest and Religious of the City and Episcopal City Varado.

Independence Day – August 15:

After a solemn Eucharistic celebration at 8.00 a.m. in St Joseph Chapel, the staff, faculty members, students and

members of the Advisory Committee assembled in front of the Hospital for the Flag Hoisting Ceremony. **Dr Leo Francis Tauro**, Professor and HOD of General Surgery, who was the Chief Guest, unfurled the national flag and gave a message.

Farewell Program to Bishop Aloysius Paul D'Souza – August 21 :

A short farewell program was organized in FMCI to Most Rev. Dr Aloysius Paul D'Souza, the retiring Bishop of Mangalore on 21st August 2018, who served the Diocese of Mangalore as well as our Institutions as President with great zeal and fervour for 22 long years. On the same day the Bishop Elect Most Rev. Msgr Peter Paul Saldanha was given a ceremonial welcome.

Feast of the Nativity of the B. V. Mary – September 8 :

The Feast is kept up with traditional solemnity and gaiety as a family feast in Mangalore. Rice corn were blessed in front of the Grotto near Mother Teresa Hostel Block at 7.30 a.m. and taken in a procession to St Joseph Chapel. A solemn festive High Mass was offered thereafter. The students as usual organized a 9-day novena earlier in honour of Mother Mary.

All Saints Day, Death Anniversary of our Founder and Karnataka Rajyothsava Day – November 1:

While 1st November is celebrated as all Saints Day, at FMCI, it was also observed as the 108th Death Anniversary of our beloved Founder, Rev. Fr Augustus Muller S.J. and also as Karnataka Rajyothsava Day.

Inauguration and Blessing of Additional Floor of Asha Kiran Block and Mother and Child A and B Block – November 1:

The Additional Floor of Asha Kiran Block and Mother and Child A and B Block- space for Clinical Departments was inaugurated and blessed by Most Rev. Dr Peter Paul Saldanha, Bishop of Mangalore on 1st November 2018.

Inauguration and Blessing of Father Muller Salvadore Monteiro Rural Health Training Centre – November 1:

Father Muller Salvadore Monteiro Rural Health Training Centre at the Pope Layout, Bajpe, was inaugurated by Mrs and Mr Salvadore Monteiro and blessed by Most Rev. Dr Peter Paul Saldanha, Bishop of Mangalore on 1st November 2018. Guests of Honour Shri U.T. Khader, Hon'ble Minister for Housing and Urban Development, Government of Karnataka and D.K. District In-charge minister unveiled the plaque and Dr Y. Bharath Shetty MLA, Mangaluru North Constituency, inaugurated the first floor. On the same day, a free health camp was conducted in the Centre from 9.00 a.m. to 1.00 p.m. The response was overwhelming and 1200 patients were the beneficiaries.

Re-accreditation by NABH :

Father Muller Medical College Hospital was re-accredited by NABH for the period 3rd August 2018 to 2nd August 2021. This is a matter of great pride and joy. Our efforts yielded fruits.

Christmas Celebration: December 15:

The annual Christmas program was organized by the Staff and Students for the patients, their relatives, attenders and the public on 15th December 2018 in front of Asha Kiran Building. **Dr M. Shantharam Shetty**, Pro-Chancellor, Nitte University was the Chief Guest. He gave an apt and inspiring message.

Christmas – December 25:

Christmas was celebrated with traditional fervour and solemnity. Cribs were put up in every Ward. The nursing staff along with the nursing students and employees decorated the respective Wards and Departments with Christmas trees and stars. There was a festive look everywhere.

Christmas and New Year Get-together – January 3:

A Christmas and New Year dinner get-together was held on 3rd January 2019 in front of St Joseph Chapel for the doctors, faculty members, members of the Governing Board, Managing Committee of FMCCS and the Advisory Committee. It was truly a family get-together of Mullerians. The children of our staff enjoyed competitions and won a few prizes.

Republic Day – January 26:

A solemn Eucharistic celebration was held at 8.00 a.m. in St Joseph Chapel after which the staff, faculty members, students and members of the Advisory Committee gathered in front of the Hospital for the Flag Hoisting Ceremony. **Dr Safeekh A.T.**, Professor and Head of the Department of Psychiatry, the Chief Guest, unfurled the National Flag and gave an inspiring message, asking the youth to develop the virtues of hard work and responsibility.

Father Muller Rural Health Centre – February 19:

A Rural Health Centre was inaugurated at Permude in association with St John the Baptist Church Permude on 19th February 2019 in the Church premises.

Father Muller Research Block and Audiology Block – February 23:

The new Father Muller Research Block and Father Muller Audiology Block was inaugurated by Prof. Dr Zabidi AM Hussin, Former Vice Chancellor, Peradana University and presently the Director of Research and Innovation, Mahsa University, Malaysia and blessed by Most Rev. Dr Peter Paul Saldanha, Bishop of Mangalore and President of FMCI on 23rd February 2019.

Founder's Day - March 13:

The 178th Birthday of our beloved Founder Rev. Fr Augustus Muller SJ. was commemorated with love and gratitude. He spent himself in the service of the poor, the needy, the sick and the suffering. A solemn Mass was offered by the Bishop of Mangalore Most Rev. Dr Peter Paul Saldanha on 13th March 2019 at 8.00 a.m. in St Joseph Chapel in honour of the Founder.

Inauguration and Blessing of new facilities – March 13:

Advanced 128 Slice C.T. Scan, renovated Fatima Ward and sump and overhead tank was inaugurated and blessed by Rt Rev. Msgr Maxim L. Noronha, Vicar General of the Diocese

of Mangalore and Vice President of FMCI on 13th March 2019 at 9.15 a.m. followed by felicitation and honouring of the architects, contractors, etc.

Institutions' Day - March 13:

A cultural program was conducted by the teaching and non-teaching staff of our Institutions in the Father Muller Convention Centre and prizes were distributed to those staff (teaching and non-teaching) who have won in various sports and games conducted as part of the Institutions Day. Rt Rev. Msgr Maxim Noronha, Vicar General of our Diocese and Vice President of FMCI presided over the function. At 1.30 p.m. lunch for all the staff and students of FMCI was served at Muller Dine.

In view of Institutions Day, the following competitions were held :

1. Cricket
2. Athletics – shot put, standing jump, single legged race/ hopping, track race
3. Kabadi for gents
4. Throw Ball for ladies
5. Badminton singles and doubles
6. Volley Ball for gents
7. Tug of War – ladies/gents
8. Lucky Games / spot games / Housie-Housie

6. VISITORS

1. Ms Madeleine Baumann, Dean of International Affairs, Switzerland visited FMCI as an Expert Member for planning and executing students interprofessional research projects on 7th January 2019.
2. The Christian Cooperative Credit Union Limited, Dhaka, Bangladesh, visited FMCI on 20th August 2018, headed by its President Mr Babu Markus Gomes and his team. They went round our Medical College Hospital and appreciated the facilities, functioning and cleanliness. Their visit was in view of starting a 300 bedded General Hospital in Dhaka. They were happy with the input given.

7. PASTORAL CARE MINISTRY

The Institution aims at giving holistic care to all patients and provides a spiritual atmosphere to all who enter here. Keeping its motto 'Heal and Comfort' in the forefront, the spiritual and pastoral aspect of the healing ministry is given due importance. With the active involvement of all the priests on the campus, and cooperation from the Sisters of Charity, Helpers of Mount Rosary and the Hostel Wardens, the spiritual and pastoral care ministry is carried out effectively and ardently. The Pastoral Care Unit is headed by Rev. Fr Felix Monteiro and assisted by Rev. Fr Melwyn D'Souza and Rev. Fr George D'Souza, OFM, Cap.

The main objectives of the spiritual and pastoral ministry are:

- To look after the spiritual needs of the patients, the students and the staff.
- To encourage and motivate the staff and students to pass on the healing touch of Christ by their good example and prayerful life.
- To instil and promote the growth of spiritual and moral values among the students.
- To enliven Christian life on the campus in such a way that those who walk in may experience an atmosphere of peace and tranquillity.

SPIRITUAL ACTIVITIES:

- **Eucharistic Service:**
 - 5.45 a.m. - Mass in Hospital Chapel (Konkani)
 - 6.15 a.m. - Mass in St Joseph Chapel (English)
 - 7.45 a.m. - Mass in St Joseph Chapel (English) on week days and 8:00 a.m. on Sundays
- **Sacrament of Reconciliation:** Every Thursday from 5.30 p.m. to 6.30 p.m. two Chaplains are available for confessions.
- **Monthly Recollection:** On the third Sunday of every month, Recollection is held for Religious Sisters in the Hospital Chapel from 9:30 a.m. to 12:00 noon.
- **Annual Retreat:** The annual retreat was organized in two batches. On Tuesday, 2nd April 2019, the retreat was organized for all Christian students of Nursing and BASLP course and on Wednesday, 3rd April 2019 for all Christian students of Medical College and Allied Health Sciences. Both days, the retreat was preached by Rev. Fr Augustine Mundackatt VC, Vice Provincial, Superior of the Vincentian Congregation. The live music was given by Mrs Corrine Rasquinha, Founder of While Doves Group, Mangalore.

A half day retreat was conducted for the non-Christian students of Nursing and BASLP course on Tuesday, 2nd April 2019 and on Wednesday, 3rd April 2019 for all the non-Christian students of the Medical College and Allied Health Sciences in the Academy Hall by Rev. Fr Rockwin Pinto, Professor of St Joseph's Seminary, Jeppu, Mangalore.

- **Liturgical Committee:** This Spiritual Animation Group meets regularly to plan for the spiritual activities on the campus.
- **Jesus Youth:** The active Jesus Youth group has about 100 Catholic students who meet every Wednesday from 8.00 to 9.00 p.m. for praise and worship.
- **Altar Servers:** Around 300 students are trained as Altar Servers and their service is available at every spiritual activity on the campus.
- **Weekly Holy Hour:** Every Friday from 8:00 to 9:00 p.m., Adoration is held in St Joseph Chapel.
- **Counselling Ministry:** One of the Chaplains is available during the designated hours to provide counselling to the needed students and staff.

- **Other Spiritual Help:**

- Every day the Chaplains visit the patients in the Hospital to provide spiritual help.
- The Sacrament of the Sick is given to the needed patients.
- The Public Address System is used daily for morning prayers and evening rosary.
- During the Lenten season, 'The Way of the Cross' is conducted.

In the month of October, FMCI Family Rosary devotion is conducted in St Joseph Chapel in turns by Christian students of different hostels.

8. ACCOUNTS & ESTABLISHMENT DEPT

Vision and Mission:

The vision of the Department is to have a transparent, efficient and proficient group of professionals. The mission of the Department is to keep the accounts of the Institution up-to-date in a transparent and time-bound manner as per the rules and regulations.

Goals and objectives:

As quoted from Henry Ford, "Coming together is a beginning; keeping together is progress; working together is success", the Department believes in the objective of creating a congenial environment that fosters productivity through teamwork, ensuring financial stability, utilizing professional skills for effective functioning of the timely accounting and financial operations.

Organization Chart:

The Accounts Department is headed by an Accounts Superintendent who is assisted by nine staff members. The Establishment Section is headed by Establishment Superintendent who is assisted by two staff members.

Key Functions of Accounts Section:

1. Centralized accounting for all the distinct units of FMCI.
2. Verification of all invoices submitted by vendors and claims submitted, in compliance with the policies of the Institution and in accordance with the systems and processes ensuring statutory compliance.
3. Cash payments (disbursements).
4. Statutory compliance.
5. Procurement management, systematic preparation and implementation of budgets.
6. Interim and annual financial statements.
7. Maintain, verify and update accounting journals, ledgers, other relevant financial records and regularly monitor transactions.
8. Documentation of books of accounts and systematic record keeping of all financial transactions.

Key Functions of the Establishment Section (Payroll Management):

1. Collect, compile and enter payroll data using appropriate software.
2. Review and verify source documents, process payroll by established deadlines.

3. Issue statements of earnings and deductions, reconcile employee deductions.
4. Payments and filing returns of PF, TDS, ESI.
5. Update payroll records by recording changes including insurance coverage, welfare fund payments and salary increments, process records of new employees, terminations, transfers and promotions payments.
6. Prepare and print payroll reports of earnings, taxes, insurance, leave, PF, TDS, ESI and address employee's pay related concerns.
7. Documentation of comprehensive payroll records.
8. Statutory compliance with regulations and guidelines.

9. HUMAN RESOURCE DEPT

A talented and skilled workforce is the lifeblood of every organization and the management of such a workforce through a strategic approach creates and fosters an outstanding service-oriented culture. Our human resource initiatives are engaged in alignment with the strategic goals of the Institution, inculcating a service-oriented culture among staff built on the values of proficiency, objectivity, integrity, respect and quality care.

The HR Department is delegated with the work concerning management of people within the Institutions, focusing on policies and putting employee related systems in place. It is designed to maximize employee performance in alignment with the Institutions strategic objectives. It is also responsible for overseeing employee recruitment, training and development, performance appraisal, employee-benefit and pay benefits. HR also concerns itself with organizational change that continues to lead to quality enhancements, standardizations and accreditations.

The HR Manager along with the Officer, Junior Assistants and other staff co-ordinate with the management and the employees in order to implement the tasks assigned to the Department.

During the fiscal year 2018-19, the Department focused on the following strategic priorities:

- **HR Manual:** The Human Resource manual, a document detailing the policies regarding employee management is being used and referred to, in order to have consistency in the norms and standards at par with the QCI. This manual which was prepared a few years back includes SOP's and policies pertaining to all aspects of Human Resource Management; a reflection of the Institutions underlying deep conviction for uniformity and precision.
- **Manpower Planning:** Strategic HR planning was initiated to understand the need and dynamics of personnel required by the various departments of the Institutions. Skills and competencies required for various positions were identified in order to accomplish Institutional goals. Based on requisitions forwarded by Departmental heads, job specifications and descriptions were drawn up keeping in mind the Institution's futuristic visions. Manpower planning

was also initiated when requisitions were forwarded by the Head of the Department or In-charge due to staff superannuation and resignations.

- **Talent Acquisition:** Talent is the commendable asset that constitutes and enables the success of the Institutions. The Department has been efficiently maintaining a database for various posts and usually applicants from this database are screened for interviews. However, advertisements are placed in news papers or in our website if required. This year advertisements have been placed only on our web-site, as sufficient applications were available in our Database. For a few job profiles though, Employment Exchanges such as 'Employ Me' and 'Placement Point' were contacted. After applications are screened, tests are held followed by panel interviews. Once the recruitment formalities are complete, the selected candidates are informed orally or by correspondence to comply with the pre-joining formalities.
- **Conformity of Recruitment Policies:** The protocols of the recruitment policy of the Institution are required to be followed by the selected candidates. Cross verification of certificates, testimonials and antecedent employment verification processes are done by the Department. The department also arranges for pre-medical health check-up to be done by the new recruitee as part of pre-joining formality. During the year, 811 candidates were called for interviews, of which 694 attended the same. Of these 624 candidates were selected against various vacancies and 587 incumbents have joined.
- **Induction and Orientation:** An Orientation session for all the new entrants is conducted by the HR Manager through an audio-visual presentation on the ethos and culture of the Institution. Briefing is given to these staff on the Institution's history, code of conduct, work culture, benefits, eligibility and other matters relevant for working in the new organization. Induction duly helps the staff to acclimatize to their jobs and work environment also fostering a sense of belonging to the new organization. The new entrants are also educated on Patient Rights and responsibilities as part of the orientation programme.
- **Performance Management:** Effective performance management is essential for an Institution. Through both formal and informal processes, it helps them align their employees, resources, and systems to meet their strategic objectives. It also helps for motivating the staff to achieve the desired performance and work results. The HR Department reviews the performance of the staff on a regular basis through performance appraisal. Appraisal of staff performance is done on a quarterly/ half-yearly/ yearly basis of the newly recruited employees in order to evaluate the performance, aptitude and professional acumen. This evaluation is done by In-charges, Departmental Heads, Administrators and then approved by the Director. Further orders are prepared based on the appraisals. The HRD sends these appraisal forms on time and assists the appraisers if required, to assess the employee's performance in a more

objective and systematic way. Annual appraisal assessment of the staff on confirmed basis is also carried out and over 2000 non-teaching staff appraisal work was organized by the HRD.

- **Staffing Orders:** One of the primary chores of the HRD is the preparation and issue of appointment orders, job description, probation, extension and confirmation orders. The Department also prepares a study on matters connected with increments, pay revision, promotions, transfers etc. and prepares the same in compliance with the instructions of the Management. Work related to resignation, retirement, and termination including No Dues Clearance and settlement after discharge is undertaken by the Department.
- **Leave Management:** Administration of Leave is another feature of the Departmental work profile. The Department manages leave related work of employees efficiently, with transparency and ensures accurate carry forward of leave accruals, leave approvals and encashment. Maintenance of Attendance and an up-to-date Leave Record of all staff is another major function of this department. Leave registers are updated and preserved where the details of the leave accrued and availed is recorded. A leave synopsis is also submitted to the Establishment section for processing salary every month. Biometric technique of recording attendance is also being observed.
- **Statutory Obligations:** Statutory obligations connected with payment of wages such as enforcement of payment of wages, minimum wages, variable dearness allowance etc are complied with and upgraded. The HR Department also assists the Management to comply with the various statutes related to the Labour department such as Employment Exchange Act, Maternity Benefit Act, Payment of Gratuity Act, Labour Welfare Fund Act etc.
- **Personnel Records:** The oldest and most basic human resource management function is employee record-keeping. This function involves recording, maintaining, and retrieving employee related information for a variety of purposes. All PERSONNEL records of staff in the Institution are kept in a systematic order. Documentation of a staff's personal details, educational qualifications, past work experience, cumulative records, orders, disciplinary issues and other related records are maintained in the Personnel file of each staff and these files are retained for ready reference and use. Presently the department maintains a collection of over 6000 personnel files of present as well as past employees of the Institutions.
- **Human Relations:** Cordial relationships between employees and management are of considerable significance in the Institution. The Department acts as a bond between the Management and the employees ensuring good human relations in the Institution. Employee grievances and related issues are usually channelled through the Department. The Manager counsels and advises staff as and when required and as per the instructions of the Management. All

disciplinary related issues are processed through the Department. Legal issues are also dealt with by this section.

- **Accreditation:** The HR function involves managing change, quality, technology, innovation, and diversity. It is no longer confined to the culture or ethos of the Institution; its keynote is a cross-fertilization of compliances from different Boards. As such, the department is involved with work related to setting up of standards, records and in the implementation of compliances according to NABL, NABH and NAAC. The department is also actively involved in the preparation of agreements, manuals and policies required to be followed by these Accreditation Boards. HR Manager is a member of the Core-committee and a member of a few other Committees relating to NABH.
- **Staff Health Concerns:** Maintaining welfare, health and observing safety measures for employees is not just a function of the HR, but is contemplated as a mandatory concern and implemented by the Management. The HR Section issues staff health files and allots grades as per the Institution's policy for concessions, free medicines and health benefits. The management has introduced annual health check-up for patient-care givers of the Hospital since a few years. An immunization programme for the staff especially in direct contact with patients is also initiated.
- **Training and Development:** Training and Development is a core function of the Institution's HR Department and imparts employees the skills and knowledge to perform their jobs effectively. In addition to providing training for new or inexperienced employees, the Institution often provides training programmes for experienced employees or those who are undergoing change in their job profile. Training programmes provide useful means of assuring that employees are capable of performing their jobs at acceptable levels and also improves the performance of staff. This has been inculcated with systematic approaches to improve employee skills, performance and change trends. Training calendar is prepared and training on various modules including training on occupational hazards, safety, patient care, resuscitation and other aspects are planned, conducted and training records maintained in the HR department.
- **Credentialing and Privileging:** As part of NABH guidelines and standards, the HR Department is actively involved in the Credentialing and Privileging aspects of Nurses and Doctors. Credentialing and privileging processes have been prepared, assessed, aligned and documented as per rules.
- **General administration:** The Department provides support to the Management in the day-to-day administration of matters related to maintenance of attendance of security, duty postings, issue of identity cards, issue of dependent folders to the eligible dependents of the staff, employment verification, staff substitute matters, assisting and guiding MHA students while on their postings in the Department and all other tasks assigned by the Director/Administrators.

- **Staff Development and Achievements:** Ms Jyothi Pinto, HR Manager has been involved in various Conference/ Training programmes as follows:
 - Guest Speaker for students of MHA- Department of Hospital Administration, Father Muller Medical College on 19.02.2019 on the topic “Functions of Human Resource Department in a Hospital”.
 - Resource Person for NSS special camp, Father Muller College of Nursing held on 21.01.2019 on the topic “Techniques on Effective Communication”.
 - Trainer on Orientation/Induction for non-teaching staff every month during the period April 2018- March 2019.
 - Resource person on Soft Skills, IPR and Communication Skills for Staff conducted in-house, monthly during the period April 2018 to March 2019.
 - Resource person on Staff Rights and Responsibilities, Patient Rights and Responsibilities and Emergency Codes for non-teaching staff held twice a year between April 2018 to March 2019.
 - Presented a paper on the topic “Recruitment and Retention” at the national conference on “Empowering Human Resource for Quality Care” at Athena College of Nursing on 08.03.2019.

Bejai Property	0.89 acres
Mullakadu Property	17.29 acres
Udupi Property	10.00 acres
Kulshekar property	12.00 acres
Thumba Hospital	2.92 acres

- **Court Cases:** Court cases pertaining to the property, tenant problems as well as the consumer court are followed up and attended. Consultation with the advocates, appearance before the Court for evidence and representing the Institutions whenever necessary is the major work in the court cases. This is naturally a prolonged process which needs special attention and good rapport with advocates and the law enforcement authorities like the Police and Deputy Commissioner’s office.

- **Liaison Work:** The Department also acts as a liaison between all the four Colleges on the one hand and RGUHS, Mangalore University, CET, ISM, DME and KMC, etc. at Bangalore on the other.

- **Miscellaneous:** The Department also looks after the institution’s boiler which supplies steam to the kitchen and the laundry. Periodical supervision is done and assistance given in inspecting the same by the Directorate of Factories and Boilers and records are maintained.

- **Other Activities:** Assisting and guiding M.H.A Students regarding property and other matters, supervision of Staff Quarters, Doctor’s Quarters, Muller Nest, Muller Court and other works assigned by the Director/Administrators is undertaken by the Department.

10. PROPERTY/ESTATE DEPT

Staff : 1

Activities carried out by the Department:

- **Estate/Property matters:** The Estate Department keeps the records up to date in the various government offices such as Village Panchayats, City Corporation, Taluk Office, Village Accountant’s Office, etc. A continued follow up of the works like procuring various documents such as sale deeds, RTCs, khata certificates, conversion orders, rent bonds and payment of self-assessment tax, etc. is done through this Department. Some of the land owned by Father Muller Charitable Institutions is given out on annual lease and monthly rental basis. When the lease holders come forward to purchase owner’s right, the Department deals with the request after approval is granted by the Governing Body.
- Survey of the land property, attending to the problems of moolgeni cases, chalgeni cases, land given on lease, preparing rent bond of the tenants and follow up of the collection of rent, purchase / sale of land, if any, registration and related works, etc. is also the work of the Department.

Immoveable property owned by Father Muller Charitable Institutions:	
Kankanady Campus	30.41 acres
Deralakatte Campus	37.52 acres
Navoor Bantwal Property	15.82 acres
Jappinamogaru	0.99 acres
Attavar Property	3.20 acres

11. REHABILITATION UNIT

The Rehabilitation Unit completes 54 fruitful years in the service of the physically challenged. Since its inception it has been working hard for the betterment of the physically challenged people. At present there are 5 trainees.

The Unit imparts training in the making of various types of handicrafts and sells them to pay the trainees and to help them to become self-dependent.

Sales: The sales statement for the consecutive two years is as follows:

Sales: The sales statement for the consecutive two years is as follows:

	2017-2018 (Rs.)	2018-2019 (Rs.)
State	8,22,358.50	10,96,416.00
Inter state	5,11,500.00	5,66,768.00
Export	15,630.00	20,000.00
Cash	4,39,458.57	4,58,960.00
TOTAL	17,88,947.07	21,42,144.00

ORDERS: This year we received a few large orders from different organizations.

- The Catholic Association of South Kanara (CASK), Mangalore placed an order for 592 file folders.
- India Shop, U.K. placed an order for 600 gold painted batik small cards.
- St Agnes College, Mangalore ordered 100 files folders for their Conference.
- As usual MESH from Delhi placed large orders for Gold painted card (small, medium, large), back pack bags small and large, table cloth, korah bag with logo and other items
- We also get orders for file folders, badges from different parishes and Colleges.
- Another new party Vyvic Educational Needs ordered jumping jacks, plywood- mobile elephant, picture dominoes etc.
- C.T Philip, Chennai placed an order for 750 Batik Cards (small, medium, large) and 100 cotton wall hanging gold painted.
- C. Morris, Tamil Nadu placed an order for 175 Batik Cards (small and medium) and 30 batik gold painted card small.
- Ms Rashmi Sharath Chandra placed an order for 300 Batik Christmas medium cards.
- Dr Derek Lobo placed an order for 150 block print cards.

Trainees Welfare: Besides meeting the medical expenses of the trainees, it also helps the trainees in their special needs. As usual Christmas was celebrated and the trainees received cash gifts from the Institutions.

Visitors: Ms Barbara Roeper as usual visited our unit this year also. She took some of our items to Germany to sell and promote. Students from different colleges visited our Unit.

Staff: There are 8 staffs on the roll. They are actively connected with the Unit and are rendering their full support and co-operation for the smooth functioning of the unit.

12 ST JOSEPH LEPROSY HOSPITAL

In the year 2019 St Joseph Leprosy Hospital completed 129 years of useful service to the cause of leprosy relief.

Orientation:

In the year 2019 St Joseph Leprosy Hospital completed 129 years of useful service to the cause of leprosy relief. Various Medical and nursing students, social workers, school and college students, who visit the hospital regularly, were given orientation and health education on leprosy and other skin diseases through slides and posters. Institutions whose students visited the St Joseph Leprosy Hospital are KMC, Manipal; Unity Health Complex, Mangalore; NITTE Institutions, Mangalore; SCS College of Nursing, Mangalore and Bangalore University. In all, 13 Nursing Colleges made study visits to our Leprosy

Hospital. They were given health education and awareness on Leprosy by Mr Harish and Mr Suresh. 696 students benefited from this exposure visit.

Orientation:

Various Medical and nursing students, social workers, school and college students, who visit the hospital regularly, were given orientation and health education on leprosy and other skin diseases through slides and posters. Institutions whose students visited the St Joseph Leprosy Hospital are KMC, Manipal; Unity Health Complex, Mangalore; NITTE Institutions, Mangalore; SCS College of Nursing, Mangalore and Bangalore University. In all, 13 Nursing Colleges made study visits to our Leprosy Hospital. They were given health education and awareness on Leprosy by Mr Harish and Mr Suresh. 696 students benefited from this exposure visit.

Anti Leprosy fortnight program from 30th January to 13th February 2019:

Sparsh Leprosy Awareness Campaign and Free Skin Camp was conducted on 02.02.2019 at D.K. Zilla Panchayat Higher Primary School, Deralakatte, Belma. The program was jointly conducted by St. Joseph Leprosy Hospital (a Unit of Father Muller Charitable Institutions), District Health and Family Welfare Society (Leprosy Division), and D.K. Zilla Panchayath Aided Hr. Pry School, Deralakatte, Belma. The Assistant Administrator of Father Muller Medical College Hospital, Rev. Fr Nelson Dheeraj Pais presided over the function. The Chief Guest Dr Rathnakar, District Leprosy Officer, inaugurated the Free Skin Camp. Mrs Vijaya Krishnappa, President of Belma Grama Panchayath gave a message on importance of cleanliness. Dr Sukumar D., HOD of Dermatology gave an awareness talk on leprosy. Mr Suresh K., Para Medical Worker, proposed the vote of thanks. Around 200 people were present for this program. Finally, a free skin camp was conducted for the general public. A total 135 people benefited from this free skin camp. Posters and banners were displayed for public exhibition.

Special events and activities:

Mr Vijay Inbanathan from District Leprosy Unit visited the Leprosy Hospital and inspected the Grant-in-aid bills and Drug register Book on 08.06.2018, 27.07.2018, 07.11.2018 and 22.02.2019.

Mr Suresh K. attended IDF grant release function 2018-2019 at Khincha Hall, Bharathiya Vidhya Bhavan, 43, Race course Road, Bangalore on 23.10.2018.

At present there are 9 deformity cases in the project area. Once a week Mr Harish and Mr Suresh visit these patients and do the needful service such as water soaking, simple dressing, callosity removal, physiotherapy assessment, exercise, health education to patients and family members regarding prevention of disability.

Details of Free Care:

As on 31st March 2019, free care given amounted to Rs.9,72,714.00.

Inpatients: Out of 30 beds, 2 are occupied by destitutes. The rest are utilized for medical and other ailments, especially for ulcer care.

Year	2017-18	2018-19
Admissions	82	90

Physiotherapy: The full time Lepro-Physiotherapist is responsible for the routine physiotherapy procedures and exercises of the leprosy patients.

Year	2017-18	2018-19
Oil massage and exercise	570	558
Sensory and motor assessment	90	98
B.K. plaster application	7	15
Soap water soaks for dry feet and callosity removal	471	475

The Department Staff is responsible for the socio-economic assessment and counseling of patients, guiding them to respective doctors/surgeons/counters.

Year	2017-18	2018-19
Assessment for MCR footwear	238	223
Health talks for students and <i>Street-shakthi</i> groups	23	24

Footwear Department: MCR. footwear is provided usually free of cost or at a subsidized rate to the leprosy patients. It is also provided at a nominal cost to patients referred to by general and orthopedic surgeons.

Year	2017-18	2018-19
New pair of chappals prepared	238	223
Old footwear repaired	609	505
Anterior foot drop spring	7	10
MCR insole	40	59
Metatarsal arch pad support	129	139
Metatarsal bar	113	164
Horse shoes	19	19
Donat nut	7	2
Thomas heal	38	87

Ulcer Care: Most of the patients admitted are for ulcer care. Besides this, 15 patients were admitted for general problems. Patients from other states also come for treatment.

Year	2017-18	2018-19
Skin biopsy	20	23
Dressing (outpatient)	21	37

Statistics:	M.B. (Multi Bacillary)	P.B. (Paucibacillary)
No. of Hansen Disease cases as on 01.04.2018	25	4
No. of new cases registered during the year	33	5
No. of relapse cases registered during the year	1	1
No. of cases discharged during the year	33	8
No. of cases on record at the end of the year	26	2

13. FATHER MULLER RESEARCH CENTRE

The Research Centre is established:

- To create zeal among students and faculty members towards research and also promote research in various departments of our educational Institutions.
- To establish collaboration with other Universities, Public and Private sector research Institutions / Centres.
- To develop core Competence and Consultancy.
- To innovate, establish Patents and I.P.R.
- To encourage our faculty and students to contribute research articles in high impact journals and to publish in-house research journal.

Inauguration of New Premises for FMRC:

Father Muller Research Centre was shifted to a new building and it was inaugurated by Prof. Zabidi Hussin, Director of Research, Mahasa University and ex-Vice Chancellor, Perdana University, Malaysia, on 23rd February 2019 and blessed by Most Rev. Dr Peter Paul Saldanha in the presence of the Director, Rev. Fr Richard Coelho, Administrators, MC members, staff and students.

Staff:

Dr B. Sanjeev Rai
 Dr Muralidhar D V
 Dr Beena Antony
 Dr Shivshankara
 Ms Praseena
 Ms Bincy Philip
 Ms. Prathima
 Ms Cleeta Reberio
 Ms Zomuanpui Colney
 Ms Poornima
 Ms Arpitha and other office staff

Nearly 30 researchers are availing the facilities from the Centre. The Research Centre is ably supported by an active Advisory Body consisting of

Dr B. Sanjeev Rai, *Chief of Research, Chairperson*
 Rev. Fr Rudolph Ravi D'Sa, *Administrator, FMMCH*
 Rev. Fr Ajith Menezes, *Administrator FMMC*
 Rev. Fr Roshan Crasta, *Administrator, FMHMC*
 Dr J P Alva, *Dean, FMMC*
 Dr Shivprasad K., *Principal, FMHMC*
 Sr Jacintha, *Principal, FMCON*
 Prof. Akilesh P.M., *Principal, FMCOSH*
 Dr Muralidhar D.V., *CRO, Secretary*
 Dr Karunasagar I., *Scientist, Nitte University Research Centre*
 Dr Jindal G.D., *Former BARC Scientist, Faculty, MGM Medical College, Mumbai*
 Dr Aloysius Sequeira, *Management Specialist/Dean, NITK, Surathkal*
 Dr Anura Krupad, *Physiologist/Scientist, St John's Medical College, Bangalore*

Research Projects:

One hundred and six (106) staff proposals, 306 postgraduate proposals and 95 Undergraduate proposals have been approved for the period April 2018 to March 2019. Over Rs 1,15,00,000 worth research projects are under various stages of progress during the reporting period.

FMRC Research Grant from Institutional funds:

- Sixty two (62) applications are received for funding from the staff of various institutions of FMCI. All the proposals were scrutinized and approved for research grants amounting to Rs 44,91,000. Projects are in various stages of progress.

Research Grants from External Funding agencies :

- Seventeen (17) staff projects have received external funding from RGUHS, Karnataka Vision Group, etc. Total Funds received in the year 2018-19 is Rs 38,04,500.

Clinical Trials : Five clinical trials are under progress. Total grants for the ongoing clinical trials is Rs 31,30,850.

Undergraduate Research scholarships :

- Fifteen students of FMHMCH have obtained Central Council of Homeopathy research grant.
- Ten students of FMHC have obtained ICMR short term research grant.
- Thirty two students have applied for the ICMR and RGUHS short term grants for the year 2019, results are awaited.

FMRC Research Laboratory:

The research laboratory has been upgraded with additional facilities. New equipment has been added recently for cell culture, ELISA and physiology research work during this year. Over Rs 30,00,000 worth equipment is added during the year.

Institutional Ethics Committee and Father Muller Medical College Institutional Ethics Committee:

A total of 24 meetings were conducted during the year, 547 proposals are reviewed and 396 research proposals are approved by Ethics Committee.

Research Journal and Publications:

- In house journal MULLER JOURNAL OF MEDICAL SCIENCES AND RESEARCH is published quarterly to encourage our staff and students to contribute research articles. Nearly 500 hard copies are printed and distributed apart from e-format.
- Our staff have published over 87 research articles in various scientific journals during the reporting period.

Collaboration / MOU with outside Institutions:

The following Memorandums of Understanding have been signed for research and educational collaboration:

- S-VYASA, Bangalore, a Deemed-to-be-University for yoga. The Director Rev. Fr Richard A. Coelho, Administrator Rev. Fr Ajith Menezes, Dr B. Sanjeev Rai and Dr D.V. Muralidhara participated in the signing ceremony at Bangalore.
- MOU with St Joseph College of Engineering College, Mangalore by Rev. Fr Richard A. Coelho, Director, FMCI.
- MOU with NITK Suratkal

- MOU with Mangalore University. MOU with the following institutes have been worked out and are in the process of signing soon.
- MAHSA University in Malaysia for which agreements have been made.
- Maastricht University, Netherlands.
- Manipal University, Manipal.

Staff in the news:**Participating in Hackathon:**

Karnataka Innovation and Technology Society, K Tech of Dept of IT, BT and ST, has arranged an ideation meet at NITK, Surathkal. Our Project proposal was shortlisted for presentation in the said meeting. Dr Aju Abraham, Dr Pritvi Shetty and Dr Sanjeev Rai along with Dr Mahesh from EandC Dept, St Joseph's Engineering College, participated and presented the proposal and it was approved and we were advised to develop the prototype.

Dr Muralidhara:

- Invited as a guest speaker at the National Conference of Nurses (Quant-Qual-2019) at Laxmi Memorial College of Nursing, Mangalore, to deliver a lecture on 'Writing research grant proposal'.
- He also served as an Advisor at SVYASA on obesity related work.

Ms Prathima: Attended PCOS Investigators Meeting at Delhi, in March 2019; Sponsor: Zydus

Ms Bincy: Attended Investigators Meeting in Mumbai from 21st to 23rd March 2019; Sponsor: Novartis

Student Research Club:

Students' Research Club is an active body, dedicated to develop and inculcate the research interest among students of FMCI. All undergraduate and postgraduate students can be members of this club who have an inclination to do research. The main objective of this club is to achieve the research goals 'For the students, by the students' so that they will be exposed to all the facets of Research Arena.

Guests / Visitors to FMRC

- Prof. Pattabhi from Mangalore University addressed the research coordinators and briefed them on Nanotechnology and its importance in medical research.
- Prof. Zabidi Hussin, Director of Research, MAHASA University and Ex Vice Chancellor, Perdana University, Malaysia, addressed the research coordinators and discussed the possibilities of research collaboration between the two institutions.
- A delegation from Tanzania visited FMRC for possible collaboration in clinical services and research.
- Dr Sudhakar, Consultant in Clinical Research from Hyderabad visited FMRC and had held discussions on how to improve the research in certain areas and how to approach the funding agencies for money.

Plan for the year ahead:

The following programs are planned for the year

- Research day celebration
- Student research poster competition
- Workshops in research methodology, training in scientific writing for students.
- Best research awards for both staff and students

- Research grants in the form of seed money
- Trans disciplinary Ideathon for undergraduate students to exhibit their ideation.

Research lab will be open to all research scholars to undertake their research activities.

14. FATHER MULLER MEDICAL COLLEGE

Begun in 1990 with an MD programme, the College started MBBS in the year 1999. It has 1671 students. Among these 908 are undergraduates, 248 are postgraduates and 515 are in para medical courses.

Results:

Results were more than 80% pass in MBBS in all phases, 90% in postgraduate degree/diploma and above 80% in allied health sciences. The final year BPT, RT, M.Sc. MLT and MHA students secured 100% results in the university examinations held in September 2018.

Important Events:

- MCI granted renewal of recognition for PG Courses in General Surgery, Dermatology, Radio Diagnosis, Psychiatry, Ophthalmology and ENT for a period of 5 years.
- The Internal Quality Assurance Cell of FMMC had organized Orientation Program about the process of NAAC Assessment as per the revised guidelines of 2017 on 9th April 2018. Dr Abdul Rahiman, Higher Educational Consultant and Former Vice-Chancellor of Kannur University, Kerala was the resource person.
- SVEEP – Systematic Voters Education and Electoral Participation Committee of District Election Commission of India organized an awareness program on 14.04.2018.
- 4th International Yoga Day was celebrated at FMCI on 21.06.2018. About 600 students participated in the program. Hon'ble Minister for Urban Development and Housing Shri. U.T. Khader inaugurated the International Yoga Day celebration.
- Doctor's Day was celebrated by the Clinical Society of FMMC on 3rd July 2018.
- MBBS course for the year 2018-19 was inaugurated in August 2018 and AHS course in September 2018.
- Student Development Committee organized the 5th edition of Muller Model United Nations in August 2018, a unique activity of this Institution.
- Students' Council was inaugurated on 1st October 2018.
- 'ARENA' – Inter-batch Cultural Fest was held from 12.10.2018 to 16.10.2018.
- 'Mullerpulse' annual magazine of the college was released on 30.11.2018 by Ms Vidya Shenoy, President of Toastmasters Club, Mangalore.
- PTA Committee organized a meeting on 20th December 2018. The meeting was attended by 84 parents of students from MBBS, BPT and Allied Health Science courses.
- A live telecast of our Prime Minister discussion on *pariksha pe charcha* was streamed in Father Muller Medical College, Mangalore, Karnataka on 29.01.2019; around 200 students along with 10 teaching staff attended the session.

- Adrenaline 2019 –the Annual Inter Collegiate Cultural Fest was held from 18.02.2019 to 21.02.2019.
- Graduation Day of Father Muller Medical College was held on 23rd February 2019 at the Father Muller Convention Centre. Dr Zabidi Azhar Mohammed Hussin, Former Vice Chancellor of Peradana University, Malaysia and presently the Director of Research and Innovation, MAHSA University, Malaysia was the Chief Guest.
- 8 PG Degree/Diploma students have secured ranks in the Rajiv Gandhi University of Health Sciences examination conducted in May 2018.
- During the year 2018, 5 MBBS, 15 BPT, 5 MIT, 4 RT, 4 M.Sc. MLT and 5 MHA students have secured ranks in Rajiv Gandhi University of Health Science examinations.
- As per the provisional list of gold medals announced by the University, gold medal has been awarded to Dr Swathi C. Prabhu for securing highest marks in MD Pathology and Sr Jolly V.V., of MHA course for securing highest marks in Allied Health Science courses.

Research:

- A new Research Centre has been established with a separate office and a lab. During the year 2018, 14 staff have been sanctioned grant of Rs.36 lakhs and in the year 2019, 11 staff have been sanctioned grant of Rs.17 lakhs from this centre.
- 57 MBBS Students have submitted their project proposals for STS ICMR Research Project Award 2018 out of which 10 students have been selected.

DEPARTMENTS:

14.01. DEPT OF ANAESTHESIOLOGY

Faculty:

Dr Radhesh Hegde	- Professor & HOD
Dr Mahabala T.H.	- Professor
Dr Sudhir K. Hegde	- Professor
Dr Prithi Jain	- Associate Professor
Dr Gurumurthy T.	- Associate Professor
Dr Kishan Shetty	- Associate Professor
Dr Lulu Sherif Mahmood	- Associate Professor
Dr Shailaja S.	- Associate Professor
Dr Sa Rebiero Karl Nicholas	- Assistant Professor

Dr Harshavardhan K.	- Assistant Professor
Dr P.S. Balakrishna	- Assistant Professor
Dr Hilda Shanthini S.	- Assistant Professor
Dr Vishma K.	- Senior Resident
Dr Rithesh Joseph D'Cunha	- Senior Resident
Dr Antony Eapen	- Senior Resident
Dr Rashmi Mohanna Menon	- Senior Resident
Dr Saldanha Nichelle Mrinali	- Senior Resident
Dr Manjula Sudhakar Rao	- Senior Resident
Dr Ananth Srikrishna Somayaji	- Senior Resident
Dr Gaurav Kumar	- Senior Resident
Dr Prajna Anna Pinto	- Senior Resident
Dr Jerry Jame Joy	- Senior Resident
Dr Shamana Shetty	- Senior Resident
Dr Krithika Shetty	- Senior Resident

Staff/ PG/ UG Students achievements:

- Dr Shailaja S. has been awarded with distinction in a two year fellowship for Education and Leadership Development FAIMER at PSG Institute of Medical Sciences and Research, Coimbatore from April 2016 to June 2018.
- Dr Lulu Sherif Mahmoodz, Academic In-charge of Father Muller Simulation and Skill Centre has been appointed as the Member of the Certification Council Committee of the International Society of Simulation in Healthcare, Washington.

CME/Workshop Attended:

Dr Radhesh Hegde:

- Attended CME on KMC-MAC 2019 at KMC on 23rd September 2018 and KSHEMA CRITICARE 2019 "Standard healthcare and beyond" held at KSHEMA on 13th January 2019.
- Appointed as an examiner for PG degree examination held at A.J. Institute of Medical Sciences on 19.11.2018 and 20.11.2018.

Dr Mahabala T H:

- Participated in the ALLERCON-18 – National Symposium on Allergy and Clinical Immunology on 15th July 2018 at Yenepoya Medical College, Mangalore.
- Attended CME on KMC-MAC 2019 at KMC on 23rd Sept 2018 and KSHEMA CRITICARE 2019 "Standard healthcare and beyond" held at KSHEMA on 13th January 2019.

Dr Gurumurthy and Dr Harshavardhan attended CME on KSHEMA CRITICARE 2019 "Standard healthcare and beyond" held at KSHEMA on 13th January 2019.

Dr Shailaja S.

- Attended 10th National Conference on Health Professions Education 2018 and 2nd MUHS state level HSET Research Conference 2018-19 from 15th to 17th Nov. 2018 as a delegate titled
 - Portfolio: For Learning and Assessment
 - Experiential Learning : Transforming theory into practice
 - Presented a paper titled "Ultrasound Guided Simulation Workshop for Basic Nerve and Vascular Identification for Anaesthesiologists"

- Has been awarded with distinction in a two year fellowship for Education and Leadership Development FAIMER at PSG Institute of Medical Sciences and Research, Coimbatore from April 2016 to June 2018.
- Participated in the Continuing Professional Development workshop on "Mixed Methods on Education Research/ Program Evaluation on 17th June 2018 at PSG FAIMER.
- Has received the certificate of recognition of completion in The MRPL gift of Sight 5K run held on 2nd August 2018.

Dr Balakrishna Achar

- Attended the conference APGAP – Manipal and presented a symposium on Obstetric Haemorrhage for LSCS at KMC Manipal from 30th September 2018 to 2nd October 2018.
- Conducted 16th Annual PG quiz contest – PG Excel on 9th and 10th February 2019 at Sri Rajarajeshwari Medical College Hospital.

Dr Hilda Shanthini S. attended CME on KMC-MAC 2019 at KMC on 23rd September 2018 and KSHEMA CRITICARE 2019 "Standard healthcare and beyond" held at KSHEMA on 13th January 2019.

Dr Ananth Somayaji underwent a fellowship on "Regional and trauma anaesthesia" from 1st January 2018 to 30th June 2018 at Ganga Hospital, Coimbatore.

Publication 2019:

- *Application of Tranexamic acid in total knee replacement surgeries.* Dr Sandra Everest¹, Dr Radhesh Hegde². International Journal of Science and Research (IJSR), Vol 8 Issue 1, Jan 2019, ISSN (online): 2319-7064
- *A Comparison of Clinical Effects of Intrathecal Fentanyl VS Intravenous Fentanyl as Adjunct to Spinal Anaesthesia with Levobupivacaine,* Dr Prithi Jain¹, Dr Lulu Sherif², International Journal of Science and Research (IJSR), Vol 8 Issue 12, Dec 2018, ISSN (online): 2319-7064
- *Demographic profile of poisonings in a tertiary care centre.* Dr Monisha B J Neelakanvill¹, Dr Kishan Shetty² International Journal of Science and Research (IJSR), Vol 7 Issue 11, Nov 2018, ISSN (online): 2319-7064
- *A Comparison of Clinical Effects of Intrathecal Fentanyl VS Intravenous Fentanyl as Adjunct to Spinal Anaesthesia with Levobupivacaine,* Dr Prithi Jain¹, Dr Lulu Sherif², International Journal of Science and Research (IJSR), Vol 8 Issue 12, Dec 2018, ISSN (online): 2319-7064

Departmental Activities:

- The Department conducted a CME on 'Trauma management and critical care' on 4th March 2018 and 'CEOT-4 comprehensive exam oriented tutorial' on 2nd and 3rd March 2019.

Guest Lectures:

- 'Neuroanaesthesia perspectives' by Dr Ravitej (Neuroanaesthesia), Assistant Professor, KMC Manipal on 15.09.2018

- ‘Peri operative management of diabetes’, Dr Sudeep (Endocrinology) on 16.10.2018
- ‘History of Anaesthesia’ 16.10.2018 by Dr T. Gurumurthy,
- World Restart a Heart Day (CPR workshop) organised by Department of Anaesthesiology (ISA) and Simulation Centre, FMCI on 23.10.2018
- Guest lecture on ‘Cardiopulmonary bypass’ on Nov. 24, by Dr Chethana Anand.

Dr Shailaja A. Katti	- Assistant Professor
Dr Arun Kumar K.	- Assistant Professor
Dr Ramlingareddy	- Assistant Professor
Dr Anurag Yadav	- Assistant Professor
Ms Claudia Johnny	- Lecturer

Patients Statistics: Total number of Surgical cases: 20,017

14.02. DEPT OF ANATOMY

Faculty:

Dr Prakash Shetty	- Professor & HOD
Dr Somesh M.S.	- Associate Professor
Dr Sanjay Joseph Fernandes	- Assistant Professor
Dr Pallavi	- Assistant Professor
Dr Supriya Jainapur	- Assistant Professor
Dr Hemalatha Bangera	- Assistant Professor
Ms Ramya Satheesh	- Assistant Professor
Ms Sainu Susan Oomen	- Assistant Professor

Staff Achievements:

Dr Somesh M.S.

Publication: *Clinicopathological Diversity of Pancytopenia: A Series of 400 cases*, Sridevi Hanaganahalli Basavaiah, Sharada Rai, Pooja Kundapur Suresh, **Somesh Meludurgamata Shivaprasad**, Binit Khandela. Journal of Clinical and Diagnostic Research. Vol -12(3): EC01–EC05, 2018 Mar; ISSN 0973-709X

Dr Sanjay J. Fernandes

1. Attended faculty development program on Simulation-based Medical Education Orientation Program on 1st June 2018 at FMSSC.
2. Attended revised basic course workshop in Medical Education Technologies from 20th to 22nd June 2018 and Sensitization Program for Attitude, Ethics and Communication (AETCOM) Module on 23rd June 2018 at FMMC.

Dr Pallavi

1. Attended revised basic course workshop in Medical Education Technologies from 20th to 22nd June 2018 and Sensitization Program for Attitude, Ethics and Communication (AETCOM) Module on 23rd June 2018 at FMMC.
2. Attended Simulation based Medical Education Faculty Development Program in October 2018 at FMSSC.

14.03. DEPT OF BIOCHEMISTRY

Faculty:

Dr Malathi M.	- Professor & HOD
Dr Shivashankara A.R.	- Associate Professor
Dr Avinash S.S.	- Associate Professor
Dr Maitrayee D.S.	- Assistant Professor

Departmental Activities:

- The Department conducted a state level quiz competition for I MBBS students on 13th April 2018.
- Simulation for I MBBS – 2019 batch was held for 3 days from 12th to 14th February 2019. Each day 50 students were divided into 2 sub batches for hands on simulation. Topic: MI scenario with importance on cardiac biomarkers.
- The Department conducted a state level Quiz Competition for I MBBS students, “Scintilla - 2019” on 12th April 2019.

Patients Statistics :

I. P.	- 10,25,561
O.P.	- 5,29,559

Publications:

1. Dipika Jayachander, Arnadi Ramachandrayya Shivashankara, Mamidipudi Srinivasa Vidyasagar, Raees Tonse, Sarita Pais, Ashwin D.L.Lobo, Sanath Kumar Hegde, Suresh Rao, Manjeshwar Shrinath Baliga, *Salivary parameters as predictive markers for radiation-induced treatment response in head and neck cancers, an investigational study*, Middle East Journal of Cancer, April 2018;9(2):133-142.ISSN No. 2008-6687; Index: Copernicus; scopus, EMBASE; Chemical abstract service.
2. Anurag Yadav, Shailaja A Katti, Mala Malathi. *Cerebrospinal fluid bioprofiling*, Indian Journal of Medical Biochemistry, January-June 2018;22(1):47-49 (Original Article) ISSN (P) : 0972-1207; Index Copernicus value: 84.63
3. Madanika P., Malathi M, Ramlingareddy. *Study of dyselectrolytemia in patients with multiple myeloma*, International Journal of Clinical Biochemistry and Research, July-Sept 2018; 5(3):397-400. Impact Factor: 1.68; Print ISSN No. 2394-6369
4. Velu Malarkodi, Mala Malathi, *A hospital based study of Renal Function Tests in chronic alcoholics*, Indian Journal of Medical Biochemistry Jan-Jun 2018; 22(1):22-25. ISSN (P) : 0972-1207
5. Shivarajashankara Y. M, Anil S. Baipadithaya, Shivashankara A. R. *Correlation of serum C-reactive protein with glycemic status and lipid profile in type 2 diabetic subjects*, original research paper, Indian Journal of Applied Research, Vol-8, Issue-12, Dec 2018, ISSN2249-555X IF: 5397 IC value: 86.18.
6. Shivashankara A.R, Ramlingareddy, John Mathai P., *Exogycosidases, protein-bound sialic acid and carbohydrate deficient transferring as alcohol biomarkers: A correlative study of blood and saliva in alcohol dependent males*, Indian Journal of Applied Research, Vol-9, Issue 1, ISSN-2249-555X IC value: 86.18. Jan 2019, Impact Factor: 5.397.
7. Basavaraj Patil, Amareshwar M, Sreekantha, Avinash S. S., *Comparison of lipid parameters in acute viral Hepatitis and normal individuals*, International Journal of Clinical Biochemistry and Research, Jan –Mar, 2019;6(1):105-110. Print Issn: 2394-6369, Online ISSN -2394-6377. Index Copernicus, Google Scholar.

Staff Achievements:**F Malathi M.:**

- Judge for scientific paper (oral/poster) presentation in the Association of Clinical Biochemists of India-South Zone Conference, KMC, Manipal, MAHE on 7th and 8th Dec 2018.

Dr Shivashankara A.R.:

- Guest speaker on “NABL accreditation and its challenges” on 29th Aug 2018 at KMC, Manipal.
- Resource person for NABL training on 15.09.2018 at Calicut.
- Presented a paper titled “Effect of radiation therapy on salivary enzymes and oxidative stress markers” International Conference on Radiation Biology (Indian Society for Radiation Biology) from 4th to 6th October 2018 at K.S. Hegde Medical Academy.

Dr Avinash S.S.:

- Presented a paper titled “Risk management of incomparable instrument test performance in a clinical biochemistry laboratory using sigma metric analysis” from 24th to 27th Oct 2018, ACBICON-2018, 45th National Conference of Association of Clinical Biochemists of India Kala Academy, Goa

Dr Maitreyee D.S.:

- Resource person at the Revised Basic Course Workshop : 1. Lesson planning; 2. Competency based medical education. Organized by St John’s Medical College, Nodal Centre in Medical Education Technologies at FMMC, Mangalore on 20-23 June 2018.

Dr Shailaja A. Katti:

- Judged the poster competition in KMC, Mangalore on World No Tobacco Day.
- Presented a paper titled “A correlative study of serum protein oxidation products, uric acid and magnesium in type 2 diabetes nephropathic patients” from 24th to 27th Oct 2018, ACBICON-2018, 45th National Conference of Association of Clinical Biochemists of India Kala Academy, Goa.

Dr Ramlingareddy:

- Resource person for NABL training on 15.09.2018 and 02.03.2019, Saroj Diagnostic Laboratory at Calicut.
- Presented a paper titled “Effect of haemodialysis on trace elements in renal failure patients” on 19th Sept 2018, AMBICCON-2018, 5th State Level Conference at K.S. Hegde Medical Academy.

Dr Anurag Yadav:

- Presented a paper titled “A Robust method to reduce sample retrieval TAT in clinical laboratory setup at zero added investment” on 19 September 2018, AMBICCON-2018-5th State Level Conference at K. S. Hegde Medical Academy.

Research Activities:

- Mechanistic studies to decipher the pathways responsible for the skin care effects of sandalwood (*Santalum album* linn), a medicinal plant indigenous to Karnataka: cell culture and in vitro studies” – RGUHS funded project – Dr Shivashankara A.R. Co-Investigator: Dr Ramlingareddy.

FMRC Research Grant:

- A study of “Anti-cyclic citrullinated peptide (anti-CCP) antibody as biomarker in comparison with RA factor in Rheumatoid Arthritis patients”, Dr Malathi M. - Principle Investigator. Dr Maitreyee D.S., Dr Shailaja A. Katti - Co-Investigators, Dec. 2018.
- “A Study on Correlation of maternal circulating adipokines, lipid profile and insulin resistance in gestational diabetes mellitus” – Dr Shivashankara A.R. - Dec. 2018.
- “Comparison and effect of age, alcohol, smoking and de-addiction on 20/fasting C Peptide x fasting plasma glucose index in alcohol dependent persons”, Avinash S.S. -PI Dr Ramlingareddy, Dr Anurag Yadav, Dr Jnaneshwar Shenoy - Co-investigators - Dec. 2018.
- “Effect of serum levels of vitamins (folate, vitamin B12), homocystiene and trace elements in Karavali alcohol consumers: a suggestion for DNA hypomethylation” - Dr Ramlingareddy -P.I., Co-Investigators: Dr Malathi M, Dr Shivashankara AR, Dr Avinash S.S. - Jan. 2019.
- “Effect of alcohol de-addiction on the blood levels of trace elements and amp; insulin sensitivity”, Dr Ramlingareddy P.I, Co-Investigators : Dr Avinash S.S., Dr Anurag Yadav - Jan 2019.
- “Effect of alcohol De-addiction on the blood levels of Adipokines, Ghrelin, Resistin and Insulin sensitivity” – Dr Anurag Yadav – Jan 2019.
- “Study of serum trace elements in oral cancer patients” Joel Sabu - P.I. guided by Dr Ramlingareddy Dec. 2018 –UG Research Grant.

Any Other:

- The clinical laboratory was accredited by NABL in the year 2012. The NABL no. of the lab is M-0454 .
- Dr Shivashankara A.R. bagged the III place in best paper presentation during the International Conference on Radiation Biology at K.S. Hegde Medical Academy held from 4th to 6th October 2018.

14.04. DEPT OF COMMUNITY MEDICINE**Faculty:**

Dr Narayana V.	- Professor & HOD
Dr Saurabh Kumar	- Associate Professor
Dr Sudhir Prabhu H.	- Associate Professor
Dr Sowmya Bhat	- Assistant Professor
Dr Oliver Vincent D’Souza	- Assistant Professor
Dr Sudarshan Pai U.	- Assistant Professor
Dr Nishanth Krishna K.	- Assistant Professor
Dr Achal Shetty	- Assistant Professor
Dr Agnes Moira D’Souza	- Assistant Professor
Dr Jessy Maria D’Souza	- Resident Med.Officer
Dr Suraj Setin	- Tutor
Dr Sreelekshmi Harinarayanan	- Tutor

Staff Achievements:**Dr Narayana V.**

1. Was organizing chairperson of CME on “Innovations in Malaria Control” conducted by the Department on 26.10.2018 and chaired a session.

Dr Saurabh Kumar

1. Was Chairperson for National Conference IAPSMCON 2019 - Universal Health Coverage-Igniting Change and Innovation in Health from 08.03.2019 to 10.03.2019 at Indira Gandhi Medical College, Shimla, HP India.
2. Attended National CME IAPSMCON 2019 – M Health Intervention on 07.03.2019 at Indira Gandhi Medical College, Shimla, HP India.
3. Delegate person for National CME IAPSMCON 2019 – Design and Analysis of Qualitative Research from 07.03.2019 at Indira Gandhi Medical College, Shimla, HP.
4. Was Coordinator and resource person for RNTCP sensitization training program for 7 days from 07.02.2019 to 14.02.2019.
5. Organized the RNTCP Quiz final round on 27.03.2019.

Dr Sudhir Prabhu

1. Participated in International workshop “Scoping the Pathway to Leadership in Health Research in India” on 21.11.2018.
2. Was a delegate person for national conference 6th National Conference FERCICON 2018 “Dilemmas Challenging”.
3. Deputed as national assessor for Gujarat state EVM assessment-2019 for NCCVMRC, NIHF, Government of India organized by GMERS, Gandhinagar and funded by UNICEF, Gujarat.

Dr Oliver D’Souza

1. Attended International Conference on Health Care in the “Elderly” on 24 and 25th January 2019 at Sanjeevani Hall, KMC Hospital, Attavar, Mangalore.
2. Organized IAPSM state level Quiz-Leprosy on 30.01.2019.

Dr Nishanth Krishna K.

1. Attended 50th Annual International Conference of Nutrition Society of India at National Institute of Nutrition, at ICMR National Institute of Nutrition, Hyderabad from 15th to 17th November 2018.
2. Attended ‘MULYANKAN’ Hands on National Workshop on “Health Financing and Health Technology Assessment” at K.S. Hegde Medical Academy on 22.02.2019.

Dr Sudarshan Pai

1. Attended the one-day NVBDCP workshop on malaria and other vector borne with special focus on Kyasanur Forest Disease (KFD) for Medical Officers/Public Health Experts of Mangalore and Udupi District at Father Muller Convention Center on 18.02.2019.
2. Was the resource person on 45 minutes lecture on “Epidemiological trend of KFD”. (Kyasanur forest disease in Karnataka).

3. Was organizing secretary for the one-day Integrated disease surveillance system/program) sponsored sensitization workshop on “Arboviral disease (KFD and H1N1) for Medical College doctor and health care professionals”, (internal medicine experts, paediatricians, pathologists and microbiologists) of Dakshina Kannada District on 19.03.2019.

Patient Statistics:

Neereshwalya Urban Health Centre	- 7,663
Jeppu Urban Health Centre	- 40,094
Jyothinagar Urban Health Centre	- 4,775
Bajpe Rural Health Centre	- 11,254
Thumbay Rural Health Training Centre	- 15,833

Departmental Activities:

The Department conducted various camps and health education talks at Neereshwalya Urban Health Centre, Jeppu Urban Health Centre, Bajpe Urban Health Centre and Thumbay Rural Health Training Centre.

14.05. DEPT OF DENTISTRY**Faculty:**

Dr Naveen Rao	- Professor & HOD
Dr Nanditha Hegde	- Associate Professor
Dr Chrysil Castelino	- Assistant Professor (Thumbay)
Dr Jyothi Kiran Menezes	- Tutor
Dr Sowmya S. Shetty	- Tutor

Staff achievements:**Dr Naveen Rao:**

- Attended Cleft Lip and Palate Conference at Chennai in October 2018.
- Conducted Cleft Lip and Plate Camps at Sultan Battery, Wayanad, Kasargod, Sagar, Soraba, Shiralikkoppa, Kalasa, Moodbidri, Kumta, Bekal Forte and Kanhangad during the academic year.
- Attended guest lectures/annual meet at Vishakapatna, Bangalore and Srilanka during the academic year.

14.06. DEPT OF DERMATOLOGY, VENEREOLOGY & LEPROSY**Faculty:**

Dr Sukumar D.	- Professor & HOD
Dr Nanda Kishore B.	- Professor
Dr Ramesh Bhat M.	- Professor
Dr Jacintha Martis	- Professor
Dr Ganesh Kamath H.	- Professor
Dr Michelle Serene Fernandes	- Assistant Professor
Dr Rochelle Cheryl Monteiro	- Assistant Professor
Dr Jyothi Jayaraman	- Senior Resident

Departmental Activities :

1. The Department in association with Department of Medicine have conducted Guest Lecture on “Recent advances in the management of scleroderma” on 19th April 2018 by Dr Manjunath Shenoy M., Professor and HOD, Department of Dermatology, Yenepoya Medical College.
2. The Department conducted the college round of Dermatology Quiz of Indian Association of Dermatologists, Venereologists and Leprologists of Karnataka branch (IADV LKN) for undergraduate students on 3rd August 2018.
3. The Department in association with IADVL KARAVALI organized “Prof. J.N. Shetty Memorial Oration” and Karavali Dermatology Society Clinical Meeting on 23rd September 2018.
4. The Department conducted a guest lecture on “Leprosy - the changing scenario in Mangalore over 3 decades” on 30th January 2019 by Dr K Narendra Kamath, eminent dermatologist and prolific orator, and consultant dermatologist, Mangalore
5. On the occasion of World Vitiligo Day, Indian Association of Dermatologists, Venereologists and Leprologists [IADVL] – Karnataka branch organized a public awareness campaign throughout Karnataka named as “Vitiligo Jatha” on 27th June 2018
6. Indian Association of Dermatologists, Venereologists and Leprologists [IADVL National] organized a public awareness campaign throughout India. Skin Safar *Rath*-knowledge campaign about skin diseases (leprosy, vitiligo, skin hygiene, misuse of skin creams, fungal infections and quackery) arrived to Father Muller Medical College Hospital campus on 12th January 2019.
7. Vitiligo camp was organized by the Department in the Skin OPD on 27th June 2018. Free registration for all the patients with vitiligo, 50% reduction in charges for phototherapy and surgical modalities like punch/ blister grafting and free medicines were provided to the patients.
8. “Healthy Skin Camp” was held on 2nd October 2018 in the Skin OPD, FMMCH. The facilities like free registration and free medicines were provided to the skin patients on that day. A total of 185 patients availed the benefits of the camp.
9. Anti Leprosy Fortnight program (30th to 13th Feb. 2019): Sparsh Leprosy Awareness Campaign and free skin camp was conducted at D.K. Zilla Panchayath Hr Pry. School Deralakatte, Belma, on 2nd February 2019.
10. Free Skin Camp (30.1.19 to 13.2.19) : Free registration to all skin patients and free treatment for all leprosy patients were provided during this period. A total of 1811 skin patients availed the benefits of the camp and screening for leprosy was done during this period.

Patient statistics:

Out patients	- 42,371
In patients	- 3,198
Procedures	- 4,560

Staff Achievements:**Dr Sukumar D.**

- Organizing Chairman –
 - Guest lecture by Dr Manjunath Shenoy in April 2018 and by Dr Narendra Kamath on 30th Jan 2019.
 - Prof J.N. Shetty Oration in Sept 2018
- Attended and presented a paper titled “A case of systemic sclerosis with interstitial lung disease” and was the chairperson for “Expert Updates” session during DERMACON International 2019 held from 17th to 20th Jan 2019 at Bangalore.

Dr Nanda Kishore B.

- Delivered a lecture on “What’s new for clinicians” during MID CUTICON 2018 held at Thrissur on 9th Dec 2018.
- Was chairperson during DERMACON International 2019 from 17th to 20th Jan 2019 at Bangalore
- Was resource person for DERMA ADVANCE held on 5th and 6th Jan 2019 at St John’s Medical College, Bengaluru and delivered a lecture on “Leprosy: approach to clinical examination, presentation and discussion”.

Dr Ramesh Bhat M.**International**

- Attended the regional scientific meeting of Paediatric Dermatology (RSMPD) and the annual scientific meet of the Dermatology Society of Singapore - Grand Hyatt. And gave a guest lecture on “Subcutaneous mycoses”. Was also a judge for the paper presentation session from 27th to 29th April 2018 at Singapore.
- Attended 2nd ILDS [International League of Dermatological Societies] World Skin Summit “Skin Health for the World” which was organized at Ho Chi Minh City, Vietnam from 10th -12th June 2018, and was a speaker for plenary session on “What are the truly unmet needs in Dermatology from neglected to rare diseases and beyond”.
- Attended the 27th European Academy of Dermatology and Venereology Congress from 12th to 16th September 2018 at Paris, France. Organized half day sister society meeting in the capacity of President of IADVL during the conference.
- Attended MED DERMACON held at Sharjah UAE from 31st Jan to 1st Feb 2019. Delivered guest lectures on
 - A typical presentation of leprosy.
 - Acne in adult women.
- Delivered a lecture on “Antibiotic resistance acne” during 19th Dubai World Dermatology and Laser Conference held at Dubai from 18th to 20th March 2019.

National

- Was Chief Guest for CUTICON Kerala on 5th and 6th May 2018 at Kerala and delivered the key note address on “Changing paradigms in dermatology”.
- Was Chief guest at the inaugural ceremony of DAAS Summit and panelist for panel discussion on “Peripheral neuropathies and leprosy” held at New Delhi on 29th and 30th June 2018.
- Was Faculty for CUTICON Tamil Nadu Conference at Kodiakanal from 6th to 8th July 2018.
- Was Panelist for “Autoimmune connective tissue disorders” during MIDDERMACON 2018 at Nagercoil, Kanyakumari from 10th to 12th August 2018.

- Was Faculty for DERMABASICS at Yenepoya Medical College, Mangalore on 5th August 2018.
- Was Chief Guest for the inauguration and faculty for CUTICON Karnataka 2018 – 9th Annual Conference of IADVL at Mysore from 28th to 30th September 2018.
- Was Panelist during Best of AAD Conference at Mumbai on 22nd September 2018.
- Attended CUTICON Mysore on 28th Sept. 2018 at Mysore as guest of honour and delivered a guest lecture on “Chemical mediators in urticaria and role of various drugs including biologics”, and was honoured during inauguration of CUTICON.
- Chaired a session during the National Conference of HIV and AIDS on 3rd November 2018.
- Was Faculty during 1st “National Symposium on Practice Management – Gaining the Holistic Edge” at Mumbai on 13th and 14th October 2018.
- Participated in Investigators Meet on Phase III trial on Legelizumab at Hyderabad on 24th October 2018.
- Was Chief Guest and gave a talk on “Uncommon manifestation of Hansen’s disease” during DERMAZONE South and CUTICON Telangana at Hyderabad at 16th November 2018.
- Was Chief Guest for CUTICON Maharashtra on 23rd November 2018 and panelist for “Children with fever and rash” during the conference.
- Delivered a lecture on “What IADVL offers to you” during conference at Hubli on 1st December 2018.
- Was Chief Guest and delivered a lecture on “Changing paradigms in dermatology” during CUTICON Goa on 8th December 2018 at Goa.
- Delivered a lecture on “Newer investigations in dermatology” and was guest of honour during CUTICON Gujarat on 15th December 2018.
- Was Chief Guest for MID CUTICON 2018, Kerala 2018 at Thrissur on 9th Dec. 2018.
- Was President of the conference, chaired an oration, Panelist for “Global Leadership and OMAG present and future” during DERMACON International 2019 from 17th to 20th Jan 2019 at Bangalore.

Dr Jacintha Martis

- Was co-Organizing Chairman – Prof. J.N. Shetty oration held in Sept 2018
- Was Chairperson for a scientific session during DERMACON International 2019 from 17th to 20th January 2019 at Bangalore.

Dr Ganesh Kamath

- Was Organizing Secretary – Prof. J.N. Shetty oration held in Sept 2018.
- Was Chairperson for a scientific session during DERMACON International 2019 from 17th to 20th January 2019 at Bangalore.

Dr Michelle Fernandes

- Spoke on “Conducting Journal Club” during DERMABASICS CME at Yenepoya Medical College, Mangalore on 5th August 2018.

Dr Jyothi Jayaraman

- Conducted a quiz for post graduates during MID CUTICON KERALA 2018 at Thrissur on 9th December 2018.
- Was Chairperson for “Consensus on management of glabrous tinea infections session during DERMACON International 2019 from 17th to 20th January 2019 at Bangalore.

Best Dermatology Department Award :

The Department has won IADVL Karnataka Branch [Indian Association of Dermatologists, Venereologists, Leprologists] “Best Dermatology Department Award” for the year 2018. The award is given on the recognition of the Department’s achievements and contribution in the field of dermatology. It is the second time in less than four years that this prestigious award comes to the department. The Department had received the same honour in the year 2014.

Publications

1. Ashwini B, B Nanda Kishore, R S Basti, J Martis, G Kamath Hundi, J Jayaraman, *Ultrasound as a diagnostic modality for the involvement of peripheral nerves in leprosy*, Indian Journal of Leprosy, 2018, 90:1-14
2. Suvarna Samudrala, Ramesh Bhat M, *Recurrent, nodular lesions over the vulva: a diagnostic challenge*, Indian Journal of Sexually Transmitted Diseases and AIDS Vol. 39, Issue-2, July – Dec 2018
3. M Ramesh Bhat, Anusha Ann George, Jyothi Jayaraman, *Painful tumours of the skin – from ENGLAND to LEND AN EGG to BLEND TAN EGG*, Indian Journal of Dermatology, Venereology and Leprosy

Chapter in book:

1. Legal aspects of leprosy - Medico Legal aspects of Dermatology and Plastic Surgery, edited by Venkataram Mysore, Satish Bhat, Subodh Premanand Sirur, Jaypee publishers, ISBN: 978-93-5270-897-0 (Dr Nanda Kishore B.)
2. Leukotrichia in Vitiligo - Jyothi Jayaraman and Ramesh Bhat M, (Chapter in Text Book of Vitiligo (accepted for publication)
3. Skin- clinical dermatology- publisher Jaypee Brothers, chapter 59, Viral infections of skin, online release accomplished. print version to be released (Dr Ramesh Bhat M. and Dr Rochelle Monteiro) (accepted for publication).

14.07. DEPT OF FORENSIC MEDICINE

Faculty:

Dr Nagesh K.R.	- Professor & HOD
Dr Uday Kumar K.	- Professor
Dr Hareesh S. Gouda	- Associate Professor
Dr Karen Prajwal Castelino	- Assistant Professor

DEPARTMENTAL ACTIVITIES:

- Organized the State Level inter-collegiate debate competition ‘FORENSIS 2018’ for medical students on 5th May 2018.

Patient Statistics:

- Medico Legal cases attended at Casualty - 90
- Medico-legal autopsies conducted - 121
- Samples analyzed at Poison Control Centre - 190

Staff Achievements:**Dr Nagesh K.R.**

- Was nominated as Representative of Mangalore University for Criminology to the School of Social Work, Roshni Nilaya, Mangalore for the academic years 2018-2020.
- Was Member of the Board of Studies in Forensic Medicine at BLDE University, Vijayapur; School of Social Work, Roshni Nilaya, Mangalore and Yenepoya Medical College, Mangalore.
- Was Resource person in a CME “Medical documentation” organized by CIMS, Chamarajnagar on 8th June 2018.
- Was Editor-in-Chief of the revised practical record book which is recognized by Karnataka Medico-Legal Society and RGUHS.
- Was Resource person in a CME “Medical documentation” organized by FMHMC, Mangalore on 1st July 2018.
- Visited Yenepoya University, Mangalore as Quality Consultant for YU-FIC Masters program in Research Ethics on 30th September 2018.
- Was Reviewer for Journal of Karnataka Medico-legal Society; Journal of Forensic and Legal Medicine.
- Was Editorial Board member of Journal of Clinic Pathology and Forensic Medicine; Austin Journal of Forensic Science and Criminology; Journal of International Medicine and Dentistry; International Journal of A J Institute of Medical Sciences.

Dr Uday Kumar K

- Was Honorary visiting Professor to the Department of Forensic Medicine, Anna Medical College and Research Centre, Mauritius.
- Was RGUHS BOS member in para-clinical PG.
- Was Resource Person in NABH orientation program for Faculty and PG conducted by FMMC, Mangalore.
- Was Chief Guest at World Pharmacy Day at Srinivas College of Pharmacy, Mangalore.
- Delivered a guest lecture on “Health Tips” at 25th Safety Day Celebration organized by IMC Ltd., Mangalore on 6th March 2019.

Dr Hareesh Gouda

- Was Executive Committee member of ‘The Indian Society of Toxicology’.
- Was Reviewer for Al-Ameen Journal of Medical Sciences.
- Was Resource person in Seminar on “Ethical and legal aspects of Psychiatry” on 26th May 2018 conducted by FMCON, Mangalore.
- Was Resource Person in a CME “Medical Certificate of Cause of Death” organized by FMHMC, Mangalore 1st July 2018.

- Attended National Conference on “Quality Indicators and Benchmarks for Health Science Institutions” on 14th and 15th December 2018 at Chettinad Medical College, Chennai.
- Delivered a guest lecture on “Quality improvement of the institution – role of students” on 22nd February 2019 organised by FMCON, Mangalore.

Dr Karen Prajwal Castelino

- Presented a paper at 40th National Conference of Indian Academy of Forensic Medicine at S.N. Medical College, Jodhpur from 31st January to 2nd February 2019.

Any Other:**Research Project:**

- The morphological differences between acute tubular necrosis and post-mortem autolysis: an autopsy study, (ongoing) by Dr Karen Castelino.

Publications:**Dr Nagesh K.R.**

- Contributed a chapter “Procedure of examination and certification in cases of assault” in Practical Medico-Legal Manual by VV Pillay – 2019”.

Dr Hareesh Gouda

- Contributed original Photographs and Drawings and Literature to the 19th edition of Textbook of Forensic Medicine and Toxicology by Pillay V V. Paras Medical Publishers, Hyderabad.
- Contributed a chapter on “Medico-legal aspects of food poisoning” in Practical Medico-Legal Manual by VV Pillay – 2019”.

14.08. DEPT OF GENERAL MEDICINE**Faculty:**

Dr R. Arunachalam	: Professor & HOD
Dr Jayaprakash Alva	: Professor & Dean
Dr Narasimha Hegde	: Professor
Dr K. Sundara Bhat	: Professor
Dr Venkatesha B M	: Professor
Dr Roshan M.	: Professor
Dr Smitha Bhat	: Professor
Dr Peter George	: Professor
Dr Sayyid M. Khilar	: Associate Professor (Cardiology)
Dr Akshatha Rao Aroor	: Associate Professor
Dr Prashanth Y M	: Associate Professor
Dr Veena Jasmine Pinto	: Associate Professor
Dr Archana Bhat	: Associate Professor
Dr Kiran Shetty	: Assistant Professor
Dr Anoop Joseph	: Assistant Professor
Dr Glenn Austin Fernandes	: Assistant Professor
Dr Srilakshmi M.Prabhu	: Senior Resident
Dr Rohith Pinto	: Senior Resident

Dr Ganesh Nayak S. : Senior Resident
 Dr Tushar G. : Senior Resident
 Dr Spoorthi A. Pai : Senior Resident
 Dr Manoj Kumar : Senior Resident
 Dr Manjunath G. Anvekar : Senior Resident
 Dr Dasin Joseph : Senior Resident
 Dr Preema D'Sa : Senior Resident
 Dr Sanal Canute Fernandes : Senior Resident
 Dr Sharol Ashma Menezes : Senior Resident

T.B. and Chest Disease:

Dr Don G. Mascarenhas : Assistant Professor
 Dr Abhishek Bali : Senior Resident

Neurology:

Dr Raghavendra B.S. : Associate Professor
 Dr Pavanraj Pulu Ishwara : Assistant Professor

DEPARTMENTALACTIVITIES:

Programs/CME's conducted by the Department:

- The Department of Dermatology in association with Department of Medicine conducted a guest lecture at FMCC on 19th April 2018 where Dr Manjunath Shenoy M., Professor and HOD, Department of Dermatology, Yenepoya Medical College delivered a lecture on "Recent advances in the Management of Scleroderma."
- Conducted a Guest lecture on Newer Anticoagulants on 14th August 2018 by Dr Pradeep Pereira, Interventional Cardiologist.
- The 1st National Cardiac Emergency Conference, "CECON 2018" was organized by the Department in association with Department of Cardiology, FMCC on 10th and 11th at FMCC.

Publications:

International Indexed Journals:

- Rao A., Bhat KS. *Clinical and demographic profile of Acute organo-phosphate poisoning at tertiary care hospital in coastal Karnataka*, Journal of Medical Science and Clinical Research, August 2018;6(8):998-1003.
- D Souza S., Stany A.I., George P. *Clinical profile of patients with central nervous system tuberculosis*. International Journal of Scientific Research, August 2018;7(8):61-62.
- Dayamani B. Manjunath J., Mohamed S. *Clinical profile of patients with leptospirosis requiring hemodialysis and intensive care*, IOSR Journal of Dental and Medical Sciences, Sept 2018;17(9):35-38.
- Stany Anto I, D Souza S, George P. *Clinical profile and outcomes of Gullain-Barre Syndrome at a tertiary care centre in southern India*, International Journal of Scientific Research October 2018;7(10): 344-346.
- D'Souza S., Stany Anto I., George P., *Clinical profile and stroke topography among diabetics with acute Ischemic stroke*, International Journal of Scientific Research October 2018;7(10):36-38.
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- John R., George P., *Assessment of diabetes related attitudes among healthcare professionals*, International Journal of Biomedical Research. February 2019;10(2):1-4.

National Journal

- Mohammed Ashraf K., Nishitha Shetty, R. Arunachalam, Paraashar R, Rai Arpitha, *Study of metronomic chemotherapy in cancer patients at a tertiary care centre in South India*, Indian Journal of Anatomy and Surgery of Head, Neck and Brain April-June 2018;2(4):44-47
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- Ranjith R., George P., *Assay that made me walk; a case of secondary hypertension.*, Clinical Journal of Hypertension. October-December 2018;3(2):46-48.
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Research by faculty:

Faculty	Title of the project		
Dr Smitha Bhat	Training 3 term students in basic clinical skills by checklist method	Dr Archana Bhat Dr R. Arunachalam	Association of ankle brachial pressure index (ABI) and ankle peak systolic flow velocity PSV with ischemic stroke in patients with diabetes mellitus
Dr Smitha Bhat	Impedance plethysmography in Gestational Diabetes Mellitus		
Dr Smitha Bhat Dr Rameela Shekhar	Being well – a proactive emotional well being intervention	Dr R. Arunachalam Dr Archana Bhat Dr Akshatha Rao Dr Pradeep Pereira	A study on vitamin D deficiency in patients of Diabetes mellitus with acute coronary syndrome
Dr Srilakshmi Prabhu Dr Peter George Dr Ram Shenoy Basti	Clinical and radiological correlation of pulmonary manifestations in rheumatoid arthritis	Dr Kishna Kiran Karanth Dr Archana Bhat	Study on association of peripheral vascular disease with coronary artery disease in diabetic patients
Dr Sudeep Dr Veena Pinto Dr Don G. Mascarenhas	Determining the best screening strategies for detecting glucose intolerance and diabetes mellitus in patients with mycobacterium tuberculosis infection	Dr Archana Bhat Dr Akshatha Rao A.	Posterior reversible encephalopathy Syndrome-clinico-radiological spectrum
Dr KS Bhat Dr Akshatha Rao Dr Archana Bhat Dr Roshan M.	Study of correlation of thyroid hormone profile with APACHE II score in patients with sepsis in intensive care unit	Dr Akshatha Rao Dr Sudeep K. Dr Archana Bhat Dr K Sundara Bhat	A study of effect of metformin on CA 19 9 and CEA levels in patients with diabetic patients

Conferences attended by faculty:

Faculty	Conferences	Date	I ⁿ national/ National/ State
Dr Prashanth YM	Delegate - KAPICON 2018, Raichur	08.06.2018 - 10.06.2018	State
Dr Peter George	Resource person - Hospital Medicine Conclave 2018, Cochin	23.06.2018	National
Dr Smitha Bhat	Dr Mohan's International Diabetes Update 2018, Chennai	20.07.2018 - 22.07.2018	I ⁿ national
Dr Peter George	Delegate - API Kerala chapter, Kerala	29.07.2018	State
Dr Archana Bhat	CIDSCON 2018 - Poster presentation: Japanese encephalitis: case report of two cases, Vellore	16.08.2018 - 18.08.2018	National
Dr Peter George	Delegate - ACP India Chapter Medicine 2018, Lucknow	31.08.2018 - 02.09.2018	National
Dr Smitha Bhat	Delegate - HSICON 2018, Kerala	31.08.2018 - 02.09.2018	National
Dr Smitha Bhat	Delegate - American Diabetes Association India 2018, Bengaluru	08.09.2018 - 09.09.2018	I ⁿ national
Dr Rohith Pinto	WCIM 2018 – Oral presentation: 'Hypertension: patient knowledge & attitudes', South Africa	18.10.2018 - 21.10.2018	I ⁿ national
Dr R Arunachalam Dr Venkatesha BM Dr K.S. Bhat Dr N. Hegde Dr Roshan M Dr Prashanth Y M Dr Archanan Bhat Dr Swapna PK Dr Hitesh MR Dr Sujith James Dr Ganesh Nayak	CECON 2018, FMCC Chair persons - Dr R. Arunachalam Dr KS Bhat Dr N. Hegde Dr Venkatesha BM Dr Roshan M	10.11.2018 - 11.11.2018	National
Dr Archana Bhat	Delegate – ESICON 2018, Bhubaneswar	15.11.2018- 18.11.2018	National
Dr Venkatesha BM Dr Smitha Bhat	Delegate – RSSDI 2018, Ahmedabad	22.11.2018 - 25.11.2018	National
Dr Roshan M. Dr Akshatha Rao Dr Archana Bhat	Delegate – SPECTRUM 2019, Mangaluru	12.01.2019	National
Dr Peter George	Chairperson – API Kerala Chapter, Kerala	26.01.2019 - 27.01.2019	National
Dr Glenn Austin Fernandes	Delegate – ISCCM, Mumbai	01.02.2019 - 03.02.2019	National
Dr Peter George	Delegate - APICON 2019, Kochi, Kerala	07.02.2019 - 10.02.2019	National

CME/workshops attended by the Faculty

Faculty	CME/Workshop	Date	National/ International/ State	Capacity
Dr Roshan M.	CME on standards for TB care in India and revised PMDT guidelines, Bengaluru	13.05.2018	National	Delegate
Dr Kavina Fernandes	World hand hygiene day, FMCC	05.05.2018	Local	Delegate
Dr Arhana Bhat Dr Kavina Fernandes	Simulation based medical education orientation Program, FMSSC	01.06.2018	Local	Faculty development program
Dr Prashanth YM Dr Kavina Fernandes	Revised basic workshop, St John's Medical College, Bengaluru	20.06.2018 - 22.06.2018	National	Faculty Development Program
Dr Prashanth YM Dr Kavina Fernandes	Sensitization program for AETCOM module, St John's Medical College, Bengaluru	23.06.2018	National	Faculty development program
Dr Rohith Pinto	21 st Annual mechanical ventilation workshop, Pune	04.07.2018 - 05.07.2018	National	Delegate
Dr Rohith Pinto	16 th Annual intensive care review course, Pune	01.07.2018 - 02.07.2018	National	Delegate
Dr Smitha Bhat	ICMR training workshop on Diabetes in Young 2018, KMC, Manipal	05.08.2018	National	Faculty development prog.
Dr Smitha Bhat	MRCP paces course, Bengaluru	14.09.2018- 17.09.2018	National	Faculty development program
Dr Glenn Fernandes	Heart Failure Essentials, Chennai	29.09.2018	National	Delegate
Dr R. Arunachalam	MERT, Bengaluru	01.10.2018	National	Chair person
Dr Hitesh MR	MERT, Bengaluru	01.10.2018	National	Delegate
Dr Prashanth YM	Qualitative research workshop, FMSSC	27.10.2018	Local	Delegate
Dr Akshatha Rao A	FAQs answered 2018, AJ Institute of Medical Sciences	17.11.2018	Local	Delegate
Dr Ganesh Nayak	Advanced cardiovascular life support course (ACLS), FMCC	13.12.2018	International	Delegate
Dr Smitha Bhat	Quality of work life, Mangaluru	11.01.2019 - 12.01.2019	Local	Resource person
Dr Prashanth YM	Sensitization training on RNTCP technical and operational guidelines and PMDT 2017, FMCC	11.02.2019	Local	Faculty development program

Extension and outreach activities by faculty:

Faculty	CME/Workshop	Date	National/ International/ State	Capacity
Dr Smitha Bhat	'Professionalism', FMCC	11.03.2019	Local	Resource person
Dr Smitha Bhat	CME on Vital Signs: important indications of health, FMCC	09.03.2019	Local	Resource person
Dr Smitha Bhat	Curriculum implementation support program, St John's Medical College, Bengaluru	20.02.2019- 22.02.2019	National	Delegate
Dr Roshan M.	CME I - CCT 2019 Basics and Beyond, Indiana Hospital, Mangaluru	16.03.2019- 17.03.2019	National	Chairman
Dr Archana Bhat	SARO.18.001 PCOS study (workshop), New Delhi	17.03.2019	National	Delegate
Dr Smitha Bhat	IDSP workshop for medical college doctors/ healthcare professionals, FMCC	19.03.2019	Local	Resource Person

Patient outreach camps: The Department is extending clinical services to the urban and rural health centres, charitable homes and other centres. From April 2018 till March 2019 A total of 41 health camps were organised and the total number of patients benefitted were 5746. Outreach camps were held at Jeppu, Prashanth Nivas, Kokkada, Maroli, Cheshire Home, Missionaries of Charity. More than 400 patients per month benefitted.

Awards to Faculty:

1. Dr Peter George, Professor : FRCP (Glasgow) on 22.02.2019.
2. Dr Spoorthi A Pai, Senior Resident completed the PG Diploma in Infectious Diseases (conducted by Medvarsity in Association with the University of New South Wales, Australia on 13.02.2019.

- Dr Rohith Pinto, Senior Resident had the distinction as one of the Best 3 papers presenters selected from around the world. His paper was on Hypertension: Treatment and Complications in a South Indian Population at the 34th World Conference of Internal Medicine at Cape Town, South Africa from 18.10.2018 to 21.10.2018.
- Dr Smitha Bhat, was appointed External Member of Clinical Board of Studies in Faculty Medicine (UG), JSS Academy of Higher Education and Research, Mysuru.
- Dr Smitha Bhat, was Examiner in the MRCP (UK) PACES examinations on 13.02.2019 at Manipal Hospital, Bangalore.

Awards to Students:

- University toppers in MD Medicine - Dr Shani Constin PN, PG Resident, secured 2nd Rank and Dr Aaron Charles Lobo, PG Resident, secured 6th Rank in RGUHS examinations in May 2018.
- Dr Susan D'Souza, PG Resident, was awarded the Best free paper in Neurology at KAPICON 2018, National Conference at Raichur on 09.06.2018, titled 'Clinical profile and stroke topography among diabetic in ischaemic stroke'.
- Dr Ravella Ranjith, PG Resident, was awarded III prize in the poster presentation and II prize in quiz competition during at HSICON 2018, National Conference at Trivandrum on 01.08.2018, titled 'Assay that made me walk', A case of secondary hypertension.
- Dr Vishnumoorthy A, PG Resident, awarded II prize in poster presentation and II prize in Quiz competition during HSICON 2018, National conference at Trivandrum on 01.08.2018, titled 'Immediately evident may be insufficient'.
- Mr Sandeep Rao Kordcal and Mr Shah Nawaz N, MBBS students were awarded First Place in MEDIQUIZ at A.J. Institute of Medical Sciences, Mangalore on 29.09.2018.

Dr George Taliat	- Senior Resident
Dr Manoj Kumar	- Senior Resident
Dr Varun Khullar	- Senior Resident
Dr Manish Kumar	- Senior Resident
Dr Jiju Mohan S.R.	- Senior Resident
Dr Gopaakrishnan A.	- Senior Resident

Plastic Surgery

Dr Aravind L. Rao	- Associate Professor
Dr Ashish S.	- Assistant Professor

Pediatric Surgery

Dr Kishan B. Shetty	- Professor
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Neuro Surgery

Dr Madhukar T. Nayak	- Professor
Dr Geover J. Lobo	- Assistant Professor

Faculty attended conferences:

Dr Leo Francis Tauro

- Attended CME on "Hepatic and splenic trauma" conducted by KMC, Manipal on 21st and 22nd April 2018, CME on "Portal hypertension" conducted by BMC and RI, Bengaluru on 8th and 9th June 2018, CME on "Clinical examination and clinical sign relevance in current surgical practice" conducted by KMC, Mangalore on 10th June 2018, and Midterm South Zone CME conducted by Indian Association of Surgical Gastroenterology (IASG) at KMC, Manipal on 21st and 22nd April 2018.
- Attended as Chairperson TRAUMASICON 2018 from 24th to 26th August 2018 at K.S. Hegde Medical Academy, Mangalore.
- Attended "Liver update 2018" on 15.09.2018 at KMC, Mangalore and "Manipal Surgery Clinifest 2018" on 22.09.2018 at Manipal.
- Chaired a scientific session and moderated case presentation on Manipal Surgery Clinifest 2018 conducted by Department of General Surgery, KMC, Manipal from 21st to 23rd September 2018.
- Attended CME AMASICON 2018 from 15th to 17th November 2018 at SGPGL, Lucknow; CME on "ASRICON 2018" from 26th to 28th October 2018 at K.S. Hegde Medical Academy, Mangalore; CME on "Mentorship" 2018 at FMMC.
- Attended and chaired a session in Live Laparoscopic Colorectal Surgery Workshop on 19th January 2019, FMMC, Mangalore.
- Attended a guest lecture on "Organ donation need of the hour" by Dr Prashanth Marla K., Consultant Urologist, A.J. Hospital, conducted by ASI SK branch on 8th February 2019 at IMA Hall.
- Attended Professor M.P. Pai Birth Centennial, Commemorative CME and Department of Surgery Alumni Meet on 10th April 2019 at Mangalore.

Dr Erel A.I. Diaz

- Attended Midterm South Zone CME conducted by Indian Association of Surgical Gastroenterology (IASG) at KMC, Manipal on 21st and 22nd April 2018, CME on "Liver Update

14.09. DEPT OF GENERAL SURGERY

Faculty:

Dr Leo Francis Tauro	- Professor & HOD
Dr Erel A.I. Diaz	- Professor
Dr John Joseph S. Martis	- Professor
Dr Clement R.S. D'Souza	- Professor
Dr Shubha N. Rao	- Professor
Dr Rakesh Rai A.	- Professor
Dr Rajeshwara K.V.	- Associate Professor
Dr Caren D'Souza	- Associate Professor
Dr Prathvi Shetty	- Associate Professor
Dr Reshmina C.C. D'Souza	- Associate Professor
Dr Sheldon Mathias	- Associate Professor
Dr Vinoda Kumar B.	- Assistant Professor
Dr Chirag Pereira	- Assistant Professor
Dr Shankar Gururaj	- Assistant Professor
Dr Mekha Ann Andrews	- Senior Resident
Dr Shreyas N.M.	- Senior Resident

2018” conducted by the Department of Surgery, KMC, Mangalore on 15th September 2018, and “Live Surgical Workshop and Update 2018” conducted by Department of General Surgery, A.J. Institute of Medical Sciences and Research Centre on 27th October 2018.

2. Attended and chaired a session in the Live Laparoscopic Colorectal Surgery Workshop on 19th January 2019 at FMMC.
3. Attended Guest Lecture on “Organ donation need of the hour” by Dr Prashanth Marla K., Consultant Urologist, A.J. Hospital, conducted by ASI SK branch on 8th February 2019 at IMA Hall.
4. Chaired a scientific session and moderated case presentation on Manipal Surgery Clinifest 2018 conducted by Department of General Surgery, KMC, Manipal from 21st to 23rd September 2018
5. Attended “Professor M.P. Pai Birth Centennial, Commemorative CME and Department of Surgery Alumni Meet” on 10th April 2019 at Mangalore.

Dr John Joseph S. Martis

1. Attended Midterm South Zone CME conducted by Indian Association of Surgical Gastroenterology (IASG) at KMC, Manipal on 21st and 22nd April 2018 and “Trends in carcinoma breast and re-construction” on 1st September 2018 at FMMC.
2. Attended and chaired a session in the Live Laparoscopic Colorectal Surgery Workshop on 19th January 2019, FMMC.
3. Attended Revised Basic Course Workshop in Medical Education Technologies conducted by MCI Nodal Centre Medical Education Technologies, St. John’s Medical College, Bangalore from 20th to 23rd June 2018 at FMMC.
4. Attended Guest Lecture on “Organ donation need of the hour” by Dr Prashanth Marla K., Consultant Urologist, A.J. Hospital, conducted by ASI SK branch on 8th February 2019 at IMA Hall.
5. Attended Live Laparoscopic Colorectal Surgery Workshop organized by the Department in co-ordination with GEM Hospital, Coimbatore on 19th January 2019 and chaired a scientific session at FMMC.

Dr Clement D’Souza

1. Attended Trauma CME on 4th March 2018 conducted by the Anaesthesia Department, FMMC and ECC2018, 41st European Congress of Cytology in Madrid, Spain from 10th to 13th June 2018
2. Attended and chaired a session Live Laparoscopic Colorectal Surgery Workshop on 19th January 2019 at FMMC.

Dr Shubha N. Rao

1. Attended “Trends in carcinoma breast and reconstruction” in September 2018; “Advances in HCV diagnosis and management” on 3rd November 2018 and CME on “Tips and tricks in infertility management” on 14th April 2019 at FMMC.
2. Attended and chaired a session Live Laparoscopic Colorectal Surgery Workshop on 19th January 2019 at FMMC.

Dr Rakesh Rai

1. Chaired a scientific session during Trauma CME on 4th March 2018 conducted by Anaesthesia Department at FMMC.
2. Delivered a guest lecture on “Laparoscopic Hernia Repair” conducted by Department of General Surgery at A.J. Institute of Medical Sciences and Research Centre on 25th November 2018.
3. Attended and chaired a session Live Laparoscopic Colorectal Surgery Workshop on 19th January 2019 at FMMC.
4. Delivered a lecture on “Advanced wound care management” at Dublin, Ireland, KCI Centre from 26.03.2019 to 30.03.2019.

Dr Rajeshwara K.V. attended TRAUMASICON 2018 from 24th to 26th August 2018 at K.S. Hegde Medical Academy, Mangalore; Live Laparoscopic Colorectal Surgery Workshop on 19th January 2019 and Medical Education training program from 7th to 10th January 2019 at St. John’s Medical College, Bangalore.

Dr Caren D’Souza

1. Attended as chairperson TRAUMASICON 2018 from 24th to 26th August 2018; “TRAUMASICON” August 2018 and ASRICON 2018 from 26th to 28th October 2018 at K.S. Hegde Medical Academy, Mangalore.
2. Attended Mentorship 2018 and Live Laparoscopic Colorectal Surgery Workshop on 19th January 2019 at FMMC.
3. Attended Workshop on Breast Oncoplasty conducted by International School of Onco-plastic Surgery (ISOS) at Pune on 16th and 17th February 2019.

Dr Prathvi Shetty

1. Attended Disaster Management - 2018 at A.J. Institute of Health Sciences, Kuntikan on 10th March 2018; Live Laparoscopic Colorectal Surgery Workshop on 19th January 2019 at FMMC; ‘BRIC idea explosion’ at NITK, Surathkal on 16th and 17th March 2019 and National Conference on Quality Indicators and Benchmarks for Health Science Institutions on 14th and 15th December 2018 at Chettinad, Chennai.
2. Attended and participated in Research Methodology Workshop on 07.03.2019 conducted by RGUHS at RV Dental College, Bangalore.
3. Was resource person for the Workshop for Intern Professionalism on 11th March 2019 at FMMC.

Dr Sheldon Mathias attended Safe Laparoscopic Cholecystectomy Course organized by KSHEMA on 17th March 2018 at Deralakatte and Live Laparoscopic Colorectal Surgery Workshop on 19th January 2019 at FMMC.

Dr Vinod Kumar attended Midterm South Zone CME conducted by Indian Association of Surgical Gastroenterology (IASG) at KMC, Manipal on 21st and 22nd April 2018 and Live Laparoscopic Colorectal Surgery Workshop on 19th January 2019 at FMMC.

Dr Reshmina C.C. D'Souza, Dr Chirag Pereira, Dr Shankar Gururaj, Dr Shreyas N.M., Dr George Taliat, Dr Manoj Kumar, Dr Varun Khullar, Dr Manish Kumar, Dr Jiju Mohan, Dr Gokulkrishnan A. attended Live Laparoscopic Colorectal Surgery Workshop on 19th January 2019 at FMMC.

Dr Mekha Ann Andrews attended Live Laparoscopic Colorectal Surgery Workshop on 19th January 2019 at FMMC and '60th AMASI Skill Course and FMAS Examination' from 28th February to 2nd March 2019 at Government Medical College, Nagpur.

CME, Workshop and Guest Lectures conducted:

1. Guest lecture on "Management of carcinoma rectum" delivered by Dr Ganesh M.K. and Dr Nagarjun Rao at Hotel Deepa Comforts on 11th April 2019 organised by ASI Mangalore Branch.
2. Guest lecture on "Recent advances in management of carcinoma stomach" delivered by Dr Ashwin Alva, Surgical Gastroenterologist, A.J. Institute of Medical Sciences, Mangalore on 23rd March 2019.
3. Hands on workshop on 'da Vinci Robotic system' from 25th to 27th March 2019 at FMMC.
4. Guest lecture on orientation and briefing on the 'da Vinci Robotic system' by MR Nikhil Sharma on 27th March 2019 at FMMC.
5. Workshop on "Suturing techniques" on 22th February 2019 at FMMC.
6. Guest lecture on "Tumour biology and cancer chemotherapy" 9th February 2019 at FMMC.
7. The Department conducted Dr P. Venkat Rao Memorial PG Quiz on 20th February 2019.
8. Held online Live Colorectal Workshop direct relay from GEM Hospital, Coimbatore on 19th January 2019.
9. Conducted workshop on "Staplers in Surgery and Stapling Techniques" on 12th Jan. 2019 at Hospital Conference Hall.
10. Conducted workshop on "Laparoscopic Hernia Repair workshop/lectures" on 11th December 2018 at Hospital Conference Hall. Dr Rakesh Rai and Dr Ganesh M.K. was the resource person.
11. Held online live lecture and question answer session on "Role of Probiotics in Gastroenterology" by Dr B.S. Ramakrishna, Director, Institute of Gastroenterology, S.R.M. Institute of Medical Sciences, Chennai on 8th December 2018 at FMMC. Held live surgery webcast on eTEP TAR Technique from GEM Hospital and Research Centre, Coimbatore on 23rd November 2018 by Dr R. Parthasarathi, Consultant Surgical Gastroenterologist, GEM Hospital, Coimbatore at FMMC.
12. Organised a guest Lecture on "Typical and Atypical Breast lesions" in collaboration with Radio-diagnosis on 16.07.2018 at FMMC by Dr Prasanna Kumar, G Rosewell Park Cancer Institute, University of Buffalo, U.S.A.
13. Conducted a CME on "Mini percutaneous neprolithotripsy (PCNL) with Holium Laser" on 06.07.2018 by Dr (Prof.) Madhu Sudan Agarwal, Agra at Hotel Maya International, Mangalore.
14. Organised CME on "Laparoscopic procedures in hiatus hernia" by Dr Roy Patankar, Consultant gastro-intestinal

and laparoscopic Surgeon, Zen Hospital, Mumbai on 20th April 2018 at FMMC.

15. Organised a guest Lecture by Dr Keshav, Associate "Bile duct injuries" at FMMC on 27th October 2018.
16. Conducted "Undergraduate quiz 2018" on 24.11.2018 at FMMC.

Camps Conducted: The Department organized monthlong camps on Diseases of Liver, Gall Bladder, Pancreas from 1st to 31st April 2018 and on Thyroid camp from 1st to 31st May 2018 which were well attended and follow up action was taken.

Papers Published:

International Journals: Indexed

1. *Breast cancer awareness among undergraduate medical students in a tertiary healthcare in Mangalore*, International Surgery Journal, December 2018, Vol 5, Issue 12, Authors: Nitu Joy, Caren D'Souza, Clement R.S.D.Souza. ISSN No.2349-3305. Impact factor - 2.693
2. Original research article, *Hydatid Disease: a two years retrospective study in a tertiary care centre in south India*, International Surgery Journal, 2018 Feb; 5(2):602-607, Authors : Harin Reddy Illuri, Caren Dsouza, Dr, Erel Dias, Prashanth Phillip Das. ISSN No.2349-3305. Impact factor - 2.693
3. *Incidence and causes of lower-limb amputations in a tertiary care centre: Evaluation of the medical records in a period of 2 years*, International Journal of Surgery Science 2018, Authors: Gandla Kiran Kumar, Caren D'Souza, Erel Diaz. ISSN No.2616-3462. Impact factor RJIF – 4.3
4. *Comparative study of subcuticular suture, metal clips, and steri-strips for wound closure after thyroid surgery*. Saudi Surgical Journal, volume 7, issue 1, January-March 2019. Authors: Jnaneshwari Jayaram, C.M. Aruna Kumar, Rhea Pinto, Leo F. Tauro.

National Journals: Indexed

1. *Antibiotic Prophylaxis in Surgery is adherence to standard guidelines feasible*, original research article, New Indian Journal of Surgery, vol.9, No.2, March-April 2018. Authors: Caren, Sudhir, Erel Diaz, Prashanth, Lucinda, Steffi. ISSN No.0976-4747.
2. *Demographic Profile of Breast Cancer at a Tertiary Care Centre over a Three Year Period*. Scholar Journal of Applied Medical Sciences (SJAMS), Nov.2018;6(11);4422-4427. Authors: Monalisa D'Souza, Caren D'Souza, Leo Francis Tauro, Bhavya M. Naik. ISSN No.2347-954X Impact factor 1.42.
3. *Menstrual irregularities and Thyroid: A second thought*, Original article, IJSS Journal of Surgery, Jan.-Feb.2018, Vol.4, issue 1. Authors: Sheldon Mathias, Reshmina Chandni Clara D'Souza, Vinod Kumar, John Martis. ISSN No. 2395-1893.
4. *Knowledge and attitude of undergraduate students on oral cancer*, Original Research article, Indian Journal of Anatomy and Surgery of Head, Neck and Brain. January-March 2018;4(1);6-8. Authors: Sheldon George Mathias, Reshmina Chandni Clara D'Souza, John Joseph S. Martis, Shubha N. Rao. ISSN No.2455-846X

5. *Role of ultrasound and Doppler in characterizing thyroid nodules and differentiating benign and malignant thyroid nodules*, original research article, IP Indian Journal of Anatomy and Surgery of Head, Neck and Brain, January-March 2018;4(1);14-17. Authors : Supreeth N., Shubha N. Rao, Reshmina Chandni Clara D'Souza, Peter Penual Joshua. ISSN No.2581-5210.
6. *Role of diagnostic laparoscopy in acute abdomen*. IP Journal of Urology, Nephrology and Hepatology Science. 1 (2):28030, July-Sept.2018. Authors: Avinash Gaikwad, Rajeshwara K.V., Reshmina C.C. D'Souza.
7. *Is cosmetics the choice for an appendicectomy*. International Journal of Science and Research. Vol.7, issue 10, Oct. 2018. Authors: Nisha T., Rakesh Rai A. ISSN 2319-7064. Impact factor 28.

14.10. DEPT OF HOSPITAL ADMINISTRATION

Faculty:

Dr Sweta D'Cunha	- Professor & HOD
Dr Namratha S.	- Professor
Dr Libert Anil Gomes	- Professor
Rev. Fr Rudolph Ravi D'Sa	- Associate Professor
Ms Sonia E. D'Souza	- Assistant Professor
Dr Sucharitha Suresh	- Assistant Professor

Staff Achievements:

Research and Publications:

Dr Sucharitha Suresh

1. *A cross-sectional study on the prevalence of diseases among the geriatric population in the rural field practice areas of a tertiary care hospital in Mangaluru, India*, Journal of Pharmacy Practice and Community Medicine e-ISSN: 2455-3255.
2. *Patients' expectations-a study in a selected hospital*, International Journal of Health Sciences and Research. 2018 UGC No 48593.
3. *Human rights of the elderly : an awareness study among youths*, Indian Journal of Gerontology 2018, Vol. 32, No. 3, pp. 318-332 ISSN: 0971-4189, UGC No. 20786.

Dr Sweta D'Cunha

1. *Patients' expectations - a study in a selected hospital*, International Journal of Health Sciences and Research. 2018 UGC No 48593
2. *Human rights of the elderly: an awareness study among youths*, Indian Journal of Gerontology 2018, Vol. 32, No. 3, pp. 318-332 ISSN: 0971-4189, UGC No. 20786.

Dr Namratha S.

1. *Corporate governance – growth and its importance for effective business, transformation through strategic and technological interventions*. ISBN (13):978-93-87572-21-8

Ms Sonia D'Souza

1. *Patient's right to education and information: assessment of the effect of training on the knowledge and practice of nurses in two teaching hospitals in India*, International Education and Research Journal Aug 2018 ISSN 2454-9916

Dr Anil Gomes

1. *A study of the comparison of unit costs of a tertiary care teaching hospital*, International Journal of Scientific Research Volume 6,9. Sept 2017. ISSN 2277-8179
2. *A study of awareness of health insurance among inpatients of tertiary care teaching hospital*, Inter. Journal of Scientific Research Volume 6, 9. Sept 2017. ISSN 2277-8179.

Participation as Resource Person

Dr Sucharitha Suresh

1. Conducted a session on "Research Methodology" in the Department of Post Graduate Studies in Commerce, University College, Mangaluru on 25th January 2018.
2. Was a subject expert for the presentations to review the progress of the Ph.D. Scholars from Hospital Administration in April 2018 at the Yenepoya Deemed to be University, Deralakatte
3. Was resource person for the FDP conducted by SVS College Bantwal and delivered a talk on "Research design and report writing" on 22nd September 2018.
4. Was resource person for the Boot Camp Program - 2018 organized by the Justice K.S. Hegde Institute of Management, Nitte, for the First year MBA students on 08.10.2018 and delivered a talk on "Quantitative Techniques".
5. Participated as a judge for the Track – "Data Science and Statistics" in the International Conference on Advanced IT, Engineering and Management organised by the IT Department of AIMIT, St Aloysius College (Autonomous), Mangalore on 15th and 16th November 2018.

Dr Namratha S.

1. Was judge for the cultural program organized by the Anti-ragging committee on "Nurture Life- Say no to Ragging" held on 8th December 2018 by FMCON.
2. Moderator in an international conference on "Business resilience in turbulent global markets" held on 25th September 2018 by St Agnes (Autonomous) PG Centre and Research.

Conferences and Seminars Attended:

Dr Sweta D'Cunha

1. Participated in the 2 day conference "Youth in social change" in MAHE, Manipal on 25th and 26th August 2018.
2. Attended national seminar on "India in the Web of Digitalisation" held at St. Aloysius College, Mangalore on 16th January 2019 and CME on Achieving and Sustaining Process Improvement in Hospitals at Yenepoya Medical College on 9th Feb. 2019.

Dr Namratha S.

1. Participated in the 2 day conference "Youth in social change" in MAHE, Manipal on 25th and 26th August 2018.
2. NICOM 2018 Norma International Conference on Management on 'Societal and organisational transformation through strategic and technological interventions' and presented a paper titled "Corporate governance – growth and its importance for effective business" from 9th to 11th January 2018 at Institute of Management, Nirma University, Ahmedabad.

Dr Sucharitha Suresh attended the international conference on “Managing Human Resources at workplace”, organised by Shri Dharmasthala Manjunatheshwara Institute for Management Development, Mysuru on 14th and 15th December 2018 and a workshop “Writing the Thesis Synopsis” on 17th July 2018 organised by FMMC.

Mrs Sonia E. D’Souza attended a CME on “Achieving and sustaining process improvement in Hospitals” at Yenepoya Medical College on 9th February 2019 and National Social Workers Conference SPANDANA 2019 Responding to Realities on the theme ‘Revisiting and contextualizing social work profession in contemporary India’ on 14th and 15th February 2019.

Departmental Activities:

1. Guest lectures on “Introspection through retrospection” by Dr Rashmi Kodikal, Professor, Sahyadri College of Engineering and Management and by Ms Matilda Pinto on “Entrepreneurship” on 23rd June 2018; “First aid and CPR” on 20th October 2018 at Skill Lab; “Road runner a success story” by MR Preetham Prince Pinto, Proprietor of Road Runner, Mangalore on 17th November 2018; “Accessibility of library e-resources through remote services” by Dr Janet Dotty Lobo and “Hospital administrator and challenge faced” by Dr Naveen Kumar, Professor and Head, Department of Hospital Administration, KMC Manipal on 13th October 2018.
2. Program on “Implementation (POI) on NABH Standards Training with Quality Council of India” was conducted from 17th to 19th August 2018.
3. SPSS workshop was conducted by Dr Sucharitha Suresh on 17th January 2019.
4. Guest lecture was organized on 19th January 2019. Speakers were Ms Jyoti Pinto, HR Manager FMCI and Ms Vatika Pai, Proprietress, Vatika International Travels.

Any Other

Sonia Edaline D’Souza has been appointed as Member, Board of Studies of Allied Health Sciences, Rajiv Gandhi University of Health Sciences, Bengaluru for a period of 16.07.2018 to 15.07.2021.

14.11. DEPT OF MEDICAL EDUCATION UNIT

Faculty:

Dr Shivashankara A.R.	- Dept of Biochemistry
Dr Maitreyee D.S.	- Dept of Biochemistry
Dr Anup Kumar Shetty	- Dept of Microbiology
Dr Sumanth D.	- Dept of Pathology
D Reshma Kini	- Dept of Pathology
Dr Archana Bhat	- Dept of Pathology
Dr Nagesh K.R.	- Dept of Forensic Medicine
Dr Smitha Bhat	- Dept of Medicine
Dr Joylene D’Almeida	- Dept of OBG
Dr Sarita Paul	- Dept of Paediatrics
Dr Shailaja	- Dept of Anaesthesiology

Activities:

- In April 2018, the MEU organized a talk by Dr Rameela Shekar on dealing effectively with the students of today.
- In June 2018, the MCI Revised Basic Course Workshop was conducted for medical college faculty under the observership of Dr Kirtana Nayak, adjunct faculty St John’s Medical College, Bangalore.
- The new PGs were trained how to write the thesis synopsis in a workshop in July 2018 and interns were given an orientation on how to prepare for the NEET exam in August.
- In August 2018 and September 2018 Essential Teaching Skills Workshops were conducted for senior residents of the Medical College.
- In March 2019, the MEU conducted a half day workshop for interns on professionalism.

Faculty accomplishments:

- Dr Sumanth was appointed member of the Board of Studies, RGUHS.
- Dr Smitha and Dr Sumanth commenced the Advanced Course in Medical Education in St John’s Medical College, Bangalore.
- Dr Shailaja attended the National Conference of Health Professional Education in Nagpur.

14.12. DEPT OF MICROBIOLOGY

Faculty:

Dr Rekha Boloor	- Professor & HOD
Dr Beena Antony	- Professor
Dr Meena Dias	- Associate Professor
Dr Anup Kumar Shetty	- Associate Professor
Dr Thomas S. Kuruvilla	- Associate Professor
Mrs Hilda Jacintha Pinto	- Assistant Professor
Dr Prasanna N. Bhat	- Assistant Professor
Dr Thressia Thomas	- Assistant Professor
Mrs Avita Acquivilla Lobo	- Lecturer
Mrs Sharonraju	- Lecturer

Departmental Activities:

1. The 4th Anaerobic Workshop was conducted on 9th, 10th and 11th April 2018. 14 delegates from other States, 16 delegates from Karnataka attended the Workshop.
2. The Department organized a CME on “Gastrointestinal infections – an update” on 28.07.2018.
3. The Department organized a guest lecture on “Advances in HCV diagnosis and management” on 03.11.2018.
4. On 03.12.2018 an open defence of Ph.D. thesis of Miss Kumari Nisha was conducted.
5. The Microbiology Department in association with Departments of Pathology and Surgery organized a guest lecture on “Stem Cell Research on Wound Healing” on 15th December 2018. The speaker was Dr Melanie Rodrigues, Ph.D., Instructor, Department of Surgery, Stanford University USA.

Patients Statistics:

I. P. : 1,73,912

O.P. : 54,120

Staff Achievements:**Dr Rekha Boloor:**

- Participated as organizing chairperson in the 4th National Hands on Workshop on Anaerobic Culture Techniques, “An Encounter with Anaerobes”, from 9th to 11th April 2018 at FMMC.
- Participated in the Simulation Based Med. Edu. orientation program organized by tech4hc on 31.05.2018 at FMSSC.
- Attended Revised Basic Course Workshop in Medical Education Technologies from 20th to 22nd June 2018 and ensitization Programme for Attitude, Ethics and Communication (AETCOM) Module on 23rd June 2018 at FMMC.
- Participated in the CME on “Gastrointestinal Infections – an update” on 28th July 2018 at FMMC.
- Judged a scientific session at the Manipal McGill Centre for Infectious Diseases International Conference held on 11th and 12th August 2018 at Dr TMA Pai International Convention Centre, Mangalore.
- Participated as chairperson in the 33rd session of IAPP and CME on Innovations in Malaria held on 26.10.2018 at FMMC.
- Participated as a delegate in the CME SCIENTIA – 2019, “Work Simplification and Automation in Laboratory” held at FMMC on 2nd February 2019.
- Participated in District Health and Family Welfare Office District Surveillance Unit (IDSP) D.K Mangalore workshop for Medical College Doctors/Healthcare Professionals held on 19.03.2019 at FMMC.

Dr Beena Antony:

- Participated as organising secretary and resource person in the 4th National Hands on Workshop on Anaerobic Culture Techniques, “An Encounter with Anaerobes” from 9th to 11th April 2018.
- Participated in the Simulation Based Medical Education orientation program organized by tech4hc on 31.05.2018 at FMSSC.
- Participated in the Round Table on “Application of HPV test as a tool for cervical cancer screening” held on 14th July 2018 at Manipal Academy of Higher Education, Manipal.
- Participated in the CME on “Gastrointestinal infections – an update” on 28th July 2018 at FMMC.
- Participated as resource person in the XXIV Maharashtra Chapter Conference of IAMM organized by the Department of Microbiology, Krishna Institute of Medical Sciences, Deemed-to-be-University, Karad on 29th and 30th September 2018.
- Participated as delegate in the 33rd session of IAPP and CME on “Innovations in malaria” on 26.10.2018.
- Participated in the guest lecture on ‘Advances in HCV diagnosis and management’ on 3rd November 2018 at FMMC.

- Participated in the “Interactive meeting of program coordinators” on 24th November 2018 at JNCASR Jakkur, Bengaluru organized by Vision Group on Science Technology, Department of Science Technology, Government of Karnataka.
- Was delegate in the CME “SCIENTIA – 2019” – “Work simplification and automation in laboratory” at FMMC on 2nd February 2019.
- Participated as a delegate in the CME on “Outbreaks of emerging and re-emerging infections” on 30.03.2019 at Department of Microbiology, KMC, Mangalore.

Dr Meena Dias:

- Participated as Member of Organising Team in the 4th National Hands on Workshop on Anaerobic Culture Techniques “An encounter with anaerobes” on 9th to 11 April 2018 at FMMC.
- Participated in the Simulation Based Medical Education Orientation Program organized by tech4hc on 31.05.2018 at FMSSC.
- Participated in the CME on “Gastrointestinal Infections – an update” on 28th July 2018 at FMMC.
- Was a delegate in the CME on “Decoding minimum inhibitory concentration (MIC): A step towards better patient care” on 22nd September 2018 at Yenepoya Medical College.
- Was a delegate in the CME on ‘Decoding Stress: Mind Body Symphony’ on 8th October 2018 at KMC, Mangalore.
- Was a delegate in the CME program on Recent Trends in Vector Borne Diseases on 12th October 2018 at AJ Institute of Medical Sciences and Research Centre Mangalore.
- Was a delegate in the CME “SCIENTIA 2019” – “Work simplification and automation in laboratory” at FMMC on 2nd February 2019.
- Participated as delegate in the CME on “Outbreaks of emerging and re-emerging infections” on 30.03.2019 at Department of Microbiology, KMC, Mangalore.

Dr Anup Kumar Shetty:

- Participated as Member of Organising Team in the 4th National Hands on Workshop on Anaerobic Culture Techniques, “An Encounter with Anaerobes” from 9th to 11th April 2018 at FMMC.
- Participated in the Simulation Based Medical Education Orientation Program organized by tech4hc on 31.05.2018 at FMMC.
- Was a resource person at the Revised Basic Course Workshop in Medical Education Technologies conducted by St John’s Medical College, Bangalore, Nodal Centre in Medical Education Technologies at FMMC from 20th to 23rd June 2018.
- Participated in the workshop on “Writing the thesis synopsis” on 17th July 2018 at FMMC.
- Participated in the CME on ‘Gastrointestinal infections – an update’ on 28th July 2018 at FMMC.
- Participated as delegate at the Manipal McGill Centre for Infectious Diseases International Conference on 11th and 12th August 2018 at Dr TMA Pai International Convention Centre, Mangalore.
- Participated as delegate in the CME on “Decoding minimum inhibitory concentration (MIC): a step towards better patient care” on 22nd September 2018 at Yenepoya Medical College, Mangalore.

- Delivered a talk on “Updates in Microbiology and Immunology” in a CME at Malabar Cancer Centre at Thalassery on 24.11.2018.
- Participated as a delegate in the national conference ‘FERCICON 2018’ organized BY KMC, Mangalore on 30th November and 1st December 2018.
- Participated as a delegate in the CME “SCIENTIA 2019”- “Work simplification and automation in laboratory” at FMMC on 2nd February 2019.
- Participated as a resource person in the Sensitization Training on RNTCP Technical and Operational Guidelines and PMDT 2017 at FMMC in February 2019.
- Participated as a resource person for the workshop for interns ‘Professionalism’ on 11th March 2019 at FMMC.

Dr Thomas S. Kuruvilla:

- Participated as Member of Organising Team in the 4th National Hands on Workshop on Anaerobic Culture Techniques “An Encounter with anaerobes” from 9th to 11th April 2018 at FMMC.
- Organizer at the “Hand Hygiene Awareness Campaign” 2018” from 3rd to 5th May 2018 at FMMC.
- Participated in the Simulation Based Medical Education Orientation Program organized by tech4hc on 31.05.2018 at FMSSC.
- Participated as resource faculty for the Workshop on Hospital Policies on 26th June 2018 at FMMC.
- Participated in a CME on “Gastrointestinal Infections- an update” on 28th July 2018 at FMMC.
- Participated as delegate at the CME on Hospital Infections and Antimicrobial Stewardship and Manipal McGill Centre for Infectious Diseases International Conference on 11th and 12th August 2018 at Dr TM Pai International Convention Centre, Mangalore.
- Was a delegate in the CME on “Decoding Minimum Inhibitory Concentration (MIC): A step towards better patient care” on 22nd September 2018 at Yenepoya Medical College, Mangalore.
- Participated as delegate in the 33rd session of IAPP and CME on Innovations in Malaria on 26.10.2018 at FMMC.
- Was a delegate in the CME “SCIENTIA 2019” – “Work simplification and automation in laboratory” at FMMC on 2nd February 2019.
- Participated as a delegate in the Sensitization Training on RNTCP Technical and Operational Guidelines and PMDT 2017 at FMMC on 07.02.2019
- Participated as delegate in the CME on “Outbreaks of emerging and re- emerging infections” held on 30.03.2019 at Department of Microbiology, KMC, Mangalore.

Mrs Hilda J. Pinto:

- Participated as Member of Organizing Team in the 4th National Hands on Workshop on Anaerobic Culture Techniques “An encounter with anaerobes” from 09th to 11th April 2018 at FMMC.
- CME “Gastrointestinal infections – an update” on 28th July 2018 at FMMC.
- Participated as a delegate in the CME SCIENTIA – 2019, “Work simplification and automation in laboratory” at FMMC on 2nd February 2019.

Dr Prasanna N. Bhat and Dr Thressia Thomas: Participated as delegates in the CME on “Outbreaks of emerging and re-emerging infections” on 30.03.2019 at Department of Microbiology, KMC, Mangalore.

Research Publications:

- U Pratibha Bhat, Rekha Bloor, *Comparison of Rate of Isolation and characterization of Mycobacteria by AFB Smear, LJ Medium and MGIT*, Int. J. Curr. Microbiol. App.Sci. 2018; 7(1): 2397-2404
- Sherin Justin, Beena Antony, Chaitra C., *Antibacterial potential of alcoholic and aqueous extracts of Garcinia indica (Du Petit-Thou) Choisy (Kokum) against clinical isolates of Clostridium difficile*. Ind J of Applied Research. Vol 8, issue 1. Jan 2018232-235
- Kumari Nisha, Beena Antony, *Analysis of nugen and amsel criteria for the detection of female genital tract infections in a tertiary care hospital, coastal Karnataka*, J. Evolution Med. Dent. Sci. /eissn- 2278-4802, pissn- 2278-4748/ vol.7/ issue 06/ Feb.05, 2018
- Sherin Justin, Beena Antony, *Antimicrobial Action of ‘Grandmother’s remedies against Anaerobic Bacteria isolated from gastrointestinal infections- A Preliminary, ‘in –vitro’ study*, Journal of Gastrointestinal Infections January – December ;8(1):1-6
- Meena Dias, Rakshitha Eashwernath, *Detection of Chlamydia Trachomatis infection among symptomatic women of reproductive age group attending the gynaecology OPD in a tertiary care centre and risk factors associated with the infection - Indian Journal of microbiology Research April- June, 2018;5(2):224-228*
- Thressia Thomas, Meena Dias, *Epidemiological profile of candida isolated from septicemic*, Indian Journal of microbiology Research, October- December, 2018;5(4); 508-511

Students Registered for Ph.D.:

- “A study of virulence factors and molecular analysis to distinguish between pathogenic and commensal status of *Gardnerella vaginalis* isolated from female genital tract infections, (Kumari Nisha) (Ph.D.), guide Dr Beena Antony (completed)
- A study of virulence markers, recent trends in antimicrobial susceptibility pattern of analysis of resistance genes of clinical isolates of bacterioides fragilis group – Zomuanpui Colney (Ph.D), guide Dr Beena Antony (ongoing).

14.13. DEPT OF OBSTETRICS & GYNAECOLOGY

Faculty

Dr Nagarathna G.	- Professor & HOD
Dr Sujaya V. Rao	- Professor
Dr Prema D’Cunha	- Professor
Dr Deepa Kanagal	- Professor
Dr Mahesh Navada	- Associate Professor
Dr Joylene D’Almeida	- Assistant Professor
Dr Shanon Fernandes	- Assistant Professor
Dr Alveera D’Souza	- Assistant Professor

Dr Prathima Prabhu	- Assistant Professor
Dr Ambika Hegde	- Assistant Professor
Dr Prajna Kumari	- Senior Resident
Dr Chethana Bhat	- Senior Resident
Dr Jyotsna Coelho	- Senior Resident
Dr Venita Roshal Fernandes	- Senior Resident
Dr Swetha O.N.	- Senior Resident

Departmental Activities:

1. The Department along with the Surgery Department conducted a one day 'Laparoscopy Suturing Workshop' on 25.03.2018.
2. The Department conducted CME on 'Update on Urogynecology' and a workshop on 'Bladder Repair' on 06.05.2018. The CME had accreditation of 2 credit points from Karnataka Medical Council.
3. 'Breast Feeding Week' was observed by the Department. In view of this, a lecture on 'Update in Breast Feeding' was conducted by Dr Prathima Prabhu on 6th August 2018.
4. A workshop and guest lecture were held on 18.08.2018 by Dr Vijay Koravi, a Laparoscopic Surgeon from Bangalore.
5. The Department conducted online webinar on 'Interpretation of 2017 ATA Guidelines' by Dr Unnikrishnan on 18.09.2018.
6. Feast of St Jerard Majella was celebrated on 16th October 2018. Around 300 people including Interns and 'H' ward patients attended the program.
7. Guest lecture and workshop on 'PPIUCD' (Postpartum IUCD) was conducted on 19.01.2019. Resource person for this guest lecture was Dr Poornima J., Medical Officer, Wenlock Hospital, Mangalore.
8. In view of World Cancer Day on 4th February 2019, the Department conducted 'Cancer Screening Week'. 132 people benefitted from this camp.
9. Government Medical Officers were posted for training in the Department from 13th to 21st November 2018.
10. Monthly field visits were conducted at Jeppu, Pudu, Benjanapadav and Padil PHC centres.
11. BMD camp are conducted in the Department.

Staff Achievement:

Dr Prema D'Cunha

- Participated in the 'TruClear operative hysteroscopy master class' in Mumbai at Medtronic Innovation Centre on 13th and 14th April 2018.
- Was a member of the Accredited Training Faculty at the '3T-IBHSc Training Program for Health Science Faculty' at Pondicherry from 3rd to 5th September 2018.
- Presented the paper at the FIGO international conference held at Brazil from 14th to 19th October 2018.
- Attended the investigators meeting 'SARO18.001. PCOS study organized by Cadila Health Care Limited on 17th March 2019 at New Delhi.

Dr Sujaya V. Rao and Dr Prema D'Cunha attended the workshop on "Hands on Training Program for Laparoscopic Radical Hysterectomy/Total Laparoscopic Hysterectomy"

at Galaxy Care Multi-Speciality Hospital, Pune, India from 19th to 22nd March 2018 as a faculty/delegate; and 62nd All India Congress of Obstetrics and Gynaecology AICOG 2019 from 8th to 12th January 2019 at Bengaluru.

Dr Sujaya and Dr Deepa attended the "International Congress and Workshop on Gynaecological Endoscopy and Urogynecology" RAGES 2018 at Bengaluru from 27th to 29th April 2018.

Dr Joylene D'Almeida participated as a delegate and presented papers on the topics:

1. Retrospective analysis of post coital vaginal lacerations – clinical presentations and outcome over one year in a tertiary care centre.
2. Cadaveric allograft-boon for burns in 12th National Conference of Society of Wound Care and Research from 21st to 23rd September 2018 at AJIMS.

Publications:

1. *Incidence of urinary tract infection in pregnant women: observations from a tertiary care hospital*, S.L. D'Souza, R.P. Jakribettu, D'Cunha, R. Bolor, P.C. Palatty, M.S. Baliga, International Journal of Med. Lab. Rs. 2018, 3 (1): 15: 2018
2. *Prenatal Yoga: Effects of Alleviation of labour pain and birth outcomes*, Bolanthakodi Chethana, Journal of Alternative and Complementary Medicine, volume 00, number 00, 2018, pp, 1-8.
3. *Rates of postpartum glucose testing after gestational diabetes mellitus*, Sowmya Rani, Prema D'Cunha, International Journal of Science and Research (IJSR). Volume 7, Issue 11, November 2018, index copernicus volume (2016): 79.57 /impact factor (2017): 7.296.
4. *Study of peripartum hysterectomies in a tertiary institution*, Abhilash V., Alveera D'Souza, International Journal of Science and Research (IJSR), volume 7, Issue 11, November 2018, ISSN: 2319-7064, index copornicus value (2016): 79.57 /impact factor (2017): 7.296.
5. *Study of Adnexal torsion ovary in tertiary care*, Yagnya Vishnu Hayagreev, Sujaya V. Rao., International Journal of Science and Research (IJSR), volume 7, Issue 10, October 2018, ISSN: 2319-7064, index copornicus value (2016): 79.57 /impact factor (2017): 7.296.
6. *Incidence of urinary tract infection following urodynamic study in women with pelvic organ prolapse*, Vimala Preethi F, G. Nagarathna, International Journal of Science and Research (IJSR), volume 7, Issue 11, November 2018., index copernicus value (2016):76.57, impact factor 2017: 7.296.
7. *Effective homoeopathic treatment in female infertility*, Anita Lobo, Prema D'Cunha, Blany Lobo, Reproductive Medicine International 2018, Volume 1, issue 2.
8. *Impact of bioethics education in decision making on commercial surrogacy: a study with medical graduates by Manjeshwar Shrinath Baliga, Princy Louis Palatty, Paul Simon, Prema D'Cunha, Badakai Poornima Ramachandra Bhat, Suresh Rao, Pratima Rao, Devika Gunasheela*, original research paper in Global Bioethics Enquiry 2018; 6.

9. *Offspring birth weight and maternal fasting lipids in women screened for gestational diabetes mellitus*, Janaki Menon, Nagarathna G., Sudeep K., Medico Research Chronicles ISSN no 2394 – 3971.
10. *Tuberculosis of uterine cervix – a rare case report*, Savitha Chandra, Shannon Fernandes, published in ECRONICON Gynaecology 7.5 2018 (181-185).
4. *Is LEA symbol better compared to Snellen chart for visual acuity assessment in preschool children?* Vivekanand Undrakonda, Gonsalves Sarita, Bhat Shailaja S., Romanian Journal of Ophthalmology, Volume 63, Issue 1, January-March 2019. pp:35-37, doi:10.22336/rjo.2019.7.

Research work in the Department:

1. A study on correlation of maternal circulating adipokines, lipid profile and insulin resistance in gestational diabetes mellitus. Investigator : Dr Shivashankar, Co-investigator: Dr Prema D’Cunha
2. Student project: Comparative study of the efficacy of chlorhexidine gluconate-alcohol versus providone iodine-alcohol for surgical site antisepsis in lower segment caesarean section and abdominal hysterectomy. Investigator: Ms Christina Hans B. Raj, Guide: Dr Prema D’Cunha
3. A comparative study of betatrophin and free fatty acid profile as biomarkers of gestational diabetes mellitus. Investigator: Shamaraja Udupa, Co-investigator: Dr Prema D’Cunha.

Postgraduates:

1. Dr Abhilash V., final year PG was declared as 2nd runner up in Zonal Round of Gynaecology Torrent Young Scholar Award at Chennai on 24th November 2018.

14.14. DEPT OF OPHTHALMOLOGY

Faculty:

Dr C. Norman B. Mendonca - Professor & HOD
 Dr (Col.Retd) F.E.A. Rodrigues - Professor
 Dr Nelly E.P. Nazareth - Associate Professor
 Dr Vinay P.G. - Assistant Professor
 Dr Sunayana Bhat - Assistant Professor
 Dr Sarita R.J. Lobo - Assistant Professor
 Dr Sripathi Kamath - Assistant Professor
 Dr May D’Souza - Senior Resident

Staff Achievements:

Publication:

1. *An analysis of destructive surgeries of the eye in a tertiary level teaching hospital*, Dilon Noronha¹, Sunayana Bhat², Norman Mendonca³, Farheen Sana³, IOSR Journal of Dental and Medical Sciences (IOSR- JDMS), E- ISSN : 2279-0853, p-ISSN : 2279-0861, Volume : 17, Issue: 10 Ver.6 (October 2018), pp 48-52, DOI : 10.9790/0853-171064852.
2. *Sodium bicarbonate versus hyaluronidase in peribulbar anaesthesia*, Nelly Nazareth¹, Sarita Gonsalves², Vivekanand, F.E.A. Rodrigues⁴, Indian Journal of Clinical and Experimental Ophthalmology, October-November, 2018; 4 (4)487-491. DOI:10.18231/2395-1451.2018.0109. U³,
3. *Non compliance among topical glaucoma medication users*, Farheen Sana Shakir¹, Nelly Nazareth², Dilon Noronha³IOSR Journal of Dental and Medical Sciences (IOSR-JDMS), E-ISSN: 2279-0853, p-ISSN:2279-0861, Volume 17, Issue 11 Ver. 9 (November. 2018), PP 70-73 DOI: 10.9790/0853-1711097073.

Departmental Activities:

Health Camps:

Sl. No	Date	Place
1	08.04.2018	Bantwal
2	08.04.2018	Anathady, Bantwal
3	15.04.2018	Sullia
4	22.04.2018	Arehally, Hassan
5	29.04.2018	Mulky
6	01.05.2018	Thumbay
7	20.05.2018	Puttur
8	08.07.2018	Kasargod
9	15.07.2018	Vamanjoor
10	22.07.2018	Talapady
11	12.08.2018	Nagori
12	18.08.2018	Mangaluru
13	30.08.2018	Katipalla
14	02.10.2018	Bantwal
15	07.10.2018	Ujire
16	28.10.2018	Bantwal
17	01.11.2018	Bajpe
18	04.11.2018	Kinnigoli
19	11.11.2018	Urwastore
20	18.11.2018	Allipade Church
21	02.12.2018	Kasargod
22	27.01.2019	Fajir
23	10.03.2019	Bondel
24	17.03.2019	Kinnigoli
25	27.03.2019	Jeppu
26	31.03.2019	Arehally, Hassan

Any Other:

Dr Supriya Samak secured Best E poster award in Karnataka Ophthalmic Society Conference KOSCON 2018 on 10.12.2018 under the guidance of Dr Sunayana Bhat titled ‘A case of acquired brown’s syndrome due to intra orbital foreign bodies following orbital trauma’.

14.15. DEPT OF ORTHOPAEDICS

Faculty:

Dr K. Raghuvveer Adiga - Professor & HOD
 Dr Edward Nazareth - Professor
 Dr Ronald Menezes - Professor
 Dr Latheesh Leo - Associate Professor
 (Hand & Micro Surgery)
 Dr Mrinal B. Shetty - Associate Professor
 (Spine Surgery)
 Dr Rajesh S. - Associate Professor
 Dr Vivian D’Almeida - Assistant Professor
 Dr Prashanth Acharya - Assistant Professor
 Dr Harsharaj K. - Assistant Professor
 Dr Ashwin Kamath - Assistant Professor

Dr Ram Prasad Rai - Senior Resident
Dr Nithin Elliot Nazareth - Senior Resident
Dr Tilak Rommel Pinto - Senior Resident
Dr Calvin Troy Fernandes - Senior Resident
Dr Aubrey Conrad Franco - Senior Resident

Staff Achievements:

- Dr Prashant Acharya gave a talk on ‘Emergency Management of Trauma Victims’ in the Interns Orientation program on 5th March 2018.
- Dr Edward Nazareth was the resource person for the Family Life Education at St Agnes College (Autonomous) Mangalore on 16th February 2019.

Staff and PGs Publications:

- *Adding dynamic stability to lateral ligament reconstruction in ankle injuries*, Prashant Acharya and Arjun Naik, International Journal of Orthopaedics Sciences, 2018; 4(1): 531-534.
- *Functional outcome of transtibial VS transportal drilling techniques in anterior cruciate ligament reconstruction*, Prashant Acharya, Pascal Noel Deniese and Jacob Chacko, International Journal of Orthopaedics Sciences, 2018; 4(1): 704-707.
- *Efficacy of epidural steroid injection in lumbar disc disease*, Vivian D’ Almeida, Vinayak, Ashwin Kamath, Jubin Abraham Raju and K. Raghuvveer Adiga, International Journal of Orthopaedics Sciences 2018; 4(3): 01-05.
- *Functional outcomes of conservative management in rotator cuff tendinitis in a tertiary hospital in south India* International Journal of Orthopaedics Sciences 2018; 4(3): 269-273 Author : Dr Vivian Roshan D Almeida, Dr Abin Baby, Ashwin Kamath, K. Raghuvveer Adiga.
- *Functional outcome of surgically treated ankle fractures*, International Journal of Orthopaedics Sciences 2018; 4(4): 01-05 Vivian Roshan D Almeida, Sanjay George, Ashwin Kamath, Tilak Pinto, Mrinal Shetty and Dr K Raghuvveer Adiga.
- *Subcutaneous dirofilariasis of forearm – an unusual presentation in human*, Jobin Jacob Job, Rajesh S., International Journal of Science and Research (IJSR) ISSN: 2319-7064 Index Copernicus Value (2016): 79.57 | Impact Factor (2017): 7.296
- *Conservative management vs triamcinolone injection for tennis elbow*, Melanie Philomena Valerie Gomes original research paper, Indian Journal of Applied Research Volume-9 | Issue-1 | January-2019 | Issn - 2249-555x | If: 5.397 | Ic Value: 86.18
- *Evaluation of functional outcome following total knee arthroplasty using radiographic and patient- reported measures* Aravinda Hegde K, Tilak Rommel Pinto, International Journal of Science and Research (IJSR), ISSN: 2319-7064, Index Copernicus Value (2016): 79.57 | Impact Factor (2017): 7.296.

Departmental Activities:

Programs / CME’S conducted:

1. A guest lecture was delivered by Dr Antony V. George, M.D. Emergency Medicine, Advocate Aurora Health Care, Wisconsin, USA on 2nd July 2018.

2. Clinico - pathological interdepartmental meeting was conducted on 31st July 2018.
3. The Department under the aegis of Canara Orthopaedic Society organised a half day PG Teaching Program for all the PGs from various medical colleges on 26th August 2018.
4. A guest lecture was delivered by Dr Madhu Periasamy, Consultant, Plastic, Hand and Reconstructive Microsurgery, Burns and Diabetic Foot Centre, Ganga Hospital, Coimbatore on 22nd September 2018. Topic : “Management of diabetic foot”.
5. Clinico - pathological meeting with Pathology Department was conducted on 31st October 2018.
6. A guest lecture was delivered by Dr Areena D’Souza, Consultant Spinal Surgeon, Artemed Klinik, Munich, Germany on 18th February 2019. Topic: “Surgical Training – Broad overview of our surgical practice”.

Programs / CME’S attended by the staff:

Dr Edward Nazareth

- Participated as a faculty in the CME and PG Instructional Course in Orthopaedics on 18th and 19th August 2018 at St. John’s Medical College, Bangalore and KOAICL Bellur 2018 at Adichunchanagiri Institute of Medical Sciences, B.G Nagar on 22nd and 23rd September 2018.
- Attended the postgraduate teaching program as a faculty at Belgam Orthopaedic Course in July 2018 and Calicut Orthopaedic Course in August 2018.
- Participated as delegate/Faculty in the 7th MOC “Orthopaedic PG Teaching Program - 2019” organised by Dept of Orthopaedics, JSS Medical College, Mysore on 19th and 20th January 2019 at JSS Medical College Mysore.
- Participated as delegate/faculty in 43rd Annual Conference of Karnataka Orthopaedic Association KOACON 2019 at Bangalore on 1st to 3rd February 2019.

Dr Ronald Menezes

- Participated as a faculty in the CME on Essentials of Fracture Fixation at K.S. Hegde Medical Academy, Mangalore on 23rd September 2018 and delivered a talk titled: PFN / AFN

Dr Latheesh Leo

- Attended as a faculty in the 43rd Annual Conference of Karnataka Orthopaedic Association from 1st to 3rd February 2019 at Bangalore.
- Attended and participated as a faculty in 8th Dr M. Sudhakar Shetty Memorial and 36th Mangalore Orthopaedic Course on 2nd and 3rd March 2019 at Dr A V Rao, IMA Hall, Mangalore and gave a talk on “Demonstration of examination nerve palsy in upper limb”

Dr Prashant Acharya attended and participated as a delegate in the Knee Master Course at Cidade De Goa on 15th and 16th February 2019 at Goa.

Dr Harsharaj K. attended as a faculty in the 43rd Annual Conference of Karnataka Orthopaedic Association from 1st to 3rd February 2019 at Bangalore.

Dr Nithin Nazareth

- Attended AO Trauma Course – Basic principles of Fracture Management from 10th to 12th May 2018 at Patna, India
- Attended and actively participated in the Workshop ‘Essential Teaching Skills’ on 6th and 7th September 2018 at FMMCH.

Dr Calvin Fernandes

- Attended and actively participated in the Workshop ‘Essential Teaching Skills’ on 27th and 28th August 2018 at FMMCH.
- Participated as delegate in the Arthroscopic Surgical Skills Courses organized by “Surgical Skill Development Centre” in association with Ramaiah Advanced Learning Centre on 8th and 9th December 2018.

Dr Ramprasad Rai, Dr Aubrey Franco Conrad and Dr Tilak Pinto attended and actively participated in the Workshop ‘Essential Teaching Skills’ on 6th and 7th September 2018 at FMMCH.

Health Camp Details:

Sl No	Date	Place
1.	08.04.2018	Bantwal
2.	15.04.2018	Sulia
3.	29.04.2018	Mulky
4.	20.05.2018	Puttur
5.	08.07.2018	Kallangana, Kasargod
6.	22.07.2018	Talapady
7.	12.08.2018	Nagori
8.	18.08.2018	Town Hall
9.	30.09.2018	Infant Mary Church, Katipalla
10.	02.10.2018	Anathady, Bantwal
11.	07.10.2018	Ujire
12.	28.10.2018	Vogga
13.	04.11.2018	O. L of Ramedius Church Hall, Kirem
14.	11.11.2018	Urwa store
15.	18.11.2018	St Antony Church Allipade
16.	27.01.2019	Our Lady of Mercy Church, Fajir
17.	03.03.2019	Kuthettur
18.	10.03.2019	Maryhill
19.	27.03.2019	Jeppu Petrol pump

14.16. DEPT OF OTORHINOLARYNGOLOGY**Faculty:**

Dr Mahesh T. Bhat	- Professor & HOD
Dr George Pinto	- Professor
Dr Kuldeep Moras	- Professor
Dr Vinay Vaidyanathan Rao	- Associate Professor
Dr Savita Lasrado	- Assistant Professor
Dr Anita Aramani	- Assistant Professor
Dr Deekshith Shetty	- Senior Resident
Dr Cimona D’Souza	- Senior Resident

Departmental Activities:

- “Battle of the Senses” the South Zone ENT UG Quiz 2018 for undergraduates was held on 10.11.2018 in FMMCH.
- Conducted Hearing Loss Week Camp in ENT OPD from 10.09.2018 to 15.09.2018. A total of 56 patients attended the camp.

Ongoing research:

1. Study on “Nicotine absorption and its effects on thyroid function: Comparison with cigarettes and smokeless tobacco” – Protocol No.133/18, principal investigator - Dr Vinay V. Rao.
2. Thyroid gland neoplasm with mediastinal extension by Dr Shwetha S. (DLO) under the guidance of Dr Savita Lasrado.
3. Thyroidectomy in Hashimoto’s thyroiditis and its complications in comparison with benign goiters by Dr Savita Lasrado.
4. Central auditory processing in conductive hearing loss and its impact on children of age group 6-11 years by Dr Anita Aramani.
5. Concurrent presence of Hashimoto’s thyroiditis with papillary carcinoma of Thyroid by Dr Anita Aramani.

Ongoing Clinical Drug Trial:

A Multi-Centre, Randomized, double blind, parallel-group comparative clinical trial to evaluate the safety and clinical equivalence of Generic Clotrimazole Troche/Lozenges USP, 10mg (Unique Pharmaceutical Laboratories, India) to Clotrimazole Troche/Lozenges 10mg (Roxane Laboratories Inc., USA) in subjects with oropharyngeal candidiasis by Dr Savita Lasrado under Thinq Pharma funding agency for the year 2017-19.

Publications:

1. *Voice analysis following turbinatectomy in patients with hypertrophied inferior turbinate secondary to allergic and vasomotor rhinitis refractory to conservative treatment*, Vishak S., Rajneesh S. Khelgikar, Vinay V. Rao, Mahesh Bhat T., Manjula G, Jacqueline BF, original article published in Perspectives in Medical Research May-August 2018/ Volume 6/Issue 2, page no. 60-63.
2. *A rare case of adenoid cystic carcinoma of the sphenoid sinus presenting with lateral rectus palsy* by Savita Lasrado, Kuldeep Moras, Blessy B. Prabha, clinical report published in Online Indian Journal of Otolaryngology Head Neck Surg, dated 19.04.18.
3. *Pattern on hearing loss in tubotympanic type of chronic suppurative otitis media*, Vinay V. Rao, Shilpa M.J., Mahesh Bhat, original research article published in the International Journal of Otorhinolaryngology and Head and Neck Surgery, September-October 2018, Vol. 4, Issue 5, Page No. 1267-1271. pISSN 2454-5929 (eISSN 2454-5937)
4. *Assessment of Severity of Gastroesophageal reflux using reflux symptom index*, Dr Blessy B Prabha, Jacqueline B Fernandes, Dr Savita Lasrado, published in International Journal of Science and Research (IJSR) ISSN: 2319-7064, Volume 7 Issue 10, October 2018, www.ijsr.net

5. *Effect of Lozenges on voice related acoustic parameters*, Dr Sadia M Shaikh, Jacqueline B Fernandes, Dr Kuldeep Moras published in International Journal of Science and Research (IJSR) ISSN: 2319-7064, Volume 7 Issue 10, October 2018, International Journal of Science and Research.

Staff Achievements:

Dr Anita Aramani attended

- International Workshop on ‘Anterior and lateral skull base live surgery and cadaver dissection demonstration’ on 26th and 27th December 2018 at Shri B. M. Patil Medical College Hospital and Research Centre, Vijayapur.
- CME Program – Course on ‘Functional endoscopic sinus surgery’ at CEMAST, Mumbai on 27th and 28th April 2018.
- “OTOFESS T 2018” Workshop and CME at KMC, Manipal from 26.10.2018 to 28.10.2018 as delegate and dissector.

Dr Mahesh T. Bhat, Dr Vinay V. Rao, Dr Savita Lasrado, Dr Anita Aramani attended live surgical workshop at KSHEMA on 11th and 12th August 2018.

Dr Mahesh T. Bhat, Dr George Pinto, Dr Kuldeep Moras, Dr Savita Lasrado, Dr Anita Aramani attended CME Program on “Lasers in ENT” on 03.10.2018 at AJ Institute of Medical Sciences and Research Centre, Mangalore.

Dr Vinay V. Rao, Dr Savita Lasrado as a Judge and **Dr Anita Aramani** as a delegate attended ISOCON MYSURU 2018 – 27th Annual National Conference of the Indian Society of Otolaryngology at Mysuru from 16th to 18th November 2018.

Any other:

Dr Shilpa M.J., DLO student, secured I rank in the RGUHS examination held in May 2018.

Staff Achievements:

Publications:

Dr Pavan Hegde

1. Shenoy S, Hegde P, Khan HU, Jaidev M.D., *Study of the early perinatal outcomes in babies born to young and older mothers*, Muller J Med Sci Res 2018;9:78-80
2. John S, Jaidev MD, Khan HU, Hegde P., *A study on role of chest X-rays in children above 5 years admitted with asthma exacerbation*, Muller J Med Sci Res 2018;9:87-9.
3. Sharon Victoria Mendez, Jaidev MD, Pavan Hegde, Habeeb Ullah Khan, *Clinical, bacteriological profile and management practices in culture positive urinary tract infection children* Journal of Medical Sciences and Clinical Research Vol.6, Issue 12, Dec. 2018, Page 630 -634.

Dr K. Varadaraj Shenoy

1. Fajrunnisa P., Shenoy Varadaraj K Predictors of Relapse in steroid sensitive Nephrotic Syndrome Journal of Medical Sciences and Clinical Research Vol.6, Issue 12, Dec. 2018 , Page 585-588

Dr K. Shreedhara Avabratha

1. Gollar LH, Avabratha K.S., *Knowledge, attitude, and practice of mothers of under five children regarding diarrheal illness : A study from coastal Karnataka*. Muller J Med Sci Res 2018;9:66-70.
2. Muddasani V. Shreedhara Avabratha K., *Respiratory morbidity in late preterms – A retrospective study in a tertiary care centre*. Al Ameen J Med Sci 2019 ; 12 (1) : 4-8.
3. Avabratha KS, Rajiv PK, Soliman M, Sayyad M, Memon R, Karunakar V, Normal Reference Values, in : Rajiv PK, Vidyasagar D, Lakshinarasimha S, eds. *Essentials of Neonatal ventilation*, Elsevier, New Delhi, 2019 : 843 – 855.
4. Potharajula S, Kadke S.A., *Study of correlation between breast feeding and wheezing in children*, Int J Contemp Pediatr 2019 ; 6:191–4.

Dr Habeeb Khan

1. Shenoy S, Hegde P, Khan HU, Jaidev MD, *Study of the early perinatal outcomes in babies born to young and older mothers*, Muller J Med Sci Res 2018;9:78-80
2. John S, Jaidev MD, Khan HU, Hegde P. *A study on role of chest X-rays in children above 5 years admitted with asthma exacerbation*, Muller J Med Sci Res 2018;9:87-9.
3. Sharon Victoria Mendez, Jaidev MD, Pavan Hegde, Habeeb Ullah Khan, *Clinical, bacteriological profile and management practices in culture positive urinary tract infection in children*, Journal of Medical Sciences and Clinical Research Vol.6, Issue 12, Dec. 2018 , Page 630-634

Dr Rashmi Alva

1. Raj R, Alva R. *Serum sodium level in dengue infected children: a retrospective study*, Int J Contemp Pediatr 2018;5:1801-4.

Dr Jaidev M.D.

1. Shenoy S, Hegde P, Khan HU, Jaidev MD. *Study of the early perinatal outcomes in babies born to young and older mothers*, Muller J Med Sci Res 2018;9:78-80

14.17. DEPT OF PAEDIATRICS

Faculty

Dr Pavan Hegde	- Professor & HOD
Dr K. Varadaraj Shenoy	- Professor
Dr K. Shreedhara Avabratha	- Professor
Dr Anil Shetty K.	- Professor
Dr Habeeb Ullah Khan	- Associate Professor
Dr Rashmi Alva	- Associate Professor
Dr Jaidev M.D.	- Assistant Professor
Dr Praveen B.K.	- Assistant Professor
Dr Saritha Paul	- Assistant Professor (Neonatology)
Dr Mario Joseph Bukelo	- Assistant Professor
Dr Sowmya S.G.	- Assistant Professor
Dr Arif Mohammed Ansari	- Senior Resident
Dr Dipthi Nishal Castelino	- Senior Resident
Dr Preetham Philip Tauro	- Senior Resident
Dr Kambalabettu Zohara Parveen	- Senior Resident

- John S, Jaidev MD, Khan HU, Hegde P., *A study on role of chest X-rays in children above 5 years admitted with asthma exacerbation*, Muller J Med Sci Res 2018;9:87-9.
- Sharon Victoria Mendez, Jaidev MD, Pavan Hegde, Habeeb Ullah Khan, *Clinical, bacteriological profile and management practices in culture positive urinary tract infection in children* Journal of Medical Sciences and Clinical Research Vol.6, Issue 12, Dec. 2018 , Page 630-634

Dr Praveen B.K.

- Rashmi P, Praveen BK, *Clinico bacteriological profile of neonatal sepsis*, Int J Contemp Pediatr 2019;6:796-802

Research Activities:

Staff achievement:

- Dr Rashmi Alva - presented a poster 'Infantile Wernicke's encephalopathy critical micronutrient deficiency' in the International Paediatric Critical Care Conference of India – IPCCCI 2018 at Hyderabad from 20th to 23rd October 2018.
- Dr Arif Mohammed Ansari, Senior Resident, won II place for the poster 'TICK' the spotted fever, presented during the IAP Mangalore PEDICON 2019 and M.R. Shenoy memorial oration held at K.S. Hegde Medical Academy on 2nd and 3rd March 2019.

Students achievements:

The following postgraduates presented **paper/ poster** in the **KARPEDICON 2018** held at Dharwad from 12th to 14th October 2018.

Paper presentation:

- Dr Chiranth S.B. - Platelet indices and severity of dengue infection in children – awarded I prize under Dr P.N. Krishnamurthy (Haemato-Oncology) category
- Dr Riya Mary Tharakan - A study on sleep patterns and sleep problems in children aged 6-15 years as perceived by their parents in a tertiary hospital
- Dr Shailee Tushar Dixit - Primary pulmonary arterial hypertension in children : A hospital based study

Poster presentation:

- Dr Deepa Thomas John : Expected the unexpected - A creepy masquerade - human dilfilariasis
- Dr Clara Rilna Joseph : Stroke in a child - A diagnostic challenge
- Dr Rashmi P. : Double outlet right ventricle - A rare association with tuberous sclerosis.

The following PGs presented paper in the MAHAPEDICON 2018 held at Mahabaleshwar, Maharashtra, from 29th November to 2nd December 2018 :

- Dr Fajrunnisa P. - Predictors of relapse in steroid sensitive nephrotic syndrome – awarded I prize
- Dr Potharajula Sagar - Study of Correlation between breastfeeding and wheezing in children

The following postgraduates presented paper/posters in the Mangalore PEDICON 2019 and M.R. Shenoy Oration held at Mangalore on 2nd and 3rd March 2019.

Paper presentation

- Dr Aswathy B. – Thrombocytopenia, a risk factor for retinopathy of prematurity – awarded II prize

Poster presentation

- Dr Pooja Wali - Idiopathic chronic calcific pancreatitis in children : an uncommon entity
- D Sanjay H.R. - Salmonella typhimurium meningitis in an exclusively breast fed infants who is the source?
- Dr Jeevan Lasrado - Tuberculoma : An entity not to be forgotten
- Dr Andrew Stephen - Imperfect imperforation : A rare case of high ARM with colonic pouch
- Dr Shilpa K. - Where is the snake that bit you? Humped nose viper bite
- Dr Sankeerthana C.S. - Foraging in an unknown land : GERD presenting as interstitial lung disease.

The following research projects have been completed:

Staff:

- Dr Mario Joseph Bukelo - Thrombocytopenia a risk factor for retinopathy of prematurity

Postgraduates:

- Nasopharyngeal carriage of RSV and Influenza virus in children < 5 years with severe community acquired Pneumonia - Dr Shailee Tushar Dixit
- Correlation between cord blood ph, lactate, nucleated red blood cells and with short term outcome in neonatal respiratory depression – Dr Chiranth S.B.
- Correlation of visual assessment of jaundice and transcutaneous bilirubin in term neonates with hyperbilirubinemia - Dr Sharon Victoria Mendez
- Cord blood glycated haemoglobin, a predictor of neonatal hypoglycaemia in infants born to diabetic mothers : An observational study - Dr Sujonitha John
- Serial assessment of growth parameters up to 6 months in low birth weight babies - A prospective observational study – Dr Riya Mary Tharakan
- Correlation of clinical and MRI findings with aetiology in children with cerebral palsy - Dr Fajrunnisa P.
- Observational cross sectional study on anthropometric parameters, morbidity and mortality among infants of diabetic mothers - Dr Potharajula Sagar
- Clinico-bacteriological profile of neonatal sepsis - Dr Rashmi P.
- Snappe II Score : Predictor of mortality and length of stay in NICU - Dr Sujana Rachuri
- Study of hepatic dysfunction in children with dengue fever - Dr Clara Rilna Joseph

The following research work is under progress:

Staff:

- Dr Pavan Hegde – A multicentre single blind randomised controlled Phase-II/III study to evaluate immunogenicity and safety of single intramuscular dose of biological e's vi-capsular polysaccharide-crm197 conjugate typhoid vaccine in healthy infants, children and adults in comparison with a licensed comparator.

2. Dr Dipthi Castelino - Dietary habits in children aged 6 months to 24 months and its relation to iron deficiency anaemia
3. Dr Zohara Parveen - Calcium and vitamin D levels in children with nephrotic syndrome and the outcome after supplementation

Postgraduates:

1. Clinical profile and predictors of outcome in children with status epilepticus - Dr Nitish Kumar P. Nandini
2. Correlation of neck circumference and body mass index with blood pressure in school going children - Dr Aswathy B.
3. Correlation between anthropometry and parameters derived from bioelectrical impedance analysis in school children between 10-16 years of age - Dr Vidya B.U.
4. Role of modified haematological sepsis score and red cell distribution width in early diagnosis of neonatal sepsis - Dr Sweta Shanbhag
5. Correlation of mean platelet volume, serum uric acid and creatinine protein in neonatal sepsis - Dr Deepa John Thomas
6. A prospective study of serum zinc levels in neonates with hyperbilirubinemia before and after phototherapy - Dr Georaphy
7. Clinical profile and short term outcome of moderate preterm, late preterm and early term infants in a tertiary care hospital - Dr Anusree Sathesh
8. A study to validate the Pawper XL tape in estimating the body weight of children and comparison with Broselow tape of weight estimation - Dr Pooja Wali
9. Clinico-etiological profile of hypo - glycemia in at risk neonates and impact of feeding pattern in them - Dr Sanjay H.R.
10. Clinico epidemiological profile and determinants of short term outcome in paediatric burns - Dr Stephanie Rachel D'Souza
11. Clinico Etiological profile and MRI changes in neonatal seizures in a tertiary care hospital - Dr Jeevan Lasrado
12. Study of thrombocytosis in lower respiratory tract infection in children and its correlation with severity and outcome - Dr Monica D.
13. Clinico-etiological profile of respiratory distress in neonates and their short term outcome in NICU - Dr Shilpa K.
14. Role of clinical score and perfusion index in diagnosing patent ductus arteriosus and its hemodynamical significance in preterm infants - Dr Andrew Stephen
15. Role of Peak expiratory flow rate (PEFR) and chest radiography in children above 5 years of age with acute asthma: a prospective study - Dr Sankeerthana C.S.
16. To study the effectiveness of cord blood albumin as a predictor of neonatal jaundice in term neonates - Dr Chandan M.V.

TALKS BY STAFF:

Dr Pavan Hegde: Resource person for Dr Meera Baliga Memorial Oration and CME Program in Paediatrics 2018 on 9th December 2018 at Udupi.

Dr Shreedhara Avabratha: Resource person for the Continuing Nursing Education program on CPR training from 19th to 22nd May 2018 at FMMC.

Dr Anil Shetty: Resource person for the Workshop for Interns 'Professionalism' on 11th March 2019 at FMMC.

Dr Jaidev M.D.

- Resource person for CME on Paediatric Otorhinolaryngology conducted by the Department of Otorhinolaryngology and Head and Neck surgery, KMC, Mangalore on 3rd April 2018.
- Delivered a lecture on 'Approach to a child with allergy' during the CME Mangalore ALLERCON 2018 National Symposium on Allergy and Clinical Immunology on 15th July 2018 at Mangalore.
- Delivered a lecture on 'Recognition and management of anaphylaxis in children during Prof. J.N. Shetty Memorial Oration and Karavali Dermatology Society Clinical Meet on 23rd September 2018.
- Delivered a lecture on 'Spirometry : Paediatricians new tool for diagnosis respiratory cases' during the CME on respiratory disorders at Hubballi on 23rd February 2019.

Dr Saritha Paul

- Faculty in the workshop 'Essential Teaching Skills' on 27th and 28th August 2018; 'Essential Teaching Skills' on 6th and 7th September 2018 and Resource person for the Workshop for Interns 'Professionalism' on 11th March 2019 at FMMC, Mangalore

Dr Mario Joseph Bukelo

- Delivered a lecture on 'Hexavalent vaccines' during IAP Mangalore PEDICON 2019 and Dr M.R. Shenoy Oration at K.S. Hegde Medical Academy, Mangalore on 2nd and 3rd March 2019.

Dr Praveen B.K.:

- Resource person for the workshop 'Revise and be wise'-workshop on Feto-Maternal Resuscitation and Obstetrician Protection at KMC, Mangalore on 16th December 2017.
- Resource person for the CME 'Know your antibiotics' held at Kerala Institute of Medical Sciences, Trivandrum on 21st January 2018.
- Resource person at state level workshop on "Press for progress : safe invitro to health invivo" on 8th March 2018 at FMCON, Mangalore.

CME / Conferences / Workshops Attended:

Dr Pavan Hegde:

1. Participated as delegate at the Manipal McGill Centre for Infectious Diseases International Conference on 11th and 12th August at Mangalore. Was judge for a scientific session.
2. Attended RESPICON 2018, Annual Conference of IAP National Respiratory Chapter organized by IAP Indore Samiti and MP IAP Respiratory Chapter on 24th and 25th November at Indore, MP.

3. Attended IAP Mangalore PEDICON 2019 and Dr M.R. Shenoy Oration at K.S. Hegde Medical Academy, Mangalore on 2nd and 3rd March 2019. Was chairperson during the conference.
4. Participated in the Asthma Training Module Workshop (TOT) 2019 as trainer at Chennai on 24th March 2019 conducted by IAP National Respiratory Chapter.

Dr K. Varadaraj Shenoy:

1. Participated as delegate at the Manipal McGill Centre for Infectious Diseases International Conference on 11th and 12th August 2018 at Mangalore. Was judge for a scientific session.
2. Attended FERCICON 2018 6th National Conference of Forum for Ethics Review Committees in India at KMC, Mangalore from 29th November to 1st December 2018.
3. Attended IAP Mangalore PEDICON 2019 and Dr M.R. Shenoy Oration at K.S. Hegde Medical Academy, Mangalore on 2nd and 3rd March 2019.

Dr K. Shreedhara Avabratha

1. Attended Mangalore ALLERCON 2018 National Symposium on Allergy and Clinical Immunology on 15th July 2018 at Mangalore. Was judge for E-poster session.
2. Participated as chairperson during CECON 2018 1st National Cardiac Emergency Conference with cardiac simulation on 10th and 11th November 2018 at FMMC.
3. Attended IAP Mangalore PEDICON 2019 and Dr M.R. Shenoy Oration at K.S. Hegde Medical Academy, Mangalore on 2nd and 3rd March 2019. Was Judge for the poster competition.

Dr Habeeb Ullah Khan:

1. Participated in the Revised Basic Course Workshop in Medical Education Technologies conducted by St. John's Medical College, Bangalore, Nodal Centre in Medical Education Technologies at FMMC from 20th to 22nd June 2018.
2. Participated as delegate at the Manipal McGill Centre for Infectious Diseases International Conference on 11th and 12th August at Mangalore.
3. Attended IAP Mangalore PEDICON 2019 and Dr M.R. Shenoy Oration at K.S. Hegde Medical Academy, Mangalore on 2nd and 3rd March 2019.

Dr Anil Shetty:

1. Attended IAP Mangalore PEDICON 2019 and Dr M.R. Shenoy Oration at K.S. Hegde Medical Academy, Mangalore on 2nd and 3rd March 2019. Was chairperson during the conference.
2. Dr Anil Shetty and Dr Berton Craig Monteiro from the Department of Radio-diagnosis represented FMMC in 'Sarvashreth 2019', a Quiz competition for corporates and institutions on 12th March 2019 at Shri Dharmasthala Manjunatheshwara Postgraduate Centre for Management Studies and Research and won I place.

Dr Rashmi Alva

1. Participated as a delegate in International Paediatric Critical Care Conference of India - IPCCCI 2018 held from 20th to 24th October 2018 at Hyderabad and presented a poster titled 'Infantile wernicke's encephalopathy'.
2. Attended IAP Mangalore PEDICON 2019 and Dr M.R. Shenoy Oration at K.S. Hegde Medical Academy, Mangalore on 2nd and 3rd March 2019.

Dr Jaidev M.D.

1. Participated in the Revised Basic Course Workshop in Medical Education Technologies conducted by St. John's Medical College, Bangalore, Nodal Centre in Medical Education Technologies at FMMC from 20th to 22nd June 2018.
2. Attended Mangalore ALLERCON 2018 National Symposium on Allergy and Clinical Immunology on 15th July 2018 at Mangalore. Delivered a lecture on 'Approach to a child with allergy' during the CME.
3. Attended Training of Trainer (TOT) on United Airway Module organized by IAP Kerala on 22nd July 2018 at Trivandrum.
4. Participated as a delegate at the Manipal McGill Centre for Infectious Diseases International Conference on August 11th and 12th August 2018 at Mangalore.
5. Attended RESPICON 2018, annual conference of IAP National Respiratory chapter, organized by IAP Indore Samiti and MP IAP Respiratory Chapter on 24th and 25th November 2019 at Indore, MP.
6. Attended IAP Mangalore PEDICON 2019 and Dr M.R. Shenoy Oration held at K.S. Hegde Medical Academy, Mangalore on 2nd and 3rd March 2019. Was chairperson during the conference.
7. Attended 'Inaugural Paediatric Respiratory and Sleep Medicine symposium' at Singapore from 8th to 10th March 2019.
8. Participated in the 'Asthma Training Module Workshop (TOT) 2019' as trainer at Chennai on 24th March 2019 conducted by IAP National Respiratory Chapter.

Dr Saritha Paul

1. Participated in the Revised Basic Course Workshop held at St. John's Medical College, Bangalore from 26th to 28th June 2018.
2. Attended IAP Mangalore PEDICON 2019 and Dr M.R. Shenoy Oration at K.S. Hegde Medical Academy, Mangalore on 2nd and 3rd March 2019.

Dr Mario Joseph Bukelo attended 'PEDICON 2019' - 56th Annual Conference of the Indian Academy of Paediatrics at Mumbai from 6th to 10th February 2019 and IAP Mangalore Pedicon 2019 and Dr M.R. Shenoy Oration at K.S. Hegde Medical Academy, Mangalore on 2nd and 3rd March 2019. Delivered a lecture on 'Hexavalent vaccines'.

Departmental Activities:

- The college round of the 31st IAP quiz for undergraduates was on 30th July 2018. Dr Dipthi Castelino was the Quiz Master. Mr Shah Nawaz and Mr Shashank, final MBBS

students were the winners. They represented the College in the divisional round held at Hassan on 30th August 2018 and secured III place.

- The Department organized a guest lecture on 'Raised ICP and neuro critical care' by Dr Chetan Ginigeri, Paediatric Intensivist, Aster CMI Hospital, Bangalore on 25.08.2018.
- The Department organized a guest lecture by Dr Arun Samprathi, Paediatric Ophthalmologist on the topic 'Eye examination in children with special reference to squint' to the staff and postgraduates on 07.12.2018.
- The Department organized a guest lecture by Dr Sandeep Shetty, Consultant Neonatologist, U.K. on 'Respiratory Distress Syndrome' to the staff and postgraduates on 19.12.2018.

14.18. DEPT OF PATHOLOGY

Faculty:

Dr Jayaprakash C.S.	- Professor & HOD
Dr Hilda Fernandes	- Professor
Dr Umashankar T.	- Professor
Dr Nisha R.	- Associate Professor
Dr Sumanth D.	- Associate Professor
Dr Kirana Pailoor	- Associate Professor
Dr Reshma G. Kini	- Associate Professor
Dr Ashima N. Amin	- Assistant Professor
Dr Cryslle S.M. Saldanha	- Assistant Professor
Dr A. Preethi Rai	- Assistant Professor
Dr Charu Khosla	- Assistant Professor
Dr Archana Bhat	- Assistant Professor
Dr Mellonie P.	- Assistant Professor
Dr Christol B. Moras	- Assistant Professor
Mr Omkareshwar Patil	- Lecturer

Staff Achievements:

Dr Hilda Fernandes

- Participated in the 48th Annual National Conference of the Indian Academy of Cytologists on 1st to 4th November 2018 at Goa, India.
- Presented the communication entitled "Role of cervical cytology in detecting glandular lesions" at the 41st European Congress of Cytology (ECC 2018) in Madrid, Spain from 10th to 13th June 2018.

Dr Umashankar T. attended the 10th National CME in Pathology "Minimalist Pathology - 2019" organized by the Department of Pathology, Amrita Institute of Medical Sciences, Kochi, Kerala, as Chairperson on 9th and 10th February 2019.

Dr Nisha J. Marla

- Participated as a delegate in the Hands-on Workshop/CME on 'IHC – The mantra of our era' organized by Department of Histopathology, Prince Aly Khan Hospital, Mumbai on 18th and 19th August 2018.
- Attended the 10th National CME in Pathology "Minimalist Pathology - 2019" organized by the Department of Pathology, Amrita Institute of Medical Sciences, Kochi, Kerala as a delegate on 9th and 10th February 2019.

Dr Sumanth D. participated as resource faculty for the Workshop on Hospital Policies at FMSSC on 26th June 2018.

Dr Kirana Pailoor

- Attended the 10th National CME in Pathology "Minimalist Pathology - 2019" organized by the Department of Pathology, Amrita Institute of Medical Sciences, Kochi, Kerala, as a delegate on 9th and 10th February 2019.
- Participated as a delegate in the Hands-on Workshop/CME on 'IHC – The mantra of our era' organized by department of Histopathology, Prince Aly Khan Hospital, Mumbai on 18th and 19th August 2018.
- Participated as chairperson in the National Symposium of Hemovigilance Program of India held on 08.09.2018 at KMC, MAHE, Manipal.
- Participated as a delegate and presented a poster in the 7th Annual Conference of Indian Society of Transfusion Medicine from 23rd to 25th November 2018 at Lulu Bolgatty International Convention Centre, Grand Hyatt, Kochi, Kerala.

Dr Ashim Amin participated as a delegate in the Hands-on Workshop/CME on 'IHC – The mantra of our era' organized by the Department of Histopathology, Prince Aly Khan Hospital, Mumbai on 18th and 19th August 2018.

Dr Cryslle Saldanha participated in the International CME in Pathology, Histopathology and Cytopathology and has won 1st prize in poster presentation of preferred papers on 1st to 3rd February 2019 at Goa.

Dr Preethi Rai participated as resource faculty for the Workshop on Hospital Policies at FMSSC on 26th June 2018.

Dr Mellonie P. participated as speaker and as a delegate in the National Conference on 'Pearls and Perils in Gynaecology – Pa PGCON – 2018' at Shree Balaji Medical College and Hospital, Chennai on 16th and 17th March 2018 and participated in the Hands-on Workshop Interphase Fluorescence in situ Hybridization during 6th to 8th February 2019 at Vellore, India.

Publications:

1. Archana Bhat, Rayna Roy, T Umashankar, C S Jayaprakash, *Rapid Diagnosis of Bacterial meningitis by urine reagent strip testing of cerebrospinal fluid*, Journal of Medical Sciences and Health: Jan-Apr 2018; 4(1): 1-3.
2. Rajashree K., Hilda Fernandes, *Demographic and Morphological analysis of granulomatous dermatoses*, IP Archives of Cytology and Histopathology Research : April –June, 2018; 3(2): 89-92.
3. Barla M, Pailoor K, Keshava MS, et al, *Transfusion transmitted infections among voluntary blood donors from rural areas in coastal Karnataka, India, Hematol Transfus Int J.* 2018; 6(4): 121-123. DOI: 10.15406/htij.2018.06.00166.
4. Cheryl Sarah Philipose, Ashima N. Amin and Jayaprakash C.S. *Computed tomography and ultrasound guided fine needle aspiration cytology in the diagnosis of intraabdominal and pelvic lesions: A single Institutional experience*, Annals of Pathology and Laboratory Medicine, Vol. 5, Issue 9, September, 2018.

5. Bhat Archana S, Varma Lisa, Fernandes Hilda, C S Jayaprakash, *Role of nuclear grooves in cytological diagnosis of papillary carcinoma thyroid*, Saudi Journal of Pathology and Microbiology (SJPM). Vol-3, Iss-10 (Oct, 2018): 378-380
6. Saldanha C., Yaranal P., Upadhyaya K., *A clinicopathological study of salivary gland tumours*, Trop J Path Micro 2018;4(7):532-538.doi:10.17511/jopm. 2018.i7.09.
7. Bismaydas, Sumanth Devaraju, *Mast cell profile in benign and malignant prostatic lesions*, Annals of Pathology and Laboratory Medicine 2018 November .Vol. 5, Issue 11.
8. Deborah D'Almeida , T Umashankar , Crysle Saldanha, *A comparative histopathologic analysis of prostatic carcinomas by conventional and 2005 isup modified gleason systems*, Journal of Clinical Diagnostics and Research: 2018 Dec, Vol-12(12): EC10-EC13.
9. Jiby Soosen Ninan, Preethi Rai, Muktha R Pai, Thyroid lesions: *A potential hornet's nest*, MedPulse International Journal of Pathology, Print ISSN: 2550-7605, Online ISSN: 2636-4697, Volume 9, Issue 3, March 2019 pp 95-99.
10. Anto J Richie1, Mellonie P², *Radiological and cytological correlation of breast lesions with histopathological findings in a tertiary care hospital in coastal Karnataka*, International Journal of Contemporary Medical Research, ISSN (Online): 2393-915X; (Print): 2454-7379 | ICRV: 77.83 Volume 6 | Issue 2 |February 2019.
11. Mellonie P^{1*}, Reno Thomas², Anto J Richie³, *Diagnostic value of the risk of malignancy index (RMI) for discrimination between benign and malignant ovarian masses*, Scholars International Journal of Obstetrics and Gynaecology March 2019; 2(3): 51-57.
12. Mellonie P^{1*}, Minthami Sharon P², Anto J Richie³, *Correlation of PAP Smear with Cervical Biopsy In malignant and Non Malignant Lesions of Cervix*, Mellonie P et al., Saudi J Pathol Microbiol, February 2019; 4(2): 116-119.

Departmental Activities:

PG Slide Seminar: Conducted inter-college PG Slide Seminar in association with KCIAPM on 29th April 2018 by Dr Mellonie from FMMC.

Blood Bank Activities:

15.06.2018 - An intercollegiate seminar competition was held on 15.06.2018 on the theme "Be there for someone else. Give blood. Share life" for the undergraduate students on the occasion of World Blood Donors Day by Blood Bank and Youth Red Cross Unit, FMMC.

15.06.2018 - FMMC Blood Bank and Youth Red Cross Unit, FMMC organised "World Blood Donor Day" 2018 with the theme "Be there for someone else. Give Blood. Share life." Mr Ramanath Kunte, Assistant Drugs Controller, Mangalore Circle, Zone-1, was the chief guest for the program. 10 voluntary blood donors were felicitated. Prizes were distributed to the winners of the Seminar Competition.

CME Organized:

- The Department in association with KCIAPM - SK unit organized CME on "Coagulation" on 25th August 2018.

- Intercollege PG Quiz on Haematology was conducted on 25th August 2018 by Dr Umashankar, Dr Sumanth and Dr Mellonie.
- The Department of Pathology in association with KCIAPM -SK unit organized a national Pathology CME on "Salivary gland tumours – an update" on 13th October 2018.

Extension Activities:

Talks given: Dr Kirana Pailoor gave a talk on "An insight into Blood Bank" at MLT –BASH 2018 on 11.12.2018 at Mangala College of Paramedical Sciences, Mangaluru.

Health camps numbering 16 were conducted.

Patients Statistics:

Cytology	:	6,582
Haematology	:	10,14,075
Clinical pathology	:	4,62,715
Histopathology	:	14,174

Research activities in the Department:

1. Dr Hilda Fernandes has commenced a research project titled "Utility of PCR in the diagnosis of tuberculous lymphadenitis from FNAC material" in 2019.
2. Dr Nisha J Marla has undertaken a staff research project titled "Diagnostic utility of immuno-histochemistry (IHC) panel Gal-3, HBME-1 and CK-19 in thyroid follicular neoplasm"- ongoing project.
3. Dr Kirana Pailoor is doing a staff research project titled "Serial estimation of haemoglobin, packed cell volume and RBC indices in stored packed red cells – a study in the blood bank of a tertiary care centre"- ongoing project.
4. Dr Mellonie P. is doing a staff research project titled "A clinico-pathological study of HER2/neu expression in gastric cancer, a novel therapeutic target"- ongoing project; "A Cytohistomorphological analysis of salivary gland lesions with emphasis on the application of Milan System for risk stratification" - ongoing project; "Clinicopathological assessment of p/b positive HPV related Head and Neck SCC in coastal Karnataka and "Prognostic significance of classifying diffuse large b cell lymphoma into germinal centre and nongerminal centre subtypes using Hans algorithm"" - ongoing project.
5. STS project guided by Dr Crysle Saldanha, titled 'Cytomorphological study of tuberculosis in tertiary care hospital' done by Ms Amina Mukhtar Ahmed Bendigeri got approved in August 2018.
6. STS project guided by Dr Umashankar T, titled 'A study of knowledge, attitude and practice of PAP smear test for early detection of cancer in urban working class women' done by Ms Reethu Vincy got approved in August 2018.
7. STS project guided by Dr Reshma Kini titled 'Usefulness of volume, conductivity and scatter (VCS) technology of Coulter LH750 in distinguishing malaria and dengue – two endemic vector borne diseases' done by Ms Nidhi Manoj got approved in August 2018.
8. STS project guided by Dr Mellonie P. titled 'Risk of malignancy index in pre-op diagnosis of ovarian neoplasms' done by Mr Reno Thomas got approved in August 2018.

14.19. DEPT OF PHARMACOLOGY

Faculty:

Dr Padmaja Udaykumar	- Professor & HOD
Dr Vijayalaxmi MK	- Professor
Dr Nicole Rosita Pereira	- Assistant Professor
Dr Chandralekha Bhat	- Assistant Professor
Dr Poovizhi Bharathi	- Tutor
Dr Vinitha K.	- Tutor
Mrs Pratibha Kamble	- Lecturer

Departmental Activities:

1. Guest lecture on 'Drug information' by Dr Amol Patil from PGIMER, Chandigarh, on 02.06.2018; 'Stem cell therapy' by Dr Muneer Kanha on 20.11.2018 and 'Informed consent' by Dr T.R. Bapat on 20.11.2018 at FMMC.
2. The Department conducted the Second Annual Undergraduate Pharmacology Quiz, PHARMAQUEST-2018 on 28th September 2018 at FMMC.
3. Pharmacovigilance – Adverse drug reaction monitoring is done regularly.
4. Prescription audit : Both OP and IP prescriptions are audited every month.
5. Antibiotic audit : Antibiotic usage has been audited to check for rationality.

Research Projects:

1. Comparison of efficacy of Pharmacotherapy alone Vs Pharmacotherapy supplemented with aerobic exercises in fibromyalgia : Dr Chandini Rao. Guide : Dr Padmaja Udaykumar.
2. "Prevalence of body focused repetitive behaviours among medical and allied health science students in FMMC", a cross sectional study: Dr Nicole Pereira
3. Effects of sub acute intake of various non-nutritive sweeteners (NNSs) on hepatic function and morphology. Principal Investigator: Dr Nicole Pereira, Co-investigator: Dr Padmaja Udaykumar
4. Intranasal brain penetration and regulatory network assessment of novel fused pyrimidine nanoparticles as an effective NMDAR antagonist against epilepsy. Principal Investigator: Dr T. Panneerselvam. Co-investigator – Dr Padmaja Udaykumar, Dr Chandini Rao.
5. Bio and diversity-oriented synthesis and development of triazolo 1,3,2, - alpyridine – 8 - carbonitrile as potential anti-tubercular drug candidate. Principal Investigator: Dr T. Panneerselvam. Co-investigator – Dr Padmaja Udaykumar.
6. Design, network analysis, *insilico* modelling and synthesis of pyrazolo pyrimidine as potential pre-clinical drug-candidates. Acute toxicity study. Principal Investigator: Dr T. Panneerselvam. Co-investigator – Dr Poovizhi Bharathi.
7. Comparison of TB treatment outcome and adverse reactions among non-diabetic, controlled diabetic and uncontrolled diabetic TB patients. Principal Investigator: Dr Saurabh Kumar. Co-investigator: Dr Padmaja Udaykumar.

8. Implementation of revised RNTCP guidelines: A practitioner's perspective and awareness (ICMR STS). Principal Investigator: Mr Anurag. Co-investigator: Dr Padmaja Udaykumar.
9. Evaluation of efficacy of G. Pedunculata on experimental model of metabolic syndrome in rats. Principal Investigator – Ravi Mundagaru. Co-investigator: Dr Padmaja Udaykumar.
10. Study of adverse effects of sitagliptin with metformin in uncontrolled type 2 diabetes mellitus in tertiary care hospital, (ICMR STS), Principal Investigator: Rajeela Ann. Co-investigator: Dr Chandralekha N.
11. A study of adverse drug reactions in patients with depression on SSRIs, (ICMR STS). Principal Investigator: Ashish Chandra. Co-investigator: Dr Vinitha K.
12. Influence of lifestyle and self medication on migraine in health care students - A questionnaire-based study. (STS) Principal Investigator: Chrishma Jerusha. Co-investigator: Dr Padmaja Udaykumar.
13. Clinical presentation, prescription pattern analysis and outcome of acute myocardial infarction (AMI) in young adults at a tertiary care hospital in South India. (STS) Principal Investigator – Abhishek Sharma. Co-investigator: Dr Nicole Pereira.
14. Impact of risedronate on depression patterns in albino mice. Principal Investigator: Dr Bhavya Shetty. Co-investigator: Dr Padmaja Udaykumar.
15. Antidepressant activity of bacopo monnieri (brahmi) on swiss albino mice (mus musculus). Principal Investigator: Dr Nanette Soares. Co-investigator: Dr Padmaja Udaykumar.
16. Design, *in silico* Modelling, synthesis and evaluation of acute toxicity and antidiabetic activity of novel triazole derivatives. Principal Investigator: Dr Pannerselvam. Co-investigator: Dr Padmaja Udaykumar.
17. Design, *in silico* Modelling, synthesis and evaluation of acute toxicity and pharmacological activities of novel azetidione derivatives. Principal Investigator: Dr Pannerselvam. Co-investigator: Dr Padmaja Udaykumar.
18. Evaluation of anxiolytic effect of torsemide on albino rats. Principal Investigator: Dr Reshma Quadros. Co-investigator: Dr Padmaja Udaykumar.
19. Evaluation of antidepressant effects of quercetin in monosodium glutamate induced depression in albino mice. Principal Investigator: Dr Devassy Robin. Co-investigator: Dr Padmaja Udaykumar.

Staff Achievements:

Dr Padmaja Udaykumar published 4 text books:

Pharmacology for Pharmacy students, 1st edition published by CBS Medical Publishers, New Delhi.

CME/Workshop/Conference/Seminars attended by the Staff:

Dr Padmaja Udaykumar:

1. Attended guest lecture on "Drug information" by Dr Amol Patil from PGIMER Chandigarh on 02.06.2018 at FMMC
2. Was chairperson in the 33rd session of IAPP and CME on "Innovations in Malaria" on 26.10.2018 at FMMC

- Was chairperson - "Medication errors in Hospital – detection and mitigation strategies" in MEDISAFECON 18, an international conference of patient safety practices on 11th November 2018 at Dr TMA Pai Convention Centre, Mangalore
- Was a guest speaker for Blood donation camp on 19th November 2018 organised by Karavali College of Pharmacy
- Was a resource person for International Women's Day on 08.03.2019 at Deralakatte, Mangalore

Dr M.K. Vijayalakshmi:

- Attended a guest lecture on "Drug information" by Dr Amol Patil from PGIMER Chandigarh on 02.06.2018 at FMMC.
- Attended the revised basic course workshop in MET and sensitization program for attitude, ethics and communication (AETCOM) module organized by St John's Medical College, Bangalore at FMMC from 20th to 23rd June 2018.

Dr Nicole Pereira

- Participated as a faculty in CME on "Trauma care" on 4th March 2018 at FMMC.
- Was a resource person at the state level workshop on "Press for progress: safe invitro to healthy invivo" on 8th March 2018 at FMCON.
- Attended a guest lecture on drug information by Dr Amol Patil from PGIMER Chandigarh on 02.06.18 at FMMC.
- Was a resource faculty for the workshop on hospital policies "Mullersim 2018" on 26th June 2018 at FMSSC and on qualitative research "A peep into qualitative research" on 27th October 2018 at FMMC.
- Was a resource person for the continuing nursing education program on "Drug and food interaction" on 19.01.2019 at FMMC.
- Attended the sensitization training on RNTCP technical and operational guidelines and PMDT 2017 on 09.02.2019 at FMMC.

Dr Chandralekha N.

- Attended the state RNTCP Operational Research workshop module 2: scientific paper writing held from 26th to 28th March 2018 at Yenepoya Medical College, Mangaluru.
- Attended the guest lecture on drug information by Dr Amol Patil from PGIMER Chandigarh on 02.06.2018 at FMMC.
- Participated as delegate in the 33rd session of IAPP and CME on "Innovations in Malaria" on 26.10.2018 at FMMC.
- Was a guest speaker at the Blood Donation Camp on 19th November 2018 organised by Karavali College of Pharmacy.
- Attended the sensitization training on RNTCP Technical and operational guidelines and PMDT 2017 on 09.02.2019 at FMMC.

Ms Mohini Shah	- Lecturer
Mr Akhil Mathew	- Lecturer
Ms Ziona Lionel D'Souza	- Lecturer
Ms Ashmita Iora Davania Patrao	- Lecturer
Mr Anand John	- Lecturer
Ms Quinette Victor Ribeiro	- Lecturer
Mr Jaya P.	- Lecturer
Mr Arnold Fredrick D'Souza	- Lecturer
Mr Jayakrishna Swain	- Tutor
Ms Vivita Correa	- Tutor

Departmental Activities:

- Conducted a workshop on Level 1 Phase 1 of Basic Course in Educational Methodology on 20th and 21st March 2019 in Association with Rajiv Gandhi University, Bangalore at FMMC.
- Christmas Program was conducted by Final year BPT students at Snehalaya Psychosocial Rehabilitation Centre, Kasargod on 20th December 2018. A total of 100 inmates participated in this celebration.
- Organised a fitness stall named "Know your fitness" at the Health, Fitness and Nutrition Awareness Camp organized by FMCON on 5th May 2018.

Patient Statistics: OP : 13,085
IP : 38,659

Staff Achievements:

Mr Sudeep M.J. Pais:

- Attended Workshop as part of Basic Course in Education Methodology conducted by the Rajiv Gandhi University of Health Sciences, Karnataka at FMMC on 20th and 21st March 2019.
- Was appointed a Member of the Board of Studies in Physiotherapy (PG) - RGUHS
- Was a resource person for the training program on "Body mechanics at work" for the ward in-charges and supervisors of the FMMCH on 3rd November 2018.
- Was appointed as a Member of Steering Committee in Bioethics Unit, FMCI with effect from 1st July 2018.

Mr Sydney R. Rebello:

- Attended Workshop as part of Basic Course in Education Methodology conducted by the Rajiv Gandhi University of Health Sciences, Karnataka at FMMC on 20th and 21st March 2019.
- Participated in the Update on "Upper Limb motor recovery strategies in strokes" on 15th March 2019 at SOAHS, Manipal.

Ms Anupama K.

- Attended workshop as part of Basic Course in Education Methodology conducted by the Rajiv Gandhi University of Health Sciences, Karnataka at FMMC on 20th and 21st March 2019.
- Participated as a delegate in the CME on "Advances in teaching-learning methods and technology" organized by Laxmi Memorial College of Physiotherapy, Mangalore on 12th February 2019.

14.20. DEPT. OF PHYSIOTHERAPY

Faculty:

Mr Sudeep Mario Joseph Pais	- Associate Professor
Mr Sydney Roshan Rebello	- Associate Professor
Ms Anupama K.	- Associate Professor
Ms Cherishma D'Silva	- Associate Professor
Ms Leah Mohandas	- Assistant Professor

- Delivered a talk on “Handling and nutrition to children withnd December 2018 organized by SSA, at Gandhinagar Govt. School, Mangalore.

Ms Cherishma D’Silva:

- Attended workshop as part of Basic Course in Education Methodology conducted by the Rajiv Gandhi University of Health Sciences, Karnataka at FMMC on 20th and 21st March 2019.
- Participated as delegate for CME on “Advances in teaching-learning methods and technology” organized by Laxmi Memorial College of Physiotherapy, Mangalore on 12th February 2019.

Ms Leah Mohandas:

- Attended workshop as part of Basic Course in Education Methodology conducted by the Rajiv Gandhi University of Health Sciences, Karnataka at FMMC on 20th and 21st March 2019.
- Attended and participated as delegate in the 57th Annual Conference of Indian Association of Physiotherapists at Palace Ground Bangalore on 1st and 2nd February 2019.
- Attended the international conference on “Prevention, Early detection and management of spine disability: a patient-centric integrated approach” on 18th and 19th January 2019 at MGM Institute of Health Science, Navi Mumbai, INDIA.

Ms Mohini Shah

nded the international conference on “Prevention, Early detection and management of spine disability: a patient-centric integrated approach” on 18th and 19th January 2019 at MGM Institute of Health Science, Navi Mumbai, INDIA.

Mr Akhil Mathew

- Participated as a delegate and presented a poster titled “Morton foot structure – a kinetic chain model scientific review” and secured third place under category of Academician in the 57th Annual Conference of Indian Association of Physiotherapists at Palace Ground Bangalore on 1st and 2nd February 2019.
- Participated as delegate and presented a scientific paper titled “Morton’s foot syndrome” in senior category and was adjudge first at the 7th International Conference of Physical Therapy AIIMS 2018 on 22nd and 23rd December 2018 at Jawahar Lal Auditorium, All India Institute of Medical Sciences, New Delhi, India.

Ms Ziona Lionel D’Souza :

- Participated in the Update on “Upper limb motor recovery strategies in stroke” on 15th March 2019 at SOAHS, Manipal.
- Participated as a delegate in the CME on “Advances in teaching-learning methods and technology” organized by Laxmi Memorial College of Physiotherapy, Mangalore on 12th February 2019.

Mr Jaya P :

Participated as delegate for CME on “Advances in teaching-learning methods and technology” organized by Laxmi Memorial College of Physiotherapy, Mangalore on 12th February 2019.

14.21. DEPT OF PSYCHIATRY

Faculty:

- Dr Safeekh A.T - Professor & HOD
- Dr Supriya Hegde Aroor - Professor
- Dr Aruna Yadiyal - Professor
- Dr Siddharth Shetty A - Associate Professor
- Dr Joylin J. Mascarenhas - Assistant Professor
- Dr Chandini S - Assistant Professor
- Dr Pavithra P Rao - Assistant Professor
- Dr Priya Nayak K - Assistant Professor
- Dr Preethi Rebello - Senior Resident
- Dr Smitha L. Rasquinha - Senior Resident
- Dr Avinash Joe - Senior Resident
- Dr Sharol L. Fernandes - Senior Resident
- Ms S. Malarmathi - Lecturer/Clinical Psychologist
- Ms Christina M. Chandy - Lecturer/Clinical Psychologist

Staff Achievements:

Dr Aruna Yadiyal

- Was the resource person for the training of ASHA workers under District Mental Health Centre, Mangalore on 26.07.2018. She spoke on “Understanding mental health and illness”.
- Attended the IPS KC golden jubilee celebrations “Suvarna Sambrama at NIMHANS on 28.07.2018 and was the panelist for the scientific session in the Conference.
- Attended the IPS KC, 28th Annual Conference of Indian Psychiatric Society- Karnataka Chapter from 31st August to 2nd September 2018 at SDM College, Dharwad and chaired the scientific sessions of KANCIPS-2018.
- Participated in the interactive session with around 150 college students in the Chaturmukha- youth programme organized by the Lions Club and Yuvavahini in the Town hall, Mangalore on 13.02.2019.

Dr Avinash Joe and Dr Smitha L Rasquinha attended the National Symposia on Community Psychiatry and Mental Health Programme – an update at NIMHANS, Bangalore on 3rd September 2018.

Dr Preethi Rebello attended “Artificial intelligence - sensitization program” on 26th September 2018 at Dhanavanthri Hall, RGUHS.

Dr Supriya Hegde and Dr Pavithra P. Rao attended MCI (Nodal Centre for Medical Education Technologies) Revised Basic Course Workshop in Medical Education Technologies from 20th to 22nd June 2018 and MEU Workshop on Sensitization Program for Attitude, Ethics and Communication on 23rd June 2018 at FMMC.

Dr Preethi Rebello, Dr Sharol L Fernandes, Dr Smitha L R and Dr Avinash Joe attended the MEU Workshop on Essential Teaching Skills conducted by the Medical Education Unit, FMMC on 27th and 28th August 2018

Dr Chandini and Dr Smitha L Rasquinha attended Basic Simulation Training on 5th and 12th October 2018.

Dr Pavithra P. Rao attended Faculty Development Workshop on 'A peep in to qualitative research' on 27th October 2018 at Audio Visual Hall, FMCC.

Departmental Activities:

The Department organized Muller PSYCON 2019, a state level workshop on "Introduction to psychotherapy with special emphasis on CBT" on 16th and 17th February 2019 held at FMCC. Dr K. Kuruvilla, Professor of Psychiatry, PSG Institute of Medical Science, Coimbatore, was the resource person.

Conferences Attended:

Date	Faculty	Conference/CME/ Workshop
14.04.2018	Dr Aruna Yadiyal, Dr Siddharth Shetty A	Midterm CME, Chittadhama
15.06.2018	Dr Supriya Hegde, Dr Aruna Yadiyal	Rajasthan CME
31.08.2018	Dr Safeekh A.T, Dr Aruna Yadiyal	KANCIPS 2018 Conference
01.09.2018	Dr Aruna Yadiyal, Dr Chandini, Dr Pavithra P Rao	Hampi Conference
03.09.2018	Dr Smitha L Rasquinha, Dr Avinash Joe	DMHP Training Workshop, Bangalore
14.09.2018	Dr Priya Nayak K	Dementia Symposium, Bangalore
26.09.2018	Dr Preethi Rebello	DMHP Sensitization Program
26.09.2018	Dr Smitha L R	Marce-2018, Bangalore
26.10.2018	Dr Safeekh A.T.	IPSOCON 2018 Conference
30.11.2018	Dr Priya Nayak	Hyderabad Conference 2018
02.02.2019	Dr Chandini, Dr Priya Nayak K	Research & Publication Workshop
03.02.2019	Dr Chandini, Dr Preethi Rebello	ANCIPS 2019

Students Achievements:

1. Dr Priya Nayak (Local Quiz Coordinator) accompanied the College Team to the final round of Addiction Psychiatry Quiz at Bangalore on 08.04.2018. The Team won third place in the quiz. She also accompanied four teams to the state level quiz competition conducted by the Indian Psychiatric Society- Karnataka Chapter at Basaweshwar Hospital, Kalburgi on 6th May 2018. The team won second place in the quiz.
2. Indian Psychiatric Society UG/ Intern Quiz has been conducted in our college on 02.06.2018; more than 15 students participated in the quiz. Dr Priya Nayak was the college coordinator for the same. MR Sandeep Rao Kordcal won third prize.
3. Dr Karthika Johnson was awarded as first runner up in zonal round south zone of Torrent Young Scholar Award on 05.08.2018 and selected for the final round to be held on 16.09.2018 at Ahmadabad.
4. Dr Divya Salwan presented poster presentation on "Frontal lobe tuberculoma masquerading as severe depression - a case report" and won third prize in the poster competition.
5. Dr Karthika Johnson, Dr Sanop J M, PG residents participated and secured the 1st place, Dr Manisha Sharma and Dr Aarshie Koul secured the 3rd place in the Post graduate Quiz conducted at Indian Association of Private Psychiatry- Karnataka Chapter Mid Term CME at Yenepoya Medical College on 21st January 2019.

14.22. DEPT OF PHYSIOLOGY

Faculty:

Dr Jnaneshwara P. Shenoy - Professor & HOD
 Dr Shyamala Kumari V. - Associate Professor
 Dr Panchami - Assistant Professor
 Dr Anahita R. Shenoy - Assistant Professor
 Dr Pauline Anand - Assistant Professor
 Ms Sareeta Samson - Assistant Professor
 Ms Shaina K. Pinto - Assistant Professor

PUBLICATIONS: 5

No.	NAME OF THE JOURNAL	CATEGORY	AUTHORS	TITLE
1.	Neurol India 2018; 66 Suppl S1:150-2.	National	Dr Preethi Rebello Dr Pavithra P Rao	<i>Risperidone induced rabbit syndrome.</i>
2.	International Journal of Science & Research: 7:1: January 2018 Online ISSN:2319-7064	National	Dr Pavithra H Dr Siddharth Shetty	<i>Personality traits in men with Alcohol Dependence Syndrome</i>
3.	International journal of Health Science and Research www.ijhsr.org ISSN: 2249-9571 Vol.8; Issue12; Dec 2018	National	Dr Preethi Rebello Dr Pavithra P Rao Dr Fakirappa B.G.	<i>A rare report of closed eye Lilliputian visual hallucination in a patient with schizophrenia</i>
4.	International Journal of Health Science and Research www.ijhsr.org ISSN: 2249-9571 Vol.8; Issue12; Dec 2018	National	Dr Johncy James Dr Chandini S Dr Safeekh A.T.	<i>Frequency of anxiety disorders in medical students</i>
5.	Journal of Alcoholism & Drug Dependence	Open access	Dilshana Nafisa Denzil Pinto Pavithra P Rao Anil Kakunje	<i>Prevalence of thyroid function abnormality in admitted male patients with alcohol dependence syndrome</i>

Staff Achievements:**Dr Jnaneshwar P. Shenoy**

1. Appointed as member of Board of Studies in Pre clinical (UG) for RGUHS.
2. Attended 39th IABMS Conference at Madikeri (PG Centre, Mangalore University) during November 15-17, 2018 and was awarded 'Yellapragada Subbarow Memorial Award' for Best published paper for 2018.

Dr Shyamala Kumari attended a Simulation Based Medical Education Orientation Program on 1st June 2018 and Simulation Based Medical Education Faculty Development Program in October 2018 at FMSSC and a CME on 'Decoding stress: mind body symphony' on 8th October 2018 at KMC, Mangalore.

Dr Panchami

1. Attended a Simulation Based Medical Education Orientation Program on 1st June 2018 at FMSSC.
2. Attended a MEU on "Revised basic course workshop in medical education technologies" (AETCOM module) on 20th to 23rd June 2018 at FMMC.
3. Attended a Workshop on Simulation in Physiology: "An enriching Journey towards integrated competency-based approach" on 21st March 2019 at Yenepoya Medical College, Mangalore.

Dr Anahita R. Shenoy attended a MEU on "Revised basic course workshop in medical education technologies" (AETCOM module) from 20th to 23rd June 2018 at FMMC and a Workshop on Simulation in Physiology: "An enriching journey towards integrated competency-based approach" on 21st March 2019 at Yenepoya Medical College, Mangalore

Research Publication:

Alteration of heart rate variability in patients with coronary artery disease, Venkatesh D, Shenoy AR, Prakash V S. National Journal of Physiol Pharm Pharmacol 2018; 8 (6): 820-823 ISSN: 2320-4672.

Dr Pauline Anand attended a MEU on "Revised basic course workshop in medical education technologies" (AETCOM module) from 20th to 23rd June 2018 at FMMC and a Workshop on Simulation in Physiology: "An enriching Journey towards integrated competency-based approach" on 21st March 2019 at Yenepoya Medical College, Mangalore.

Ms Sareeta Samson attended a Simulation Based Medical Education Orientation Program on 1st June 2018 at FMSSC.

Ms Shaina Pinto attended CME on 'Decoding stress: Mind Body Symphony' on 8th October 2018 at KMC, Mangalore and a Simulation Based Medical Education Faculty Development Program in October 2018 at FMSSC.

Research activity - On Going Projects:**Staff Projects (FMRC Grant)**

1. Association between vital capacity and incident type 2 diabetes mellitus – Dr Pauline Anand
2. Assessment of carotid artery intima media thickness in pre hypertension – Dr Anahita R. Shenoy

3. Impact of de-addiction on cardiovascular stress reactivity in alcoholic dependence – Dr Jnaneshwara P. Shenoy

Student Projects:

1. Association of blood lipids in patients with chronic obstructive pulmonary disease – Mr Joshua Chacko. Guide: Dr Pauline Anand
2. Assessment of carotid artery intima media thickness and Cardiovascular risk factors in prediabetes- Ms Maria Clifson. Guide: Dr Anahita R. Shenoy
3. Umbilical cord blood iron levels in anaemic and non-anaemic pregnant mother - Mr Aaron Nazareth. Guide: Dr Pauline Anand

Any other:

Ms Deepthi Shenoy and **Ms Gayathri Kini** represented FMMC and secured III place in the state level Physiology Quiz organized by KIMS, Bangalore.

14.23. DEPT. OF RADIO DIAGNOSIS**Faculty**

Dr H.B. Suresh	- Professor & HOD
Dr Ram Shenoy Basti	- Professor
Dr Krishna Kiran S.	- Professor
Dr Anto J. Richie	- Associate Professor
Dr Basavaraj N. Biradar	- Assistant Professor
Dr Atheendra K.R.	- Assistant Professor
Dr Berton Craig Monteiro	- Assistant Professor
Dr Dilip Kumar M.P.	- Assistant Professor
Dr Mahesh	- Senior Resident
Dr Uthsavi N. Patel	- Senior Resident
Dr Peter Joshua	- Senior Resident
Dr Karthik Vijay Dattani	- Senior Resident
Dr Vivin Cherian	- Senior Resident
Dr Soujanya Mynalli	- Senior Resident
Dr Anston Vernon Braggs	- Senior Resident
Ms Chaithra N.	- Lecturer/MRI Technologist

Departmental Activities:

- Conducted a guest lecture on 'Abdominal imaging – what to look' by Dr Devas Acharya, HOD, Yenepoya Medical College on 16.04.2018.
- Conducted a guest lecture on 'MRI imaging advance - utility of advanced MRI' by Dr Krishna Kiran S. on 07.05.2018.
- Conducted a guest lecture on 'Endovascular management of traumatic vascular injuries of abdominal and peripheral vessels' by Dr Keerthi Raj, Interventional Radiologist, K.M.C, Mangalore on 02.06.2018.
- Conducted a practical demonstration on 'Fetal echo' by Dr Vilola D'Souza, Fetal Echo Specialist, UNLV School of Medicine, LAS Veigas, USA on 20.06.2019.
- Conducted a guest lecture on 'Typical and atypical breast lesions' by Dr Prasanna Kumar Assistant Professor, Roswell Park Cancer Institute, USA on 16.07.2018.

Staff achievements:**Conferences/CME attended:****Dr H.B. Suresh**

- Attended IRIA 2019 at the 72nd annual conference of the Indian Radiological and Imaging Association from 17th to 20th January 2019 at PGIMER, Chandigarh, and presented an e-poster entitled 'Testing case of carotico cavernous fistula presenting as paucity of eye movements'.
- Participated as a delegate in the CME on Paediatric Imaging -2018 on 25th November 2018 at KMC, Manipal.
- Attended the 35th annual IRIA Conference at Mysuru on 16th and 17th March 2019.

Dr Mahesh attended the 17th World congress in Fetal Medicine held from 24th to 28th June 2018 at Athens, Greece and delivered a post presentation titled 'Evaluation of the role of simulation training in nuchal translucency measurement'.

Dr Berton Craig Monteiro, Dr Soujanya Mynalli and Dr Anston Vernon Braggs participated in AMS 2018 as delegates in the workshop and scientific program from 10th to 12th August 2018 at Chennai.

Dr Soujanya presented a poster titled 'Giant primary musculoskeletal hydatidosis – simulating neoplasm infection'.

Dr H.B. Suresh and Dr Ram Shenoy Basti participated as delegates in the IRIA National Fetal Radiology 2018, Kochi on 22nd and 23rd September 2018.

Dr Ram Shenoy Basti participated as a delegate in 'Understanding the unborn – fetal heart.... learn the art' Conference on 16th and 17th February 2019 in association with the Society of Fetal Medicine India.

Dr H.B. Suresh, Dr Ram Shenoy Basti and Dr Krishna Kiran S. participated as delegates in CME/ Workshop on "Fetal Course Module- recap" held on 30th and 31st March 2019 at A.J Institute of Medical Sciences and Research, Mangalore.

Patient Statistics:

Conventional Exposures	-	1,04,964
Special Radiological Procedures	-	665
Ultrasound Abdomen and OBG	-	50,486
C.T. Scan and C.T. Scan Oncology	-	10,574
M.R.I. (0.4 Tesla and 1.5 Tesla)	-	7,046
Mammography	-	627
Interventional Procedures	-	1,156
Doppler	-	4,525

14.24. DEPT OF RADIOTHERAPY**Faculty:**

Dr Hasib A.G.	-	Professor & HOD
Dr M.S.Vidyasagar	-	Professor
Dr M.S. thiyamaan	-	Associate Professor
Dr Sandesh B. Rao	-	Assistant Professor
Dr Sharaschandra Shankar	-	Senior Resident
Dr Muhsina Vellengara	-	Senior Resident

Mr Sridhar C.H.	-	Medical Physicist/ Assistant Professor
Ms Amrutha Babu	-	Medical Physicist/Lecturer
Mr Seby George	-	Medical Physicist/Lecturer

Departmental activities:

- conducted Cancer screening camp at FMMCH from 8th to 21st March 2019.
- A medical camp was organized by the Department of Radiation Oncology and the Department of Medicine on 06.05.2018 at Paisakary.
- A Cancer Screening and Awareness Camp was organized by the Department of Radiation Oncology on 15.09.2018 at Christ King Church Hall, Karkala.
- A General Health Camp was held at Vidya Jyothi Higher Primary School, Kavoor on 24th February 2019.
- The Indian Cancer Society conducted Cancer Screening Camp at Yugapurusha, Sabhabhavana, Kinnigoli, Mangalore on 17th March 2019.

Staff achievements:**Dr Hasib A.G.:**

- Examiner for B.Sc. RTT for RGUHS Karnataka (April 2018)
- Participated as a faculty in "RGCON 2019" organized by the Rajiv Gandhi Cancer Institute and Research Centre, New Delhi from 8th to 10th February 2019.

Dr M.S. Athiyamaan:

- Was quiz master of Inter College MBBS Undergraduate Quiz Competition on 22.09.2018 at KMC Hospital, Mangalore.
- Attended YROC -2019 (Young Radiation Oncologist Conference-2019) on 18th, 19th and 20th January 2019 at Siliguri, West Bengal.
- Attended breast conference BREASTCON 2018 at KMC, Manipal on 03.03.2018.

Dr Sharaschandra and Dr Sandesh Rao:

- Attended YROC -2019 (Young Radiation Oncologist Conference - 2019) on 18th, 19th, 20th January 2019 at Siliguri, West Bengal.

14.25. SIMULATION AND SKILL CENTRE

Father Muller Simulation and Skills Centre (FMSSC), a unit Of FMCI is a state of the art, multi-professional training facility equipped with the most advanced medical simulators and skills trainers. Sophisticated manikins known as human patient simulators provide the students with a computer-based patient. The manikins can breathe and talk; they have audible heart and lung sounds, and can even be given drugs and fluids. The facilities include

1. Human Patient Simulators
2. Wide range of Skill Trainers
3. Ultrasound Simulators (Vimedix)
4. EndoVR
5. Lap VR

6. Nursing Manikin
7. BLS/ACLS trainers
8. Well equipped control room and debriefing room, simulator rooms, trainer rooms, stock room, changing room, food court, reception, lobby, in-charge room and washroom.

FMSSC FACULTY formed by coordinators from various departments:

1. **Administrative In charge of FMSSC**
Dr Rithesh Joseph D' Cunha (Senior Resident in Anaesthesiology)
2. **Academic In charge of FMSSC and Training Centre Coordinator for AHA Courses**
Dr Lulu Sherif (Associate Professor in Anaesthesiology)
3. **Director of AHA Courses of FMSSC**
Dr Shreedhara Avabratha (Professor in Pediatrics)
4. **Coordinators for Nursing Service**
Ms Helen Lobo
Ms Eliza Monteiro
Ms Thara Machado
Ms Lavina Nazareth
Ms Dorothy D'Souza
5. **Coordinator for Casualty**
Dr Sebastian Mathias (CMO)
6. **Coordinators for Medicine**
Dr Prasanth Y M
Dr Veena Pinto
7. **Coordinator for Pediatrics**
Dr Shreedhara Avabratha
Dr Rashmi Alva
8. **Coordinators for OBG**
Dr Deepa Kanagal V
Dr Shannon Fernandes
9. **Coordinator for Anesthesiology**
Dr Shailaja S
Dr Hilda S
10. **Coordinator for ENT**
Dr Savita Lasrado
11. **Coordinators for Gen. Surgery**
Dr Prathvi Shetty
Dr K.V. Rajeshwara
12. **Coordinator for Pre and Paraclinical**
Dr Nicole Rosita Pereira
13. **Coordinator from Radiology**
Dr Mahesh
14. **Coordinators for Nursing College**
Ms Reena Frank
Ms Shoba P Xavier
Ms Shwetha Rashmi M S
Sr Judy
15. **Coordinator for Nursing School**
Ms Nathalia Martis
16. **Coordinators from IT**
Mr Jagadeesh
Mr Chethan Kumar

Departmental Activities:

Faculty Development Program:

1. Conducted an orientation training session on 'Simulation Based Medical Education' for the adjunct faculty of FMSSC by Dr Amit Nagpal, In-charge, DY Patil Simulation Center and Adjunct International Faculty of CAE Healthcare on 31st May and 1st June 2018.
2. Conducted a training session on 'Creating an Effective Story Board' for simulation education for the adjunct faculty of FMSSC on 5th and 6th October 2018.
3. Conducted a training Session on Programming with Muse software for the adjunct faculty of FMSSC on 12th and 13th of October 2018.

Conference/CME/ Workshops conducted:

1. Workshop on Clinical Skills for Homeopathy Interns on 16.05.2018.
2. Emergency Life Support Workshop for Community on 15.09.2018
3. Orientation to Pre-Hospital Emergency Care for Community at Shanti Church, Mangalore on 23.09.2018.
4. "World Restart a Heart Day" CPR Workshop organized by ISA Mangalore and Simulation Centre on 23.10.2018.
5. Qualitative Research Workshop for FMSSC faculty by Dr Praveen Kulkarni from Department of Community Medicine, JSS Mysore on 27.10. 2018.
6. Organised Cardiac Simulation session of National Conference CECON on 11.11.2018.
7. Orientation to Simulation Centre for City College of Nursing on 04.12.2018.
8. CPR Workshop for Staff of Prasad Nethralaya on 17.01.2019.
9. HEARTSAVER for FMCI Administrators on 21.01.2019.

Staff Achievements:

Dr Shreedhara Avabratha

- Participated as faculty in the workshop on Paediatric and Neonatal Life Support in the 10th Annual Conference of Indian Association of Paediatric Anaesthesiologists - IAPA 2018 on February 10th and 11th 2018 at Hyderabad.
- Was resource faculty for Emergency Life Support Workshop for Community on 15.09.2018 as part of Saviour Campaign Initiative.
- Was resource faculty for Compression Only Life Support (COLS) training to public on the occasion of World Restart a Heart Day on 23rd October 2018 at FMSSC on behalf of ISA, Mangalore
- Was lead faculty for CPR Workshop for Staff of Prasad Nethralaya on 17.01.2019

Dr Rashmi Alva was resource faculty for Emergency Life Support Workshop for Community on 15.09.2018 as part of Saviour Campaign Initiative.

Dr Shannon Fernandes

- Was resource faculty for Workshop on Basic Clinical Skills on 16.05.2018 at FMSSC.
- Was Resource Faculty for simulation session in Obstetric Simulation Workshop at KSHEMA on 24.03.2019.

Dr Prashanth Y.M.

- Chief coordinator and resource faculty for cardiac simulation session as part of Nat. Conference CECON on 11.11.2018.

Dr Prathvi Shetty

- Was lead faculty for the Workshop on Clinical Skills for homeopathy interns on 16.05.2018.
- Was resource faculty for Workshop on Hospital Policies on 26.06.2018 at FMSSC.

Dr Mahesh

- Presented a poster – “Evaluation of the role of simulation training in nuchal translucency measurement” at the 17th World Congress in Fetal Medicine at Greece.

Dr Nicole Pereira

- Was a resource faculty for the Workshop on Hospital Policies, “Mullersim 2018” on 26th June 2018 at FMSSC.
- Was a resource faculty for the Workshop on Qualitative Research, “A peep into qualitative research” on 27th October 2018.
- Published a paper titled “Knowledge and perception among 2nd year medical undergraduate students” in the International Journal of Basic and Clinical Pharmacology – 2019.

Dr Shailaja

- Was resource faculty for Emergency Life Support Workshop for Community on 15.09.2018 as part of Saviour Campaign Initiative.
- Presented a paper titled “Ultrasound guided simulation workshop for basic nerve and vascular identification for anesthesiologists” on 15th November 2018 at the 10th national conference on Health Profession Education at Pune.

Dr Rithesh D’Cunha

- Was a resource faculty for the Workshop on Hospital Policies “Mullersim 2018” on 26th June 2018 at FMSSC.
- Was a resource faculty for Emergency Life Support Workshop for Community on 15.09.2018 as part of Saviour Campaign Initiative.
- Was a resource faculty on 23.09.2018 for Emergency Management and Health awareness Program organized by CSI Shanti Cathedral Youth Fellowship.
- Was a resource faculty for Cardiac Simulation session as part of National Conference CECON on 11.11.2018.
- Was resource faculty for CPR Training at Mudipu Govt. College on 15.03.2019.

Mrs Reena Wilma Frank

- Published a paper entitled *Effectiveness of skill-based simulation training in insertion of indwelling urinary catheter*” in International Journal of Recent Scientific Research” (Vol.10, Issue, 02(F), pp.31076-31078, February 2019.

Ms Nathalia D’Cunha and Ms Swetha Rashmi were resource faculty for workshop on Basic Clinical Skills on 16.05.2018 and on Hospital Policies on 26.06.2018 at FMSSC.

Meetings

1. Meeting of Faculty for research on community CPR Heartsaver courses on 14.01.2019.
2. Core committee planning for NURSICON India 2019 on 14.02.2019.
3. Steering committee meeting to discuss AHA policies on 04.03.2019.
4. Meeting with Dean to discuss FMSSC equipment budget on 04.03.2019.

Visitors: Among the visitors, only select few VIP’s are mentioned below:

- Dr Manoj Chalotra, Medical Superintendent, Government Medical College, Jammu and Kashmir on 21.05.2018.
- Dr P.K. Singh, Professor and HOD, Psychiatry, Patna Medical College on 05.06.2018.
- Dr Achal Gulati, Director Principal, Dr BSA Medical College Delhi on 08.06.2018.
- Archbishop of Tellicherry, Most Rev. DR George Njaralakatt on 14.06.2018.
- Dr Shanta Dutta, Director NICED, Kolkata; Dr Girija, Professor, MMMC, Manipal; Dr Punit Agarwal, Tirath Ram Shah Hospital, Delhi; Dr Sunil Bandekar, Breach Candy Hospital and Dr Gracy Mathai, Principal Assessor NABH, BMH Calicut on 28.07.2018.
- Dr P. Bhat, Tata Memorial Centre, Mumbai on 28.08.2018.
- Govt delegation from Uganda 15.10.2018.
- Ms Blanche D’Cunha from Auckland New Zealand on 11.12.2018.
- Dr Lt Col. A. Ravi Kumar, Dean of Education SRIHER, Chennai on 07.02.2019
- Prof. Dr Zabidi Hussin, Vice Chancellor, MAHSA University Malaysia on 23.02.2019.
- Faculty from EC Department St. Joseph Engineering College, Vamanjoor on 07.03.2019.
- Dr Munir Ahmed, Director CDC, RGUHS on 20.03.2019.
- Dr Murugesh, Principal JJMMC, Davangere on 21.03.2019.
- Dr P.S Balu, Prof. and HOD of Community Medicine JJMMC, Davangere on 21.03.2019.

14.26. DEPT OF UROLOGY**Faculty:**

- | | |
|-----------------------------|-----------------------|
| Dr K. Pitchai Balashanmugam | - Professor & HOD |
| Dr Manjunath Shetty | - Professor |
| Dr Prashanth Adiga K. | - Assistant Professor |
| Dr Nandakishore B. | - Assistant Professor |

Staff Achievements:**Publications:**

1. Prashanth Adiga K., Omar Shah, Reshmina Chandni, Clara D’Souza, Sheikh Sahil, Amit V L D’Souza, *Organ donation – the attitude of common man towards it - A questionnaire study*, Journal of Urology, Nephrology and Hepatology Science, July-September 2018 1(2):25-27.
2. Prashanth Adiga K, Omar Shah, Reshmina Chandni, Clara D’Souza, Sheikh Sahil, Amit V L D’ Souza, *the various access for renal calyx in PCNL – A urologist perspective - study conducted at a multi-specialty hospital*, Journal of Urology, Nephrology and Hepatology Science, July-September 2018 1(2):22-24.

Name of the Faculty	Type of the program	Theme of the program	Date and Place	International/ National/ State	Delegate/ Presented paper/ Resource person/ Chairperson
Dr K Pitchai Balashanmugam	CME	Update in Urogynecology	06.05.2018, Mangalore	State	Delegate
	Conference	SZUSICON 2018	10 th -12 th August 2018, Wayanad	National	Chaired a scientific session
	Conference	TAPASUCON 2018	5 th -7 th October 2018, Kodaikanal	National	Resource Person
	Conference	KUACON 2018	2 nd -4 th November 2018, Mangalore	State	Delegate
	Conference	USICON 2019	23 rd -26 th January 2019, Bhubaneswar	National	Delegate
Dr Manjunath Shetty	Symposium	Genitourinary Caners Symposium 2018	31 st March -1 st April 2018, Mumbai	National	Delegate
	CME	Incontinence to Continence	06.05.2018, Mangalore	State	Delegate
	Workshop	Reconstructive Urology	16 th -17 th June 2018, Manipal	State	Delegate
	Conference	KUACON 2018	2 nd -4 th November 2018, Mangalore	State	Delegate
	Conference	USICON 2019	23 rd -26 th January 2019, Bhubaneswar	National	Delegate
Dr Prashanth Adiga K	CME	Incontinence to Continence	06.05.2018, Mangalore	State	Delegate
	Workshop	Reconstructive Urology	16 th -17 th June 2018, Manipal	State	Delegate
	Conference	SZUSICON 2018	10 th -12 th August 2018, Wayanad	National	Delegate
	Workshop	Basic & Advanced Techniques of PCNL	29 th -30 th September 2018, New Delhi	National	Delegate
	Conference	KUACON 2018	2 nd - 4 th November 2018, Mangalore	State	Delegate
	Pre-Conference Workshop	Urethral Stricture disease & reconstructive surgery	2 nd -4 th November 2018, Mangalore	State	Delegate
	Workshop	Urethra @ AINU	2 nd & 3 rd March 2019, Hyderabad	National	Delegate
	Workshop	Practical Andrology for the practicing Urologists	10 th March 2019, Manipal	State	Delegate
Dr Nanda-kishore B.	CME	LUT 2018, a comprehensive program on lower Urinary tract functional disorders	7 th -8 th April 2018, Hyderabad	National	Delegate
	CME	Incontinence to Continence	06.05.2018, Mangalore	State	Delegate
	Workshop	Hands on Cadaver workshop on urethral Reconstruction	4 th -5 th June 2018, Bangalore	State	Delegate
	Workshop	Reconstructive Urology	16 th -17 th June 2018, Manipal	State	Delegate
	Workshop	Hands on workshop on flexible ureteroscopy – RIRS	06.10.2018, Bangalore	State	Delegate

Departmental Activities:

Conducted the CME “Incontinence to Continence” Update in Urogynecology on 6th May 2018 at FMMC.

Organized Camps:

Date	Camp name	Male	Female	Total
09.04.2018 to 10.04.2018	Urolithiasis	103	38	141
11.04.2018	Prostate	27	-	27
14.05.2018 to 15.05.2018	Kidney	65	33	98
12.11.2018 to 13.11.2018	Urolithiasis	144	32	176
14.11.2018	Prostate	27	-	27
04.02.2019 to 05.02.2019	Kidney	107	24	131

Talks given:

- Dr Nandakishore B. was the resource person for a Continuing Nursing Education on Urology Nursing Procedures, organised by the Continuing Nursing Education Cell of the Nursing Service Department of Father Muller Medical College Hospital on 14th February 2019
- Dr Nandakishore B. spoke on CA Prostate at the Arogya Deepa program organised by Daijiworld TV on 01.12.2018.
- Dr Nandakishore B. spoke on the World Kidney Day at the Arogya Kirana program organised by V4U TV on 08.03.2019.
- Dr Prashanth Adiga spoke on Bladder Cancer at the Arogya Deepa program organised by Daijiworld TV on 16.02.2019.

Statistics:**ESWL and Urodynamic Study:**

Procedure	OP	IP
ESWL	57	122
UDS	922	242

14.27. CENTRAL LIBRARY**Staff:**

Librarian	- 1
Library Assts.	- 8
Junior Clerk	- 1
Attenders	- 7

No. of visitors on an average : 278 per day
 No. of books issued on an average : 28 per day
 No. of books consulted on an average : 700 per day

Periodicals (Journals):

At the beginning of the year : 7579
 At the end of the year : 5050

Acquisition:

	Books	Journals	e-Journals
By Purchase	1234	264	4786
By Gift	319	42	-

Library Collection:

	Books	Bound Periodicals	Dissertation
At the beginning of the year (01.04.2018)	30792	7669	1749
Added during the year	1234	372	115
At the end of the year (31.03.2019)	32026	8041	1864

Slides	101 (No. of Frames: 4178)
Video Cassettes	67
Audio Cassettes	4
Transparencies	50
Photographs	18
Charts	6
Posters	51
C.D. ROMS	1261
MEDLINE	49 (From 1985-2000 Sept)
P.M.L.	337 (From 1995-2002)
General	875

Library Budget: (Books and Journals): Rs.79,61,800.00

EXPENDITURE: (in Rupees)

Books	25,55,331.80
Periodicals	29,31,226.57
Miscellaneous: Bindings	1,06,509.00
News papers and general magazines	45,561.50
Easylib software upgradation and Annual Maintenance Contract	17,700.00
Easylib Software Bar Code Accessories: Barcode Labels & Wax Resin	10,643.00

E-Resources

DELNET	13,570.00
INFLIBNET –NLIST	5,900.00
American Library	700.00
British Council Library	1,200.00
Up to date	9,39,546.78
J-gate Biomedical Sciences & Epoxy	1,53,990.00
Incision	2,92,183.23
Thieme MedOne ComSci	2,05,875.00

Visitors to the Department: Students from

Lourdes Institute of Allied Health Sciences, Kannur
 AWH Special College, Kallai
 Tbilisi State Medical University, Georgia, Russia
 Uzhhorod National University, Ukraine Russia
 College of Paramedical Sciences, Perinthalmanna
 Co-operative Institute of Health Sciences, Mannayad, Kerala
 Switzerland
 FMMC Alumni

Departmental Activities: Organized

- a Training and Demonstration session on “J-Gate” on 2nd June 2017.
- a live demo on “Grammarly” on 28th July 2017.
- a Training Session on “Clinical Key” on 18th September 2017.

- an Exhibition of Health Sciences Books on 10th and 11th October 2017.
- a Demo on “INCISION – Self teaching surgery procedures” on 28th March 2018.
- An exhibition of Health Sciences Books was organized on 11th and 12th October 2018.
- Organized a live demo on “3D INCISION – Surgical Database” on 27th November 2018.
- Organized a live demo on “3D INCISION – Surgical Database” on 3D Anatomy Model on 30th November 2018.
- Organized a Demonstration Session on “EBSCO’s Dynamed Plus”, the evidence-based point of care clinical reference tool on 7th December 2018.
- The Research, Innovation and Extension committee and Staff Development Program committee of FMCON in association with Father Muller Central Library, organized the workshop on “Pubmed Database” on 20th December 2018 in FMCON.
- Father Muller Knowledge Centre in Collaboration with Father Muller College of Speech and Hearing, organized a workshop on “Thieme-MedOne ComSci” on 14th Feb. 2019
- Infrastructure and Learning Resource committee of FMCON in collaboration with the Central Library organized book donation program on 14.03.2019 to the students who secured highest marks in the Rajiv Gandhi University of Health Sciences examination held in the year 2017-2018.

Staff Achievements:

Dr Janet Dotty Lobo

- Resource person at the workshop on “Writing thesis synopsis” on 17th July 2018 and took a session for the 1 year PG students on “E-resource and its access”.
- Attended a one-day conference on “Proquest and Libraries: Together Towards Tomorrow” on 5th October 2018 at Bangalore.
- Delivered a guest lecture on “Accessibility of library e-resources through remote services” at MHA Department to the students of Hospital Administration on 13th October 2018.
- Took a session on “Hands on database” for 1 year M.Sc. nursing students on 27th October 2018.
- Attended the 11th annual conference of KHSLA 2019 on the theme “Biomedical and clinical research support system” on 22nd and 23rd February 2019 at Yenepoya (Deemed to be) University, Mangalore. Presented a paper entitled, “Clinicians tool quality care: a study on update”.
- Attended the workshop on Institutional Digital Repository of National Digital Library of India at KMC, Manipal on 7th and 8th March 2019.

Mrs Ida Tellis and Ms Bhavyashree S.: Attended the workshop on using of Plagiarism Software on 22.11.2018 at RGUHS, Bangalore.

Mrs Yogini and Ms Bhavyashree S.: Attended the 11th Annual Conference of KHSLA 2019 on the theme “Biomedical and clinical research support system” on 22nd and 23rd February 2019 at Yenepoya (Deemed to be) University, Mangalore.

Library Services:

- Audio – Visual
- Bibliographic Service on demand
- Circulation
- Computer and Printing
- Current Awareness Service
- Database Search Service
- Document Delivery Service
- Information display and Notification
- Inter Library Loan
- Lending of Books
- Lending of Periodicals
- New Additions
- Photocopying
- Power backup
- Reader’s Guidance
- Reference
- User orientation/information literacy.

14.28. N.S.S. UNIT

Vanamahotsava – “Think Green and Live Green”: The NSS unit of FMCC organized a tree planting drive on 7th July 2018. The chief guest Dr K. Sundara Bhat, Professor of General Medicine, spoke on the concept of growing plants without soil. 40 trees were planted around the campus.

4th International Yoga Day: International Yoga Day was celebrated on 21st June 2018 in Father Muller Indoor Stadium. The program began with a prayer song and about 600 students participated in the program. Honourable Minister for Urban Development and Housing Mr U. T Khader inaugurated International Yoga Day celebration.

Awareness of Hand Hygiene and Waste Disposal for School Students: The NSS unit of Father Mullers conducted an awareness of hand hygiene and proper waste disposal for school students. On 19th July 2018 we covered Dakshina Kannada Zilla Pamchayat Model Higher Primary School Sujeer, Thumbe and DKZP School Thumbe.

Swatch Bharat Abhiyan 2018: On the eve of Gandhi Jayanti, the NSS Unit along with the Student Development Committee of FMCC carried out a cleaning drive. The NSS volunteers along with the NSS Coordinators Dr Shailaja Katti and Mrs Ramya Satish cleaned the old Kankanady Road with great enthusiasm. 31 students participated in this drive.

Organ Donation Awareness 2018: The NSS Unit of FMCC in association with Indian Medical Association, Mangalore organized an awareness talk on Organ Donation for the under graduate students of FMCC on 22nd Nov. 2018. Dr Manjunath J., Professor and Head, Dept. of Nephrology FMCC and Dr Amit D’Souza, Assistant Professor, Dept of Nephrology were the resource persons for the program. They enlightened the students about what organ donation is, the common problem areas, concerns about organ donation and how we have to

encourage people for this noble cause. Around 400 students attended the talk and many of the students pledged for organ donation.

Health Awareness Talk:

The NSS Unit of FMMC conducted a Health Awareness Talk for Self Help women group of CODP (Canara Organization of Development and Peace) on 8th December 2018 at Arcola Anganwadi Mangalore. Awareness of commonly encountered women problems like anaemia, white discharge, menorrhagia, self breast examination was given by Dr Soumya Bhat, and around 40 women attended the talk.

14.29. YOUTH RED CROSS UNIT

15.06.2018

An Intercollegiate Seminar Competition was held on 15.06.2018 on the theme "Be there for someone else. Give Blood. Share life," for the undergraduate students on the occasion of World Blood Donor's Day by Blood Bank and Youth Red Cross Unit, FMMC.

15.06.2018

The Blood Bank and Youth Red Cross Unit, organised "World Blood Donor Day" 2018 with the theme "Be there for someone else. Give Blood. Share life." Mr Ramanath Kunte, Assistant Drugs Controller, Mangalore Circle, Zone-1, was the chief guest for the program. 10 voluntary blood donors were felicitated. Prizes were distributed to winners of the seminar competition.

15.10.2018

A short movie making competition on the theme "Be there for someone else. Give Blood. Share life" was organised on the occasion of National Voluntary Blood Donation Day 2018 as a part of one of the events in the Cultural Fest "Arena" held in October 2018.

14.30. SPORTS AND GAMES

Staff:

Mr Chandrashekhara S.N. : Physical Education Instructor
Mr Joel Joyson D'Souza : Student Animator
Dr Berton Craig Monteiro : Staff Advisor

Various inter - college events take place every year. The teams include postgraduate students also. The College participated in various inter college events.

Tournaments won:

RGUHS Mysore Zone Tournament:

1. FMMC Men and Women Team of Table Tennis were the Winners in the Zonal Inter College Tournament organized by Tejaswini College of Nursing, Mangalore held on 23rd and 24th August 2018.
2. FMMC Men and Women Team of Chess Tournament were the Winners of RGUHS Mysore Zone Chess Tournament organized by Hassan Institute of Medical Sciences, Hassan held on 4th and 5th September 2018.

Inter Zonal Tournament:

FMMC Women Team were the winners of Inter Zonal Chess Tournament held at Bapuji Dental College and Hospital, Davanagere on 19th and 20th September 2018.

Cross Country Race:

Mr Pranav Prakash, MBBS 2014 batch won Bronze Medal, Mr Dishan Kuduwalli, BPT batch 2015 secured 6th place in Cross Country race held at MIMS, Mandya on 2nd August 2018.

Students selected for University Level Tournament:

1. Mr Pranav Prakash, MBBS 2014 batch selected in RGUHS All India Inter University Cross Country Championship 2018.
2. Mr Dishan Kudwalli, BPT 2015 batch selected in RGUHS All India Inter University Cross Country Championship 2018.
3. The following students are selected in RGUHS South Zone Inter University Chess Tournament:
 - o Paul Vivek Praturi, MBBS 2012 batch
 - o Farahanaz Umarfaruq Dhalayat, MBBS 2015 batch
 - o Divya Madonna Dsouza, MBBS 2016 batch.
4. The following students are selected in RGUHS South Zone Inter University Hockey Tournament
 - o Mr Jordan Ridhay Rasquinha MBBS 2017 batch
 - o Mr Reon Joseph Saldanha MBBS 2017 batch
 - o Mr Ashik Shetty MBBS 2017 batch
5. The following students are selected in RGUHS South Zone Inter University Cricket Tournament
 - o Chanakya – MBBS 2014 batch
 - o Abdulrazaq Natikar - MBBS 2016 batch.

Participated Tournaments:

1. FMMC Mens Team participated in Mysore Zonal Basketball Tournament held from 10th to 12th August 2018 at Mandya Institute of Medical Sciences, Mandya.
2. FMMC Mens Team participated in Inter Zonal Hockey Tournament held on 3rd and 4th October 2018 at St. John's Medical College, Bangalore.
3. FMMC Mens Team participated in Mysore Zonal Cricket Tournament held from 17th to 21st September 2018 at Mandya Institute of Medical Sciences, Mandya.
4. FMMC Mens and Women's Team participated in Mysore Zone Badminton Tournament held on 9th and 10th October 2018 at SDM College of Naturopathy and Yogic Sciences, Ujire
5. FMMC Women's Team participated in RGUHS Basketball Tournament held on 10th and 11th October 2018 at Aditya Institute of Pharmacy Education and Research, Bangalore.
6. FMMC Mens and Women's Team participated in Yenepoya Basketball Tournament held from 13th to 18th Nov. 2018.
7. FMMC Mens Team participated in Cricket INVICTUS 2018 organized by Kasturba Medical College Manipal held on 23rd to 29th April 2018.
8. FMMC Mens Team participated in RGUHS Inter Collegiate Kabaddi Tournament organized by SDM college of Naturopathic and Yogic Sciences Ujire held from 1st to 3rd May 2018.

14.31. UNESCO CHAIR IN BIOETHICS

1. As a part of celebration of World Bioethics Day, the Bioethics Unit conducted competitions in Photography, Poster, Pencil Sketching, Update and Movie Making within the Institute in the month of July 2018 and sent the topper's name to the international competitions.
2. The Student's Wing of the Bioethics Unit conducted the White Coat Ceremony (Kartavya Bhari Vastra Dharan) for Batch-2018 MBBS students on 27th August 2018.
3. The Student's Wing of the Bioethics Unit conducted the Nishbad Guru for Batch-2018 MBBS students on 27th August 2018.
4. The Bioethics Unit celebrated the World Bioethics Day on 19th October 2018 at DM Hall, FMMC with a theme "Solidarity and cooperation". Dr Vina Vaswani, Director, Centre for Ethics, Yenepoya University was the Chief Guest who delivered a guest lecture on the topic of "Solidarity and cooperation". Rev Fr Richard Aloysius Coelho, Director, FMCI presided over the function. The winners of the competitions were honoured during the program. Dr Smita Bhat, Professor of Medicine and Member of Bioethics Unit was honoured with the award 'Active Bioethics Member'.
5. Bioethics deliberation and discussion (BDD) was held on 9th February 2019 at 2.30 pm in Father Muller Medical College. Dr Smitha Bhat, Professor, Department of Medicine spoke on the topic "Bioethics in clinical teaching" and Ms Shifal Sudhir, II MBBS student spoke on the topic "Health research ethics".

15. FATHER MULLER MEDICAL COLLEGE HOSPITAL

The Hospital with 1250 beds has the following departments:

- Round the clock services:
 - Emergency and Trauma Centre
 - C.T. Scan, Ultra Sound, M.R.I.
 - Blood Bank
 - Pharmacy
 - Laboratory Services
 - Medical Records
 - Out-patient Department in all specialities
 - Super-speciality clinics:
 - Cardiology
 - Cath Lab
 - Cardio-thoracic Surgery
 - Chest and Allergy Clinic
 - Clinical Psychology
 - Counselling
 - De-addiction Centre
 - Nephrology
 - Neurology
 - Neuro-surgery
 - Oncology
 - Plastic Surgery
 - Paediatric Surgery
 - Urology
 - Physical Medicine and Rehabilitation Unit:
 - Physiotherapy
 - Speech and Hearing Unit
 - Occupational Therapy Unit
 - Special Care Units:
 - B. I. C. U.
 - I. C. C. U.
 - M. I. C. U.
 - N. I. C. U.
 - P. I. C. U.
 - S. I. C. U.
 - Ventilatory Care
 - Post-Operative Ward with all advanced and modern facilities
 - Dialysis Care
 - Laboratory Services:
 - Clinical Pathology
 - Microbiology
 - Biochemistry
 - Medico Legal Cases section (Handling accidents, assault, burns, etc.)
 - Health Check-up schemes
 - Dedicated nursing service
 - Evening consultation (Homoeopathy)
 - Fully equipped dietary services
 - Well maintained laundry
 - Mortuary
- SUPPORTIVE FACILITIES:**
- Accounts Department
 - Administration Department
 - Billing Section
 - C. S. S. D.
 - Central Library – Knowledge Centre
 - Counselling Centre
 - Credit/Insurance Office
 - Departmental Libraries
 - Dietary/Cafeteria and Farm
 - Establishment Section
 - Finance Department
 - General Stores
- Hostels:**
- Carmel Hostel – A & B (Nursing students)
 - Carmel Hostel – C (Religious Sisters)
 - Carmel Hostel – D (Staff Nurses)

Lourdes Hostel (Para-medical)
 Mother Teresa Hostel (MBBS ladies)
 Ave Maria Hostel (A, B & C)
 Don Bosco Hostel A & B (MBBS gents)
 St Joseph Hostel (PG gents)
 St Christopher Hostel (gents)
 St Aloysius Hostel (gents)
 HMC Gents Hostel
 HMC Ladies Hostel
 Human Resource Dept
 Hospital Canteen
 House Keeping Department
 Information Technology (I.T.) Dept
 Linen and Laundry
 Maintenance Dept
 Medical Records Dept
 Medical Stores
 Medico Social Work
 Mortuary & Autopsy Room
 Nursing Service
 Pastoral Care Ministry
 Public Relations Office
 Property / Estate Dept.
 Reception and Enquiry
 Rehabilitation Unit
 Quality Dept
 Simulation and Skills Centre
 Security Services
 St Joseph Leprosy Hospital
 Telephone Operator
 Transport and Ambulance Services

STATISTICS OF HEALTH CARDS:

Total registrations – 76,468
 Total no. of cards – 1,07,230

DETAILS OF FREE CARE:

As per the policy of Father Muller Charitable Institutions, free care continues to be made available to the poor and needy patients in our Hospital. 950 free beds have been set aside for the poor in the General Wards with free bed, free food, free basic investigations, free basic medicines and free surgery. Free care given amounted to Rs.49,39,10,682.57 as on 31st March 2019.

DEPARTMENTS:

15.01. BILLING DEPT

Staff: 23

OBJECTIVES:

- To ensure proper bills are produced based on charges for the procedures and investigations performed in accordance with the Schedule of Charges of the Hospital.
- To make available to the patients the details of billing.

STRUCTURE:

The Department is headed by the Billing Superintendent with 22 staff members. It is centralized and has several cash counters at the main entrance.

FUNCTIONS:

- Preparing outpatient cash and credit bills for all the investigations and procedures.
- Issuing credit facilities to all employees of companies and other credit schemes.
- Preparing final bills for in-patients for all the wards.
- Preparing interim bills for all the wards on weekly basis.
- Preparing credit bills and forwarding the same to the Credit Office on regular basis.
- Depositing cash into the bank twice a day.
- Forwarding the cash collection summary, bank deposit slips and billing sheets to the Accounts Dept on a daily basis.

15.02. BIOMEDICAL DEPT

Staff:

Biomedical Engineer	-	1
Biomedical Technician	-	1
Junior Technician	-	1
Biomedical Assistant	-	4
Biomedical Trainee	-	1
Electrical / Biomedical Assistant	-	1
Trainee	-	1

AIM: To provide technical expertise and management support to hospital administration, engineering dept, medical and paramedical staff.

FUNCTIONS:

- Analyze and compare technical specifications of equipment.
- Evaluate initial cost and operating cost of equipment before procurement.
- Inspect incoming equipment and perform pre-acceptance checks before equipment is officially accepted and payment is done to the vendor.
- Set standard operating and regular maintenance guidelines and ensure their compliance.
- Provide training to user department to ensure proper use of equipment.
- Evaluate the need for new equipment or replacement of existing equipment.
- Provide technical advice and expertise to administration, medical and paramedical staff.
- Organize a planned maintenance program for all equipment and attend to regular or emergency breakdown and repair of equipment.
- Instituting an effective equipment control system.

- Maintain work record and maintenance history record.
- Establish an inventory of all existing and incoming equipment.
- Actively involve in the Hospital's Safety Committee and check safety hazards.
- Around 2000 equipment including BP apparatus are calibrated as a part of NABH accreditation process.
- Around 275 lab equipment and 60 micropipettes are calibrated as a part of NABL requirement.
- Around 400 equipment are under AMC and 10 equipment are under reagent rental contract with the vendors.
- A new state-of-the-art GE 128 Slice CT Scanner, 2 Philips Ultrasound Machines, 2 Konica Digital Radiography Panels, DLCO- PFT Machine and Level II Sleep Study System were installed in the year 2018-19.

Besides this, the Department is also responsible for the operation, maintenance and repair of electronic equipment like Intercom, TV, VCR, VCD, Sound System, Overhead Projectors, etc. Mr Vincent D'Sa, Mr Praveen and Mr Sachin are responsible for the maintenance of these electronic items.

15.03. BLOOD BANK

Staff:

In-charge	- 1
Blood Bank Officer	- 2
Technical Supervisor	- 1
Technicians	-13
Medico Social Worker	- 1
Clerk	- 2
Attender	- 1

Statistics:

Sl No	Tests conducted	No. of Tests
1	No. of ABO grouping	24,845
2	No. of Rh Grouping	24,845
3	No. of cross matching	25,324
4	No. of samples in which antibodies identified	12
5	No. of samples tested for HIV	8,401
6	HBsAg	8,401
7	HCV	8,401
8	VDRL	8,401
9	Malaria	8,401
10	Coomb's (DCT & ICT)	1,095
11	Total blood donors	8,401
12	Blood Donation camps conducted	35
13	Total blood donors - camps	1,649
14	Blood Components – Prepared	20,006
15	Blood Components – Issued	19,689

Camps:

Date	Place	Donors
08.04.2018	Nagori, Mangalore	64
22.04.2018	Paramjyothi Bhajana Mandir, Alape, Padil, Mangalore	52
29.04.2018	Nethaji Youvaka Mandala, Sajipa Munnur, Bantwal	47
01.05.2018	Father Muller Hospital, Thumbay	8
20.05.2018	First Neuro Hospital, Padil, Mangalore	38

15.06.2018	FMMCH Hospital (Inhouse camp)	45
05.08.2018	Sacred Heart Church, Thodambila, Bantwal	38
19.08.2018	Bolanthoor, Bantwal	60
16.09.2018	Mount Carmel Church, Shirthady	83
23.09.2018	Infant Jesus Church, Modankap, Bantwal	57
30.09.2018	Safar Sports Club, Manchila, Ullal	97
07.10.2018	St Antony Church, Ujire	68
14.10.2018	St Jude Church, Pakshikere	69
28.10.2018	Thalaki, Mudipu, Bantwal taluk	61
04.11.2018	Our Lady of Remedies Church, Kirem	37
11.11.2018	St Joseph Vas Shrine, Mudipu	31
18.11.2018	St Antony Church, Allipade	45
19.11.2018	Karavali College of Pharmacy	43
25.11.2018	Kasaigalli Urdu School, Bunder, Mangalore	98
02.12.2018	Our Lady of Mercy Church, Manjeshwar	72
09.12.2018	Montepadav School, Manjanady, Mangalore.	38
06.01.2019	DK Higher Primary School, Addoor, Mangalore	87
10.01.2019	Infant Jesus Church, Bikarnakatte	99
13.01.2019	St Antony Forane Church, Thotadady, Belthangady	44
27.01.2019	Our Lady of Mercy Church, Fajir, Mangalore	43
03.02.2019	Father Muller Hospital Thumbay	92
05.02.2019	St Agnes College, Mangalore	106
10.02.2019	Immaculate Conception Church, Kinnigoli	27
14.02.2019	Padua College of Commerce & Management, Mangalore	97
17.02.2019	Kolake Madarasa Hall, Sajipa Bantwal	51
23.02.2019	Rosario College, Mangalore	32
24.02.2019	Munarul Islamiya School, Kelaginapete, Bantwal.	95
03.03.2019	St Patrick School, Siddakatte	57
17.03.2019	Madani Educational Association, Alekala, Ullal	67
24.03.2019	Government School, Kalladka, Bantwal	113

Departmental Activities:

1. Father Muller Medical College Hospital Blood Bank & Youth Red Cross Unit, FMMC organised "World Blood Donor Day" 2018 with the theme "Be there for someone else. Give Blood. Share life" on 15.06.2018. Mr Ramanath Kunte, Assistant Drugs Controller, Mangalore Circle, Zone-1, was the Chief guest for the program. 10 Voluntary Blood Donors were felicitated. Prizes were distributed to winners of Intercollegiate Seminar Competition held on that day for the undergraduate students.
2. A short movie making competition on the theme "Be there for someone else. Give Blood. Share life" was organised on 15.10.2018 on the occasion of National Voluntary Blood Donation Day 2018 as a part of one of the event in the Cultural Fest "Arena" held in October 2018.

Staff Achievements:**Dr Kirana Pailoor**

- Participated in a workshop on Operation Xtra Safety at Gurgaon on 6th & 7th April 2018 and as a chairperson in the National Symposium of Hemovigilance Program of India on 08.09.2018 at Kasturba Medical College, Manipal on the topic “Donor Vigilance”.
- Presented a poster in the National Conference “TRANSMEDCON 2018” at Kochi from 23rd to 25th November 2018.

Ms Nafeesath Misiriya, Blood Bank Technician, attended the National Symposium of Hemovigilance Program of India on 08.09.2018 at Kasturba Medical College, MAHE, Manipal and Induction/Refresher Training for NACO assisted Blood Bank Medical Officers and Staff from 11.03.2019 to 13.03.2019, organised by National Blood Transfusion Council / Karnataka State Blood Transfusion Council at NIMHANS, Bengaluru.

Ms Levita Lopez, Blood Bank Technician, attended one day workshop of “External Quality Assessment Scheme” for HIV testing at KMC, Mangalore on 17.01.2019.

Mr Muhammad Rafeeq C.M., Blood Bank Technician, attended Induction/Refresher Training for NACO assisted Blood Bank Medical Officers and Staff from 21st to 23rd March 2019 organised by National Blood Transfusion Council/Karnataka State Blood Transfusion Council at NIMHANS, Bengaluru.

Publications:

Barla M, Pailoor K, Keshava MS, Jayaprakash CS, D’Cunha O, Lakshmi C, *Transfusion transmitted infections among voluntary blood donors from rural areas in coastal Karnataka, India*, Hematol Transfus Int J. 2018; 6(4): 121-123

15.04. CAFETERIA/DIETARY DEPT**Staff:**

In-Charge	:	1
Asst In-Charge	:	1
Dieticia	:	5
Sr Asst Clerk	:	1
Cook	:	1
Asst Cook	:	2
Helpers	:	45
Diet Ward Boys	:	10
Gardener	:	2
Boiler Attendant	:	1
Sacristan (Main Chapel)	:	1

The Dietary Department caters to the dietary needs of the hospital wards, the health check-up patients and the Institutions as a whole. The entire general hospital is served with diet for the patients. It is prepared as per requests from the Wards/Doctors according to the patient’s needs. It may vary between the normal diet, diabetic diet, salt restricted diet, bland diet, low protein diet and liquid diet. Food is supplied to each Ward packed in

steel carriers and served hot. The private wards are also provided with diet based on the requirements depending on the doctors’ advice.

Services of the Dietician:

1. Identifying nutritional problems and assessing the nutritional status of the patients
2. Inpatient and outpatient diet counselling
3. Provide diet prescription in their own language
4. Managing a cost-effective food production operation and monitoring safety standards in the food service setting.

Cafeteria Services:

The hospital staff such as Staff Nurses, Clerical Staff, Doctors and Medical PGs are provided food in the Cafeteria. The Department looks after the diet needs of Health Check-up patients. There is provision for handling VIPs, priests and examiners. Separate space has been arranged for this purpose with adequate facilities.

Farm/Agriculture/Garden:

The Department also supervises the working of the farm workers, procurement, storage and management of the farm products, agricultural products as well as the garden and the greenery around. The Mullerkad farm also maintains a piggery and a dairy.

Special Occasions/Feasts & Events: The Department is well equipped to manage parties and banquets on special occasions or feasts.

15.05. CREDIT/CORPORATE DEPT**Staff:**

In-Charge	-	1
Asst In charge	-	1
Clerks	-	21
Attender	-	1

Statistics:

Scheme/Corporate Body	No. of patients treated
Apollo Munich Health Insurance	29
Bajaj Allianz & Allied Insurance Co. (OP & IP)	52
Cholamandalam MS	6
Dedicated Health Care Services	110
E-Expeditise Healthcare Pvt Ltd.	1
E-Meditek TPA Services Ltd.	4
Family Health Plan Limited	128
Future Generali India Insurance Co.	10
Good Health Insurance TPA	29
HDFC Ergo General Insurance Co. Ltd	16
Health Insurance TPA of India Ltd (HITPA)	19
Health India TPA Services Pvt. Ltd.	20
Heritage Health Insurance TPA Pvt Ltd.	4
ICICI Lombard General Insurance	44
ICICI Prudential Life Ins. Co. Ltd	7
Max Bupa Health Insurance Co.	18

MD India Healthcare Services	20
Medi Assist India TPA Pvt. Ltd.	581
Med Save Healthcare Pvt. Ltd.	7
Paramount Health Services TPA Pvt. Ltd.	87
Raksha TPA Pvt Ltd.	63
Race General Health Insurance (Reliance)	11
Relegate Health Insurance Co. Ltd	24
Safeway Insurance TPA Pvt. Ltd.	3
Star Health & Allied Ins. Co. Ltd (Health check-up + IP)	434
United Healthcare Services	26
Universal Sompo General Insurance Co.	26
Vidal Health TPA Pvt. Ltd	356
Vipul Med Corp TPA	20
CORPORATES:	
Corporation Bank (OP)	64
Engineers India Limited	1
Hindustan Unilever Limited (OP & IP)	823 + 39
IMC Limited	31
Jyothi Hospital, Belthangady	12
K.S. Hegde Hospital	14
KIOCL, Kudremukh (OP & IP)	6
KIOCL Ltd, Panambur (OP & IP)	2737
KMC Hospital (Jyothi + Attavar)	418
KVG Hospital, Sullia	86
Konkan Railway Corpn. Ltd.	22
Mangalore Electricity Supply Co. Ltd.	2
Mangalore Refinery & Petro Chemicals	74
New Mangalore Port Trust (NMPT) + RCHWAW	168
Omega Hospital	12
SPARSHA Diagnostics	213
SRL Diagnostics	317
Tata Coffee Ltd (OP + IP)	188
SCHEMES:	
Arogya Bhagya Yojane	142
Retired Employees Arogya Bhagya Yojane	30
Arogya Karnataka Scheme	905
Ayushman Bharath ARK Scheme	610
Ex-Servicemen Contributory Scheme (ECHS) [OP & IP]	1044 + 385
ESI (Super & Sec. Care) (OP & IP)	2518
Endosulfan Rehab. Cell	51
Jyothi Sanjeevini Scheme (JSS)	34
Rajeev Arogya Bhagya (RAB)	1
Rashtriya Swasthya Bhima Yojane(RSBY)	100
Senior Citizens / RSBY Scheme	2
Sampoorna Suraksha Program (OP & IP)	1207
Shri. D. Veerendra Heggade Help Scheme	240
Vajpayee Arogyashree Scheme (VAS) (OP & IP)	316
Yeshasvini Scheme	61

Diocese/Institutions:

Scheme/Corporate Body	No. of patients treated
Fatima Retreat House (OP & IP)	22
Friendship House, Mariashram	7
Gladstone Home	154
Priests' Aid Fund (OP & IP)	207
St Ann's Friary	97

St Aloysius College, Mangalore	6
St Joseph's Monastery, Kulshekar	12
St Joseph's Seminary	1231
St Joseph's Engineering College	19
St Fidelis Friary	15
Diocese of Udupi	18
Diocese of Karwar	19
Diocese of Varanasi	1
Diocese of Jhansi	2
Diocese of Gulbarga	1
Diocese of Kalyan	1
Diocese of New Delhi	2
Diocese of Chikmagalore	3
Diocese of Shimoga	7
Jesuits Madurai Province, Dindigul	2
Asha Kiran Jesuits	87
Little Sisters of the Poor	44

ACTIVITIES AND SERVICES RENDERED:

- Attending patients at the counter, co-ordinating with MRD, Ward Staff, contacting doctors over phone, initiating paper work for processing the pre-authorisation along with related diagnostic reports, co-ordinating with the doctors for further documents/information as raised by the TPA/Insurance/Scheme Authorities, follow-up for obtaining approval from the respective TPA/Insurance/Scheme Authorities for cashless treatment, and issuing 'credit' to patients/ converting the 'cash' pharmacy bills to 'credit' and refunding the incurred amounts to the patients. In the case of patient requiring treatment on 'emergency' basis under Government Schemes, all needed procedure is being done. Crediting the chart under the scheme, keeping the ward staff / patients / doctors informed upon approval from respective authorities, and monitoring the post-op investigation requirements done as per the Scheme Protocol.
- Once the Tumor Board is prepared by the Medical / Surgical/ Radiation treating doctors, preparing the protocol, getting it approved and signed by the treating doctor along with the pre-authorization form, co-ordinating with the SAST – Arogya Mitra for 'A' form, to upload required photos of patients to online apply for approval.
- Regular check-up being done on the total cost of treatment incurred, in case of prolonged stay/medical complications, if any, and keeping the patients/ward staff updated of the same.
- Maintaining a record of all credit bills, online sending claims, compiling documents for payments, checking OT notes, typing the OT Notes as required for claims with SAST, preparing the bills as per the SAST requirement, for ESI Scheme – online permission for admissions done on emergency basis, and obtain claim ID nos. – online claim intimations to be sent for other referral cases bifurcating the Super Speciality and Secondary Care Bills, preparing the Annexures as per ESI requirement, daily basis reports to be sent to ESI, Bengaluru, sending the entire documentation online for payment, sending the hardcopies of such bills to local ESI Hospital for verification and once verified submitting them to ESI (State) office at Bengaluru.
- Regular check is done on the online claims submitted for further shortfalls received from various schemes like SAST,

ESI, ECHS and answering them in time with necessary documents by co-ordinating with the treating doctors for necessary certificates.

- Whenever required visiting the ESI, Arogya Bhagya and ECHS offices in Bangaluru to clear long outstanding bills.
- Attending meetings in DC Office/Govt departments related to the schemes.
- Follow-up done for timely settlement of the claims – if short paid, further follow up done for full settlement of claims by re-submitting the required documents to the Insurance / Scheme authorities.
- In case of corporate employees/dependents admitted, admission intimation is being sent to the respective companies by e-mail and in some cases in the respective online portal.
- Correspondence and follow-up with corporate bodies/ insurance companies regarding MOU validation, tariff updation and signing of MOUs with new TPAs.
- Co-ordinating with various corporates with quotation for their Annual Health Check-up for employees/dependents.
- Keeping a check on e-mails, replying to the same in time.

15.06. EMERGENCY AND TRAUMA

The Dept works round the clock 365 days, catering to the needs of all Emergency and Trauma patients and others during the non-OPD hours and holidays.

Staff:

R.M.O.	- 1
C. M. O.	- 1
In-charge Staff Nurse	- 1
Staff Nurses	- 31
Nursing Aides	- 3
M.N.O.s	- 4

The Emergency and Trauma Dept also has a 24 hours Emergency Operation Theatre.

No. of beds: 25

Statistics:

Number of new cases : 25,975
 Follow up : 24,913
 Total number of patients : **50,3899**

15.07. GENERAL STORES

Staff:

In-charge	- 1
Asst In charge	- 1
Inventory Officer	- 1
Junior clerks	- 11
Helpers	- 2

General Stores looks after the purchase of capital and non-capital items for all the Departments and Wards of FMCI,

College and School of Nursing, Homoeopathic Medical College, Medical College and Allied Health Sciences, Father Muller College, Simulation and Skills Centre, hostels of our various colleges, Hospitals FMCI, Deralakatte, Thumbay & Bajpe, Father Muller Salvadore Monteiro Rural Health Centre at Bajpe, Homoeopathic Pharmaceutical Division, Health Centres, Convention Centre, St Antony's Homoeopathic Hospital and the farms at Deralakatte, Kulshekar and Mullerkad.

FUNCTIONS:

- Purchase of materials and equipment required by the Institution.
- Issuing materials to different wards, departments, colleges, hospitals, etc.
- Correspondence with different companies, follow up when the material is not received on time.
- Sending the equipment for servicing / repairs when needed.
- Making arrangements for annual maintenance contract for different machines and equipment.
- Recording the transactions and other necessary information.
- Verification of the invoices received, recording in the computerized inventory register and forwarding the invoices sent to the Administrator for approval and then to Accounts Section for payment.
- Evaluation of vendor once in six months.
- Storage of the materials.

Procedure for Purchases:

After receiving the indent from various Departments/ Colleges, quotations are called for and then a comparative statement is prepared and the best supplier is called for negotiation with the Purchase Committee, the Administrators and the Director.

Maintenance of Stock:

A proper stock of items is maintained to meet unpredictable indents. Once a year, the physical stock is checked and properly arranged.

Records Maintained

Computerized Records

- Inventory
- Stock Report
- Daily cash Bill report

Paid Invoice Book

Advance Paid Book

Balance Paid Bill Book

Direct Bill Book

A.M.C. Register

Inventory Register

Book for Bills payable urgently

Files on Various Suppliers

Record of Bulk Nitrous and Nitrogen Cylinders,

Record of Medical Oxygen Cylinders

Record of LPG Gas cylinders

Record of Purchase of Equipment's

Vendor Evaluation

Returned things Register (returned to supplier)

Repair things Register (given to O.T.)

Routine work:

1. For the efficient functioning of the Stores each staff is assigned with certain departments, wards, and areas of work. The staff responsible will look after all matters pertaining to his/her area of work/department, receive requisitions from different wards/dept, and issue materials as required.
2. At present the Liquid Medical Oxygen is purchased from Malabar Oxygen Co., Pvt. Ltd., Mangalore and BOCI, Bangalore which are supplied to all the units besides that individual cylinders to the Wards and the carbon dioxide gas from Shri Ramdas & Co., which are supplied to all Operation Theatres through the General Stores.
3. After buying the goods, physical verification is done and the cash invoices are recorded in the computer. The same will be signed by the Stores In charge and the Administrator which is forwarded to Accounts Department for payment.
4. All invoices received towards every purchase are recorded in the Inventory Purchases Software and after getting the approval of the Administrator, the original is forwarded to the Accounts Department for payment on a weekly basis.
5. There is an Order format in which Purchase Orders are issued for all purchases done. The original is issued to the supplier and a hard copy is filed for our reference.
6. Daily purchases of certain Inventory items are done by the driver. The parcels and other materials of Homoeo Manufactory, Homoeo Stores in Deralakatte and the Hospital Stores are brought on daily basis by our transport department without any limits.
7. Other than the routine work the helpers do the loading and unloading of individual cylinders and other goods. They also help in the storing and arranging of the material received.
8. Any changes required the allocation of the duties etc. is done by the in charge from time to time for the smooth functioning of the department.
9. The policies of the Stores are sufficiently flexible. Indent is issued to all the departments and wards twice a month and to HMC, HPD, Deralakatte, FMH Thumbay & Father Muller Salvadore Monteiro Rural Health Centre once in a month. In case of emergency indent is issued on request and with the signature of Nursing Superintendent and Administrator. Even though each staff is assigned certain specific areas of work, the work of the absentee staff is done by another.
10. For every item that is purchased the advance and as well as the full payment is done by the Stores.
11. Even the requisition of the major and minor items comes to the Stores after the approval of the Administrator.

Closing Stock:

As on 31.03.2018 Rs.1,00,87,368.48
 As on 31.03.2019 Rs. 90,27,111.09

Annual Purchase:

As on 31.03.2018 Rs. 38,05,49,972.12
 As on 31.03.2019 Rs. 43,19,05,391.56.

15.08. HEALTH CAMPS

Health camps are conducted in and around Mangalore in association with the local NGOs and other voluntary organizations. Specialists from the Departments of Medicine, Surgery, OBG, Paediatrics, Orthopaedics, ENT, Ophthalmology, Dermatology, STD and Leprosy, Dental, Cardiology and Oncology examine a large number of patients and deserving patients are given referral cards and referred to Father Muller Medical College Hospital for further treatment and are offered hospital facilities at a concessional rate.

FACILITIES AVAILABLE TO HEALTH CAMP REFERRAL PATIENTS:**I. Out-patient Dept (OPD):**

- o Registration and repeat registration up to one month-free
- o Hospital lab investigations – TC, DC, ESR and MP – free
- o Routine chest X-ray – free
- o Routine ECG – free
- o OPD consultation in all departments – free

II. In-patient Care:

Patients admitted to the General Wards can avail:

- o Admission charges to General Ward – free
- o Bed, Diet (C diet), hospital service – free
- o Doctor's professional charges – free
- o Any surgical consultation/procedure charges – free
- o Anaesthetist's charges – free
- o Operation theatre charges – free
- o Side lab procedures for basic investigations such as urine analysis, TC, DC, HB, ESR – free.
- o X-Ray – a nominal fee of Rs.50/- for small and medium X-Rays and Rs.75/- for large X-Rays.
- o Ultrasound: 50% of the OPD charges are free.
- o CT Scan: 75% of the OPD charges are free.
- o Disposables supplied by the Hospital will be charged at cost.
- o The following items will have to be procured by the admitted patients:
 - i) Materials for dressing
 - ii) Materials / implants for surgical procedures
 - iii) Anaesthetic drugs
 - iv) Drugs prescribed by treating unit doctors.

During the period under review, a total number of 29 Health Camps have been conducted for the benefit of a total of 9,037 persons. A substantial number of these have availed hospital services and have expressed their gratefulness to hospital authorities.

STATISTICS:

Date	Place	Local organisation	Med	Surg	OBG	Paed	Orth	Der	ENT	Eye	Total
08.04.18	Ammembal	CODP, Nanthoor	107	-	-	-	39	27	32	149	354
08.04.18	Bantwal	FMMCH & FMHT	26	3	2	8	15	13	-	99	166
15.04.18	Sullia	St Bridgit of Ireland Church	50	-	-	8	23	-	-	54	135
22.04.18	Arehally	Rotary Club	161	-	48	100	-	68	38	254	669
29.04.18	Mulky	CODP, Nanthoor	117	-	-	-	50	35	39	125	366
20.05.18	Puttur	CODP, Nanthoor	94	-	-	-	35	14	17	-	160
08.07.18	Kollangana	Share and Care Charitable Society	116	-	-	-	80	44	-	126	366
15.07.18	Vamanjoor	Catholic Sabha, Mangalore Pradesh	70	-	-	-	-	55	-	129	254
22.07.18	Talapady	CODP, Nanthoor	95	-	-	-	50	40	26	134	345
12.08.18	Nagori	Shree Sai Sushirathna Charitable Trust, Maroli	193	-	-	-	42	22	-	317	574
18.08.18	Town Hall, Mangaluru	Mangalore City Corporation	74	-	3	-	58	26	12	112	285
15.08.18	Karkala	JCI Karkala, Srisangatan Christ King Church	-	-	-	-	-	-	-	-	Onc o34
30.09.18	Katipalla	Catholic Sabha, Mangalore Pradesh, Katipalla Unit	57	-	-	-	31	21	-	59	168
02.10.18	Ananthady, Bantwal	FMMCH & FMHT	26	5	10	4	35	24	14	47	165
07.10.18	Ujire	FMMCH & FMHT	67	8	12	10	74	44	18	168	401
28.10.18	Nirkan, Vogga	Catholic Sabha, SVP Unit & ICYM	70	-	-	14	40	46	-	147	317
01.11.18	Bajpe	Community Medicine, FMMC	131	27	16	18	76	47	35	89	439
04.11.18	Kirem, Aikala	ICYM & Catholic Sabha	105	-	-	-	39	40	-	76	260
11.11.18	Urwa Store	Catholic Sabha	178	-	-	14	34	-	25	242	493
18.11.18	Allipade, Bantwal	FMMCH & FMHT	139	17	21	54	71	49	45	226	622
02.12.18	Bela, Kumbla	Bela Parish	38	-	1	5	-	23	-	72	139
27.01.19	Fajir	ICYM, Fajir Unit	70	-	-	-	19	23	-	45	157
24.02.19	Kavoor	Indian Cancer Society	41	2	16	-	-	-	35	Onco 26	120
03.03.19	Kuthethoor	CISF Unit, MRPL	63	-	23	22	51	47	-	-	206
03.03.19	Moodbidri	District Level Health Mela	63	36	23	21	51	47	-	Psy 5	246
04.03.19											
10.03.19	Maryhill	OBG Nsg. FMCON	59	-	35	16	35	-	-	49	194
17.03.19	Kinnigoli	Lions & Inner Wheel Clubs, Brahmari Mahila Mandal, Vanita Samaj	52	-	38	-	-	13	-	36	139
27.03.19	Jeppu	St Joseph Service Centre	40	-	-	-	12	21	-	26	99
31.03.19	Hassan	Rotary Club Arehally, Belur	296	-	71	179	-	14 7	93	378	1164
TOTAL											9037

15.09. HOUSE KEEPING DEPT

Staff:

In-Charge	-	1
Supervisors	-	3
FNOs	-	142
MNOs	-	220

This Department attends to the cleanliness of all other Departments, Wards, Colleges, Hostels, surroundings in the campus and also the Homoeo Ward at St Anthony's, Jeppu.

15.10. INFORMATION TECHNOLOGY (I.T.) DEPT

Staff:

IT Manager	-	1
IT Assistants	-	5

The Department caters to the needs of other departments in the area of information. The Department is setup with 9 servers and 1 blade centre and more than 800 desktops in various sections of the Institution. It is totally responsible for the smooth running of the Information Technology setup in the campus.

During this period, many computers and printers for different departments have been added and software implementation also has been done. 3 computers with printers have been installed in Father Muller Salvadore Monteiro Rural Health Training Centre, Bajpe. Scanning of all the IP files from 2010 till 2018 has been completed and updated in the DMS for the use. Wireless connectivity has been extended to most of the areas inside campus. Medical College wireless connectivity has been replaced with a new one for the better performance.

Regular IT classes for the allied students and nursing students are taken by the IT Staff. Entire IT setup with hardware and software at Father Muller Hospital Thumbay is implemented and managed by us. Lots of modifications have been done and implemented in the HIS Package like Patient cards, Discharge Summary etc. HMC software is also managed by us in the same way.

A new server is installed for the PACS. Radiology Information System has been installed and training given to the Doctors and the staff. The same has been extended to all the Wards and has been interfaced with the HIS. All the necessities of IT related issues, taking the regular backup, maintenance, internet management, network management, firewall management, antivirus deployment and management, authentication of network users, training of the personnel with regard to the handling of the computers/ printers/ projectors etc, are done by the staff of the IT Department.

15.11. LAUNDRY

Staff:

In-charge	- 1
M.N.O.	- 4
F.N.O.	- 14

The Department sees to the washing of the linen and stitching of the new linen as well as the repair of the linen of various sections of the Institution. Around 2000 kgs to 2500 kgs of linen are washed every day.

15.12 MAINTENANCE, CIVIL & SAFETY DEPT

Staff:

Manager	- 1
Asst In-charge	- 1
Asst Electrician/Plumber/AC Technician	- 1
Asst Electrician/Plumber	- 7
Asst Electrician/AC Technician	- 1
Asst Electrician	- 2
Mechanical Technician	- 1
Fire and Safety Technician	- 5
Welder	- 2
Helper	- 8
Trainee	- 3

Functioning 24 hours of the day, the Department personnel look after the maintenance of electrical appliances, plumbing, air-conditioners, central compressed gas supplies, drainage, water supply and solar water heaters, STP, ETP, fire and safety, laundry equipment, kitchen equipment and appliances as well as the operation and maintenance of generator sets and air conditioner chiller plant, welding and fabrication. It also looks after the functioning of the Liquid Oxygen Plant, 150 kid and 700 kid Sewage Treatment Plant, 1 Mega Watt DG sets in 2 numbers and 11 KV VCB with 1250KVA, 1650 KVA & 750 KVA transformers. The personnel also do the maintenance work of the buildings including Doctors Quarters, Hostels and Mullakad PHC, etc. It also looks after the fire safety of the Institution.

15.13. MEDICAL RECORDS DEPT

Staff:

In-charge	- 2
Asst Medical Record Officer	- 1
Junior Assistant Clerk	- 27
MRD Assistant	- 1
MRD Asst/Attender	- 1
Attenders	- 17
Helper	- 2

Medical Records is a systematic documentation of a patient's medical history and care given. It serves as a basis for planning patient care, documenting communication between the health care provider and any other health professionals contributing to the patient care, assisting in protecting the legal interest of the patient and the health care providers responsible for the patient's care. In addition, it serves as a document to educate medical students, resident physicians, to provide data for internal hospital auditing and quality assurance and to provide data for medical research.

The Medical Record contains the patient's identification information, health history and medical examination findings. It also contains a summary of the patient's current and previous medications as well as any medical allergies. Around 2,500 patients are received every day for registration, review and admissions. The Department attends to the enquiries, information and reimbursement forms duly filled and signed by the concerned Doctors, distributing patients, employees, students' files to the different units in the OPD and filing back all the files to the racks.

FACILITIES AVAILABLE:

A reference room in the inpatient Medical Records Department is provided to doctors, nurses and medical students. On the basis of ICD-X revision, retrieval of diagnostic related groups for research purpose, project work, dissertation and case study presentation are possible and disease-wise statistics to governmental agencies can be made available.

Department wise out-patient statistics - comparative study:

Depts.	Sub -Departments	2016-2017	2017-2018	2018-2019
General Medicine	General Medicine	62343	63233	64592
	EMG/General Medicine	16332	25330	28022
	Cardiology	12281	13482	13832
	EMG/Cardiology	294	322	287
	Endocrinology	21836	23194	22803
	EMG/Endocrinology	17	22	28
	Gastroenterology	147	-	38
	EMG/Gastroenterology	25	49	73
	Nephrology	14089	21951	22965
	EMG/Nephrology	514	844	1134
	Neurology	19789	20659	20732
	EMG/Neurology	184	165	150
	Oncology	57	1	-
	Medicine Oncology	7562	10860	12090
	EMG/Oncology	569	997	853
Nephro-Dialysis	14915	13042	5823	
General Surgery	General Surgery	31631	32665	38702
	EMG/General Surgery	3376	3352	3050
	Cardiothoracic Surgery	372	328	1347
	EMG/Cardiothoracic Surgery	13	3	24
	Neurosurgery	1551	1660	1726
	EMG/Neurosurgery	111	98	106
	Paediatric Surgery	1984	2076	2309
	EMG/Paediatric Surgery	-	-	137
	Plastic Surgery	1880	1909	1601
	EMG/Plastic Surgery	86	171	169
	Surgical Gastro-Enterology	4001	4462	5234
	EMG/Surgical Gastroenterology	-	-	141
	Surgical Oncology	2239	2537	2964
	EMG/Surgical Oncology	-	-	309
Dermatology	Dermatology	36899	39543	42241
	EMG/Dermatology	104	111	130
Obstetrics & Gynaecology	OBG	33768	38872	42350
	EMG/OBG	2170	2700	2922
Orthopaedics	Orthopaedics	42028	42793	45088
	Hand and Micro Surgery	2512	2983	3360
	Spine Surgery	2063	2168	2264
E.N.T.	E.N.T.	38556	32462	36250
	Speech & Hearing	6512	5235	5377
	EMG/ENT	550	503	494
Psychiatry	Psychiatry	4145	38541	38609
	EMG/Psychiatry	-	-	655
Urology	Urology	22993	22700	21621
	EMG/Urology	-	-	380
Respiratory Medicine	Respiratory Medicine	5020	6394	6683
	EMG/Psychiatry	-	-	65
Ophthalmology	Ophthalmology	28568	29954	33686
	EMG/Ophthalmology	349	280	288
Paediatrics	Paediatrics	38205	35121	33313
	EMG/Paediatrics	3211	3976	4456
Radiotherapy	Radiotherapy-Oncology	9876	6474	5518
Dental	Dental	12169	11924	11434
	EMG/Dental	17	37	30
	Oral Maxillo Facial Surgery	14	12	27
Physiotherapy	Physiotherapy	-	11813	12967
Emergency	Emergency	11957	6936	4307
	Total	521744	586820	607640

Department wise in-patient statistics - comparative study:

Depts.	Sub -Departments	2016-2017	2017-2018	2018-2019
General Medicine	General Medicine	10580	9760	9620
	EMG/General Medicine	1	-	-
	Cardiology	1045	1363	1472
	Endocrinology	165	220	261
	Gastroenterology	18	-	38
	Nephrology	658	690	799
	Neurology	814	660	658
	Oncology	203	114	48
	Medicine Oncology	3685	4526	4757
General Surgery	General Surgery	5549	5487	5645
	Cardiothoracic Surgery	211	208	271
	Neurosurgery	685	769	805
	Paediatric Surgery	423	486	493
	Plastic Surgery	591	638	608
	Surgical Gastro-Enterology	538	689	856
	Surgical Oncology	675	686	829
Dermatology	Dermatology	2998	2849	3197
Obstetrics & Gynaecology	OBG	6206	6840	6692
	EMG/OBG	1	-	-
Orthopaedics	Orthopaedics	3104	2937	2901
	Hand and Micro Surgery	590	703	697
	Spine Surgery	447	384	377
E.N.T.	E.N.T.	1171	1024	1031
Psychiatry	Psychiatry	2152	1900	1631
Urology	Urology	2031	2230	2138
Respiratory Medicine	Respiratory Medicine	369	522	559
Ophthalmology	Ophthalmology	1889	1679	1737
Paediatrics	Paediatrics	6600	6612	6354
Radiotherapy	Radiotherapy-Oncology	1322	1145	1122
Dental	Dental	2	2	1
	Oral Maxillo Facial Surgery	52	96	109
Emergency	Emergency	-	1	-
Total		54775	55220	55706

Department wise mortality statistics - comparative study:

Department	2016-2017	2017-2018	2018-2019
Cardiology	32	46	50
Cardio Thoracic Surgery	9	9	13
Dermatology	2	2	-
Emergency	-	110	-
E. N. T.	-	1	3
General Medicine	411	447	369
General Surgery	85	67	64
Hand & Micro Surgery	1	2	1
Nephrology	27	28	27
Neurology	18	9	15
Neuro-surgery	43	66	66
Obstetrics & Gynaecology	5	4	-
Oncology	9	1	2
Oncology Medical	110	131	141
Orthopaedics	16	13	14
Paediatrics	51	65	50
Paediatrics Surgery	1	3	-
Plastic Surgery	26	48	26
Psychiatry	1	2	3

Radiotherapy Oncology	39	33	34
Respiratory Medicine	13	18	21
Spine Surgery	9	9	2
Surgical Gastro-Enterology	6	12	13
Surgical Oncology	15	19	19
Urology	8	11	3
Total	937	1,156	936

15.14. MEDICAL STORES

There are three Medical Stores serving both in-patients and out-patients and the main Pharmacy functions 24x7.

Sr Sylvia Fernandes took over as In-Charge of Medical Stores from June 2018.

Staff:

In-charge	- 1
Senior Pharmacist	- 1
Pharmacist	- 17
Senior Asst Clerk	- 1
Junior Asst Clerk	- 20
Pharmacy Asst	- 35
Attender	- 8
F.N.O.	- 2
General Worker	- 2
Total	- 91

In Service Education:

1. Health Care Communication training was conducted by Dr Lulu Sherif.
2. Soft Skill Training was conducted by the HR Manager- Mrs Jyothi Pinto.
3. Regular classes were taken periodically for all the staff updating information regarding effective functioning of the Pharmacy.

Daily average number of prescriptions handled:

In-patients	: 1000
Out-patients	: 2400

Statistics:

Turnover	2016-2017	2017-2018	2018-2019
Opening Stock	2,81,10,954.00	2,89,88,622.89	1,79,68,761.35
Purchases	25,26,23,441.52	26,37,33,184.53	28,54,51,487.99
Sales	42,40,11,800.00	46,28,95,843.61	50,37,00,386.87
Closing Balance	2,89,88,622.89	1,79,68,761.35	3,27,18,452.17

15.15. NURSING SERVICE DEPT**Staff Development & Achievements:****Sr Janet D'Souza**

- Officated as Judge for Poster Competition on World Hand Hygiene Day on 5th May 2018 at FMMCH.
- Attended a workshop on Leadership Skills and Training Skills on 13th April 2018.
- Participated as a delegate during Prof. J.N. Shetty Memorial Oration and Karavali Dermatology Society clinical meeting on 23rd September 2018 at FMMCH.
- Participated as a delegate during National Health Convention organised by the Catholic Health Association of India (CHAI) for 2 days at Hyderabad on 28th & 29th November 2018.

Ms Darryl Monica Serafine Aranha

- Authored a book named "From a Mother, to a Mother: a post pregnancy support guide"
- Participated as delegate at a workshop on Nurturing the Nurses at AIMIT, Mangaluru on 28th April 2018.

- Organised a mega health camp and workshop on Healthy Mother, Happy Families on 10th March 2019 at Shri Narayana Guru Seva Sangha Hall, Maryhill, Gurunagar to mark the International Women Day 2019.

Others:

- Deputation of 43 nurses to a workshop on Leadership Skills and Training Skills on 13th April 2018 at FMMCH.
- Deputation of 30 nurses to a workshop on Nurturing the Nurses at AIMIT, Mangaluru on 28th April 2018.
- **Ms Vinet Monterio** and **Mr Jithin PC** participated in an awareness program on Organ Donation on 15th May 2018.
- **Ms Vishala, Ms Jismy and Ms Jevita** participated in a Conference on Dialysis Physiology and Urekinetics at KMC Manipal on 11th August 2018.
- **Ms Reema Reena D'Souza, Ms Dipti Fernandes and Ms Frenita Reena D'Souza** attended a short course on Hospital Infection Control from 17th to 22nd September 2018 at Christian Medical College, Vellore.
- **Ms Anusha Fiola Fernandes and Ms Frenita Reena D'Souza** participated in the National Conference of INS, India at St John National Academy of Health Sciences on 12th and 13th October 2018.
- **Ms Anusha Fiola Fernandes, Ms Sabitha Bulla Pinto, Ms Renita Lasrado, Ms Renita Noronha, Ms Henita Menezes and Mr Jithin PC** participated in the International Nursing Conference on "Is our nursing practice evidence based? A review of essential skills in health care and nursing education" at KLE Academy of Higher Education and Research, Belagavi on 23rd and 24th November 2018.
- **Ms Elizabeth Tom, Ms Priya Thomas, Ms Merin Mary, Mr Fegin Francis, Ms Josmy George, Ms Jasmine and Ms Nolita** participated in a CME on Emergency Medicine at Indiana Hospital on 27th January 2019.
- **Ms Sonia D'Souza** attended a talk on Immunization and Handling Cold Chain at the District Health Office, Mangalore on 26th and 27th February 2019.
- **Ms Nelima Bara** attended a talk on Immunization and Handling Cold Chain at the District Health Office, Mangalore on 1st and 2nd March 2019.
- **Ms Tara Machado and Ms Sabitha Bulla Pinto** were the resource persons at the Workshop on Healthy Mother, Happy Families, on 10th March 2019 at Shri Narayana Guru Seva Sangha Hall, Maryhill, Gurunagar, to mark the International Women Day 2019.
- **Ms Henita Menezes, Ms Gana, Ms Sharmila, Ms Sheelu, Ms Prafulla, Ms Ashwathi, Ms Jane, Ms Anina, Ms Mintu, Ms Josmy, Ms Divya, Ms Stephy, Ms Anju Thomas, Ms Sheeba, Ms Rosmi and Ms Joyce** participated in the Hands on Training for Colostomy Care at Mangalore Institute of Oncology on 11th March 2019.
- **Ms Grishma Shital D'Souza** participated in an Induction Refresher Training for NACO Assisted Blood Bank Medical Officers and Staff at NBTC/KSBTC at NIMHANS, Bengaluru from 25th to 27th March 2019.

Regular monthly CNE programmes are conducted to update the knowledge of the Nursing Staff:

Date	Topic	Resource personnel
18.04.2018 and 20.04.2018	Prevention of bed sores	Dr Aravind L. Rao, Assoc. Prof. Dr Singhal A. Shivendra, Asst Prof. Dept. of Plastic Surgery, FMMC
14.05.2018 to 18.05.2018	Code Blue Training	Ms Tara Machado, Ms Lavina Nazareth, Ms Helen Lobo, Ms Elizabeth VT, Ms Deena Andrade Assistant Nursing Superintendents, FMMCH
19.05.2018 to 22.05.2018	CPR training	Faculty of Father Muller Simulation and Skill Centre
26.05.2018	Use of KCI VAC with Vera flow Technology	Mr Jerin Joshy, Territory Manager
20.06.2018	Blood, Blood products and Blood Transfusion	Dr Kirana Pailoor, Blood Bank Officer, FMMCH
30.06.2018	Fire and Safety Protocols and Practice	Mr Rudolf D'Souza, Fire and Safety Officer, FMCI
09.07.2018 and 10.07.2018	Importance of TLD Badges in Nursing Practice	Mr Sridhar, Radiation Safety Officer, FMCI
12.07.2018	Calibration of Instruments	Ms Shanthi Chetan, Biomedical Engineer, FMCI
18.07.2018	Importance of Documentation on Nursing Practice	Ms Gracy Peris, Nursing Supdt, KMC, Mangalore
20.08.2018	Assertive Communication	Ms Sonia Caren Liz Sequeria, Asst Professor, FMCON
26.08.2018 and 27.08.2018	Nurses Role in Prevention of MRSA	Dr Glenn Austin Fernandes, Asst Professor, Dept of Medicine, FMMC
05.09.2018	Maternal and Newborn Care	Mr Prashanth Kotari, Product Specialist, Mother and Baby Care Division (Zevida SBU), The Himalaya Drug Co. Ltd.
28.09.2018	Nutrition – Protein Plus	Mr John Paul D'Souza, Ward In-Charge, FMMCH
20.10.2018	Nurses Role in Paediatric Illness	Ms Renita Helen Lasrado, Asst Nursing Supdt, FMMCH
31.10.2018	Role of Nurses in Prevention of Medication Errors	Ms Freeda D'Souza, Head of Quality Department, KMC
17.11.2018	Patient Safety	Ms Roopa Priyanka D'Souza, Quality Manager, FMMCH
27.11.2018	Newborn Care	Mr Prashanth Kotari, Product Specialist, Mother and Baby Care Division (Zevida SBU), The Himalaya Drug Co. Ltd.
8.12.2018	Patient Falls: Zero Tolerance	Ms Printa Charlet Pinto, Asst Quality Manager, FMMCH
15.12.2018	Nurses Role in Diabetes Management	Dr Sudeep K, Assoc. Professor, FMMC Ms Preethi Fernandes, Asst Professor, FMCON
19.01.2019	Drug and Food Interaction	Dr Nicole Pereira, Asst Prof., Dept of Pharmacology, FMMC
12.02.2019	Secretion Management and ABG Sample Collection	Ms Prajna Suvarsha, Business Dev. Manager Smith Medical
14.02.2019	Urology Nursing Procedures	Dr Nanda Kishore Bhat, Asst Professor, Dept of Urology, FMMC
09.03.2019	Vital Signs: Important Indicators to Health	Dr Smitha Bhat, Professor, Dept of Medicine, FMMC

Other activities:

World Hand Hygiene Day and Hand Hygiene Awareness Campaign: The Hospital Infection Control Department observed World Hand Hygiene day on 5th May 2018 and has organised hand hygiene awareness campaign from 3rd to 5th May 2018. The best performing high-risk area (Neonatal Intensive Care Unit) and Ward (Gynaecology G) were recognised for good hand hygiene compliance. The hand hygiene campaign began by initiating the hand hygiene drill by the Hospital Infection Control Nurses for three days and distribution of badges.

Nurses Week 2018 and International Nurses Day: A series of events were organised to celebrate the Nurses Week from 7th to 10th May 2018. The inauguration took place on 7th May 2018. Dr Leo Francis Tauro, Head of Surgery Department, FMMC was the Chief guest for the inauguration. The week long events ended on 11th May 2018. Most Rev Dr Aloysius Paul D'Souza, Bishop of Mangalore and President of the Institutions was the Chief guest for the celebration and Sr Loredana Korah was honoured as the Veteran Nurse.

Needle Stick Injury Awareness Campaign: The Hospital Infection Control team in collaboration with Becton Dickinson India Pvt. Ltd. organised a Needle Stick Injury Awareness Campaign from 30th August 2018 to 28th September 2018.

CNE on Role of Nurses in Prevention of M.R.S.A.: The Continuing Nursing Education Cell of Nursing Service Department had organised a two-day CNE on Role of Nurses in Prevention of M.R.S.A. on 26th and 27th September 2018. Dr Glenn Austin Fernandes, Assistant Professor, Department of Medicine, enlightened the nurses on the causes and presented the recent trends in the prevention of the infection which can be introduced into the Nursing Practice.

Training on Managing Stress - A Guide to Healthcare Professionals: The Continuing Nursing Educational Cell of the Nursing Service Department organised a training program for the supervisors and wards in-Charge on managing stress on 6th October 2018. Dr Supriya Hedge Aroor animated the program.

The speaker highlighted on the various reasons for stress among health care professionals. She provided tips on stress management and introduced the various coping mechanisms to daily stressors.

Global Hand Washing Day – 15th October 2018 - Exhibition on Germ Farm – Scrub'em: The Hospital Infection Control Department (HIC) and Nursing Service Department of FMMCH organized an exhibition “GERM FARM-SCRUB’EM” and a series of events to celebrate Global Hand-washing Day. Live tutorials on appropriate hand-sanitation techniques/strategies were demonstrated. A stall preparing natural homemade sanitizer attracted onlookers to learn more about the Hand Washing Day.

Guest Lecture on Behaviour and Perception towards Hand Hygiene Practices: Dr Roopa Bhandary, Hospital Infection Control Officer and Assistant Professor, Department of Microbiology, AJ Hospital and Research Centre, Mangaluru conducted a seminar on Behaviour and Perception towards Hand Hygiene Practices.

Feast of the Patron of Expectant Mothers, St Gerard Majella: On 16th October 2018, the Feast St Gerard Majella was celebrated. Dr Gayathri Ramani, ex-Staff of the OBG Department, FMMCH, was the Chief guest. Games were conducted for the mothers and gifts were distributed. All the pregnant employees of the Institution were the special invitees for the celebration. Rev. Fr Richard Coelho, Director, FMMCH and Dr Gayathri Ramani spoke on the importance of the day. Master Winston Gerard Lobo, a child born 11 years ago through the intercession of the Saint, was the special attraction for the celebration and a live witness to the audience.

Session on Body Mechanics at Work: A session on Body Mechanics at Work was organised for the Wards In-Charge and supervisors of the Father Muller Medical College Hospital. The program was animated by Mr Sudeep M.J. Pais, Musculoskeletal and Sports Physiotherapist, Associate Professor and Course Coordinator, Dept of Physiotherapy, FMMC. During the session, Mr Pais highlighted and demonstrated on the various body postures and mechanisms of lifting objects, shifting patients and also enlightened the participants on exercises to relieve discomforts at work and during household activities.

15.16. OPERATION THEATRE

	Main	Oncology	Cardiology	Ophthalmology	Cardio Thoracic	Labour	Emergency/Casualty
In-charge	1	1	1	1	1	1	1
Staff Nurses	39	17	4	7	3	12	7
Technicians	10	5	2	1	2	3	2
Hospital Aides	7	4	1	1	1	4	2
MNO	15	3	1	-	1	4	-
FNO	4	-	-	2	-	-	-

Statistics:

Emergency / Casualty	694
Cardio-thoracic	311
Cardiology	1770

C.T.V.S.	14
Dental	90
E. N. T.	534
Gastro-enterology	282
General Surgery	3207
Hand and Micro	828
Neuro Surgery	198
OBG	2546
Oncology	936
Ophthalmology	1549
Orthopaedics	2009
Paediatrics	169
Plastic Surgery	639
Radiation Oncology	269
Spine	267
Urology	1723
Other Departments	148
Outside Doctors	346
Total	18,529

15.17. OUT-PATIENT DEPT

Staff:

Supervisor	- 1
Staff nurse	- 1 (Immunisation)
Hospital aides	- 43
MNO/FNO	- 10
Clerks	- 4
Refractions	- 5
Technicians	- 5
Counsellor (CGC)	- 1
Social Workers	- 3

Statistics:

ECG	- 31,887
PFT	- 3,076
EEG	- 1,633
NCV	- 2,119
EMG	- 26
EP	- 85
TMT	- 2,559
ECHO	- 17,577
Immunization	- 21,228
Government	- 18,778
CGC	- 809
ESWL	- 172
Urodynamics	- <u>1,174</u>

1,01,123

The Out-patient Department is the patient's first point of contact with the Hospital and its entry point to the health care delivery system. It is a stepping stone for health promotion and disease prevention.

15.18. PUBLIC RELATIONS OFFICE

Staff: 1

Activities:

- Attending to all patients' grievances by coordinating with concerned staff of our Hospital.
- Efficiently organizing annual medical health check-up for about 1000 police personnel in Mangalore jurisdiction.
- More than 100 patients from different departments were referred by friends and doctors of home town.
- Co-ordinated health camp at Aravalli with a one time record of 956 patients.

15.19. QUALITY DEPT

Staff:

NABH Coordinator	- 1
Quality Manager	- 6
Assistant Quality Manger	- 4
Quality Assistant	- 1

Continuous quality improvement program is implemented by Quality Control Team. The quality improvement program is being supported by the Hospital management. FMMCH is committed to provide Quality Services to all the stake holders. FMMCH has different committees to coordinate and monitor the services provided.

Continuous quality improvement programmes are monitored by the Quality Department.

Stage 1: Identify the problem or issue.

Stage 2: Define criteria and standards.

Stage 3: Data collection.

Stage 4: Data analysis.

Stage 5: Implementing change.

Re-audit: Sustaining improvements after defined intervals. To ensure remedial measures are followed appropriately.

The quality improvement programme is reviewed; opportunities for improvement are identified and updated once in a year. FMMCH has identified key performance indicators to monitor the clinical structures, managerial structures, process and outcomes. Hospital conducts Internal Audit twice a year to ensure that all employees are strictly adhering to the laid down policies, procedure and work instructions/ SOPs related to them.

Activities:

The Department is involved in:

- Planning, coordinating, and guiding quality control programs designed to ensure continuous improvement in patient care and health care in conformity with all established standards.
- Set quality standards for the hospital, based on the common medical protocols.

- Initiating and assuring compliance with the quality management system relating to National Accreditation Board for Hospital and Health Care Providers (NABH).
- The Department monitors the various departmental staff in order to ensure continuous control over SOP's and ensure corrective actions.
- The Department is responsible for document control: ensures all documents including medical record, formats, policies and procedures are current and updated as per NABH/Legal requirements.
- Training programs are centralized under one umbrella to ensure timely training and awareness is given to the staff.
- Ensuring that the policy implementation is done appropriately and all the staff are adhering to the standard operative procedures and protocols in the patient care process.
- Monitoring and analysing the key performance indicators along with the managerial and clinical indicators. Ensuring that corrective and preventive action is done if required.
- Regular audits are conducted to monitor the compliance to the policies and procedures. Internal audit, facility audit, medical record completion audit, medication management audit etc. are conducted.
- Regular studies are conducted to improve the process/ existing system.

15.20. RECEPTION

Staff: 4

The Reception is the first point where the patients enter, which tries to provide accurate and satisfactory information about the hospital facilities, requirements and procedures. It interacts with the patients and their family members and guide them to the proper sections and procedures. They assist the patients to fill up the registration forms and direct them to the registration counter. They receive a number of enquiry calls and every caller is provided with proper and accurate information.

The Reception staff helps the patient's relatives to locate where the patients are admitted. They also keep the patients and the public informed about the various health care schemes available in the Hospital. They play a major role in creating awareness about the benefits available in Father Muller Health Card.

15.21. SECURITY

Staff:

Campus Officer	- 1
Security Officer	- 1
Supervisors	- 2
Security Guards	- 95

The Security Guards take care of the Institution property and discipline in the Institution. All security personnel come under a Campus Officer. Mr V.J. Cutinha, a retired Police Officer, is In-Charge of the Security. There are a couple of

Security Supervisors to assist him. The Security Guards are given regular training in various aspects of discipline, firefighting and parking rules for vehicles. Close Circuit T.V. is provided in a number of vital and open areas to ensure security.

15.22. SOCIAL WORK DEPT

Staff : 4

Out–Patient Services:

- Assisting patients to fill up the registration forms for OPD consultation and during times of admission.
- Dealing with enquiries and giving information on admission of patients, availability of doctors in the OPD.
- Helping the patients to write applications for claiming the in–patients reports, change of name, address, etc.
- Guiding health check–up patients to various departments, meeting their requirements, collecting investigation reports and handing them over.

Statistics:

Month	No. of patients
April 2018	248
May 2018	332
June 2018	269
July 2018	343
August 2018	312
September 2018	309
October 2018	300
November 2018	281
December 2018	297
January 2019	368
February 2019	307
March 2019	304
TOTAL	3,670

15.23. TELEPHONE EXCHANGE

Staff: 5

Telephone Exchange is the main place where all outside and inside calls are answered and connected to required extensions and persons concerned. Round the clock service is given by the Staff under the system of rotation. Over 5000 calls are handled during the day and night. The responsibility of code announcement belongs to the Department.

15.24. TRANSPORT DEPT

Staff:

In-charge	- 1
Asst In-charge	- 1
Drivers	- 23
Auto Electrician	- 1
Conductor/cleaner	- 5

As this is purely a service-oriented department, the main duty of the staff is to render polite, prompt and courteous service to the various departments and the students of the Institution. It offers services 24 hours a day. The vehicles are also used for the shifting of patients inside the hospital. Ambulances in particular are used to bring in patients and take patients to their respective destinations. The department routinely attends to the following tasks:

- Providing to and fro bus services from the Homoeopathic Medical College, Deralakatte, to FMCI and to St Antony Charity Institute.
- Providing transport to rural centres at Surathkal, Bajpe, Thumbay and other places.
- Providing transport for medical camps, blood camps and other training camps, etc.
- Providing transport for our clinics at Bunder and Jeppu.
- Providing transport facilitates for general stores, cafeteria, HPD, Rehabilitation unit, welding and maintenance department, transporting gas cylinders as also diesels for generators to Thumbay.
- The department maintains a well-appointed service ramp for in-house maintenance like servicing and greasing of vehicles etc.

16. FATHER MULLER HOSPITAL, THUMBAY

Father Muller Hospital, Thumbay, a 100 bedded multi-specialty hospital, now upgraded to 150 beds, is a unit of Father Muller Charitable Institutions. It renders remarkable preventive and promotive health care at the door steps of the community with the vision “Heal and Comfort”, treating the suffering humanity with compassion and respect. It was taken over from the B.A. Group on 01.05.2013. It has grown from a simple general health care to a multispecialty hospital with state-of-

the-art facilities. Father Muller Hospital Thumbay includes eight primary health centres in and around Kallie and Puku villages.

The Hospital has the following departments:

- Medicine
- Surgery
- Pediatrics
- Orthopaedics

- Obstetrics and Gynaecology
- Dermatology
- Ophthalmology
- Psychiatry
- Urology
- Gastroenterology
- Cardiology
- Laparoscopic Surgery
- Physiotherapy
- Ent
- Operation theatre
- Icu ventilator
- Nicu
- Picu
- Community medicine
- Immunization
- Dentistry
- Homoeopathy
- Day Care Unit
- Outpatient departments in all specialties

Round the clock Services:

- Emergency and trauma centre
- CT Scan, Ultrasound, X-ray
- Pharmacy
- Ambulance with portable ventilator service
- Laboratory Services
 - Clinical Pathology
 - Haematology
 - Microbiology
 - Bio-chemistry
- Medical Record Department
- Special care units
 - M.I.C.U.
 - Post-operative ward with all advanced modern facilities.
- Dedicated nursing service
- Mortuary

Supportive Departments:

- Administrative Department
- Accounts
- Billing Section
- Credit / Insurance office
- C.S.S.D
- General Stores
- Hospital Canteen
- Housekeeping
- Maintenance
- Medical Records
- Medical Stores
- Medico- Social Work
- Mortuary
- Reception and Enquiry
- Security services

- Telephone operator
- Transport and Ambulance Services.
- Hostels
- Farm Workers

MANAGEMENT COMMITTEE:

Rev. Fr Richard Aloysius Coelho	- Director
Rev. Fr Roshan Crasta	- Administrator, FMHT
Rev. Fr Rudolph Ravi D'Sa	- Administrator, FMMCH
Rev. Fr Ajith Menezes	- Administrator, FMMC
Dr J.P. Alva	- Dean
Dr A. Kiran Shetty	- Medical Superintendent
Sr Janet D'Souza	- Chief Nursing Officer
Mrs Sylvia Nisha Lobo	- Nursing Supervisor

FACULTY:

Dr A Kiran Shetty	: General Medicine
Dr Anoop Joseph	: "
Dr Ganapathy Bhat	: Paediatrics
Dr Sowmya S.G.	: "
Dr Sheldon Mathias	: General Surgery
Dr Rajesh Bhat	: Orthopaedics
Dr Nithin E. Nazareth	: E. N. T.
Dr Deekshith Shetty	: "
Dr Sarita Gonsalves	: Ophthalmology
Dr Ambika Hegde	: OBG
Dr Rochelle C. Monteiro	: Dermatology
Dr Jyothi Jayaraman	: "
Dr Michelle Serene Fernandes	: "
Dr Myfanwy Joanne D'Souza	: "
Dr Chrystl Karishma Castelino	: Dental

VISITING DOCTORS:

Dr Bhagyashri Baliga
 Dr Ashwin Baliga
 Dr Hifzur Rehman
 Dr Deepak Pinto
 Dr Ashwin Alva
 Dr Sharmila Mallar
 Dr Sudhir Rai
 Dr Ram Prakash
 Dr Abhijit Shetty

Staff Achievements:

Dr A. Kiran Shetty: Attended

- NABH training program from 17.08.2019 to 19.08.2019 at FMMCH
- LIC inspection on 27.03.2019 at A J Institute of Medical Sciences and Research Centre, Mangalore.

Dr Sarita Gonsalves: Attended

- CME on Imaging in Ophthalmology on 24th June 2018 at Yenepoya Medical College, Mangaluru.
- 37th Karnataka State Ophthalmic Conference at Mangalore between 7th and 9th December at A J Institute and Research Centre.
- CME on "Child's eye view: 360 degree paediatric ophthalmology" at KMC Manipal on 14.04.2019.
- Was invited as reviewer for the British Medical Journal of Case Reports.

Publications:

- Nelly Nazareth, Sarita Gonsalves, Vivekanand U., F.E.A. Rodrigues, *Sodium bicarbonate versus hyaluronidase in peribulbar anaesthesia*, Indian Journal of Clinical and Experimental Ophthalmology, Oct-Dec 2018:4(4):487-491.
- Vivekanand, Sarita Gonsalves, Shailaja S, *Is Lea symbol better compared to Snellen Chart for visual acuity assessment in preschool children*, Romanian Journal of Ophthalmology, vol 63, Issue1, Jan-March 2019.
- *A study on primary open angle glaucoma in systemic hypertensive patients in a tertiary care centre*, accepted for publication in July 2019 in Indian Journal of Clinical and Experimental Ophthalmology.
- *School screening in coastal Karnataka*, selected for publication in July 2019 in Romanian Journal of ophthalmology.

NURSING DEPARTMENT:

Nursing Supervisor	- 1
Nursing Staff	- 48
Hospital Aides	- 13
O.T. Technicians	- 2

Staff developmental activities:

CNE Programs were conducted to update the knowledge of the nursing staff.:

Date	Resource Person	Topics
29.06.2018	Ms Jyothi Pinto	Rights and responsibilities of patient and staff
20.07.2018	Mr Shivakumar	Care and use of monitors
28.07.2018	Ms Rita	Crash cart
10.08.2018	Dr Anoop Joseph	ECG
21.09.2018	Dr Sowmya S.G.	Kangaroo mother care
09.11.2018	Dr Deekshith Shetty	Care of ENT patients before and after the surgery
07.12.2018	Ms Prenita D'Souza Ms Anusha Fernandes	Hospital infection control
18.01.2019	Mr Rudolph D'Souza Mr Preetham	Hospital fire and safety management and occupation hazard and safety management

CREDIT DEPARTMENT:

Staff - 1

Activities and services rendered

- Attending the training programmes conducted by insurance companies.
- Processing papers related to pre-authorization, follow-up for cashless facility, follow up with queries raised by insurance and reimbursement of the credit bills.
- Correspondence and follow-up renewals with insurance companies regarding MOU, payment, follow-up etc.
- Co-ordination with treating doctors, collecting the reports, and charts for preparing claim document for reimbursement.

Statistics:

Scheme	2016-2017	2017-2018	2018-2019
Sampoorna Suraksha Program –IP	588	498	590
Yashaswini Scheme	40	37	-
Star Health Insurance	30	32	46
Religare Health Insurance	1	-	5
Mukhyamanthri Santwana Harish Scheme	176	192	-
Raksha TPA Private Ltd.	-	2	3
Medi Asst + DHS	-	5	15
Arogya Karnataka	-	-	67
LIC (OP)	-	-	48
Endosulfan (OP)	-	-	12
RSBY	-	121	-
TOTAL	835	887	786

OFFICE:

Staff - 1

Activities and services rendered:

- All government renewal work
- Checking all staff attendance registers and Biometrics.
- IT / CCTV work
- Letter typing, drafting and all administrative works.
- Coordinating the free health check-up camps.

ACCOUNTS/HEALTH CARD:

Staff - 1

A hospital accountant handles the financial aspect of the Hospital and health care facility.

Responsibilities:

- Preparing financial papers for internal and external vendors, write monthly reports to determine whether the financial information generated are accurate, perform account receivable duties and assist with preparing the Hospital's budget.
- Creating ledgers and financial analysis reports on selected hospital functions, ensuring that all transactions performed by the hospital are done accurately and efficiently, and prepare financial statements on a monthly basis especially from OP and IP collection and from the pharmacy department.
- Maintaining health card statistics and cash summary.

Health card statistics:

Hospital Health Card	- 5978
Camp Health Card	- 447
K.C.C. Cards	- 63
Renewal	- 7
Total	- 6495

EMERGENCY AND TRAUMA:

The Department works round the clock 365 days, catering to the needs of all emergency and trauma patients.

Staff:

C.M. O	- 1
In charge Staff Nurse	- 1
Staff nurses	- 9
M.N. O	- 1

The Departmentt also has a 24 hours emergency operation theatre.

No of Minor O.T - 1

Statistics:

Cases	2016-17	2017-18	2018-19
No of new cases	19542	20020	21228
No of repeated cases	31157	34513	57014
No of M.L.C. registered	452	425	488
No of deaths	27	44	31
No of Minor O.T cases	177	106	179

RECEPTION:

Staff - 11

Reception or the Front Office Department is the face of the hospital.

- The staff tries to provide satisfactory answers to the patients and visitors, in person or on the telephone, answering or referring inquiries. They optimize patients' satisfaction, provide time and treatment room utilization by scheduling appointments in person or by telephone.
- Comfort patients by anticipating patients' anxieties; answering patients' questions; maintaining the reception area.
- Helps patients in distress by responding to emergencies.
- Protects patients' rights by maintaining confidentiality of personal and financial information.
- Maintains operations by following policies and procedures; reporting needed changes.
- Provides information on various health care schemes, upcoming health check-up camps, facilities available in the hospital.
- Promotes Father Muller Health Card scheme.

MEDICAL STORE:

In-Charge - 1

Assistants -81

Closing stock:

As on 31.03.2017 Rs. 7,11,093.31

As on 31.03.2018 Rs.11,06,778.09

As on 31.03.2019 Rs.11,83,380.15

X-RAY/ CT DEPARTMENT:

Staff - 4

Statistics:

Year	X-Ray	CT Scan
2016-17	8311	894
2017-18	10932	1216
2018-19	15780	1540

ULTRASONOGRAPHY:

Staff - 1

Statistics:

Year	Ultrasound
2016-17	4955
2017-18	5083
2018-19	5841

LABORATORY:

Staff - 6

Statistics:

Year	2016-17	2017-18	2018-19
Hematology	14632	12684	15458
Biochemistry	13457	15436	18883
Microbiology	5385	4745	5681
Blood Bank	1646	1433	1635
Urine/Stool	5701	5343	6563
Histo-pathology	235	299	354
Tropical	54	275	479
ABG	31	240	416

GENERAL STORES:

Store keepers: 2

Functions:

- Receipt of incoming goods
- Inspection of all receipts
- Storage and preservation
- Identification of all materials stored
- Materials handling
- Packaging, issue and dispatch
- Maintenance of stock records
- Stores accounting
- Inventory control
- Stock taking every three months and annually
- Collecting required stock material from FMCI main stores on fortnightly basis.

Closing stock:

As on 31.03.2017 Rs. 7,41,859.31

As on 31.03.2018 Rs.12,81,478.29

As on 31.03.2019 Rs. 8,37,944.26

LAUNDRY:

Staff - 1

Every day laundry is taken to Father Muller Hospital Mangalore Laundry Dept. A proper stock of items is maintained to meet the unpredictable indent and every 3 months stock is checked.

HOUSE-KEEPING DEPARTMENT:

Supervisor - 1

FNO -12

MNO - 5

MAINTENANCE DEPARTMENT:

Electricians - 3

The department functions 24 hours of a day and looks after the maintenance of electrical appliances, oxygen supply, plumbing, air conditioners, lift as well as operation and maintenance of the generator.

SECURITY DEPARTMENT:

Security Guards - 9

The Department is responsible for ensuring the security and safety in the hospital premises, personnel, patients and public as well as regulating the traffic within the hospital premises.

TRANSPORT DEPARTMENT:

Drivers - 3

It offers services for 24 hours. The vehicles are used for the shifting of patients and for movement of staff. Ambulance in particular is used to bring patients to the Hospital and shift patients to their respective destinations.

FARM / AGRICULTURE / GARDEN

One Farm worker has been appointed. The housekeeping supervisor supervises the work of the farm worker cleaning the surroundings of the hospital and gardening.

MEDICAL RECORD DEPARTMENT:

Staff - 2

Major Sections: To provide administration data, legal data, financial data and clinical data.

Statistics:

Department	2017-18		2018-19	
	OP	ADM	OP	ADM
Medicine	9586	2020	11317	2016
Surgery	3110	1009	3289	857
OBG	4173	680	4569	757
ENT	2308	38	3450	85
Ortho	7366	653	7945	656
Dental	964	1	1284	8
Dermatology	2744	2	3364	-
Ophthalmology	2546	129	2690	74
Psychiatry	271	-	366	-
Paediatrics	5718	1058	6209	1053
Physiotherapy	789	654	1019	693
Homoeopathy	3149	-	3669	-
Com. Medicine	14941	-	15833	-
Urology	-	-	153	57
Casualty	12888	-	13085	-
Total	70553	5590	78242	5563

MEDICAL SOCIAL WORKER:

Staff - 1

Duties and Responsibilities:

- To visit the IP patients every day and get the feedback.
- To recommend the poor patients for concession if required.
- To get the feedback from the OPD patient.
- To remind the discharged patient for the follow up.
- To assist the office in documentation in MS Office.
- To coordinate health check-up camps, training camps, etc.

OPERATION THEATRE**Staff:**

In charge : 1
 Staff Nurse : 3
 OT Technician : 2
 Nursing Aide : 1
 MNO : 1

Total Number of Operations Theatres: Major OT - 3**Statistics:**

Year	Total
01.04.2016 to 31.03.2017	868
01.04.2017 to 31.03.2018	1206
01.04.2018 to 31.03.2019	1263

LABOUR ROOM:

Total no of labour rooms: 2
 Staff Nurses: : 4
 FNO : 1

Statistics:

Year	Deliveries
01.04.2016 to 01.03.2017	339
01.04.2017 to 01.03.2018	356
01.04.2018 to 01.03.2019	343

HOSTELS:

Don Bosco Boys Hostel I: There are 8 rooms for the accommodation of 18 inmates.

Ladies Hostel: Ladies hostel is situated on the 4th and 2nd floors of the hospital. There are 17 staff availing the benefit of hostel facility.

FREE HEALTH CHECK UP CAMPS: Free health check-up camps are conducted in and around Bantwala, Mangalore, Puttur and Belthangadi Talukas. Doctors from different specialties attend to a large number of patients and deserving patients are given referral cards and are referred to FMHT and FMMCH for further management.

- On 1st of May a health check-up was held on the occasion of completing 5 years of existence of FMH Thumbay. Special health card scheme was launched.
- A free health check up camp was held at D.K.J.P. Higher Primary School, Ananthady on 02.10.2018 for 151 beneficiaries and 137 health card holders.
- A free health check up and blood donation camp was held at St Antony Church, Ujire on 07.10.2018 for 297 beneficiaries and 97 health card holders and 62 units of blood were collected.
- A free health check up and blood donation camp was held at St Antony Church, Allipade on 18.11.2018 for 434 beneficiaries and 38 health card holders and 45 units of blood were collected.
- A free health check up was held at Father Muller Hospital, Thumbay on 23.12.2018 for 55 beneficiaries.

Free Facilities: Free RBS, ECG, blood pressure, Surgery (except implant), blood grouping and 50% discount on health cards issued. Free medicines were distributed to the patients.

HEALTH CAMP REFERRAL CARD:

A. Outpatient department (OPD)

1. Registration and renewal up to 1 month - free
2. Lab tests (TC,DC,ESR,RBS) – free
3. Routine Chest X-ray- free
4. Routine ECG-free
5. Outpatient consultation in all departments – free

B. In- Patient department (IP)

Patients admitted to the General Wards can avail:

1. Admission charges to general ward - free
2. Bed, diet, hospital services - free
3. Doctors professional charges - free
4. Any surgical consultation/ procedure charges - free
5. Anaesthetics charges - free
6. Operation theatre charges - free
7. Side lab procedures for basic investigations such as TC, DC, ESR, RBS - free
8. A nominal fee of Rs.50/- for small and medium X-Ray and Rs.75/- for large X-Ray.
9. USG 50% of the OPD charges
10. CT scan 50% of the OPD charges
11. Consumables applied by the hospital will be charged fully
12. The following items will have to be purchased by the admitted patients:
 - Material for dressing
 - Materials/ Implants for surgical procedures
 - Anaesthetic drugs
 - Medicines
 - Cataract Surgery is offered as a package for Rs.1500/-

DAY CARE UNIT:

Day care unit facilities started for outpatients and inpatients of FMHT. It will also function on Sundays.

Facilities available in Day care unit are:

- ECG
- Administration of injections and I.V. fluids
- Handling trauma cases (RTA)
- Immunization: Every Monday and Thursday.

Immunization statistics:

2016-17	- 877
2017-18	- 799
2018-19	- 733

Outreach Programs:

Date	Event	Location	Beneficiaries
21.06.2018	ENT check up camp	Ammemmar	24
25.06.2018	Surgery camp	Ammunje	12
30.06.2018	ENT check up camp	Bollary	8
09.07.2018	ENT check up camp	Ammunje	14
24.07.2018	ENT check up camp	Jarandagudde	19
25.07.2018	ENT Check up camp	Badagabellur	9

Health Education:

Date	Event	Location	Attended
03.08.2018	Health education on breast feeding	Manoorpade	24

04.08.2018	Health education on breast feeding & baby show program	Thumbay	137
06.08.2018	Health education on breast feeding	Kalaibana	27
07.08.2018	Health education on breast feeding	Polali	28
08.08.2018	Health education on breast feeding	Varatil	33
10.08.2018	Health education on breast feeding	Jarandagude	37
11.08.2018	Health education on breast feeding	Badacabail	16
18.08.2018	Health education on breast feeding	Bollary	31
25.08.2018	Health education on breast feeding	Ullaibettu	35
10.12.2018	School health check up	Zuwairia School	74

Rural Community Health Centres: There are 7 community health centres - Jarandagudde, Ammunje, Badagabellur, Ammemar, Canara College, Loretto and Ullaibettu.

Statistics:

Year	2016-17	2017-18	2018-19
Bollary	2952	2906	2850
Jarandagudde	1773	1830	1965
Mundaje	338	-	-
Ammunje	2182	2421	2873
Badagabellur	1650	2046	1950
Canara College	947	1138	1118
Perimar	166	-	-
Ammemmar	1998	3250	3544
Polali	346	-	-
Loretto	733	394	691
Ullaibettu	1079	956	1042
Camp	765	-	-
Immunization	236	310	392
Referred	567	583	794

SPECIAL EVENTS AND ACTIVITIES:

Glamorous celebrations mark the 5th Anniversary of Father Muller Hospital Thumbay (FMHT):

FMHT hosted the fifth-year anniversary celebrations in glamour and exuberance on 1st May 2018 in the hospital open air campus at 6 pm. The Bishop of Mangalore Most Rev. Dr Aloysius Paul D'Souza presided over the function, while the Principal of Sahyadri College of Management and Technology Dr U.M. Bhushi was the Chief Guest. Along with the Director of FMCI Rev. Fr Richard Aloysius Coelho; Administrator Rev. Fr Roshan Crasta and Medical Superintendent Dr Kiran Shetty were other dignitaries on the dais. On the same day, the fifth edition of the 'Muller@Thumbay' magazine was released by the Chief Guest.

On the occasion, three persons namely Rev. Fr Rudolph Ravi D'Sa, Administrator, FMMCH, Dr Kiran Shetty, Medical Superintendent, FMHT, and Sr Theresa Pereira, Nursing Department In-charge FMHT were felicitated for their dedicated and committed service to FMHT. Mr Lokanath Shetty of Lions Club, Bantwal was the sponsor for the eye check up camp and free spectacles were distributed to the community.

The formal function ended with a cultural program by FMHT staff and the crowd was taken into the world of laughter by Umesh Mijar and his troupe of “Telikeda Gonchil”.

International Nurses Day: was observed on 14th May 2018 to celebrate the Nurses week from 7th to 13th May 2018. Mr Ashwin, Principal, City College of Nursing, Mangalore was the Chief Guest. Ms Sujatha K. was awarded the ‘Best Nurse of the Year’ award.

Doctor’s Day: Doctor’s Day was celebrated on 1st July 2018. Rev. Fr Richard A. Coelho, Director, was the Chief Guest. Rev. Fr Roshan Crasta thanked all the doctors for their selfless service to the Institution and the society at large.

World Breast Feeding Day: World Breast Feeding Day was observed on 3rd August 2018 in association with Community Medicine Department, FMMCH. Rev. Fr Roshan Crasta, Administrator, Dr Kiran Shetty, Medical Superintendent, Zilla Panchayath and Gram Panchayath members were present on the occasion.

Christmas Get-together at FMH Thumbay: All the staff members of FMH Thumbay along with the Administrator gathered together as one family to share the love and joy of Christmas on 4th January 2019. Rev. Fr Richard A. Coelho, Director, FMCI was the Chief Guest and gave a meaningful message on the occasion. Rev. Fr Roshan Crasta, Administrator proposed the vote of thanks.

Republic Day: The Staff assembled in front of the Hospital for the flag hosting ceremony on 26th January 2019. Dr Venita Fernandes, Senior Resident, Dept of OBG, FMH Thumbay, unfurled the national flag and gave a meaningful message on the occasion.

Initiation of Pre-Entry Level Accreditation Program at FMHT: The initiation of Pre-Entry Level Accreditation Program (National Accreditation Board for Hospitals and Health Care Providers) was held on 25th February 2019. The program was inaugurated by lighting the lamp by Most Rev. Dr Peter Paul Saldanha, the Bishop of Mangalore along with other dignitaries on the dais Rev. Fr Richard Coelho, Director, FMCI who also

aced the occasion and released the 6th edition of “Muller@Thumbay” magazine.

Extension of Canteen: The Hospital canteen is being outsourced and it has been renovated.

Health Care Schemes: Hospital offers comprehensive health care schemes at affordable rates. All consultation charges are free of cost. Breakfast is also being served free of cost. SMS alert will be sent once the reports are ready.

- General health check-up (for all men and women above 20 years)
- Comprehensive health check-up (for all men and women above 30 years)
- Diabetic health check-up (Diabetes or with family history of diabetes, overweight etc.)
- Women health check-up (for women of all age)
- Child health check-up (for all children)
- Immunization program is conducted on 1st Tuesday of every month at RHTC, Thumbay.

Anganawadi Visits: Total no. of children examined: 3635.

Homoeopathy Department: Doctors available in the OPD from 9.00 am to 1.00 pm and from 2.30 pm to 5.00 pm as follows:

Monday	- Dr Sajan
Tuesday	- Dr Hafis
Wednesday	- Dr Revan
Thursday	- Dr Ranjan
Friday	- Dr Bhavya
Saturday	- Dr Blany Lobo

SPIRITUALACTIVITIES:

Eucharistic celebration:

- 6.30 am – Mass in Hospital Chapel (English/Konkani) and communion is distributed to Catholic patients.
- The public address system is used daily for evening rosary.
- The sacrament of the sick is given to the needy patients.
- In the month of September, novena is held in honour of Maria Bambina for 9 days.
- Thanksgiving, Birthday Masses, Death Anniversary Masses are also offered.

17. FATHER MULLER SALVADORE MONTEIRO RURAL HEALTH TRAINING CENTRE, BAJPE

Over the past 139 years, Father Muller Charitable Institutions has committed itself to provide the highest quality comprehensive health care. One of the hallmarks of Fr Muller’s legacy is the attention given to the rural poor. Bajpe is in the suburb of Mangalore with a large population of poor people who have to come to the city for their medical needs. Having a Centre there was a long felt need. Mr Salvadore Monteiro came forward to donate a piece of land near the Chapel dedicated to

St John Paul II and Father Muller’s took a bold decision to begin, even in a humble way, a centre of medical facilities for this place. Former Bishop of Mangalore Diocese, Most Rev. Dr Aloysius Paul D’ Souza, laid the foundation stone for the Rural Centre on 18th December 2017.

In view of the need to expose the students of the medical college, the homoeopathic medical college, the nursing school

and college and the college of speech and hearing, to health conditions in the rural set up, it was decided to enlarge the scope of this centre to training as well. The seeds for a rural centre had been sowed. Thus was born the idea of labeling the place as a Training Centre.

The five lakh people who received Pope John Paul II thirty-two years ago, will be happy to know that now a place of medical care is available at the very place where he spoke. A full-fledged hospital and Rural Health Training Centre is blossoming here. Mr Salvadore Monteiro, his wife and family donated 50 cents land for this project. Now the Bajpe residents don't have to travel far to Mangaluru City for their Health Care needs, instead they get all the treatment and other facilities at this new hospital. The centre will strive to provide free health care services to the residents of Bajpe. Even though the centre will have 25 beds initially, as time progresses it will have a few hundred beds.

The honour of inaugurating it on 1st November 2018, naturally went to the donor of the site, Mr Salvadore Monteiro. Most Rev. Dr Peter Paul Saldanha, Bishop of Mangalore blessed. Former MLAMr J. R. Lobo unveiled the donor's name plaque and the first floor was inaugurated by Dr Y. Bharath Shetty, MLA, Mangalore North. Director of FMCI Rev. Fr Richard Aloysius Coelho, welcomed. Shri U.T. Khader, Hon'ble Minister for Housing and Urban Development, Govt. of Karnataka and D.K. District in-Charge Minister, graced the event as the guest of honour. Mr Ivan D'Souza, MLC, Govt of Karnataka. Smt Vijaya Gopala Suvarna, President, Kandavara Grama Panchayath, Dr Prof. Francis Monteiro, Associate Dean, A.J. Institute of Medical Sciences and Research Centre, and Rev. Fr Ajith Menezes, Administrator, FMMC were present. Rev. Fr Rudolph Ravi D'Sa, Administrator, FMMCH, proposed the vote of thanks. A free medical health check-up camp was also organized on the occasion.

EVENTS:

Christmas Celebration :

Christmas was celebrated on 27.12.2018 at 4.00 p.m. Dr Jessie Maria D'Souza welcomed the gathering. Rev. Fr Richard Aloysius Coelho, Director of the Institutions gave the Christmas

message. A few spot games were conducted and Christmas gifts were distributed to all the staff. Dr Saurabh Kumar proposed the vote of thanks.

Health Talk on Puberty, Sex Education and Personal Hygiene:

Dr. Jessie Maria D'Souza gave a health talk on Puberty on 18.01.2019 in the Holy Family School, Bajpe. Sr Leena welcomed the gathering and introduced the guest. Ms Asha Melita Monis proposed the vote of thanks.

Tribute to Pulwama Martyrs:

On 16th February 2019 at 12.00 noon we paid tributes to the Pulwama martyrs who died in a terrorist attack by observing a two minute.

Inauguration of Sub-Centre at Permude on 19.02.2019:

Rev. Fr Richard Aloysius Coelho, Director of the Institutions inaugurated the Health Centre by lighting the lamp. Rev. Fr Edwin Vincent Correa, Parish Priest, St John the Baptist Church, Permude, welcomed the gathering. Mr Henry D'Cunha, Vice President of Permude Parish Council and Ms Agnes Concesso, Secretary of Permude Parish Council were present as guests of honour. Administrator, FMMCH, Administrator, FMMC, Dean, Vice Dean, Medical Superintendent and Chief of Research were present on the occasion.

This was followed by the blessing of the new ambulance donated by Mr Salvadore Monteiro to the Rural Health Training Centre, Bajpe. After the blessing, Dr Jessie Maria D'Souza, RMO, explained the services and facilities available in the Rural Health Training Centre, Bajpe and Permude Health Centre.

Women's Day Celebration: Women's Day was celebrated on 8th March 2019 by giving flowers to all the female staff. Dr Jessie Maria D'Souza spoke on the occasion of the Women's Day.

Out-Patient Statistics :

November 2018	: 978
December 2018	: 1692
January 2019	: 2055
February 2019	: 3320
March 2019	: 3209.

18. FATHER MULLER COLLEGE OF SPEECH AND HEARING

Father Muller College of Speech and Hearing (FMCOSH) is involved in the assessment and rehabilitation of individuals with speech, language and hearing disorders. The College has successfully sent 9 batches of under-graduates and is dreaming of raising the level to post graduation and Ph.D. studies. In a span of 12 years the College has made progress in leaps and bounds and is accredited by NAAC as well as by NABH. The

College is the recipient of 2(f) and 12(B) status from the University Grants Commission. The graduates are placed in various Institutions and workplaces. Twelve years for an institution is a worthy stage where one can start matching expectations with results, objectives with achievements and above all, blessings enjoyed with difficulties and hardships endured!

The College is expanded with a well-equipped and furnished Speech and Audiology Wing. The Departments are able to carry out detailed assessment and management of voice, swallowing, language, hearing loss, and balance disorders.

The College is awaiting the RCI inspection for the approval of the PG program.

Faculty:

Prof. Akhilesh P.M. - Principal

Speech Language Pathology :

Dr Santosh Kumar - Associate Professor
Sr Cynthia Santhmayor - Assistant Professor
Ms Jacqueline B. Fernandes - Assistant Professor
Ms Dasmine F. D'Souza - Speech Pathologist
Ms Alisha Appose - Speech Pathologist
Ms Sharel Noronha - Speech Pathologist

Audiology :

Dr Aju Abraham - Assistant Professor
Ms Nikita N. - Audiologist
Ms Priya Pauline Rego - Audiologist
Ms Ashwini S.A. Cutinha - Audiologist

Result :

Our students have excelled in the University examinations. The results are as follows:

- a) III year BASLP - 100% Results
- b) II year BASLP - 100% Results
- c) I year BASLP - 90% Results

Ms Prithvi N. Secured the 3rd Rank in the University.

Ms Manasa Preethika, 3rd year BASLP student has been selected to play in the national level table tennis tournament.

Course Inauguration:

The College welcomed the 12th Batch of BASLP students during the course inauguration ceremony on 25th June 2018. Prof. B.S. Nagrendra Prakash, Registrar, Mangalore University, was the chief guest. Rev. Fr Richard Aloysius Coelho, Director, FMCI, presided over the function.

Fresher's Day :

It was held on 26th July 2018 in the Silver Jubilee Hall and the new batch of students showcased their talents through various performances.

Sports and Cultural Fest:

'**MOMENTUM**' is the Annual Sports Day of the College where the students were provided with an opportunity to display their talents in sports and demonstrate team spirit. It was inaugurated on 19th January 2019 in Father Muller Indoor Stadium.

'**DHWANI**', the Cultural Fest of FMCOSH, was inaugurated on 31st January 2019 in the Academy Hall. The third year batch won the overall championship.

Infrastructure Development :

2,500 sq ft area has been added to the Audiology OPD unit with facilities for Paediatric Hearing Assessment, Vestibular

Assessment and Hearing Aid Lab with a lecture hall. We have procured unique instruments for assessing dizziness, the Head Impulse Test which is the first diagnostic equipment in this region. We have added Voice Rehabilitation Software and Stroboscopy and computerized Speech Lab (CSL) to facilitate the diagnosis and rehabilitation of speech and voice disorders.

Placement Cell: It is a boon to the internee students who got the opportunity for campus selection. Job vacancies were displayed on the notice board and many students grabbed the advantage.

Public Education Program/ Materials:

1. International Yoga Day was observed on 21st June 2018 in Father Muller Indoor Stadium and about 600 students participated in the program. Hon'ble Minister for Urban Development and Housing inaugurated.
2. Vanamahotsava Week was celebrated by organizing a Tree Planting Drive on 7th July 2018. The theme for this year's celebration was "THINK GREEN AND LIVE GREEN".
3. A half day training program was organized on "Soft skill training, hand hygiene, patient safety and fire and safety" for the students on 28.06.2018 by Ms Preetham Kamath.

Camps:

- School Screening Camps were organized. About 1900 school children was screened in the Canara Group of Schools, Mangaluru.
- A Speech and Hearing camp was conducted in collaboration with Shafi Nursing Home on 27th August 2018. 33 adult neurological cases and 19 cases of ear and hearing related disorders were dealt with.
- In honour of the "International Hearing Impaired Week" a three day Speech and Hearing camp was organized from 27th to 29th September 2018 in the College. A total of 135 cases benefitted from the camp and 10 hearing aid fittings were done with concessional rate.

Seminar:

"**FOCUS-1**", a three day national seminar on Speech and Hearing, was organized by FMCOSH from 28th to 30th March 2019. 230 delegates from various states like Kerala, Tamil Nadu, Maharashtra, Goa and Karnataka were present. Sessions on opportunities and challenges for Audiology Private Practice, Vestibular Assessment and Rehabilitation and new trends in hearing aid technology were deliberated throughout the first day. The second day commenced with the session on Tele Speech Therapy followed by a lecture on service delivery and professional issues in speech language therapy private practice. The talks on Voice Assessment and Applied Behaviour Analysis were dealt with. The Third day was exclusive hands on experience and Stroboscopy and Vestibular Assessment.

Staff Achievements :

Prof. Akhilesh P.M.

- Attended the 50th Annual Conference of Indian Speech and Hearing Association (ISHA) at Mysuru from on 5th to 7th January 2018
- Attended the RCI recognized National Seminar on Speech and Hearing "Focus-1" from 28th to 30th March 2019 at FMCOSH.

Dr Santosh Kumar:

- Attended the 50th Annual Conference of Indian Speech and Hearing Association (ISHA) at Mysuru from 5th to 7th January 2018.
- Was selected as reviewer for the 50th Indian Speech and Hearing Association Conference 2018.
- Attended RCI recognized National Seminar on Speech and Hearing “Focus-1” from 28th to 30th March 2019 at FMCOSH.
- Attended the RCI recognized Annual Conference ISHA-BSB at Bodhgaya on 16th and 17th March 2019.

Publications (national and international) Indexed Journals**Dr Santosh Kumar**

- **Santosh K.** (2019). Comparison of Speech and Language Skills in Cochlear Implant Children. An oral presentation at the RCI recognized annual conference ISHA-BSB held at Bodhgaya on 16th-17th March, 2019.
- **Santosh, K.,** Kajal, S., Mukesh, S., *Speech and Language Intervention in Child with Rubinstein–Taybi Syndrome*, International Journal of Innovative Knowledge Concept, 6(10), 10-12. (2018).
- **Santosh, K.,** Puranjeet K., Mukesh, S. *Analysis of Diadochokinesis in Persons with Parkinson’s disease*. Journal of Datta Meghe Institute of Medical Sciences University, 13, 140-142. (2018).
- **Santosh, K.,** Jacqueline, B. F., Cynthia, S., Stemilin, S., Amitha, P., Diya, M. *Influences of Acenic Cell Carcinoma on Speech and Resonance: A Single Case Study*, Journal of Medical Science and Clinical Research, 6(7), 590-592. (2018).
- Cynthia, S., **Santosh, K.,** and Nithin, K. A. (2018). *Effects of impulsive noise exposure on hearing lifestyle*. International Journal of Scientific Research, 7(1), 69-70.

Presentations:

- Cynthia, S., **Santosh, K.,** Jyothish T. J. Effect of placebo technique in the management of psychogenic stuttering - A case report, a poster presentation at the Conference on Speech and Language Advancements (COSLA), KMC Mangaluru, 29th -31st August 2018 (2018).
- Cynthia, S., **Santosh, K.,** and Sandra, J, Personal Perception and Perceived Public Opinion about Stuttering in Karnataka, a poster presentation at the Conference on Speech and Language Advancements (COSLA), KMC Mangaluru, 29th -31st August 2018 (2018).
- Silvestina, W., Rinkle, C., Angela, A., Jinta, J., Cynthia, S., **Santosh, K.,** Prevalence of vocal problems in children in a private hospital in Mangalore - a retrospective study: a poster presentation at the National Conference on Voice Care And Laryngectomy Rehabilitation, 22nd to 24th February, 2018 at the K.S. Hegde Auditorium, Mangaluru. (2018).
- Christy, C., Casmin, K. J., Femy, B., Smitha, M., Cynthia, S., **Santosh, K.,** Awareness about voice disorders and vocal hygiene among primary school teachers, a poster presentation at the National Conference on Voice Care And Laryngectomy Rehabilitation, 22nd to 24th February, 2018 at K. S. Hegde Auditorium, Mangaluru (2018).
- **Santosh, K.,** Gwendelin, D., Cynthia, S., Rajesh, R., Perception of intelligibility and co-articulation in the speech of persons with Parkinson’s disease. A poster presentation

at the 50th Annual National Conference ISHACON, 5th-7th January 2018 (2018).

- Stemilin, S., Amitha, P., Diya, M., **Santosh, K.,** Jacqueline B. F., Influences of acenic cell carcinoma on speech and resonance - a single case study: a poster presentation at the 50th Annual National Conference ISHACON, 5th-7th January 2018. (2018).
- Emin, K. J., Fathima, R., Viona, M. D., Cynthia, S., **Santosh, K.,** Effects and the perception of voluntary stuttering technique in the management of stuttering - a poster presentation at the 50th Annual National Conference ISHACON, 5th-7th January 2018. (2018).
- Jestin, F.C., Cynthia, S., **Santosh, K.,** Deena, T.S., Dhaya, R.G., Effect of Thyroid Disease on Voice and Quality of Life in Young Adults. Poster presentation at 2nd Annual Conference ISHA-BSB, 16th-17th March, 2019. (2019).
- Akhil, P., Ancitha, M., Jacqueline, B. F., **Santosh, K.,** Combined influences of stress and fibromyalgia on voice - a single case study. Accepted for poster presentation at 2nd Annual Conference ISHA-BSB, 16th-17th March, 2019. (2019).
- Wilton, M. F., Savina, A. R., Rachel, E. J., Jacqueline, B. F., **Santosh, K.,** Investigating vocal hygiene habits in speech therapists. Accepted for poster presentation at 2nd Annual Conference ISHA-BSB, 16th-17th March, 2019 (2019).

Research / Scientific Award

Best paper award Santosh, K., Comparison of speech and language skills in cochlear implant children, an oral presentation at the RCI recognized Annual Conference ISHA-BSB held at Bodhgaya on 16th-17th March, 2019. (2019).

Ms Cynthia Santhmayor :

- Attended the 50th Annual Conference of Indian Speech and Hearing Association (ISHA) at Mysuru from 5th to 7th January 2018.
- Attended the National Seminar on the Recent Advances in the Assessment and Management of Stuttering KMC, Mangaluru from 21st to 23rd September 2018.
- Attended the RCI recognized National Seminar on Speech and Hearing “FOCUS-1” from 28th to 30th March 2019 at FMCOSH.

Publications:

1. Santosh, K., Jacqueline, B. F., **Cynthia, S.,** Stemilin, S., Amitha, P., and Diya, M. (2018). Influences of Acenic Cell Carcinoma on Speech and Resonance: A Single Case Study. *Journal of Medical Science and Clinical Research*, 6(7), 590-592.
2. **Cynthia S.,** Santosh K., and Nithin, K. A. (2018). Effects of impulsive noise exposure on hearing lifestyle. *International Journal of Scientific Research*, 7(1), 69-70.

Poster Presentation

- **Cynthia, S.,** Santosh, K., Sama, A., Kadeejath, Afna Sandra, J., Akshaya, Tom, Personal perception and perceived public opinion about stuttering in Karnataka, at “COSLA 2018” on 28-30th September 2018 at KMC Attavar Mangaluru, Karnataka.
- **Cynthia, S.,** Santosh, K., Audrey, J., Evita R., Jyothish, T. J., Effect of placebo technique in the management of psychogenic stuttering - a case report, at “COSLA 2018” on 28-30th September 2018 at KMC Attavar, Mangaluru, Karnataka

- Silvestina, W., Rinkle, C., Angela, A., Jinta, J., **Cynthia, S.**, Santosh, K., Prevalence of vocal problems in children in a private hospital in Mangalore: a retrospective study, National Conference on voice care and laryngectomy rehabilitation, 22nd to 24th February, 2018 at K. S. Hegde Auditorium, Mangaluru.
- Christy, C., Casmin, K. J., Femy, B., Smitha, M., **Cynthia, S.**, and Santosh, K., Awareness of voice disorders and vocal hygiene among primary school teachers, National Conference on Voice Care and Laryngectomy Rehabilitation, 22nd to 24th February, 2018 at K. S. Hegde Auditorium, Mangaluru.
- Santosh, K., Gwendelin, D., **Cynthia, S.**, Rajesh, R., Perception of Intelligibility and Co-articulation in the Speech of Persons with Parkinson's Disease, at the 50th Annual National Conference ISHACON, 5th-7th January 2018.
- Emin, K. J., Fathima, R., Viona, M. D., **Cynthia, S.**, Santosh, K., Effects and the perception of voluntary stuttering technique in the management of stuttering, the 50th Annual National Conference ISHACON, 5th-7th January 2018.
- Jestin, F.C., **Cynthia S.**, Santosh, K., Deena, T. S., Dhaya, R. G., Effect of thyroid disease on voice and quality of life in young adults, 2nd Annual Conference ISHA-BSB, 16th-17th March, 2019.

Projects

- A study to develop the Spondee words in Tulu Language, Dr Santosh K. **Cynthia S.**
- A study to develop the Spondee words in Beary Language, **Cynthia S.** Dr Santosh K.
- A study on the effects of conductive hearing loss on central auditory processing, Dr Anita Aramani, **Cynthia.**

Dr Aju Abraham

- Participated in the orientation/training program on "Policies and SOP of ethics committee and informed consent process" conducted by FMMCIEC from 6th to 9th March 2018 at FMMCH.
- Was a resource speaker on "Language development, maturational changes and CAEPs" in "Essentials of cortical auditory evoked potentials: recent trends and clinical perspectives", an RCI approved CRE, organized by the Department of Speech and Hearing, SOAHS, Manipal from 11th -13th October 2018.
- Presented "AUDICON-5 essentials of cortical auditory evoked potentials: recent trends and clinical perspective," 11th -13th October, 2018 SOAHS Manipal University, Manipal.

Ms Nikita N.

Presentation:

- Voice mutation during adolescence in mangalore, india: implications for the assessment and management of mutational voice disorders, Balasubramaniam R, Nikita N, Journal of Voice, 2017 ISSN 0892 – 1997
- Ms Viona, Mariam, Ms Ashwini, Ms. Jacqueline Fernandes, Ms Nikita N Temporal Fine Structure and Selective Attention: Delving Into Contributions of Music ISHACON – 2017 Indian Speech and Hearing Association.

Ms Ashwini Sandra Alex Cutinha attended RCI recognized National Seminar on 'FOCUS – 1' a national seminar on Speech and Hearing organised at FMCOSH from 28th to 30th March 2019 and "Nitte AuSome" Audiology Seminar on Middle Ear on 12th February 2019.

Presentation :

- Viona, Mariam, Nikita N, Jacqueline Fernandes, **Ms Ashwini**, Temporal fine structure and selective attention: delving into contributions of music ISHACON – 2017 Indian Speech and Hearing Association.
- *Effect of auditory verbal working memory training on auditory processing and speech perception in noise in older adults*, Indian Journal of Public Health Research and Development 9(11):268 November 2018.

Ms. Jacqueline Ballerina Fernandes

Presentation:

- Ossilia J Trindade, Prithvi, P, Jacqueline Fernandes, Benefits of Steam inhalation (facial steamer) on vocal related acoustic parameters, ISHACON – 2017, Indian Speech and Hearing Association.
- Viona, Mariam, Nikita N, Ashwini, Jacqueline Fernandes, Temporal fine structure and selective attention: delving into contributions of music. ISHACON – 2017, Indian Speech and Hearing Association.
- Stemilin Shaji., Amitha Paul, Diya, Santosh Kumar, Jacqueline Fernandes, Influences of acinic cell carcinoma on speech and resonance: a single case study, ISHACON – 2017, Indian Speech and Hearing Association.

Seminar organized by the College:

"Focus-1", a national seminar on Speech and Hearing recognised by RCI was organised from 28th to 30th March 2019.

19. FATHER MULLER SCHOOL OF NURSING

Started in the year 1959, this prime educational unit of FMCI which caters to the educational needs of the young nurses, has finished its Diamond Jubilee and now it is on 61st year of fruitful existence. It helps young nurses to give their dedicated and noble service throughout the globe.

Staff:

Ms Jasmine Sarita vas	- Principal
Ms Nathalia D'Cunha	- Asst. Lecturer
Ms Anitha Nancy Suares	- Asst. Lecturer
Ms Sonia Agnes D'Souza	- Asst. Lecturer
Ms Nirmala Trindad	- Asst. Lecturer
Ms Vidya Mohan	- Asst. Lecturer

Ms Stacy Mavin Pinto	- Asst. Lecturer
Ms Sophia Molly vas	- Asst. Lecturer
Ms Merlyn Priya Moras	- Asst. Lecturer
Ms Melita Lewis	- Asst. lecturer
Ms Caroline Smitha	- Asst. Lecturer
Ms Mable Gracy D'Souza	- Asst. Lecturer
Ms Viola Felicita D'Souza	- Asst. Lecturer
Ms Raina Jenifer Mascarenhas	- Asst. Lecturer
Ms Ashalatha	- Asst. Lecturer

External Lecturers :

Ms Veena Manoj	- Sociology
Ms Preethika Vinay	- Psychology
Ms Regina Dinesh	- English
Ms Nisha Roche	- Computers

Student Activities:

- The course inauguration of the 61st batch of General Nursing and Midwifery program was held on 12th September 2018. Dr Sylvia Rego, Associate Professor, Department of English, St Aloysius College, Mangalore, was the Chief Guest.
- The Fresher's Day program was held on 16th November 2018 under the theme "Novato Fiesta". The new batch of nursing students exhibited their outstanding talents.
- The Lamp Lighting Ceremony of 61st batch of GNM nursing students was organized on 21st December 2018. Ms Laxmidevi N., Principal, Global College of Nursing Bengaluru, Dean of Nursing, RGHUS, was the chief guest.

SNC Activities:

- The SNC election for the year 2018-2019 was held on 21st September 2018. The SNC Advisor is Ms Stacy Mavin Pinto and Ms Nirmala Trinidad.

Vice President	-	Ms Laveena D' Mello
Secretary	-	Sr Benita Priya D' Souza
Treasurer	-	Ms Primitha D' Souza
Joint Secretary	-	Ms Laasya U B
Joint Treasurer	-	Ms Shiny D' Souza
- Father Muller School of Nursing organized Christmas celebration, "Emmanuel-God is with us" on 13th December 2018.
- The students of I and II year GNM sang Christmas carols during the institutional Christmas program on 15th December 2018.
- An informative session was organized on "Hand Writing" on 30.06.2018. Mr Edwin Stanislaus D'Souza was the resource person.
- An informative session was organized on "Exam Buster" on 07.07.2018 by Ms Sonia Karen Liz Sequeira, Asst Professor, Dept of Community Health Nursing, FMCON, was the resource person.

Curricular Activities:

Health Education Program:

- The students of I year GNM conducted "Nutrition Day" on 15.02.209 at Yuvaka Mandala, Krishnapura, Katipalla.
- The students of II year GNM performed Mental Health Nursing health education on 30.10.2018 on the topic

"Substance Abuse" and on 11.12.2018 on the topic "Awareness on Alcoholism" in the Vailankanni Ward.

- The students of II year GNM performed Child Health Nursing, health education on 31.10.2018 on the topic "Prevention of Accidents" and on 10.12.2018 on the topic "Management of Convulsion" in the 'K' ward.
- The students of II year GNM performed Medical Surgical Nursing, health education on 14.06.2018 on the topic "Anemia" in the 'L' ward and on 12.06.2018 on the topic "Diabetes Mellitus" in the 'V' ward.
- The students of III year GNM conducted School Health Program at Govt Higher Primary School, Katipalla. The students performed the role play on 'Personal Hygiene' and also explained 'Menstrual Hygiene' to the girl students of the same school using Video.
- The students of III year GNM performed OBG health education on 04.12.2018 on the topic "Importance of breast feeding" in the 'H' ward and on 07.12.2018 on the topic "Postnatal Care" in the 'H' ward.

Extra Curricular Activities:

- The Department of Bio-Ethics, FMCMC, organized competitions on the occasion of the World Bioethics Day. The students of I year GNM participated in movie making (Solidarity and co-operation) and won second place.
- The students of I year GNM participated in various competitions organized by the the Mangalore Musical and Cultural Association 'KALA SANGAM 2018' from 27th October to 3rd November 2018 and won individual and group prizes and 1st runners up trophy.
- The staff organized a radio talk on the topic "Menopause" in Konkani language on 31.05.2018 over Akashavani, Mangalore.

Parent-Teacher-Student Meeting:

In order to know the performance and behavioral pattern of the students, the Parent-Teacher-Student meetings were separately held for each batch. The PTA meeting of I year GNM was held on 19.12.2018 and of II year GNM on 26.11.2018. Mrs Nathalia D'Cunha, Asst Lecturer, Father Muller School of Nursing gave a guest lecture on Parent Child Relationship. Parents and guardians of all the students were present for the same.

Statistics :

Admission

Annual intake : 60 students

The total strength of students at present is 168

I year	-	57
II year	-	59
III year	-	52

Results – August 2018

I year GNM	-	48%
II year GNM	-	65%
III year GNM	-	100% with 8 distinctions.

Faculty in news:

Ms Jasmine Sarita Vas

- Was a resource person for the "Women Day" celebration by the OBG Department of FMCON; Lions Club Mangalore at Gurunagar, Bondel on the topic 'Managing work and home' on 10.03.2019.

- Was a resource person in the NSS Special camp on 24.01.2019 on the topic 'Women and Rights' at Rajath Bhavan of FMCON.
- A seminar on 'Enhancing of self- self empowerment' was conducted on 19.09.2018 for the freshers of FMCON.
- Was a resource person at St Aloysius Gonzaga School on 'Personal hygiene, good and bad touch, adolescent health, menstrual hygiene, adolescent growth and development' for Std.1-10 on 10.08.2018.
- Was a resource person for the orientation program on 14.09.2018 on 'Communication and soft skills'.
- Was a resource person at CNE on 'Nursing credentials : a gate way for a brighter future' held at Laxmi Memorial College of Nursing on 11.07.2018.
- Published a research study in the Nitte University Journal of Health Sciences entitled 'Contributing factors of nurses migration to overseas among the staff nurses working in a selected hospital at Mangalore'.
- Presented a paper on "Knowledge on minor ailments in pregnancy among antenatal women" on 08.03.2018 at FMCON.
- Presented a paper on "Knowledge level of people on eye donation at the selected hospitals in Mangalore" on 03.05.2018 at Kanachur Institute of Nursing Mangalore.
- Organized Pro-Life Day on 06.04.2019 and "Nutrition, health and fitness EXPO – 2K18" on 05.05.2018.
- Participated in a CNE on 'Service learning' on 09.06.2018.

Ms Nathalia D'Cunha

- Participated in the CNE on 'Service learning' on 09.06.2018.
- Was a resource person for a workshop on the topic 'Hospital policies' on 26.06.2018 and 'Basic clinical skills' on 16.05.2018.

Ms Anitha Nancy Suvares

- Organized "Prolife Day" on 06.04.2019.
- Participated in "MULLERSIM 2018" promoting patient safety, underwent the CPR training organized by Father Muller Simulation and Skill Centre, FMCI on 22.05.2018 and CNE on 'Service learning' on 09.06.2018.

Ms Sonia Agnes D'Souza

- Participated in "MULLERSIM 2018" promoting patient safety, underwent the CPR training organized by Father Muller Simulation and Skill Centre, FMCI on 22.05.2018 and CNE on 'Service learning' on 09.06.2018.
- Participated in the Panel discussion on the theme 'International Nurses Day' on 07.05.2018 to 09.05.2018.

Ms Nirmala Trinidad: Participated in the In-service Education Program on 'Self awareness and enhancement of self esteem' on 06.06.2018 and CNE on 'Service learning' on 09.06.2018.

Ms Vidya Mohan

- Participated in "MULLERSIM 2018" promoting patient safety, and underwent the CPR training organized by Father Muller Simulation and Skill Centre, FMCI on 22.05.2018.
- Organized "Nutrition, Health and Fitness EXPO-2K18" on 05.05.2018.

Ms Merlyn Priya Moras

- Organized "Nutrition, health and fitness EXPO-2K18" on 05.05.2018 and "Prolife Day" on 06.04.2019.
- Participated in "MULLERSIM 2018" promoting patient safety, underwent the CPR training organized by Father Muller Simulation and Skill Centre, FMCI on 22.05.2018 and CNE on 'Service Learning' on 09.06.2018.

Ms Melita Lewis: Participated in "MULLERSIM 2018" promoting patient safety, underwent the CPR training organized by Father Muller Simulation and Skill Centre, FMCI on 22.05.2018 and CNE on 'Service learning' on 09.06.2018.

Ms Caroline Smitha

- Organized "Nutrition, health and fitness EXPO-2K18" on 05.05.2018.
- Participated in the CNE on 'Service Learning' on 09.06.2018 and in the In-service education program on 'Self Awareness and Enhancement of Self Esteem' on 06.06.2018.
- Organized "Prolife Day" on 06.04.2019.

Ms Stacy Mavin Pinto

- Participated in "MULLERSIM 2018" Promoting patient safety, underwent the CPR training organized by Father Muller Simulation and Skill Centre, FMCI on 22.05.2018.
- Organized "Nutrition, health and fitness EXPO-2K18" on 05.05.2018 and "Prolife Day" on 06.04.2019.

Ms Sophia Molly Vas

- Organized "Nutrition, health and fitness EXPO-2K18" on 05.05.2018.
- Participated in the CNE on 'Service learning' on 09.06.2018.
- Participated in the Simulation Based Medical Education Faculty Development Program in October 2018.

Ms Merlyn Priya Moras

- Organized "Nutrition, health and fitness EXPO-2K18" on 05.05.2018 and "Prolife Day" on 06.04.2019.
- Participated in "MULLERSIM 2018" promoting patient safety, undergone the CPR training organized by Father Muller Simulation and Skill Centre, FMCI on 22.05.2018 and CNE on 'Service learning' on 09.06.2018.

Ms Melita Lewis participated in "MULLERSIM 2018" promoting patient safety, underwent the CPR training organized by Father Muller Simulation and Skill Centre, FMCI on 22.05.2018 and CNE on 'Service learning' on 09.06.2018.

Ms Caroline Smitha

- Organized "Nutrition, health and fitness EXPO-2K18" on 05.05.2018 and "Prolife Day" on 06.04.2019.
- Participated in the In-service Education program on 'Self awareness and enhancement of self esteem' on 06.06.2018 and CNE on 'Service learning' on 09.06.2018.

Ms Mable Gracy D'Souza

- Participated in "MULLERSIM 2018" promoting patient safety, underwent the CPR training organized by Father Muller Simulation and Skill Centre, FMCI on 22.05.2018 and CNE on 'Service learning' on 09.06.2018.
- Participated in the Panel Discussion on the theme 'International Nurses Day' from 07.05.2018 to 09.05.2018.
- Organized "Prolife Day" on 06.04.2019.

Ms Viola Felicita D'Souza, Ms Raina Jenifer Mascarenhas and Ms Ashalatha organized "Prolife Day" on 06.04.2019..

20 FATHER MULLER COLLEGE OF NURSING

An *Edifice of Enlightenment and Empathy* is what Father Muller College of Nursing (FMCON) is. It has earned a brand name as one of the top class nursing colleges in the country.

About 2600 under graduate and 690 postgraduate students have successfully walked out of the portals of the College, holding the banner high and are ambassadors of our college in different countries. We have achieved much in the field of nursing education, service and research.

The National Assessment and Accreditation Council (NAAC) has accredited our College with 'A' grade in the year 2014. It is the first Nursing College under RGUHS Bengaluru to be so accredited. The staff and students have been inspired and guided through the years by the motto "*Search, Share and Care*" where nurses search for knowledge, share their knowledge and care for the sick with the updated knowledge.

The students excel in sports, curricular and co-curricular activities. The alumnae are sought after by many medical Institutions in India and abroad for their excellence, discipline and devotion in the nursing profession. The College has an excellent, efficient and highly motivated faculty who plan meticulously all the curricular and co-curricular activities for the students.

STATISTICS: Courses offered are:

Basic B. Sc. Nursing degree course: Annual intake - 100 students

Students admitted: I Year - 100
II Year - 98
III Year - 98
IV Year - 100

Post Basic B.Sc. Nursing: Annual intake - 60 students

Students admitted: I Year - 21
II Year - 30

M.Sc. Nursing Course: Annual intake - 40 students (8 each in the following)

Medical Surgical Nursing
Obstetric & Gynaecological Nursing
Community Health Nursing
Psychiatric Nursing
Paediatric Nursing

Students admitted: I Year - 5
II Year - 4

RESULTS: B. Sc.(N) August / September 2018

Class	Appeared	Passed	Distinction	I Class	II Class	%age
I year	97	77	7	51	19	79.38
II Year	98	92	-	42	50	93.87
III Year	100	95	10	80	5	95.00
IV Year	93	91	12	75	4	97.84

PB B.Sc. (N)

Class	Appeared	Passed	Distinction	I Class	II Class	Percentages
I year	23	23	-	11	12	100
II year	29	21	1	15	19	79.38

M.Sc. (N)

Class	Appeared	Passed	Distinction	I Class	Percentage
I year	7	7	5	2	100
II Year	4	4	3	1	100

Facilities:

State-of-the-art Nursing College campus, spacious, well equipped ICT enabled classrooms with all advanced audio-visual aids, exam/conference hall, supportive learning environment, career-oriented discipline, have made the College of Nursing an "edifice of enlightenment and empathy" and earned a brand name as one of the best nursing Colleges in the country.

Specialty demonstration rooms:

- Anatomy and physiology lab (Medical College)
- Community Health Nursing Lab
- Fundamentals of Nursing and Medical-Surgical Nursing combined Lab
- Nutrition Lab
- OBG Lab
- Child Health Lab

The Labs are well equipped to develop the nursing skills of the students. It is in the 1250 bedded Father Muller Medical College Hospital that the students get hands on training in different medical, surgical and specialty units under the direct supervision and guidance of the clinical instructors. Students are exposed to Father Muller Simulation and Skill Centre and get training for various advance nursing care procedures in the Skill Centre. Indoor stadium and Gym is an added facility. The Convention Centre also is made use for the programs of the College.

In the **Central Library** a separate section is marked out for UG and PG students. An abundance of books and journals are available to quench the thirst of knowledge. Reading room has a seating capacity for 250 students.

DEPARTMENTS:

Departments of the College: There are 6 major departments and 4 sub departments.

1. Community Health Nursing
2. Child Health Nursing

3. Medical Surgical Nursing
4. Mental Health Nursing
5. Nursing Foundation & Nutrition
6. Obstetrics and Gynaecological Nursing.

Sub Departments are:

1. Advance Nursing Practice
2. Nursing Education
3. Nursing Research
4. Nursing Administration.

The faculty for sub departments are drawn for the main departments. Thus, all faculty work for 2 departments each.

20.01. COMMUNITY HEALTH NURSING

Faculty:

Ms Irene Alvares	- Professor & HOD
Sr Jacintha D'Souza	- Principal/Professor
Dr Devina E. Rodrigues	- Professor
Ms Shiji P.J.	- Associate Professor
Ms Jasmine S. Vas	- Assistant Professor
Ms Sonia K.L. Sequeira	- Assistant Professor
Ms Priya Sweety Pereira	- Lecturer
Ms Deepika N.C.	- Lecturer
Ms Hezal Sequeira	- Lecturer
Ms Preema Reshma Pinto	- Asst Lecturer

STAFF ACHIEVEMENTS:

Dr Devina E Rodrigues:

Publications:

- 1 A study on co-morbidities, participating and associated factors of Nocturia among adults – a pilot study.
- 2 A study to assess the health issues among employees working in selected call centres of Mangalore.
- 3 Knowledge regarding Hepatitis B among staff nurses.
- 4 A study to assess the knowledge regarding fatty liver among bank employees working in selected banks at Mangaluru.

Ms Irene T.R. Alvares:

Paper publication: Preference for normal vaginal delivery or elective caesarean section delivery and factors influencing it among antenatal mothers in a selected hospital at Mangaluru.

Ms Jasmine Sarita Vas:

Paper presentation: "A study on the contributing factors of nurses migration to overseas among the staff nurses working in a selected hospital at Mangalore".

Mrs Shiji P.J.:

Paper presentation: 'Knowledge on Vitamin D deficiency among antenatal women with a view to prepare a information guide sheet'.

Ms Sonia Liz Karen Sequeira:

Paper publication:

- 1 *Emergency services received by the patients with standard protocol of emergency room.*

- 2 *Satisfaction and preference of the patient visitors towards visiting hour policy in post-natal ward of a selected hospital, Mangalore: A descriptive study.*

Mrs Priya Sweety Pereira:

Paper presentation: 'Knowledge and practice on breast self examination among women at a selected hospital, Mangaluru' with a view to prepare an informational leaf sheath.

Mrs Deepika N.C.:

Paper presentation: Effectiveness of self-instructional module on knowledge regarding selected vaccine preventable disease among mothers of infants in a selected rural community.

Dr Devina E Rodrigues and Mrs Shiji P.J.:

Paper and Poster presentation:

'Human resource - the workforce management'.

Ms Jasmine Sarita Vas:

Poster presentation: 'Human resource for quality care'.

20.02. CHILD HEALTH NURSING

Faculty:

Ms Seema S. Chavan	- Associate Professor & HOD
Mrs Priya Janifer Fernandes	- Assistant Professor
Mrs Wilma Shalini Noronha	- Assistant Professor
Sr Janet D'Souza	- Assistant Professor
Mr Manoj P.S.	- Lecturer
Ms Sandra Saldanha	- Lecturer
Ms Arokia Benita David	- Lecturer

STAFF ACHIEVEMENTS:

Ms Seema S Chavan:

Paper publications:

- 1 *An exploratory study on factors affecting nursing student's academic failure*
- 2 *Problems and problem solving strategy of mothers of children with cancer in selected hospitals.*

Paper presentation:

- 1 Impact of mobile phone usage on life of academic nursing
- 2 Quality of life, lived experiences and mothers felt need of children diagnosed with cancer in a selected hospital, Mangalore – a pilot study report
- 3 Quality of life of mothers and their felt needs of children diagnosed with cancer in a selected hospital, Mangalore

Poster presentation: Literature mapping on psycho-social challenges of mothers of children with cancer.

Won best paper award titled: "Quality of life, lived experiences and mothers felt need of children diagnosed with cancer in a selected hospital at Mangalore - a pilot study report - RGUHS funded project" under Dr B. Shanthran Baliga national level oral paper presentation at Mangalore PEDICON and Mr Shenoy Oration – 2018, annual state level conference of Indian Academy of Pediatrics, DK branch, held on 24th and 25th March 2018 at Yenepoya Medical College, Mangalore.

Ms Priya Janifer Fernandes:

Paper publication:

- 1 *Attitude and practice regarding the consumption of carbonated drinks among students.*
- 2 *Vaccine related knowledge among antenatal women.*

Paper presentation:

- 1 Attitude and practice of nursing students on consumption of carbonated drinks.
- 2 Occupational allergies among health care personnel and measures taken for its management in selected hospitals at Mangalore
- 3 Knowledge and beliefs about teething among mothers.

Poster presentation: Vaccine related knowledge among mothers.

Mrs Wilma Shalini Noronha

Paper publication: *Vaccine related knowledge among antenatal women.*

Poster presentation: Vaccine related knowledge among mothers.

Paper presentation:

- 1 Knowledge and attitude regarding diet among antenatal women.
- 2 Knowledge and practice of neonatal hypothermia among postnatal mothers.

Mr Manoj P.S.:

Paper publication: *Study to assess the knowledge about hazards of ragging among undergraduate nursing students in a selected college at Mangaluru.*

Mrs Sandra Jyothi Saldanha:

Paper publications:

- 1 *Effectiveness of skill based simulation training in insertion of indwelling urinary catheter*
- 2 *Study to compare clinical signs of physiological jaundice with transcutaneous bilirubin estimation among neonates in a selected hospital in Mangaluru*

Poster presentations:

- 1 Knowledge regarding complications of diabetes mellitus among diabetic patients
- 2 Effectiveness of situation background assessment recommendation technique to improve clinical communication among nursing students.

Mrs Arokia Benita David:

Paper publications: *Effectiveness of planned teaching programme on knowledge and attitude regarding corporal punishment on children among school teachers at selected schools in Bangalore.*

20.03. MEDICAL SURGICAL NURSING

Faculty:

- Ms Victoria D'Almeida - Professor, HOD & Vice Principal
Ms Sonia D'Souza - Associate Professor
Ms Preethi Fernandes - Associate Professor
Sr Susamma Varghese - Lecturer

- Mrs Shwetha Rashmi - Lecturer
Ms Jacintha Valder - Lecturer
Mrs Jubee Joseph - Lecturer
Mr Abin K. - Lecturer
Sr Nancy Priya Mathias - Lecturer
Ms Denitha T. - Lecturer

STAFF ACHIEVEMENTS:

Ms Preethi Fernandes:

Paper Presentation:

- 1 Exploratory study on "Factors contributing to medication administration error among staff nurses in a selected hospital at Mangaluru.
- 2 Psychological impact of diabetes among patients with type 2 diabetes mellitus in a selected hospital at Mangalore.
- 3 Nursing awareness program on the management of diabetes.

Prof. Victoria D'Almeida was a resource person on the theme: International Nurses Day 2018.

Mrs Jubee Joseph:

Paper Presentation:

Patient satisfaction on hospital service system.

Susamma Varughese (Sr Judy) was a resource person on topic: Basic clinical skills workshop for homoeopathy interns.

Sr Nancy Priya Mathias:

Resource person on the topic:

1. Menstrual hygiene
2. Personal and professional etiquettes
3. First aid

Mrs Denitha T:

Paper Presentation:

Effectiveness of acupressure on quality to sleep among the elderly in a selected old age home.

Mr Abin Kuriakose:

Paper presentation:

A study to assess the effectiveness of information booklet on knowledge regarding benign prostatic hyperplasia among adult male patients in a selected hospital at Mangalore

Prof Victoria D'Almeida and Ms Preethi Fernandes:

Poster presentation: "Critical care issues in the early management of severe trauma".

20.04. MENTAL HEALTH NURSING

Faculty:

- Ms Agnes E.J. - HOD & Nursing Supdt
Ms Binsha Pappachen C. - Asso. Professor & Nursing Quality Coordinator (NQC)
Mr Shajan Xaviour - Asst Professor & NQC
Mr Rajeeve Mathew - Asst Professor & NQC
Ms Lejomol Abraham - Lecturer & NQC

Ms Diana Preema Cutinha - Lecturer & NQC
 Ms Lavina Rodrigues - Lecturer & NQC
 Ms Joyce Fernandes - Lecturer & NQC
 Ms Sabeena MTP - Lecturer & NQC
 Mr Jithin PC - A.N.S.

STAFF ACHIEVEMENTS:

Dr Agnes E.J.

Was awarded Ph.D. by the National Consortium for Ph.D. in Nursing, Indian Nursing Council, New Delhi and RGUHS, Bangalore, on 25th October 2018 for her thesis on “Effectiveness of positive family interactions module on the expressed emotion of the caregivers and relapse of the patients with schizophrenia: a prospective study in a selected psychiatric inpatient facility, Mangalore”.

Paper publications:

1. *Risk behaviours affecting physical health among youth having psychiatric disorders*
2. *Attitude of staff nurses towards the use of physical restraints on patients.*
3. *Quality of life of breast cancer survivors who had undergone mastectomy.*

Mrs Binsha Pappachan C.:

Paper Presentation:

Effect of psycho-social intervention package on psychological distress and quality of life among women with breast cancer - a pilot study.

E-poster presentation: “Effect of psycho-social intervention on psychological distress and quality of life among breast cancer patients – a systematic review and meta-analysis.”

Resource person at a Workshop on the topic: “Advanced teaching of the fundamentals of Homeopathy”.

Mr Rajeev Mathew C.:

Paper publications:

- 1 *Knowledge regarding the handling of sharps among health care personnel in a selected hospital, Mangaluru.*
- 2 *Knowledge on early warning signs and home care management of mental illness among care givers of people with mental illness in a selected hospital at Mangalore.*
- 3 *Care givers knowledge on early warning signs of suicide in mentally ill patients in a selected hospital, Mangalore.*

Mrs Lavina Rodrigues:

Paper Presentation: *Knowledge and attitude of postnatal mothers towards human breast milk banking in a selected hospital at Mangaluru.*

Poster presentations:

1. Is our nursing practice evidence based? A review of the essential skills in health care and nursing education’.
2. Human resource: the workforce management’ and won Best Poster Award
3. Anxiety among the nursing students during the initial clinical experience in a selected college at Mangaluru.

Resource person for the topics:

- Tobacco and its ill effects
- Cancer and its management
- Mental health and mental illness
- Disaster management and first aid.

Mrs Joyce Fernandes:

Poster presentation:

- 1 Human resource, work force management, won best poster Award.
- 2 Evidence based nursing.

Paper Presentation: Knowledge of practice regarding physical restraining among staff nurses

Resource person for the topic: Young people and mental health in the changing world.

Ms Sabeena M.T.P.:

Paper Presentation: Relationship between emotional intelligence and adjustment level of I year B.Sc. Nursing students at KLE, Belagavi.

Resource person on the topic: Mental health and mental illness.

20.05. NURSING FOUNDATION AND NUTRITION

Faculty:

- Sr Deepa Peter - HOD & DNS
- Ms Shwetha Rashmi - Lecturer & Ward Supervisor
- Ms Suneetha M. Fernandes - Lecturer
- Ms Viola D’Souza - Asst Lecturer & Clinical Instructor
- Ms Asha Varghese - Asst Lecturer & Clinical Instructor
- Ms Rinu Susan Varghese - Asst Lecturer

STAFF ACHIEVEMENTS:

Sr Deepa Peter

Paper publication:

Patients and health care personnel’s perception of patient privacy.

Paper Presentation:

Comparative study on recording of temperature using clinical thermometer and digital thermometer in an international nursing conference at KLE University, Belgaum in 2018.

Ms Shwetha Rashmi

Paper Presentation:

A study to assess the knowledge and attitude of students on the side effects of chemotherapy in a selected college Mangalore at an international nursing conference at KLE University, Belgaum in 2018.

Ms Suneetha Merlyn Fernandes

Paper publication:

Study on knowledge and attitude regarding contraception among the male population in a selected setting, Dakshina Kannada, in April 2019.

20.06. OBSTETRICS AND GYNAECOLOGICAL NURSING

Faculty

Mrs Pramila D'Souza	- Assistant Professor & HOD
Ms Darryl Aranha	- Associate Professor /Dy CNO
Ms Shoba Xaviour	- Assistant Professor
Ms Precilla L. D'Silva	- Lecturer
Mrs Reena Wilma Frank	- Lecturer
Ms Anusha Fiola	- Lecturer / HIC
Ms Nijisha Sharli	- Lecturer
Ms Joyce L. D'Souza	- Lecturer
Mrs Ramyashree	- Lecturer

STAFF ACHIEVEMENTS:

Ms Precilla D'Silva

Paper publications: in indexed journals

- 1 *Knowledge on Vitamin D deficiency among antenatal women with a view to prepare information guide sheet.*
- 2 *Study to assess the prevalence of breakfast skipping and its associated factors among nursing students in a selected college, Mangaluru.*
- 3 *Study to assess the knowledge about hazards of ragging among undergraduate nursing students in a selected college at Mangaluru.*
- 4 *Study on knowledge and attitude regarding contraception among the male population in a selected setting, Dakshina Kannada.*

Paper Presentation:

Quality health care.

Mrs Reena Frank: is a member of the Scientific Review Board of Yenepoya University.

Paper publications:

1. *Study to assess the knowledge about hazards of ragging among undergraduate nursing students in a selected college at Mangaluru.*
2. *Body mass index and eating habits among the university students.*
3. *Effectiveness of skill based simulation training in insertion of indwelling catheter.*

Ms Shobha P. Xavier:

Paper publication:

Study on knowledge and attitude regarding contraception among the male population in a selected setting, Dakshina Kannada.

Mrs Pramila D'Souza is a member of the Scientific Review Board of Yenepoya University.

ACTIVITIES OF THE COLLEGE:

- A workshop on Innovative Teaching Learning and Evaluation Techniques was held on 4th & 5th April 2018. Prof. Ciraj A.M., Deputy Director, Manipal Centre for Professional & Personal Development and Professor of Microbiology, Manipal University and Dr Anand R., Professor, Department of Pulmonary Medicine, KMC Hospital, Mangalore were the resource persons for the sessions.

- **Interactive session on Effective Student Teacher Relationship** was held on 6th April 2018. Rev. Fr Dionysius Vaz, Rector, St Aloysius College Institutions was the resource person.
- Organized a “**Nutrition, Health and Fitness Expo-2K18**” on 5th May 2018 at FMCI campus, on the theme “Go Further with Food”. The Chief Guest, Mrs Sanjana M. Shenoy, Consultant Dietician, Nutri Health inaugurated the program by a traditional opening of ‘Palm Jaggery,’ which symbolizes goodness and auspicious beginning and is highly valued due to medicinal properties and nutritive value. There were 22 stalls and 6 Colleges participated in the competition.
- The Department of Mental Health Nursing organised a Seminar on **Ethical and Legal Aspects in Psychiatry** on 26th May 2018.
- **English Club** was started to help students learn better English, and was inaugurated on 25th May 2018
- **Service Learning** - an innovative practice in teaching students was conducted on 9th June 2018. Dr Flosy C.R. D'Souza, Professor, St Ann's College of Education, Mangalore was the resource person.
- A guest lecture on “Health care systems in Switzerland” was organized on 18th June 2018. The lecture was delivered by Prof. Blaise Claude Guinchard, University of Applied Sciences and Arts, Western Switzerland.
- A guest lecture on “Mentoring skills” was delivered on 15th June 2018 by Rev. Fr Dionysius Vaz, Rector, St Aloysius College Institutions.
- A guest lecture on “Emotional intelligence” was held on 7th July 2018. Mrs Rosa Nimmy Mathew, Asst Professor in Counselling, School of Social work, Roshni Nilaya, Mangalore, was the resource person.
- In-Service Education on the topic “Self awareness and enhancement of self esteem” was held on 6th July 2018. Rev. Fr Clifford Fernandes, Professor, St Joseph Seminary, was the resource person.
- A guest lecture on “Curriculum design and enrichment” was held on 9th August 2018. Mr Abhay Nirgude, Professor & HOD of Community Medicine, Yenepoya Medical College, Mangalore, was the resource person.
- Guest Lecture on “Today's preparation, Tomorrow's success - an insight on preparation of exams for students” was held on 13th August 2018. Mr Ashwin L. Shetty, Administrator, Vidya Rashmi Group of Institutions, Savanoor, was the resource person.
- A guest lecture on “Improving professional ethics and social responsibilities” was held on 23rd August 2018. Ms Vidya Vinutha D'Souza, Assistant Professor, St Aloysius College, Mangaluru, was the resource person.
- An awareness program on anti-ragging on the theme “Nurture life-say no to ragging” was held on 8th December 2018.
- The lamp lighting and oath taking ceremony of Father Muller School and College of Nursing was held on 19th December 2018, with Prof. Lakshmidevi N., Principal, Global College of Nursing, Bengaluru & Dean of Nursing, Rajiv Gandhi University of Health Sciences, Bengaluru as the Chief Guest. Rev. Fr Richard A. Coelho presided over the function.

- A workshop on “PubMed database” was held on 20th December 2018 with Dr K. Shivananda Bhat, Chief Librarian, Manipal University as the resource person, who highlighted all the informational resources and gave hands-on training regarding PubMed database.
- A guest lecture was organized on the topic “Art of patience” on 2nd February 2019. The resource person was Ms Evelyn Benis, Professor and HOD, Roshni Nilaya School of Social Work, Mangaluru.

Special events and days:

- On “World No Tobacco Day” on 25th May 2018, a street play was conducted at Surathkal on the topic “Public awareness on tobacco usage”.
- On “World Blood Donors Day” on 15th June 2018, an intercollegiate seminar competition on the theme “Be there for someone else-Give Blood, Share Life” was conducted. The program was organized by the Blood Bank in Association with Youth Red Cross Unit, FMCC. Ms Beulah T.P. and Ms Jasmine James, Youth Red Cross Members, III year B.Sc. Nursing students, FMCC secured 2nd and 3rd Prize respectively.
- “Breast Feeding Week” was celebrated from 1st to 7th August 2018 along with the Departments of Pediatrics & OBG, Father Muller Medical College. Activities were conducted by the Department at Urban Health Centre Jeppu, community, schools and hospital wards.
- On World Alzheimer’s Day, on 17th September 2018 a health talk on “Alzheimer’s disease and its prevention” was delivered to the inmates of St Ann’s Old Age Home, Angalore.
- On 11th Sept. 2018 was the Course Inauguration of the 32nd batch of B.Sc. Nursing, 31th batch of PB B.Sc. Nursing and 27th batch of M.Sc. Nursing. Mr Srikanth B. Pullari, Registrar, Karnataka Nursing Council as the chief guest.
- Fresher’s Day program of Father Muller School & College of Nursing was held on 16th November 2018 on the theme “Novato Fiesta 2K18” giving an opportunity for the freshers to demonstrate their talents.
- A school health program on the World Mental Health Day on 10th December 2018 was held on the theme “Young people and mental health in the changing world” at Capitano Composite Pre-University College, Kankanady.
- A street play for public awareness on HIV/AIDS was held on 11th December 2018 near Surathkal bus stand on World AIDS Day.
- The annual Christmas Celebration “NOEL ESTELLA was held at FMCC and at the General Psychiatry Ward by Psychiatric Nursing Department.
- The National Youth Day - 2019 was celebrated in collaboration with the Lions Club of Kinnigoli as an extension activity for the students of St Lawrence Indian School, Kinnigoli, on 7th January 2019. Lion Dony Leo Menezes, President, Lions Club, Kinnigoli, was the Chief guest. Rev. Fr Anil D’Sa, national coordinator of Youth Ministry under CCBI was the resource person for the program.
- The Department of OBG Nursing observed “Folic Acid Day” on 10th January 2019 at Surathkal PHC. Education on Anemia during pregnancy, antenatal advice, preventive measures and importance of iron and folic acid for pregnant women was given. Pre-natal, postnatal mothers, LHV and staff nurses of PHC witnessed the program.

- A guest lecture on “Health care communication” was held on 20th February 2019.
- A Parent Teacher Student meeting was organized on 19th December 2018 & 1st February 2019. Motivational talk was organized and Mr Eugene D’Cunha, the Resource person enlightened the students on the topic “difficulties in studies”. Parents were briefed about the study and progress of their wards and progress cards were shown to them.
- Open Forum Interface was organized by the student welfare committee on 31st January 2019. Interface, the Academic Forum, is the medium through which students share, discuss, and debate their ideas and concepts with the teachers. The faculty and the student representatives from each batch of UG and PG courses were the participants of the forum. The students were given the opportunity to discuss various academic and clinical issues.

Extension activity in the community: 25-30 extensions activities were conducted in the community, school and primary health centres in the form of street plays, health education, awareness programs, nutrition demonstrations and school health programs on various aspects of health and hygiene to promote health and prevent illness.

Radio talks and telecast: 10 radio talks and programs were given by the staff and students on various special health topics.

N.S.S.:

- Ms Jasmin J. and Ms Swathy, students of III year B.Sc. Nursing, represented Rajiv Gandhi University, Bangalore in the National Integration Camp organized by the Government of Karnataka for all India NSS volunteers from 24th to 30th March 2018 at Mangalore University College campus, Hampankatta.
- Organized an awareness program on 19th May 2018 on environmental pollution through street play at Thokottu bus station. The awareness was on air pollution, water pollution, soil pollution and noise pollution.
- Participated in walkathon on “World Day Against Child Labour” and to “Bring awareness on organ donation” organised by the District Administration, Zilla Panchayat, District Legal Services Authority, Labour Department, Child Helpline, Bar Association and Indian Medical Association, respectively.
- The NSS unit of FMCC participated in Vanamahotsava along with Father Muller Charitable Institutions on 7th July 2018. The program ended with the planting of various saplings in the campus by the different departmental staff and students.
- The NSS unit conducted a 7 days special camp for volunteers from 19th to 25 January 2019. It was inaugurated by Rev Fr Ajith Menezes, Administrator, Father Muller Medical College and led by Mr Shajan Xavier, Asst Professor and NSS Program Officer, Mrs Arokia Benita and Mrs Hezil Asha. The unit has conducted various health surveys in the

community, street plays, health educations and school health programs.

- Four Career Guidance Sessions were organized for the outgoing students of the College.

IGNITE 2K19 Annual Athletic Meet of Father Muller School and College of Nursing was held on 12th January 2019 at Father Muller Stadium. Ms Venizeia Annie Carlo, National Sub-Junior power lifter was the chief guest and declared the athletic meet open by hoisting the flag and releasing the balloons.

Our students participated and won prize in the RGUHS Mysore Zonal Men's and Women Throwball and Tennikoit (women) tournament 2018-19 held on 24th January 2019 organized by Father Muller Medical College. Women Throw ball and Tennikoit team of our College was the Runner-up in this tournament.

Geethanjali: Students of our College participated in various competitions held at Geethanjali by Mangalore Musical and Cultural Association and bagged several individual and group prizes as well **second runner up rolling shield** on **17th November 2018**.

Student Nurses Association Induction Program was conducted on 10th December 2018 and the new office bearers took the oath.

Administrative Tour: Students of our College had an opportunity for an administrative tour to Delhi where they visited national institutes, hospitals, colleges and other places too.

Other events:

MOU:

The College has established MOUs with the University of Applied Sciences of Western Switzerland, and Yenepoya University - Mangaluru for Ph.D program. There is also an MOU with Swami Vivekananda Yoga Anusandhana Samsthana, Bengaluru, Indian Cancer Society, Bengaluru, and St Aloysius College, Mangaluru.

Visitors

- Ms Madeleine Baumann, Project Assistant of International Affairs University of Applied Sciences of Western Switzerland visited us from 7th to 9th January 2019.
- A group of Medical and Nursing students from School of Nursing Sciences, Switzerland visit us every year and undertake research projects under the guidance of our faculty.
- An inspector from MHRD visited the College of Nursing for the "Swatch Bharath" ranking in the month of September. Ours was the only Nursing College which had applied for this ranking.

Administrative visit of other college students: Father Muller College of Nursing was visited by a number of students and faculty from other Colleges not only from Karnataka but from other states also. From January 2018 to February 2019, 20 colleges from almost 10 states have visited us.

Health camps: For the year 2018, faculty and students have participated in 35 health camps and clinics.

21. FATHER MULLER HOMOEOPATHIC MEDICAL COLLEGE

Father Muller Homoeopathic Medical College (FMHMC) has completed 33 years of its successful and meaningful service in the field of Homoeopathic education and practice. Students who have passed out from this College, the brand ambassadors, have been practicing this rational system of medicine successfully throughout India and abroad. The College conducts the regular program of BHMS (5½ yrs) and P.G. courses (3 yrs) in all seven subjects permitted by the Central Council of Homoeopathy.

Some of the regular activities of the College are:

1. Publication of annual college magazine "*Pioneer*".
2. Conducting National Homoeopathic Conference.
3. Publication of souvenir.
4. Publication of "*Mullerian*" – Quarterly bulletin.
5. Hahnemann's Birthday celebration.
6. Teacher's Day celebration.
7. Active participation of faculty members in presenting scientific papers throughout the country and abroad.
8. Research publications.

College Administrative Council:

- Rev. Fr Richard Aloysius Coelho - Director
- Rev. Fr Vincent Saldanha - Administrator
- Rev. Fr Sylvester Lobo - Asst Administrator
- Dr Shivaprasad K. - Principal
- Dr E.S.J. Prabhu Kiran - Vice Principal
- Dr Girish Navada U.K. - Deputy Med. Supdt

Admissions: In the Academic year 2018-2019, 89 students were admitted to I BHMS and 27 students were admitted to M.D(Hom) course. The total student strength of the College is 557 in U.G and 79 in P.G courses.

RGUHS Examinations Results:

September 2018:

Class	Appeared	I class	II class	%age
I BHMS	98	29	58	88.7%
II BHMS	82	36	46	100%
III BHMS	92	19	73	100%
IV BHMS	5	-	5	100%

February/March 2018:

Class	Appeared	I class	II class	Pass class	%tage
I BHMS	13	-	-	13	100%
II BHMS	7	1	6	-	100%
III BHMS	89	51	37	-	98.87%
III BHMS (RS3)	2	-	-	2	100%
IV BHMS	68	23	44	-	98.5%

April/May 2018 :

Class	Appeared	I class	II class	Percentage
I MD	25	6	19	100%

September 2018:

Class	Appeared	I class	Pass class	Percentage
II MD	27	9	18	100%

RGUHS Ranks holders:

Father Muller Homoeopathic Medical College has secured the following ranks declared by the Rajiv Gandhi University of Health Sciences, Karnataka for the overall BHMS examinations conducted from December 2014 to February 2018 and MD (Hom) examination held in October 2018.

B.H.M.S. :

1. Bijita Mandal BG - 1st Rank
2. Madhire Vishnuvardhan Reddy - 2nd Rank
3. Wafa Zainab - 3rd Rank
4. Aleena Thomas - 7th Rank
5. Archana Unnikrishnan - 8th Rank
6. Safa Ishaq Pookkattil - 9th Rank

M.D. (Hom)

1. Dr Raisa Cheriyan - 1st Rank in Materia Medica
2. Dr Skandhan S. Kumar - 1st Rank in Organon
3. Dr K. Mookambika - 2nd Rank in Organon
4. Dr Vimal Shaju - 2nd Rank in Paediatrics
5. Dr Roopa T. Bhuvan - 1st Rank in Pharmacy
6. Dr Hitesh R. Somani - 1st Rank in Psychiatry

Awards:**Dr Malati Allen Noble Award:**

Ms Wafa Zainab, the Intern of FMHMC was awarded "Dr Malati Allen Noble Award" conferred by Dr Malati Allen Charitable Trust in association with Dr Sarkar Allen Makhnkunja Mission, sponsored by Allen Laboratories Limited, Kolkata, for securing First Position in Final BHMS Examination among the students of FMHMC.

Dr Mukesh Batra Homeopathy Scholarship:

From Dr Batra's Positive Health Foundation, Rs 5,000/- Gold Scholarship was given to Dr Nandini J.D., Rs 15,000/- Silver Scholarship to Dr Maria Johnson and Rs 10,000/- Bronze Scholarship to Dr Fahmeedah Binthi.

Felicitation and awards to top 3 students of Final Year:

The three meritorious students of BHMS final year awarded by Bhargava Phytolab Pvt. Ltd. were Ms Wafa Zainab - First Position, Ms Bijita Mandal BG - Second Position and Mr Madhire Vishnuvardhan Reddy - Third Position.

Internship Program:

Interns were posted at Homoeo OPD and IPD, rural clinics, and the medical and surgical units of FMHMC throughout the year. They are posted regularly at Concetta Hospital, Kinnigoli, Netaji Hospital, Thokkottu and United Hospital, Kasaragod, where the interns are trained in dealing with the various gynaecological and obstetrical clinical situations including the conduct of deliveries.

They are also actively engaged in weekly clinical meetings and journal clubs. As part of their internship training, each intern submits a dissertation on a clinical topic under the guidance and supervision of a senior clinical staff. They are also exposed for various health camps.

C.C.H. Inspection:

Dr C. Bindukumari, Dr T.P. Sugathan, Dr S. Saravanan inspected the College and the Hospital directed by the Central Council of Homoeopathy on 11.03.2019.

Teaching Faculty:

The teaching faculty comprises of 46 full time teaching staff, 12 part time teachers, 1 SMO and 2 RMO's. The faculty members of the Medical College also take classes on some special topics as and when required.

Teaching Departments:

The College has the following teaching departments as required under the Central Council of Homoeopathy regulations.

21.01. DEPT OF ANATOMY**Faculty:**

- Dr E.S.J. Prabhu Kiran - Professor & HOD
- Dr Helena Famla D'Souza - Asst Professor
- Dr Ancy Abraham - Lecturer
- Dr Divya Rai - Guest faculty

STAFF ACHIEVEMENTS:

The research project titled "Efficacy of toxicodendrom pubescens in relations with hyaluronic acid and its application on primary osteoarthritis", which was approved for funding by the RGUHS with Dr Ancy Abraham as primary investigator and Dr ESJ Prabhu Kiran as co-investigator is completed by Dr Mini, Co-investigator of the project and the paper is submitted to the National Journal of Homoeopathy, a peer reviewed and indexed Homoeopathic Journal.

21.02. DEPT OF COMMUNITY MEDICINE

Faculty:

Dr Sajan K R	- Associate Professor
Dr Noli Babu	- Assistant Professor
Dr Shwetha Bhat	- Assistant Professor
Mr Vivek Fernandes	- Medico-Social Worker
Dr Sunita D'Souza	- Yoga and Nutrition expert
Dr Anusha	- Lecturer

STAFF ACHIEVEMENTS:

Dr Sajan KR: Member of the Faculty of Homoeopathy, RGUHS.

Other achievements: (Research and Publications)

1. *Development of software for automatic analysis of intervention in the field of Homoeopathy*, International Journal of Alternative and Complementary Medicine, Vol: 24 Issue 5: May 1, 2018.
2. Resource person for RGUHS for a short course in Educational Methodology Workshop conducted at FMHMC on 11th and 12th February 2019.

Conferences/Seminars held:

Conference/Seminar	Date	Organizer
NURTURE -19	07.04.2019	FMHMC
Emotional intelligence in clinical practice	11.01.2019 & 12.01.2019	FDP-FMHMC
Innovations in MALARIA	26.10.2018	FMHMC
RUBRICON	09.06.2018	FMHMC
Canfeat	10.06.2018	FMHMC
Quest 18	01.07.2018	FMHMC

Dr Anusha G.:

Publications:

Published article on "Rheumatoid arthritis and homoeopathy" in Homoeopathy Resource Book in March 2019.

Conferences/Seminars Attended

Conference/Seminar	Date	Organizer
Emotional intelligence in clinical practice	11.01.2019 & 12.01.2019	FDP-FMHMC
Innovations in MALARIA	26.10.2018	FMHMC
Common GI ailments, treatment, evidence based homoeopathy	18.11.2018	IHMA Mangaluru Chapter

Dr Shwetha Bhat:

Conference/Seminar	Date	Organizer
Research Methodology Workshop	08.03.2019	RGUHS, Bengaluru
Educational Methodology Workshop by RGUHS	11 & 12.02.2019	FMHMC

Departmental / Academic Activities:

Out Reach Centres: Maintaining 15 peripheral centers.

Village Adoption: Adopted Kotekar and Balepuni village. AYUSH Department of Dakshina Kannada has entrusted us with the project "MANE MANE AYUSH".

FIELD VISITS:

Visit to milk dairy:

The final year students made a visit to Mangaluru milk dairy on 19.06.2018. The students were accompanied by SPM Department staff Dr Sajan K.R. and Dr Anusha Gautham. Mr Suman and Mr Manish, In-Charge at the dairy, started the tour with a brief introduction, method of collection of milk, pasteurization, skimming, tinning, and packing the products. After the tour there was a question answer session and later photos were taken.

Visit to Water Treatment Plant

IV BHMS students visited the Water Purification Plant situated in Thumbe, Mangalore on 15.11.2018. Here students were taken to the pumping station, flocculation chamber, chemical treatment room, chlorination unit, and rapid sand filter beds. Mr Naresh Shenoy explained and interacted with the students regarding water treatment.

Visit to Sewage Treatment Plant Centre:

The students visited the Sewage Treatment Plant situated at Kavoor on 15.11.2018. They were very enthusiastic to learn about the various methods in which the sewage is being treated. They visited the screening unit, grit chamber, primary sedimentation tank, secondary treatment plant, sludge digestion tank and tertiary treatment plant. The service engineer of the plant explained and interacted with the students.

Family health survey

The Department conducted family health survey visit to the neighbouring village of Kotekar Panchayath on 14.12.2018 from 9.00 am to 12.30 pm, visiting around 70 houses in the locality for the survey. Students actively participated in visiting houses and noting down the observed facts. They were enthusiastic in explaining the information to the public.

Chemical Factory Visit:

The chemical factory visit to BASF, Katipalla, Surathkal was on 24.05.2018 where the students learned about the different types of occupational diseases and its management. The In-Charge briefed the students about the management of the patients. Students interacted with them and clarified their doubts.

OBSERVING IMPORTANT HEALTH DAYS:

World Diabetes Day 2018:

World Diabetes Day was observed on 29.11.2018 by conducting a medical camp. Students actively participated by preparing charts, and displaying in the OPD. They were enthusiastic in explaining the information's to the patients attending OPD.

World Vector Day:

An exhibition was organized to give attention on vector borne disease for the public around our Institute on 24.07.2018. The lead was taken by the interns who were posted in Community Medicine Department.

World Tuberculosis Day 2018:

World TB Day is observed on 28.03.2018 worldwide to bring awareness about TB and to prevent TB infection thereby creating a world free of tuberculosis. The College observed the

day by organizing a street play at Deralakatte and Beeri junction. Our students participated in the awareness program. Dr Sajan K R and Dr Diana assisted the group.

World Oral Rehydration Day:

FMHMC observed “World ORS Day” on 17.08.2018 in the Outpatient Department of the Homoeopathic Medical College Hospital. Information was given to patients and the bystanders on the topic. Practical demonstration as well as video assisted education was also highlighted.

World Homoeopathic Day – 2018:

World Homoeopathy Day was observed on 18.04.2018 commemorating the 263rd birth anniversary of Dr Christian Friedrich Samuel Hahnemann, Founder of Homoeopathy. The chief guest was Dr Sreenivasulu M., CMO, NMPT Hospital, Panambur, Mangaluru. Dr Prasanna Kumar, Alumnus 1994 batch and consultant homoeopath was the guest of honour. The Director Rev. Fr Richard Aloysius Coelho garlanded the bust of Fr Muller and Samuel Hahnemann. Dr Mini I.V. the convenor of the program proposed the vote of thanks.

World Yoga Day:

World Yoga Day was celebrated in the Kankanady campus at the Indoor Stadium on 21.06.2018. Hon. Minister Mr U.T. Khader inaugurated the program. The yoga training was given by Dr Sunitha D’Souza, Chief Instructor.

Health Awareness Programs:

General Medical Camps/School health Camps/

Preventive camps:

Total Camps conducted - 45

Total Number of Beneficiaries - 1909

21.03. DEPT OF FORENSIC MEDICINE AND TOXICOLOGY

Faculty:

Dr Madona Joseph - Professor & HOD
Dr Ameer C.T. - Assistant Professor
Dr Harish Gouda - Guest Faculty

STAFF ACHIEVEMENTS:

Dr Madona Joseph:

- Invited as a judge for the debate competition on the occasion of World Bioethics Day organized by A.B. Shetty Memorial Institute of Dental Sciences, NITTE (deemed to be) University, Mangalore on 3rd October 2018.
- Continued as external member of Internal Quality Assurance Cell by the NITTE University in 2018 also.
- Participated in the National Conference “DECENNIUM’18” on 27th and 28th October 2018 organized by FMHMC.
- Attended a short course on Education Methodology by RGUHS on 11th and 12th February 2019.

Dr Ameer C.T.

- Participated in a national conference “DECENNIUM’18” on 27th and 28th October 2018 organized by FMHMC and

national seminar ‘CINCHONIA 2019’ at Kozikode on 3rd February 2019 organized by Predictive Homoeopathy.

- Attended a short course on Education Methodology by RGUHS on 11th and 12th February 2019.
- Was a resource person for Competitive Examination Coaching Program of IHMA for AIAPGET aspirants at Kochi on 16th December 2018, Malappuram on 30th December 2019, Kozikode on 6th January 2019, Trivandrum on 17th February 2019 and Kottayam on 24th February 2019.

20.04. DEPT OF MATERIA MEDICA

Faculty:

Dr Srinath Rao - Professor & HOD
Dr Amitha Baliga - Professor
Dr Mini I.V. - Associate Professor
Dr Arun Varghese - Lecturer
Dr Sherlyn Paul - Lecturer
Dr Raisa Cherian - Lecturer

STAFF ACHIEVEMENTS:

Dr Srinath Rao:

- Was appointed as the Board of Studies Member, PG studies of RGUHS, Bengaluru w.e.f. October 2018.
- Continues to be coordinator of CARE Cell.
- Was moderator for the ‘RUBRICON’ – a CME organised by the Department of Repertory held on 09.06.2018.

Dr Amitha Baliga:

- Was appointed as the Board of Studies Member, UG studies of RGUHS, Bengaluru w.e.f. August 2018.
- Continues to be a coordinator of Sexual Harassment Prevention Cell for students and staff (women).

Dr Mini I.V.:

- Was convenor of Hahnemann’s Day, 2018.
- Is co-investigator of the research project – “Efficacy of toxicodendron pubescens in relation with hyaluronic acid and its application on primary osteoarthritis. Research paper has been already submitted to the RGUHS on 08.10.2018 after the completion of the project.
- Was staff editor of the College Annual – “Pioneer 2018”.
- Participated in the poster presentation in Ayush International Conclave organized by Govt of Kerala on 17.02.2019.

Dr Arun Varghese: Participated in reorientation and training program on Materia Medica conducted by AYUSH at Sarada Krishna Homoeopathic Medical College, Kulashekaram, Tamilnadu, from 11th to 17th September 2018.

Dr Raisa Cherian:

Was a delegate to the Research Methodology Workshop on 8th March 2019 conducted by RGUHS at R.V. Dental College, Bengaluru. She has secured I rank as well as a gold medal from the RGUHS.

Departmental Activities:

All the departmental staff observed health weeks by treating patients on different conditions like Diabetic week, Obesity week, Varicosity week etc in their respective OPD units.

21.05. DEPT OF OBSTETRICS AND GYNAECOLOGY

Faculty:

Dr Vilma D'Souza - Professor & HOD

Dr Salini Mandal - Lecturer

Activities of the Department:

- The Department organized a one week camp on “**Women’s Health Awareness Camp**” from 4th to 9th March 2019 at FMHMCH. Ms Pramila D’Souza, Assistant Professor and HOD, Department of OBG from Father Muller College of Nursing was the chief guest for the program.
- Women’s Health Awareness Camp was organized on 28.02.2019 at Primary Health Care Centre, Ullal. Dr Vilma D’Souza, delivered a talk on abnormal vaginal discharges and menstrual problems in women.
- Free Medical Camp for Hypercholesterolemia was conducted from 21st to 23rd February 2019 by Dr Salini Mandal B.G., with the help of the Department of Community Medicine, FMHMC.

STAFF ACHIEVEMENTS:

Dr Vilma D’Souza:

- Attended DECENNIUM 2018 – A Mullerian Blend of Mastery, National Conference on 27th and 28th October 2018 at Father Muller Convention Centre, Emotional Intelligence in the Clinical Practice - Faculty Development Program on 11th and 12th January 2019 at FMHMC, Deralakatte and Curative Treatment in Cancer by Homoeopathy - CANFEAT 2018 on 10.06.2018 at FMCI.
- Invited as a Resource Person for the AYUSH program to give awareness talk on Uterine Fibroid and Homoeopathic Approach on 11th January 2019.
- Presented paper at the international conference at Chicago, USA on 28th September 2018.

Dr Salini Mandal:

Research:

- A pilot study to evaluate the cholesterol lowering effect in *Camellia Sinensis* 3x – funded by Father Muller Research Centre (ongoing) – primary investigator
- Comparison between *Abroma Augusta* tincture and *Gymnema* tincture in the management of Type 2 Diabetes mellitus – funded by Father Muller Research Centre – guide (ongoing).

Publications:

- *A study on uterine fibroid*, Advancements in Homoeopathic Research, Vol 3, No 1 (42), February 2018 – April 2018, 56-60 pg

- *A pilot study to determine the efficacy of Abroma Augusta 3x in the treatment of Type II Diabetes Mellitus*, Homoeopathy The Friend of Health, Vol 7, Issue 4, April 2019, 12-16 pg

Conferences Attended:

- Paediatric Case Evaluation – NURTURE 2019 on 07.04.2019 at FMHMC, Deralakatte.
- Emotional Intelligence in the Clinical Practice – Faculty Development Program on 11th and 12th January 2019 at FMHMC.
- Curative Treatment in Cancer by Homoeopathy- CANFEAT 2018 on 10.06.2018 at FMCI.
- Learning Newer Techniques of Materia Medica and Different Repertories in Clinical Practice on 09.06.2018 at FMHMC.
- Medical Records and its Legal Aspects - QUEST 2018 on 1st July 2018 at FMCI.
- DECENNIUM 2018 – A Mullerian Blend of Mastery, National Conference on 27th and 28th October 2018 at FMCI.

21.06. DEPARTMENT OF ORGANON OF MEDICINE

Faculty:

Dr Shivaprasad K.	- Principal, Professor, HOD & PG Guide
Dr Jacintha Monteiro	- Professor & PG Guide
Dr Ranjan Clement Britto	- Associate Professor
Dr Sebastian P.A.	- Assistant Professor
Dr Skandhan S. Kumar	- Assistant Professor
Dr Dheeraj Ignacious Fernandes	- Assistant Professor

STAFF ACHIEVEMENTS:

Dr Shivaprasad K.

- Was nominated as the member of Quality Practices Advisory Committee of RGUHS, Bangalore.
- Was the chairperson in the International AYUSH conclave at Trivandrum for research paper presentations.

Dr Jacintha Monteiro

- Completed two Modules in the contact session on “Short course in educational methodology” organized by RGUHS in collaboration with FMHMCH.
- Attended DECENNIUM 2018 - Annual Homoeopathic Conference on 26th and 27th October 2018.
- Attended Faculty Development Program on “Emotional intelligence” organized by RGUHS, Karnataka on 8th and 9th February 2019.

Dr Ranjan Clement Britto

- Is Homoeopathic Consultant at Wenlock District Govt. Hospital.
- Completed two modules in the contact session on “Short course in educational methodology” organized by RGUHS in collaboration with FMHMCH.

- Attended Decennium 2018 - Annual Homoeopathic Conference on 26th and 27th October 2018 as a Member of Committee.
- Attended “Nurture” - Paediatric CME on 2nd April 2019 and Faculty Development Program on “Emotional Intelligence” organized by RGUHS, Karnataka on 8th and 9th February 2019.

Dr Sebastian P.A.

- Participated in 6 days CME on Teaching Methodology at SKHMCH, Kulashekhar, Tamilnadu.
- Completed two MODULES in the contact session on “Short Course in Educational Methodology” organized by RGUHS in collaboration with FMHMCH.
- Is a Co-investigator for the ongoing research project titled “A study on homoeopathic medicine antimoniumtartaricum in bronchiolitis in paediatric age group” sponsored by FMRC.
- Attended DECENNIUM 2018 - Annual Homoeopathic Conference on 26th and 27th October 2018 and was chairperson of the Logistics Committee.
- Attended “Nurture”, Paediatric CME on 2nd April 2019 and Faculty Development Program on “Emotional Intelligence” organized by RGUHS, Karnataka on 8th and 9th February 2019.
- Presentation regarding diagnostic tool in homoeopathy was published online in similia.com
- Attended RGUHS research workshop in Bengaluru and received research certificate.
- Received University instituted gold medal for securing highest marks in Organon of Medicine.
- Awarded gold medal during the RGUHS graduation ceremony at NIMHANS in Bengaluru and received 3 awards for securing highest marks in PG examination, for securing Rank in PG university examinations and for being the best outgoing post graduate.
- Attended teaching methodology class by Dr Muneer Ahmed and completed the modules. Completed modules in the contact session on Short Course in Educational Methodology organized by RGUHS in collaboration with FMHMCH.
- Attended “Nurture”, Paediatrics CME on 2nd April 2019, Faculty Development Program on “Emotional Intelligence” organized by RGUHS, on 8th and 9th February 2019 and CME by IHMA on Homoeopathic Efficacy and Case Presentation.
- Was the team leader and speaker for Government AYUSH camp held in Odiyoor temple.

Dr Skandhan S. Kumar

- Published four international articles, one online article and one online presentation accepted and published.
- *Activity of homoeopathic drug sulphur with different potencies on lawn culture of Escherichia Coli and Candida Albicans, topically an in-vitro evaluation* has been published, indexed in Index Copernicus International with journal code e-issn: 2616-4493p-issn: 2616-4485, published in the International Journal of Homoeopathic Sciences E-ISSN: 2616-4493, P-ISSN: 2616-4485, Impact Factor: IRJIF 4.8
- A manuscript titled “*Migraine its more than a headache*”, efficacy of Natrum Muriaticum as a constitutional homoeopathic approach” has been published, indexed in Index Copernicus International with journal code e-issn: 2616-4493p-issn: 2616-4485, published in the International Journal of Homoeopathic Sciences E-ISSN: 2616-4493, P-ISSN: 2616-4485, Impact Factor: RJIF 4.8
- *Effectiveness of homoeopathic treatment on prostate cancer, a detailed information to the common man*, International Journal of Homoeopathic Sciences E-ISSN: 2616-4493, P-ISSN: 2616-4485, Impact Factor: Impact Factor: RJIF 4.8
- *Drug proving: the base of homoeopathic system of medicine as well as the vital force of homoeopathy* Published in International Journal of Homoeopathic Sciences E-ISSN: 2616-4493, P-ISSN: 2616-4485, Impact Factor: Impact Factor: RJIF 4.8
- Ongoing animal research projects: efficacy of homoeopathic remedy on canine Parvo virus in collaboration with Dr Uppadyaya, veterinary surgeon.
- *Activity of Sulphur with different potencies on law culture of Escherichia coli and candida albicans, topically an in-vitro evaluation*, online journal similia.com,

Dr Deeraj Ignacious Fernandes

- Attended Faculty Development Program on Emotional Intelligence organized by RGUHS, Karnataka on 8th and 9th February 2019, “Nurture” - Paediatric CME on 2nd April 2019 and DECENNIUM 2018 on 26th and 27th October 2017 and was chairperson of Logistic Committee.
- Completed two modules in the contact session on Short Course in Educational Methodology organized by Rajiv Gandhi University of Health Sciences in collaboration with FMHMCH.
- Attended Research Methodology session organised by RGUHS at R V Dental College Bangalore on 08.03.2019.
- Was a team leader and gave a talk on Health Awareness at a health camp organised by Dept of Community Medicine on 21.02.2019.
- Continuing as resource person to Family Commission, Diocese of Udupi.

21.07. DEPT OF PATHOLOGY AND MICROBIOLOGY

Faculty:

Dr Sheena K.N.	- Professor
Dr Deepa Pais	- Assistant Professor
Mrs Clara Reena D’Souza	- Lab Technician
Mr Jayaprakash Monteiro	- Lab Assistant

STAFF ACHIEVEMENTS:

Dr Sheena K.N.:

- Attended national conference “DECENNIUM 18” on 27.10.2018 and 28.10.2018 organized by FMHMC.
- Organized “CANFEAT” - CME on Oncology in association with RGUHS, Bangalore.

Dr Deepa Pais:

- Published an article on Common Summer Ailments and its Homoeopathic Management in Daijiworld website on 18.05.2018.
- Attended and has been a part of the organizing committee of “CANFEAT” - CME on Curative Treatment in Cancer by Homoeopathy in association with RGUHS, Bangalore.
- Attended the national conference “DECENNIUM 18 - A Mullerian Blend of Mastery on 27.10.2018 and 28.10.2018 organized by FMHMC.
- Attended a workshop on Educational Methodology module 1, 2 and 3 on 8th and 9th February 2019.

Statistics:

The clinical laboratory handled 1323 OPD and 926 IPD cases for routine tests. Around 107 patients attended the camp organized by various departments.

21.08. DEPT OF PAEDIATRICS

Faculty:

Dr Jyoshna Shivaprasad - Professor, HOD & PG Guide
Dr Reshel Noronha - Assistant Professor

STAFF ACHIEVEMENTS:**Dr Jyoshna S.**

- Assisting as editorial member of the quarterly bulletin, ‘Mullerian’ since 2016.
- Attended ‘CANCON 2018’ - 2nd Annual Meet and state conference on the eve of the World Homoeopathy Day organized on 08.04.2018 by qualified private Homoeopathic practitioners at Kannur; ‘RUBRICON 18’, a CME on ‘Newer techniques to study Materia Medica and different repertoires in clinical practice’ on 09.06.2018 organized by the Department of Repertory at FMHMC, Deralakatte; ‘CANFEAT 2018’ - CEA on ‘Curative treatment of Cancer in Homoeopathy’ on 10.06.2018 organized by the Department of Surgery and Pathology at FMMC and ‘QUEST 2018’ - CEA on ‘Medical records and its legal aspects’ on 01.07.2018 organized by the Forensic and Toxicology Department at FMMC.
- Was instrumental in organising the ‘Malnourishment Project Camp’ conducted by AYUSH in collaboration with FMHMC from 03.07.2018 to 13.07.2018 in Vittal and Puttur districts.
- Organized an awareness talk in the form of short documentary on ‘Breast Feeding’ at the OPD from 01.08.2018 to 07.08.2018 in view of Breast Feeding Week.
- Was the team leader and organized awareness talk and camp on ‘Breast Feeding’ at Kotekar anganwadi on 08.08.2017 in view of Breast Feeding Week.
- Organized an awareness talk and camp on ‘Breast Feeding’ at Santhosh Nagar anganwadi on 09.08.2017 and 13.08.2018 at Pavor anganwadi in view of Breast Feeding Week.
- Was invited as chief guest for the Independence Day program on 15.08.2018 at FMHMC, Deralakatte.
- Appointed as external examiner for MD (Hom), Paediatrics, at the National Institute of Homoeopathy, Kolkata.

- Was appointed as the Observer/Squad at Kanachur Hospital by RGUHS, Bengaluru.
- Was a delegate for the national conference “DECENNIUM 2018” on 27th and 28th October 2018 organized by FMHMC.
- Chaired a session as moderator for a scientific paper on “Impetigo” presented by Dr Reju Kareem at DECENNIUM 2018, the National Hom. Conference at the Convention Center on 27th and 28th October 2018.
- Was elected as a member for the social service projects at the AYUSH Foundation, Dakshina Kannada on 11.11.2018.
- Was the team leader and organized camp on ‘Malnutrition’ at Irked, Neralakatte on 13.11.2018 in view of Childrens’ Day.
- Was the team leader and organized awareness talk and camp on ‘Malnutrition’, at Alike, Bimara on 17.11.2018 in view of Children’s Day.
- Was appointed as external examiner for MD (Hom), Paediatrics at JSPS, Homoeopathic Medical College, Hyderabad.
- Was a resource person for a training program for social health workers of anganwadi, self help group, ASHA workers, Streeshakthi Association workers on “Sex determination and female foeticide” in collaboration with Women and Child Welfare Dept, Govt. of Karnataka, at FMHMC.
- Organised for a CME on the topic “Treatment of Autism” by Dr Mike Andrews on 23rd February 2019 at FMHMC, Deralakatte.
- Assisted in the first contact program to orient teachers of Homoeopathy faculty on “Short course in educational methodology’ conducted by RGUHS, Bangalore at FMHMC on 11th and 12th February 2019.
- Organised for a CEA in association with RGUHS, Bengaluru, on the topic “Paediatric case evaluation” by Dr Sudarshana Elangovan on 7th April 2019 at FMHMC.

Publications:

- *Role of breast milk in Autism prevention*, Journal of Homoeopathy the Friend of Health, November 2018.

Guidance rendered for PG articles:

- Juvenile delinquency - a major concern, (Homoeopathic Panorama, Volume 25, Issue 1, 2018) by Dr Ashima Alex.
- Juvenile rheumatoid arthritis - an overview (Homoeo Times, Issue 2, Feb 2019) by Dr Ashima Alex.
- Parkinson’s disease and its stages (National Journal of Homoeopathy, July 2018) by Dr Seesha C.
- Evolution of emotions in a budding child (National Journal of Homoeopathy, Feb 2019) by Dr Jay Sangodker.
- Homoeopathy-A boon to avert abortion, (Homoeopathic Panorama, Issue 3, 2018) by Dr Jay Sangodker
- Growing pain: an overview (Homoeo Sasthram monthly news, Feb 2019) by Dr Ashima Alex.
- Why to bleed, when Homeopathy can cure (E-journal, Homeo book, March 2019) by Dr Divyapriya.

Dr Reshel Noronha:

- Was a delegate at the CME RUBRICON 2018 on “Learning newer techniques of materia medica and different repertoires

- in clinical practice” on 09.06.2018 organized by the Department of Repertory, FMHMC,
- Was a delegate at CEA CANFEAT 2018 on “Curative treatment in cancer in Homoeopathy” on 10.06.2018 organized by the Department of Surgery and Pathology, FMHMC,
 - Was a delegate at the national conference DECENNIUM 2018 on 27th and 28th October 2018 organized by FMHMC
 - Was a delegate at the national level Students Conclave on 17th and 18th November 2018 organized by Bharatesh Homoeopathic Medical College, Belgavi.

21.09. DEPARTMENT OF PHARMACY

Faculty:

Dr Joseph Thomas	- Professor & HOD
Dr Blany Lobo	- Professor
Dr Vivek Sakthidharan	- Associate Professor
Dr Prennie Vidiera	- Assistant Professor
Dr Jeeno Jose	- Assistant Professor

STAFF ACHIEVEMENTS:

Dr Joseph Thomas:

- Appointed External Member, BOS (UG) by Yenepoya (Deemed to be) University, Mangalore.
- Squad member cum observer for various examinations of RGUHS.
- Appointed as Examiner by RGUHS for Pharmacy PG and UG exams.
- Appointed as Examiner by NTRUHS Vijayawada Andhra Pradesh, KNR Health University, Hyderabad and VMUHS Salem, for Pharmacy PG.
- Attended workshop on Research Methodology for PG guides at RGUHS, Bangalore on 5th and 6th January 2018.
- Attended a contact session of Short Course in Education Methodology conducted by RGUHS on 11th and 12th February 2019 and Faculty Development Program on the theme “Emotional intelligence in clinical practice” on 11th and 12th January 2019 at FMHMCH.

Dr Blany Lobo:

- Published a research article titled “Effectiveness of Homoeopathic treatment in female infertility” in Reproductive Medicine International journal volume 1, issue 2
- Attended a workshop on Research Methodology conducted by RGUHS on 8th March 2019 at DVPMRV Dental College, Bangalore and a contact session of short course in “Education Methodology” conducted by RGUHS on 11th and 12th February 2019 and Faculty Development Program on the theme “Emotional Intelligence in Clinical Practice” on 11th and 12th January 2019 at FMHMCH.
- Attended CANFEAT 2018 -CME organized jointly by the Department of Surgery and the Department of Pathology and Microbiology on 10th June 2018 and the Annual Conference “Decennium 2018” National Seminar conducted by FMHMCH on 27th and 28th October 2018 at FMHC.

Dr Vivek Sakthidharan:

- Presented a research paper on “Medicinal plants used in Homoeopathy”, at the national seminar organized by the Centre of Medicinal Plants Research in Homoeopathy under CCRH on 23rd and 24th March 2019 at Ooty.
- Was a resource person in the training programme for PG and PSC examinations organized by IHMA, Kerala, on the topic Homoeopathic Pharmacy.
- Co-Author for an article, ‘Study of variability in heart rate, peripheral blood flow and pulse wave morphology index in health and disease’, MGM Journal of Medical Sciences (MGMJMS) Vol.5, issue no.3, July-September 2018.
- Worked as a co-Investigator for an animal research project in collaboration with NITTE (deemed to be) University funded by FMCI.
- One research proposal has been accepted by RGUHS for the year 2018.
- Is a member, BOS (PG) of RGUHS, Bangalore.
- Was the convenor for ‘Prerana’, an intercollegiate cultural fest for PUC students of DK and Udupi districts, hosted by FMHMC.
- Attended Homoeopathic Conference and CME at FMHMC, ‘CANFEAT’ of the Dept of Surgery and Pathology on 10.06.2018, DECENNIUM, the Mullerian Blend of Mastery on 27th and 28th October 2018, a Faculty Development Program on 11.01.2019 and Contact Session of the short course in Education Methodology in February 2019.

Dr Prennie Vidiera:

Health Awareness articles, published on Daijiworld Weekly

- “Gout - the most unrecognized” - April 20, 2018
- “What is plantar faceting ?” - May 25, 2018
- “Ear Infections in children” - June 15, 2018
- “How important is it to detoxify your body ?” - August 3, 2018
- “Tennis elbow” - September 21, 2018
- “Endometriosis - an agony?” - December 14, 2018.

Ongoing Research:

“A pilot study to evaluate the cholesterol lowering effect in Camellia Sinensis 3X” conducted a camp on “**Hypercholesteremia**” on 21st, 22nd and 23rd February 2019.

Conferences Attended:

- Learning Newer Techniques of Materia Medica and different Repertory in Clinical Practice on 09.06.2018 at FMHMC.
- Attended ‘CANFEAT’ - Dept of Surgery and Pathology on 10.06.2018, QUEST- 2018 - Dept of FMT on 01.07.2018, DECENNIUM - The Mullerian Blend of Mastery on 27th and 28th October 2018 and Faculty Development Program on 11.01.2019.

Dr Jeeno Jose:

- Attended the national seminar on Medicinal Plants used in Homoeopathy organized by the Centre for Medicinal Plants Research in Homoeopathy under CCRH on 23rd and 24th March 2019 at Ooty,

- Attended the contact session of the short course in Education Methodology” conducted by RGUHS on 11th and 12th February 2019 at FMHMCH
- Attended the Faculty Development Program on the theme “Emotional intelligence in clinical practice” on 11th and 12th January 2019 at FMHMCH

Co-curricular Activities:

Study visit for UGs and PGs to FMHPD, Shobhavana Herbal Garden and Alva’s Ayurvedic Pharmacy, Moodbidri and Pilikula Herbal Garden and Museum.

- Published articles on -
 - “Homoeopathy - boon for mankind” in Daijiworld Weekly - September 2018 issue
 - “Nocturnal enuresis” in Vital Informer - October 2018
 - “Vision of healthier world” in Pioneer -2018
 - “Acne - an overview” in Homeo-times - November 2018
 - “Adolescence - A major transition in life” in Homoeopathic Medical Panorama Jan 2019

21.10. DEPT OF PHYSIOLOGY AND BIOCHEMISTRY

Faculty:

Dr Deena M Monteiro - Professor
Dr Jolly D’Mello - Lecturer

STAFF ACHIEVEMENTS:

Dr Deena Monteiro

- Attended a guest lecture on topic “Enrichment program on physiology on excretory system” on 7th July 2018 at Bharathesh HMC, Belagavi.
- Attended CME on “Research methodology” by Dr Sudhir Prabhu on 7th August 2018 at FMHMC and Homoeopathic Conference ‘Decenium 2018’ on 27th and 28th October 2018 conducted by FMHMC at FMCI.
- Attended FDP on “Emotional intelligence in clinical practice” by Fr Alwyn Serrao on 11th January 2019 at FMHMC and “Short course in educational methodology” by Dr Munir Ahmed (RGUHS) on 11th and 12th February 2019 at FMHMC.
- Was both internal and external examiner for the university examinations conducted by RGUHS.
- Attended CME on “Clinical experiences” by Dr Gretta Lobo and Dr Uttam Kumar Shetty on 14th April 2019 organized by IHMA Mangaluru Chapter at Wenlock Hospital.

Dr Jolly D’Mello

- Attended CME on RUBRICON organized by the Department of Repertory, FMHMC on 9th June 2018, QUEST 18 organized by the Department of Forensic Medicine and Toxicology, FMHMC on 1st July 2018, CAN FEAT organized by the Department of Pathology, FMHMC on 10th July 2018 and “Research Methodology” by Dr Sudhir Prabhu on 7th August 2018 at FMHMC.
- Attended the Homoeopathic Conference ‘DECENIUM 2018’ on 27th and 28th October 2018 conducted by FMHMC at FMCI.
- Attended FDP on “Emotional intelligence in clinical practice” by Fr Alwyn Serrao on 11th January 2019 at FMHMC and “Short course in educational methodology” by Dr Munir Ahmed (RGUHS) on 11th and 12th February 2019 at FMHMC.

21.11. DEPT OF PRACTICE OF MEDICINE

Faculty

Dr M.K. Kamath - Professor
Dr Dolphin J. Karat - Professor
Dr Rajachandra - Associate Professor
Dr Sowmini M. - Assistant Professor
Dr Sooraj K. - Assistant Professor

STAFF ACHIEVEMENTS:

Dr M.K. Kamath was appointed as an external examiner by Vinayaka Missions University, Salem; MGR Medical University, TN; NTR University, AP, and West Bengal University of Health Sciences, Kolkata for the PG Examinations.

Dr Rajachandra was appointed as internal examiner for the UG and PG by RGUHS, Karnataka

Publications:

Dr Sowmini wrote an article in Friend of Health Homoeopathic Journal, entitled “Scope of Homoeopathy in sleep disorder - a case of chronic insomnia.”

21.12. DEPARTMENT OF PSYCHIATRY

Faculty:

Dr Girish Navada U.K. - Professor, HOD & Dy Med Supdt
Dr Diana R. - Assistant Professor

STAFF ACHIEVEMENTS:

Dr Girish Navada U.K.

- Was chair person for a session at International AYUSH Conclave 2019 at Trivandrum.
- Appointed PG BOS member KUHAS, Kerala and RGUHS.

Dr Diana R.

- Attended International AYUSH Conclave 2019 at Trivandrum.

- Was resource person for 'Talk on Psychiatry' for Medical Officers in Pathanamthitta, Kerala.
- Was resource person for IHMA MD entrance coaching in 'Forensic Medicine and Toxicology' at Kannur.

21.13. DEPARTMENT OF REPERTORY

Faculty:

Dr Rita Chakraborty	- Professor & HOD
Dr Anita Lobo	- Professor
Dr Kurian P.J.	- Associate Professor
Dr Ashik Muhammed S.	- Assistant Professor
Dr Rakhal P.	- Assistant Professor

STAFF ACHIEVEMENTS:

Dr Rita Chakraborty

- Was convener of the Faculty Development Committee and President of TSC
- Was organizing chairperson of RUBRICON 2018 - a CME conducted by the Department of Repertory on 9th June 2018 at FMHMCH.
- Was coordinator and contact session for "Short course in education methodology" conducted by the Faculty Development Committee of FMHMCH in association with RGUHS on 11th and 12th February 2019 at FMHMCH.
- Was coordinator, Faculty Development Program on the theme "Emotional intelligence in clinical practice" on 11th and 12th January 2019 at FMHMCH.
- Attended CANFEAT 2018 - a CME organized jointly by the Department of Surgery and the Department of Pathology and Microbiology on 10th June 2018 and the annual national conference DECENNIUM 2018 conducted by FMHMCH on 27th and 28th October 2018 at FMCI.

Dr Anita Lobo

Research Activity and Publications:

- Published a research article titled "Effectiveness of homoeopathic treatment in female infertility" in Reproductive Medicine International Volume 1, issue 2.

Other Activities:

- Attended workshop on 'Research Methodology' conducted by RGUHS on 8th March 2019 at DVPMRV Dental College, Bangalore.
- Attended contact session of "Short course in education methodology" conducted by RGUHS on 11th and 12th February 2019 and the Faculty Development Program on the theme "Emotional intelligence in clinical practice" on 11th and 12th January 2019 at FMHMCH.
- Attended CANFEAT 2018 - a CME organized jointly by the Department of Surgery and the Department of Pathology and Microbiology on 10th June 2018 and the annual national conference "DECENNIUM 2018" conducted by FMHMCH on 27th and 28th October 2018 at FMCI.
- Was team leader for a medical camp conducted under the Department of Community Medicine on 7th December 2018 at Mudipu and Women Health Awareness Camp on 12th December 2018 at Kaikamba.

Dr Kurian P.J.

Research Activity and Publications

- Was a resource person for PG orientation/workshop conducted by RGUHS in January 2019.
- The research proposal titled 'A study to explore the bio activity of 15 years old homoeopathic preparation of Allium Cepa 30c by employing double blinded randomized controlled cross-over homoeopathic pathogenetic trial' was approved by RGUHS and was sanctioned Rs.2,71,000/-.

Other Activities

- Attended a contact session of "Short course in education methodology" conducted by RGUHS on 11th and 12th February 2019 at FMHMCH, a Faculty Development Program on the theme "Emotional Intelligence in Clinical Practice" on 11th and 12th January 2019 at FMHMCH and the annual national seminar "DECENNIUM 2018" conducted by FMHMCH on 27th and 28th October 2018 at FMCI.

Dr Ashik Muhammed S.

- Was a team leader for various medical camps conducted under the Department of Community Medicine held on 14th November 2018 at Thumbay Govt School on 14th February at Renjadi and on 16th February at Spandhana Charitable Trust, Prashanth Nivas, Mangalore respectively.
- Attended a workshop on Research Methodology conducted by RGUHS on 8th March 2019 at DVPMRV Dental College, Bangalore, contact session of "Short Course in Education Methodology" conducted by RGUHS on 11th and 12th February 2019 at FMHMCH, Faculty Development Program on the theme "Emotional intelligence in clinical practice" on 11th and 12th January 2019 at FMHMCH and the annual national seminar DECENNIUM 2018 conducted by FMHMCH on 27th and 28th October 2018 at FMCI.

Dr Rakhal P.:

- Attended workshop on Research Methodology conducted by RGUHS on 8th March 2019 at DVPMRV Dental College, Bangalore.
- Attended contact session of "Short course in education methodology" conducted by RGUHS on 11th and 12th February 2019 at FMHMCH and the Faculty Development Program on the theme "Emotional intelligence in clinical practice" on 11th and 12th January 2019 at FMHMCH.

21.14. DEPT OF SURGERY

Faculty:

Dr K. John Paul	- Associate Professor
Dr Hafis Sherief	- Assistant Professor
Dr Rajesh Kumar T. (Orthopedics)	- Part time

STAFF ACHIEVEMENTS:

Dr John Paul:

- Headed a general medical camp at Kotekar Anganwady on 16.01.2018.
- Participated in the free medical camp for Allergic Respiratory Disorders from 28.01.2019 to 31.01.2019.

- Completed two modules in the contact session on “Short course in educational methodology” organized by RGUHS in collaboration with FMHMCH.
- Contributed one article in a national and two articles in the International Journals namely:
 1. “Belly sweetbread: a homoeopathic purview”, in International Journal of Homoeopathic Sciences 2018, Vol 2, Issue 3, Part A. Indexed in Index Copernicus International/Google Scholar (RJIF 4.8).
 2. “Differential analysis of homeopathic medicines attributed to pride” in Homoeopathic Links 2018; 31(3): 184-186 DOI: 10.1055/s-0038-1669958. Non-Indexed following Single blinded peer review policy
 3. “Thrombosed internal piles in 35-year-old – a case report” in The Homoeopathic Heritage, Feb 2019, 23-26. Non-Indexed Peer reviewed Journal.
- Is a co-Investigator for the ongoing research project titled “The efficacy of Hamamelis 30 in the management of varicose veins and its complications using the revised VCSS (Venous Clinical Severity Score) tool and Peripheral Venous Doppler Study” sponsored by the RGUHS.
- Guided a STSH research project taken up by Ms Dania P. Johnson (IV year) entitled “Clinical assessment of Nasal smear eosinophilia: Natrum Muriaticum 30C and its anti-allergic effect – an observational analysis” from August 2018.
- Guided III year student Ms Tanuja Vijay Khot, for the preparation of research proposal for the short term research project of UG under RGUHS titled “A retrospective study on the efficacy of Conium Maculatum for lower urinary tract symptoms in men with benign prostatic hyperplasia”.
- Attended Decennium 2018 on 26th and 27th October 2017 and was a member of the Media Committee.
- Attended CME on “Emotional intelligence” organized by FMHMC.

Dr Hafis Sherief:

- Continuing to coordinate the stay and conveyance of the external examiners during the University examinations.
- Attended DECENNIUM 2018 on 26th and 27th October 2017 and was a member of the organizing committee.
- Completed two modules in the contact session on “Short course in educational methodology” organized by RGUHS in collaboration with FMHMCH.
- Participated in the Free Medical Camp for Allergic Respiratory Disorders held from 28.01.2019 to 31.01.2019.
- Attended the one day research methodology workshop 2019 in RGUHS.
- Attended CME on emotional intelligence organized by FMHMC.

Departmental Activities:

1. The Department conducted a Student Journal Club as an innovative practice by advanced learner Ms Dania P. Johnson on 11.07.2018 on the topic “Role of homoeopathic mother tinctures in rheumatoid arthritis: an experimental study”.
2. Organized CANFEAT 2018 Continuing Education Activity on “Curative treatment of cancer by homoeopathy” on 06.09.18 in association with the Department of Surgery.

3. Organized HOMOEO-OPTICS 2018 Continued Medical Education on the Homoeopathic Management of Ophthalmologic Diseases on 02.12.2018.
4. The PTSA was held and the status of their wards was conveyed to the parents/guardians on 16.07.2018 and 22.12.2018 for supplementary batch.
5. As a departmental activity “Simulated patient” as an innovative practice is being continued for the II BHMS students.
6. The II and III BHMS students are continuing to involve them in making ‘MINDMAP’, an innovative practice started in 2017.

ACADEMIC ACTIVITIES/EVENTS/PROGRAMS OF THE COLLEGE:

Clinical Meetings:

Regular clinical meetings are held on every working Wednesday for BHMS students. The in-Charges of OPD units conduct the clinical meetings as per the specified time table. Clinical meetings of the interns are conducted on every Tuesday as per the schedule.

Journal Club:

Journal Club meetings are conducted regularly for interns on every Friday. The in-Charges of various OPD units supervise the Journal Club by rotation.

IMPORTANT EVENTS:

PRAYAG 2K18 - Cultural:

The cultural competitions of Annual Cultural and Sports Fest 2018 for the students was organized by the Students Association in co-ordination with the staff and student cultural committee from 20th to 24th November 2018. The Cultural and Literary Fest of PRAYAG 2K18 concluded with the valedictory program on 24th November. The Chief guest was Mr Roy Castelino, Managing Director, Roycons Builders and Developers Pvt. Ltd., Mangaluru. It was presided over by Rev. Fr Vincent Vinod Saldanha, Administrator, FMHMCH. Mr Nandan Krishna, President of Students Association delivered the welcome address. The Administrator felicitated the Chief guest and gave the concluding remarks. The event concluded with the vote of thanks by Mr. Jeswin Abraham, Cultural Secretary.

PRAYAG 2K18 - Sports Day:

Sports and Games Event, PRAYAG-2K18 was inaugurated on 1st December 2018 at the college grounds, Deralakatte. The program commenced at 9.00 am. Student Council President, Mr Nandan Krishna, extended a warm welcome to the gathering and introduced the Chief guest, Mr Roshan Ferrao, International Body Builder. More than 12 events on each category Athletes representing their houses and staff and non teaching staff participated. The games ended with the Tug of War. The valedictory function concluded at 4.00 pm.

Annual Retreat and Value Education Program - 2018:

Annual retreat of two days was conducted on 08.12.2018 and 09.12.2018 for the Christian students at St Lourdes Chapel at the Deralakatte campus. Rev Fr Anil Fernandes SVD and their team preached the retreat.

The Value Education Program - EVOLVE, for non-Christian students took place on 08.12.2018. The speaker for the first session was Rev. Fr Arun Lobo, Director, Shanthy Kiran Counselling Centre, who highlighted the theme "The relation between present society and youth psychology and how to deal with it." The second session was conducted by Dr Caroline P. D'Souza, Psychiatric Consultant, Falnir Health Care Centre. She highlighted the theme "Stress management and self management." The speaker of the third session was Dr Alwyn D'Sa, Professor, St Aloysius College, who spoke on "The duty of being a caring, respectful profession."

FROSTY FIESTA 2018:

The College and Hospital had Christmas Carol Competition on 20th December 2018 which was organized by the members of Jesus Youth Ministry of Deralakatte. The event was named "FROSTY FIESTA '18" with a tagline 'A December to Remember'. The series of events began with a prayer song followed by a Christmas message by Dr Shivaprasad K., Principal. It was followed by cake cutting by the dignitaries. The program concluded with a fun time with Santa.

Parent Teacher Student Association Meeting:

Parents, Teachers and Student Association (PTSA) meeting was held on 22.12.2018 for II, III and IV BHMS (regular and suppl) students at the College Auditorium, Deralakatte. A total number of 116 parents of students attended the meeting.

Prayer Service /Inauguration of New academic year January 2019:

A prayer service was conducted to invoke the blessings of Almighty God on the new academic year on 07.01.2019 in the College Auditorium. Activities of the year in the Annual Calendar were put forth by Dr ESJ Prabhu Kiran, Vice Principal. Ms Dania P. Johnson compered the program.

Faculty Development Program:

A Faculty Development Program (FDP) on "Emotional intelligence in clinical practice" was conducted on 11th and 12th January 2019 at FMHMCH. The teaching faculties were organized into two groups. First group was scheduled on 11th and 2nd group on 12th January 2019. Fr Alwin Serrao was the resource person for both the days.

"Mane Mane AYUSH Program":

There was an inauguration program of "Mane Mane AYUSH" on 16.01.2019 by Mr U.T. Khader, Minister for Urban Development and Housing at Balepuni High School. On this occasion Mr Mohammed Iqbal, District Ayush Officer, Dakshina Karnataka, the Principal, HOD of Community Medicine, Medical Social Worker and Interns of FMHMC were present. The purpose of this program was to create awareness among the public about Homoeopathy and reach their homes.

RGUHS Inter-Collegiate Throw Ball Tournament 2018-19:

RGUHS Inter Collegiate Throwball and Tennikoit Tournament 2018-19 was held on 24th and 25th January 2019. Men and Women throwball teams of the College participated. Women throwball team won the 1st place in the tournament.

Republic Day:

The 70th Republic Day Celebration was held on 26th January 2019 in the College premises. All the staff and students assembled in front of the College for the flag hoisting ceremony. The chief guest was Dr Deena Monteiro, HOD of Physiology and Biochemistry Department. In her address, she stressed on the "Present day situation about national integration at Delhi, the selfless sacrifices of our soldiers towards the country and motivated everyone to become better citizens and how to show our patriotism."

RGUHS Inter Zone Throw ball tournament 2018-19:

FMHMC Women team participated in the RGUHS Inter Zone Throwball and Tennikoit tournament 2018-19 organized by Sri Devi College of Physiotherapy, Tumkur on 31.01.2019 and 01.02.2019 and won the Runner up.

Inauguration of the Students Association 2019 at FMHMC:

The inauguration program began with a procession by the members of the Students' Association followed by a prayer song by Ms Alida and team. Dr Girish Navada, Staff Advisor, welcomed the gathering. The chief guest of the program Prof. John D'Silva, Vice Principal, St Aloysius College (Autonomous) Mangaluru, inaugurated the ceremony by lighting the lamp with other dignitaries on the stage. The Principal read out the names of new office bearers and also administered the oath to the Office Bearers. Mr Nandan Krishna, former president of the Students' Association, gave farewell speech and thanked everyone and Mr Samudrala Sai Revanth, the new President gave the acceptance speech and sought support of everyone to become a global leader.

Contact Session on "Short Course in Educational Methodology":

A contact session on "Short Course in Educational Methodology" was organized by RGUHS in collaboration with Father Muller Homoeopathic Medical College and Hospital on 11th and 12th February 2019. The resource person for the program was Dr Munir Ahmed R, Director, College Development Council, RGUHS and HOD Department of Repertory, GHMC, Bangalore.

Training Program for Anganawady Streeshakthy and Asha Workers:

One day training program for Anganawady, Streeshakthy and Asha workers was conducted in FMHMCH in collaboration with Women and Child Welfare Department, Rural Mangaluru on 13.02.2019. The program was inaugurated by lighting the lamp by Rev. Fr Vincent Saldanha, Administrator FMHMCH, who was the chief guest of the program. Advocate Mrs Gowri K S enlightened the group about the laws on women rights and highlighted the topic "*Beti Bachao Beti Pado*". Dr Jyoshna Shivaprasad, HOD of Paediatrics was the resource person for the topic "Prenatal sex determination and feticide". Dr Vilma D'Souza, HOD of OBG, gave the awareness talk on "Female related cancer and its investigation methods".

International Women's Day Health Camp 2019:

In view of the International Women's Day, the Department of Obstetrics and Gynaecology organized a one week Women's

Health Awareness camp from 4th to 9th March 2019. The inauguration of the camp was held on 4th March at 10.30 am in FMHMC OPD premises. Mrs Pramila D'Souza, Assistant Professor and HOD of OBG, Father Muller College of Nursing, was the Chief guest. Dr Vilma D'Souza proposed the vote of thanks and Dr Jolly D'Mello was the MC.

Adrenaline 2019

The students of participated in the 'Adrenaline 2019', the cultural and sports fest hosted by Father Muller Medical College and conducted from 18th to 21st February 2019 and won many prizes, including the first 'Runners Up' Trophy.

Guest Lecture on 'Treatment of Autism' by Dr Mike Andrews U.K. :

On 23rd February 2019, Dr Mike Andrews, a renowned homoeopath from the United Kingdom, visited FMHMC along with his wife Mrs Judy Andrews. Dr Mike Andrews has numerous years of experience in treating Autism cases from all over the world which is his field of expertise. He addressed the faculty and students on the topic: "The treatment of Autism".

Guest Lecture on High Risk Diseases in Pregnancy:

With regards to the International Women's Week, a guest lecture was conducted for 3rd BHMS students of FMHMC on 04.03.2019 on the topic "High risk diseases in pregnancy". The guest lecture was given by Dr Shannon Francesca Fernandes, Assistant Professor, Department of Obstetrics and Gynaecology, FMHC.

Fire and Safety Training:

The Infrastructure Committee of Father Muller Homoeopathic Medical College organised a Fire and Safety Training Program for the teaching and non teaching staff on 15.03.2019 in the

College Auditorium. Mr Rudolph, Safety Officer of Father Muller Charitable Institution gave a talk on Fire and Safety Management, the type's hazards in our day-to-day life and work place and the types of fire extinguishers and its usage. Thereafter a practical session was conducted to use the portable fire extinguishers. 40 participants were trained to operate the Fire extinguishers.

World Homeopathy Day 2018:

Commemorating the 263rd birth anniversary of the Founder of Homoeopathy, Dr Christian Friedrich Samuel Hahnemann, 'World Homoeopathy Day' was celebrated on 18th April 2018. Dr Sreenivasulu M., CMO, NMPT Hospital, Panambur, Mangaluru was the chief guest. Dr Prasanna Kumar, alumnus 1994 batch and consultant homoeopath was the guest of honour. Rev. Fr Richard Aloysius Coelho, Director, FMCI and president of the function, garlanded the bust of Fr Muller and Dr Samuel Hahnemann. Dr Mini I.V., convenor of the program, proposed the vote of thanks.

Cultural and Sports Activities:

Father Muller Homoeopathic Medical College had the following cultural programs for the year 2019.

1. Independence Day Celebration with Patriotic song
2. Onam Celebration on 18.08.2018 - Pookalam and cultural show
3. PRERANA 2018 - an intercollegiate competition.
4. Annual Cultural Fest 2018 - PRAYAG 2K18
5. The mega event of the College - PRERANA 2018, an intercollegiate cultural and literary competition was conducted on 9th and 10th November 2018. This competition targets the PU students and includes various cultural and literary events.

22. FATHER MULLER HOMOEOPATHIC MEDICAL COLLEGE HOSPITAL

Homoeopathic treatment is gaining more and more popularity and the patient statistics are improving. In 2018-19 a total of 11,604 new cases and 76,887 follow up cases were treated in the Hospital Out-patient Dept. A total of 88,491 patients were also admitted to the hospital and treated during the year.

As on 31st March 2019, the Homoeo Hospital has also given free care for out-patients and in-patients amounting to Rs.69,24,102.35. The College is continuing the village extension service with mobile clinics at 14 centres. In 2018-19, a total of 4,630 new cases and 29,437 follow up cases were treated in such clinics.

Evening Special Consultation:

New cases - 297
Follow ups - 1,245

O.P.D Extension: O.P.D extension services are held daily at St Antony's Poor Homes, Jeppu and Prashanth Nivas, Jeppu.

St Antony's Poor Homes: There were 2,277 follow ups and 16 new cases. **Prashanth Nivas:** There were 1,920 followups and 116 new cases.

Centres	New Cases	Follow Ups	Total
N.M.P.T	108	81	922
Bela	218	1930	2148
N.I.T.K	69	563	632
Cheliarpadav	36	170	206
Bajjodi	19	1400	1419
Thumbay	571	3192	3763
Paneer	23	109	132
Salethoor	30	189	219
Kasaragod	210	477	687
Jeppu	2525	12331	14856
Neereshwalya	25	164	189
Wenlock Hospital	639	3080	3719
Olavina Halli	11	768	779
Aloysian Boys Home	14	53	67
Total	4,630	29,437	34,067

23. FATHER MULLER HOMOEOPATHIC PHARMACEUTICAL DIVISION

Staff:

Rev. Fr Vincent V. Saldanha	- Administrator	
Rev. Fr Sylvester Lobo	- Asst. Administrator	
Production In-Charge	-	1
Sr Secretary	-	1
Analyst	-	1
Sr Assistant Clerks	-	1
Junior Assistant Clerks	-	12
Asst Electrician	-	1

The legacy of Father Muller Homoeopathic Pharmaceutical Division is continuing under the leadership of the Administrator - Rev. Fr Vincent Saldanha and Asst Administrator Rev. Fr Sylvester Lobo.

The Homoeopathic Pharmaceutical Division at Deralakatte started in the year 2003 is licensed to manufacture homoeopathic medicines as per G.M.P norms. The products manufactured are Father Muller Specific Medicines in the form of Pills and Tablets, Ointments, External Oils and Powders, Triturations and Tablets, Mother Tinctures, Dilutions and Patents Products in an area of 55,000 sf. The whole unit is provided with fresh air filtered systems and dust extractors to maintain the hygiene and sterile procedures to keep up the quality of whole manufacturing process.

The activity of the Pharmacy involves procurement of raw material, packing material, production process, quality assessment and packing process. It is carried out under the strict supervision of competent technical personnel.

The staff is well trained to keep vigil over the production process as per production S.O.P maintained in the respective departments in order to avoid errors and negligence. They are also trained in the objectives and scope of GMP to maintain quality.

The licensing authority for homoeopathic product was Ayush Department under State Government and now it has been delegated to Additional Drug Controller, Drugs Control Department, Bangalore. The renewal of our license was due in December 2018. We have submitted the required documents for renewal of license in the month of November 2018, and we are expecting the inspection for renewal of license.

In order to compete in the competitive market, with the feedback from different dealers / practitioners, we have changed major packing material i.e. glass bottles from 25mm neck size to 18mm. Due to change in the neck size of the bottle, we have replaced the filling system in Mother Tincture section as well as Dilution section to speed up the filling process. We have received good response in this regard from our dealers.

The sizes of labels are brought down to reduce the inventory.

We have changed the 25g plastic food grade containers used in filling- Pills, Tablets and Triturations / Powder. The newly introduced container with self sealing cap not only gives an attractive look but also avoids tampering.

A major change was brought in label printing during the year. Earlier it was done manually in sheets and was time consuming. Now it is in sticker rolls and very fast. Sticking of labels in dilution section was done manually and required a lot of man power. With the introduction of sticker rolls, the sticking of labels is done in label sticking machine which not only reduced the man power and also speeded up the sticking process.

We have changed the presentation of Arnica Hair Oil, Freshol Mouth Wash and Dental Powder to enhance the marketing of our products and it is well accepted by our customers/ dealers.

Different schemes were introduced to the dealers based on their annual business. Product wise schemes were introduced. Samples and promotional materials were distributed to the different dealers through Marketing Representatives to promote the sales of our products.

During the year the internship training program was made available to students of St Aloysius College, Mangalore.

Growth sales of HPD:

FMHPD has made a remarkable achievement in sales in the past 7 years

2016-17	-	Rs.10.00 crores
2017-18	-	Rs.11.03 crores
2018-19	-	Rs.12.52 crores

We have changed the 25g plastic food grade containers used in filling- Pills, Tablets and Triturations / Powder. The newly introduced container with self sealing cap not only gives an attractive look but also avoids tampering.

List of machines /equipments:

- Semi automatic liquid filling, sealing and labeling machine, GMP model syrup making tank and mixing tank in liquid Oral Section.
- Semi automatic liquid filling machine, self sealing machine, automatic back potentizer, semi automatic potentizer, semi automatic sticker labeling machine, in Dilution Section.
- Semi automatic liquid filling machine, self sealing machine, semi automatic sticker labeling machine, hydrolic pressing machine, spark free filtration equipment, stainless steel perculators, maturators of different sizes in Mother Tincture Section.
- Semi automatic tablet punching machine, mixing unit, granulators, trituration machine and shrink tunnel in tablet and Trituration Section.
- Mixing unit, granulators, semi automatic powder filling machine, grading machine in the External Powder Section.
- Semi automatic ointment filling machine, sealing machine, mixing vessel, oil mixing tank, filtration unit and semi automatic oil filling machine in Oil/Ointment Section.

- The full-fledged Quality Control Section with high-performance equipments like Spectrophotometer, UV chamber, TLC kit, PH meter, refractometer, polari meter, melting point cum boiling point apparatus, fuming chamber, laboratory furnace, friability test apparatus, water bath, tablet DT machine etc. is installed to monitor the quality of medicines at every stage of the production process.

Marketing Section: Annual Sales:

Month	Total sales (Rs.)
April	94,27,425.00
May	1,04,99,401.00
June	98,62,419.00
July	96,89,335.00
August	97,36,301.00
September	1,05,06,694.00
October	99,84,767.00
November	1,03,76,378.00
December	88,88,311.00
January	1,04,43,506.00
February	1,03,02,386.00
March	1,54,93,888.00
Total	12,52,10,811.00

Visitors:

- Dr Prem Kumar S. along with 50 students and 2 staff members of Alva’s Homoeopathic Medical College, Mijar, visited on 03.04.2018.
- Dr Rupali A. Telang along with 87 students and 3 staff members of A.M. Shaikh Homoeopathic Medical College, Belgaum, visited on 08.05.2018.
- Dr B.R. Srinivas along with 94 students and 6 staff members of Bhagwan Buddha Homoeopathic Medical College, Bangalore, visited on 11.06.2018.
- Dr Kiran N. Patil of A.M. Shaikh Homoeopathic Medical College, Belgaum, visited on 06.07.2018.
- Dr (Mrs) Rashmi R. Shirwaikar, Professor, Dept of Homoeo Pharmacy, along with 43 students and 3 staff members of Shri Kamaxidevi Homoeopathic Medical College and Hospital, Goa, visited on 02.11.2018.

Activities:

- During the year, the HPD staff took part in sports like Cricket (Gents), Kabbadi (Gents), Volley Ball (Gents), Tug of War (Gents and Ladies), Throwball (Ladies) and lucky games conducted in connection with Institutions Day celebration in the month of March 2019.
- Production Manager and Assistant Professor attended national seminar on medicinal plant used in Homoeopathic system on 23rd and 24th March 2019 at Kluney Manor, Ooty.
- Participated in DECENNIUM-18 from 26th to 28th October 2018 at FMCI.
- Christmas was celebrated on 24.12.2018. The staff had a marvellous celebration. The staff prepared a beautiful crib. The Administrator Rev. Fr Vincent Saldanha and the Asst. Administrator Rev. Fr Sylvester Lobo gave the Christmas message on this occasion. The celebration came to an end with Christmas Carols and distribution of Christmas cake.

Marketing: Mr Masoom Raja continues as the corporate marketing agent for Eastern U.P and Jharkhand State and is able to show a growth of 10% in U.P and 15% in Jharkhand in comparison with the previous financial year.

Dr Ashok Kumar, Corporate Marketing Supervisor with two MRs for the State of Bihar has achieved the target of Rupees 6.5 crores in 2018-2019. Mr Panigrahi, the marketing representative for Odisha has made a sales of Rs.1.25 crores. Mr Biswajith Goswami, appointed as marketing representative for Assam (North East) and made a business of Rs.45 lakhs.

24. HOSTELS

ADMINISTRATION:

The hostels are managed by Father Muller Charitable Institutions. Hostels are under the administration of the concerned Administrator of the College. Every hostel has a Residential Warden responsible for the overall supervision of the hostel. The Administrators conduct weekly meetings with the Wardens in order to get a feed back from the students on academic matters as well as to get reports on hostel discipline and problems, if any.

Discipline plays an important role in the hostel management. The timings to enter the hostels are fixed and students are

expected to fall in line with the timings. Silence is observed strictly from 9.00 p.m. to 7.00 a.m. in order to promote a proper atmosphere for study. Individual attention and personal care is given to every student.

24.01. AVE MARIA HOSTEL

- Warden** : Sr Josephine D’Silva
Asst Warden : Ms Jenvi D’Souza (A & B block)

Sr Sudha, Assistant Warden of Ave Maria 'A' Block finished her term and Ms Jenvi D'Souza was appointed in her place on 15th January 2019.

Total no. of inmates: Block A - 232, B – 123, C - 249.

The hostel consists of three blocks - A, B and C. 'A' block is occupied by the students of Allied Health Sciences. 'B' block consists of MBBS interns, MHA, M.Sc. Nurses and Staff reside in this block. 'C' block consists of postgraduates of various courses – Medical, MPT, MBBS (UG) of phase 3 and 4 in this block.

Discipline: Silence is maintained after 10.00 pm in the Hostel in order to facilitate an atmosphere of study. Floor leaders help the Warden to maintain silence. Hostelites are encouraged to follow hostel rules and avoid unwanted behaviour. Security personnel are employed to ensure the safety of the hostelites. Attendance is marked daily to make sure of the presence of the residents.

Celebrations: Every year Diwali, Christmas, Onam and Easter are celebrated in the hostel. Special menu is served to make hostelites happy and feel at home during the festivals.

Spiritual Activities: We respect the faith and culture of each inmate of the hostel. Therefore, they are encouraged to grow in their own faith and follow their customs and culture, bearing in mind the policies and principles of the Management and the regulation of the hostel. Catholic students are encouraged and motivated to participate in daily Eucharist, evening prayer, Friday adoration, Jesus Youth and as Altar Servers by giving them ample opportunities for active participation.

Hostel Mess:

Mess facility is provided for the vegetarian and non- vegetarian residents. Food is cooked in the hostel itself. Hygiene is maintained well in the kitchen and mess hall. Menu is changed as per requirement. Special menu is served on special occasions.

24.02. CARMEL HOSTEL

Warden : Mrs Benedicta Castelino

Total number of inmates - 490

Carmel Hostel, a part of the College of Nursing, provides a home for all to study and work. The Principal is the Chief Warden. A Residential Warden assisted by Floor Wardens, one on each of the floors, to attend to the discipline and the immediate needs of the students. All the Wardens meet and discuss the growth, needs and progress of the students.

Activities:

Ample opportunities are provided for the around development of the students. The Christian/Catholic students are motivated to make the best use of the spiritual programs in

the campus such as daily mass in the morning, common rosary at night, weekly prayer meetings and annual retreat. They are encouraged to become members of the Altar Servers, Jesus Youth and the Choir. The non-christian students are free to practice their own religion and are permitted to go to their places of worship.

The hostelites take active part in all the extra-curricular activities organized by the College and the Institutions. They participate actively in the various art and cultural competitions

In November 2018, few students attended the jubilee conference on Jesus Youth, Karnataka held in Bangalore and a day's prayer service at Jeppu.

Celebrations:

The hostelites celebrate the national and religious festivals such as Independence Day, Nativity of the Blessed Virgin Mary, Deepavali and Christmas.

Hostel Day:

The feast of Our Lady of Mount Carmel, the patron of the hostel was celebrated on 17th July 2018. The day started with a solemn Eucharistic Celebration in the morning and ended with the blessing of the hostel rooms and a cultural evening with dinner.

Mess:

The hostel Mess is being taken up by a contractor with a fixed amount being charged to each student. There is a Mess Committee comprising of student representatives from each of the batches along with the Warden, and the Principals of College and School of Nursing. The Mess president, secretary and the representatives meet as and when the need arises to plan out the routine menu and modify the existing one. In the Carmel 'C' Hostel where Sisters are accommodated, mess facility is outsourced to caterers.

24.03. DON BOSCO HOSTEL

Warden : Mr Radhakrishnan

Asst. Warden : Mr Arnold Frederick D'Souza

Hostel Representative : Dr Jerome Joseph

Total number of inmates : 413

The Hostel (Gents) accommodates MBBS and Para-medical students.

Students Council: The Hostel has a committee of 15 comprising representatives of all batches to manage the affairs of hostel/mess.

Celebrations: Christmas was celebrated with great enthusiasm. An attractive crib and decorations were put up by the students. Other festivals like Oman, Diwali, and Holi were also celebrated with much fervour.

Spiritual Activities: Students have been encouraged to walk the right path day by day, with regular prayers being organized in the hostel, conducted separately for paramedical and medical students. Holy mass is celebrated in the hostel prayer hall on every Wednesday. Additionally, for the last 10 days of every month, students from our hostel ensure that the morning church services proceed without any hitch.

24.04. ST ALPHONSA LADIES HOSTEL, DERALAKATTE

Warden : Sr Trecilla D'Souza
Total no. of inmates : 424

This hostel is a part of the Father Muller Homoeopathic Medical College and provides a home for all the UG and PG students with all the facilities for the comfortable stay, good atmosphere of study, silence and safety.

Activities and Celebration:

- Various feasts like Deepavali, Onam, Ramzaan, Nativity of Mother Mary, Christmas, Patron's Day and New Year were celebrated during the year.
- Annual retreat for Catholics and value education for non-catholics was conducted on 8th and 9th December 2018.

Spiritual Activities:

- Father Muller Homoeopathic Medical College campus has its own chapel dedicated to St Lourdes. Every day at 6.15a.m Holy Mass is celebrated and at 6.45p.m the rosary is recited. Priests are available for regular confession and counselling. Adoration is conducted once a week. Nearly 100 students take part everyday in spiritual activities. More than 400 students including students of neighbouring colleges attend Sunday mass and gain spiritual benefit. To facilitate the students in spiritual care, liturgical practice and choir practice is done. There is an altar service group which assists at mass and Jesus Youth group which conducts prayer services.
- There are 24 religious student sisters of various congregations studying in our college and residing in the hostel. Recollection is given for them every month and guest priests are invited for the same.

Mess: There is a Mess Committee of 10 members which meets every month, plans the menu, evaluates food provided for them and verifies the accounts.

24.05. LOURDES HOSTEL

Warden: Rev. Sr Shilpa Pereira, SRA

The Lourdes Hostel caters to the accommodation needs of the lady students of BPT, MLT, MIT, RT and the Staff. Total number of inmates is 170.

Hostel Managing Committee:

Under the leadership of the Warden, there is a Hostel Committee which works as a team in the following areas:

- 1) Finance (2) Liturgy (3) Cultural (4) Sports and Mess.

The activities for any program are planned by a core group which consists of the Warden, Hostel President, Vice President and the Secretary. The same is presented to all the hostelites during the general body meeting and each one of them is given a chance to express his opinion on the issue.

ACTIVITIES AND SERVICES RENDERED:

Spiritual: Due importance is given to spiritual growth, values and the moral life of each student. Students are encouraged to attend daily mass and adoration. They also conduct Sunday liturgy and adoration on turn. The students are involved in the Jesus Youth and Altar Servers meetings. They participate in the annual retreat arranged for them. An important part of the student's life in the hostel is family prayer at 8:30 p.m. A short hostel prayer service is conducted which includes reading the Word of God and singing a hymn. Thereafter all the Catholic students join for rosary. Special prayers are offered for birthday celebrants.

Cultural and Hostel Activities: Valedictory functions with prayer service and cultural programs were organized for the outgoing students of BPT, MLT, RT and MIT. A welcome ceremony was held by the seniors along with the Warden for the 2018 batch of BPT, MLT, MIT and RT. Outdoor and indoor games are provided to the students. Every evening, students are encouraged to play various games such as throwball, basket ball, badminton, etc.

Mess Facilities: The students have their own mess which is run by Mr Solomon, the Mess Manager.

Celebrations: Every year the following festivals are celebrated by the hostelites:

- Diwali :** The festival of lights was celebrated.
- Onam:** Hostelites prepared Pookalam and in the evening Onam meal was served.
- Christmas:** The birth of Jesus Christ was celebrated in a meaningful way. Advent wreath was placed with 4 candles which were lighted on each Sunday with a prayer service. The hostelites prepared a beautiful crib and sang Christmas carols. There was a dance session which ended with an ice-cream party.
- Lenten season:** During this season, the hostelites meaningfully conducted 'Way of the Cross' batchwise in front of the hostel. They contributed Rs.2000/- towards Lenten Campaign and Rs.500/- for Mission Sunday.

24.06. MOTHER TERESA HOSTEL

Warden - Sr Florine Nazareth

Total no. of inmates - 222

Mother Teresa Hostel is a home for I, II & III year MBBS students and III year postgraduates ladies who have come to pursue medical studies from all over the country with a diverse culture, customs and language.

Hostel Committees:

Under the leadership of the Warden, different hostel committees function for Liturgy, Mess, Choir and Cleanliness who assist the Warden to maintain discipline and order in the hostel.

Spiritual Activities:

Students are encouraged to grow in their faith. The Catholic students are encouraged and motivated to take part in daily Eucharist, rosary and weekly adoration and take part in the activities of the Jesus Youth and Altar Servers. They also take active part in conducting the weekly adoration, Sunday and daily liturgy and choir.

Celebrations:

The hostel was illuminated with oil lamps on Deepavali. Students prepared a Christmas tree and a crib decorating with stars and lights on the day of Christmas. Onam was celebrated by putting a flower carpet Pookalam. Advent and lent too was observed devotionally. The Catholic students participated in the novenas during Advent and Way of the Cross during the Lenten season.

Special Events:

- In the month of April, 52 students of the 2015 batch were shifted to Ave Maria 'C' Block.
- In the month of August, 64 students of the 2018 batch joined the hostel.
- On 29th August, a farewell function was organized to Sr Rita Chinnaswamy.

24.07. ST JOSEPH HOSTEL

Hostel Warden: Mr Akil Mathew, Department of Physiotherapy

Hostel Strength: Non-teaching Staff - 1
Students - 11

Mess: Mess is not available at the hostel. Arrangements have been made for the Inmates to take food from the Hospital Cafeteria, Don Bosco Hostel and from outside.

24.08. ST JOHN PAUL II GENTS HOSTEL, DERALAKATTE

The activities of the St John Paul II Gents' Hostel are looked after by Asst Administrator Rev. Fr Sylvester Vincent Lobo with the help of Dr Ashik Muhammed S, Warden in-Charge and Dr Tom Alexander, Asst in-Charge. With the new admissions for academic year 2018-2019, 18 students joined the Gents' Hostel. The total number of hostelites is 112.

Hostel Welfare Committee 2018-19 :

Selection to the Hostel Welfare Committee was held in April 2018 and Mr Navas of final BHMS was selected as the Secretary and Mr Mrinal Nanda of III BHMS as Asst Secretary. The duties were handed over to them by the previous office bearers. Rev. Fr Vincent Saldanha, Administrator FMHMCH, Rev. Fr Sylvester Vincent Lobo, Asst Administrator FMHMCH and Dr Shivaprasad K., Principal and Chief Warden, FMHMCH, were present during the occasion.

Celebrations and programs during the year:

Deepavali festival was celebrated in the month of October 2018 under the supervision of Dr Ashik Muhammed S. and Dr Tom Alexander. Batch-wise sports were conducted for the hostelites in the month of November 2018, which included basketball, volleyball, football, cricket and fun games under the supervision of Mr Chenna Kesava, Physical Instructor, FMHMC, with the help of the Sports Secretary, Mr Tejas A.

Christmas was celebrated in a grand way by making a crib with the help of I year students in the College and the way to the hostel was decorated with lights and stars.

25. EXPRESSION OF GRATITUDE**SISTERS OF CHARITY:**

We are grateful to

The Congregation of the Sisters of Charity of St Bartholomea Capitanio and St Vincenza Geroza has been associated with Father Muller Charitable Institutions right from 1897. The Sisters have been actively involved in the various activities of the Institution such as nursing service, nursing education, leprosy eradication, administration, hostel management, etc. The Institution is grateful to the Mother General of the Congregation and also to the Provincial Superior of Mangalore Province V. Rev. Sr Matilda Monteiro for their continued support to Father Muller's. During the year 11

Sisters have been working in the various Units and Departments of the Institution. The Institution has provided them with a spacious and well-furnished residence.

OTHER CONGREGATIONS:

We are extremely grateful to:

- The Provincial Superior V. Rev. Sr Juliet Lobo of the **Congregation of the Missionary Sisters of the Queen of the Apostles (S.R.A.)** for the services of Sr Shilpa Pereira as the Warden of Lourdes Hostel and Sr Teriza Joseph DeSouza in the Laboratory Department.

- The Superior General V. Rev. Sr Susheela Sequeira of the **Congregation of the Ursuline Franciscan Sisters (U.F.S.)** for the services of Sr Christine Andrade as House-Keeping Supervisor and Sr Eunice Sylvia Trecilla D’Souza as Warden of HMC Ladies Hostel at Deralakatte.
- The Provincial Superior V. Rev. Sr Maria Shamita of the **Apostolic Carmel (A.C.)** Congregation for the services of Sr Ellen Marie as Nursing Superintendent and House Keeping in-Charge and Sr Shanthi Theresa D’Souza as Staff Nurse.
- The Superior General V. Rev. Sr Prescilla D’Mello of the **Congregation of the Helpers of Mount Rosary** for having lent the services of five Sisters of the Institute. Sr Irene D’Souza and Sr Sunitha Pinto are looking after the Hospital Dietary Dept, Sr Roseline as in-Charge of the Rehabilitation Unit,
- Sr Helen Lewis as in-Charge of the Laundry Department and Sr Prema D’Souza in the X-ray Department.
- The Provincial Superior V. Rev. Sr Jayarani of the **Congregation of St Joseph of Tarbes** for the services of Sr Arpana Ramya and Sr Samuel Nithyasri as Staff Nurses.
- The Provincial Superior V. Rev. Sr Christy and V. Rev. Sr Regi of the **Congregation of the Snehagiri Missionary Sisters** for the services of Sr Amalu Mol Joseph and Sr Alphonse Kurian as Staff Nurses.
- The Provincial Superior V. Rev. Sr Lilly Jose of the **Congregation of the Sisters of Imitation of Christ**, Tiruvella Province for having lent the services of Sr Judy as teaching faculty in Father Muller College of Nursing.

26. CONCLUSION

With a deep sense of gratitude to God Almighty for His benevolence and providence, I acknowledge the active support of everyone who became a part of this mighty Institution. Indeed you helped us to live the motto of this Institution, “*Heal and Comfort*”. I am grateful to His Lordship Most Rev. Dr Peter Paul Saldanha, Bishop of Mangalore and the President of Father Muller Charitable Institutions for his paternal care and unceasing interest in the welfare of this Institution. I also thank Rt Rev. Msgr. Maxim L. Noronha, the Vicar General of the Diocese of Mangalore and the Vice President of Father Muller Charitable Institutions for his valuable guidance, and the Governing Board members who took a keen interest in the growth and progress of the Institutions. All of them were present for all the meetings and major events of the Institutions which show their affinity to us.

I am grateful to all the Administrators and Assistant Administrators who shoulder much of the burden of running the Institution. Without their support the Institution wouldn’t have seen such a rapid progress. I must say each one should receive a pat on their back for their dedication and keen interest in the functioning of the Institutions, our Chaplains who bring peace and solace at bed side to the sick and suffering patients. The grace of God and the healing touch of Jesus are flowing through their instrumentality.

I am grateful to all the well wishers of our Institution and also the patients who patronised our Hospital with confidence appreciating the services offered to them.

I remain grateful to all the teaching and non-teaching staff of our Educational Units for their hard work, loyalty and commitment to the Institution. Because of the goodwill and cooperation of the Staff, the Institution could rise to such heights.

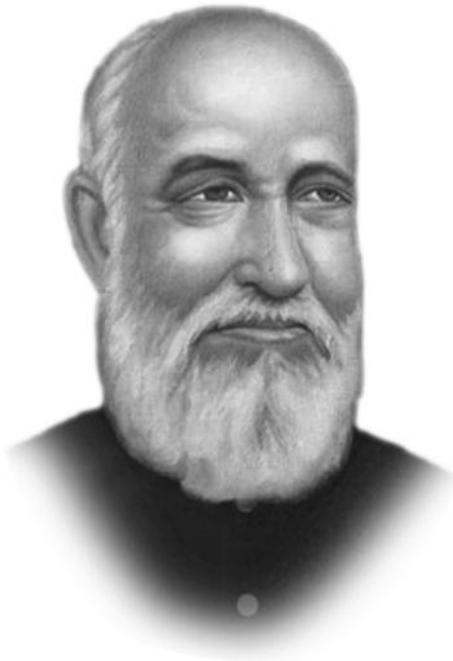
I am also grateful to the parents and guardians of thousands of our students who bring life on our campus and who have made our Institution as their first choice. I am grateful to the large student community on the campus who make the campus vibrant and full of life. Their presence and involvement in all the activities on the campus makes the life in the campus so enjoyable and colourful.

With the intercession of St Joachim and St Anne, the Patrons of our Institution and the continued support from our well wishers, the faculty and the staff and students, we rededicate ourselves in this noble mission in training the young health personnel and also in serving the sick and suffering in the true spirit of Rev. Fr Augustus Muller, the Founder of our Institutions. Long live Father Muller’s.

FATHER MULLER CHARITABLE INSTITUTIONS



FR MULLER ROAD, KANKANADY, MANGALORE - 575 002



ANNUAL REPORT

From 01-04-2018 to 31-03-2019