

July 28 - August 3, 2019

	Aug 1 Thursday-Dr Nagesh KR
1 COLOR CODE FOR THE SPORTS ACTIVITY=16 HOURS	1- 8.30-9.30am-History of Medicine - Vice Dean-conference hall 2- 9.30-10.30am- National Health Priorities and Policies - PSM-conference hall 3- 10.30-11.30am-Principles of primary care - PSM-conference hall 4- 11.30-12.30pm-Health care system and its delivery - PSM-conference hall 5 - Lunch Break - 12.30-1.30 p.m
2 COLOR CODE FOR THE LANGUAGE AND COMPUTER SKILL ACTIVITY=38 HOURS	
3 COLOR CODE FOR THE EXTRA CURRICULAR ACTIVITY=8 HOURS	
4 COLOR CODE FOR THE ORIENTATION ACTIVITY=38 HOURS	
5 COLOR CODE FOR THE SKILL MODULE=34 HOURS	
6 COLOR CODE FOR THEPROFESSIONALISM ETHICS AND BEHAVIOUR=40 HOURS	
	6 & 7-1.30-4.30pm-Hospital Visit & Facility visit
	Aug 2 Friday- pretest about the course- Dr Joylene
	1-8.30-11.30pm- Ice breaking session - Dr Anil Shetty- conference hall
	4- Lunch Break- 12.30-1.30
	5-1.30-4.30 – Movie- Patch Adams- Dr Nagesh/Dr Archana Bhat/Dr Sowmya/ Dr Anita - conference hall.
	Aug 3 Saturday- Dr Nagesh KR
	1- 8.30-9.30am-Doctors role in society - Dr Sunder Bhat-conference hall
	2- 9.30-10.30am-Internal complaint Committee - Dr Malathi -conference hall
	3- 10.30-11.30am-Time Management skill - Dr Prakash Shetty-Conference hall.
	4-11.30-12.30pm-What can students expect - Ms Roshan Mathew, Dr Jerome & Dr George - Conference hall.
	5- Lunch Break- 12.30-1.30
	6,7,8-1.30-4.30pm- Movie -Munna Bhai- Dr Nagesh/Dr Archana Bhat/Dr Sowmya/Dr Anita-DM Hall.
	Notes 1 2 3 4

August 4 - 10, 2019	
Aug 4 Sunday	Aug 8 Thursday- Dr Shivashankara AR
	1-4: 8.30-12.30pm- Being well programme, stress management skill - Roshni Nilaya Faculty- Dr Ramila Shekhar, Dr Jenis Mary, Dr Daniel Elizabeth-conference hall
	5 - Lunch Break - 12.30-1.30 p.m
	6 -1.30-3.30pm- Kannada/Malayalam Class: Vinaya Alvaris - LH 1 & II MLT class room
	7-Sports- 2.30-4.30 p.m- Martial arts (1-50 roll no) /Yoga- alternate health system (51-100 roll no)- Indoor Stadium
	7- 2.30-4.30 pm Extra Curricular activity- Painting (101-150 roll no)
Aug 5 Monday-Dr Nagesh KR	Aug 9 Friday-Dr Smitha Bhat
1,2,3,4,5 -8.30am to 12.30pm- Inauguration and Orientation to the institution and related activities - Management Committee- DM hall	1-4: 8.30-12.30pm- Being well programme, stress management skill - conference hall - Roshni Nilaya Faculty- Dr Ramila Shekhar, Dr Jenis Mary, Dr Daniel Elizabeth
	5 - Lunch Break - 12.30-1.30 p.m
6 & 7- 1.30 to 4.30pm - PTA and Donning of white coat ceremony- Management Committee- DM hall	6 -1.30-2.30pm- Kannada/Malayalam Class: Vinaya Alvaris - LH 1 & II MLT class room
	7-Sports- 2.30-4.30 p.m- Martial arts (101-150 roll no) /Yoga -alternate health system (1-50roll no)
	7-2.30-4.30pm- Extra Curricular activity- Painting (51-100 roll no)
Aug 6 Tuesday- Dr Joylene	Aug 10 Saturday-Dr Smitha Bhat
1: 8.30-9.30 Orientation to community visit - LH1	1-3:8.30-11.30pm- Being well programme, stress management skill - Roshni Nilaya Faculty- Dr Ramila Shekhar, Dr Jenis Mary, Dr Daniel Elizabeth - conference hall
2-8 : 9.30-5.30pm- Community Visit - PSM- Dr Saurabh Kumar-centres. - Jyothi Nagar, Amunjae, Jarandgudde, Bajpae, Ammemar. -30students/batch.	4-11.30-12.30pm- science & Health of Breathing Technique- Prashanth Pai- AOL- conference hall
	5- Lunch Break - 12.30-1.30 p.m
	6 -1.30-2.30pm- Kannada/Malayalam Class: Vinaya Alvaris - LH 1 & II MLT class room.
	7-Sports- 2.30-4.30 p.m- Martial arts (51-100roll no) /Yoga- Alternate health system (101-150 roll no)-Indoor Stadium.
	7- 2.30-4.30pm-Extra Curricular activity- Painting (1-50 roll no)-Open air theater.
Aug 7 Wednesday- Dr Shivashankara AR	Notes-
1-4:8.30-12.30pm- Being well programme, stress management skill - Roshni Nilaya Faculty- Dr Ramila Shekhar, Dr Jenis Mary, Dr Daniel Elizabeth-Conference Hall	Martial arts 1-50 : Venue : Indoor Stadium- GURUKARTHIK S KATEEL
	Yoga 51-100 : Venue : Indoor Stadium- Vysa Yogic University.
	Painting 101-150 : Venue: Open Air theatre- Mr. Preetham
5 - Lunch Break-12.30-1.30pm	Dr Jeis Mary- 9482904695
6 - 1.30-2.30pm-Indian Medical Graduate - Dr Joylene-DM HALL	
7 - 2.30-3.30- 6 - 1.30-2.30pm-Kannada/Malayalam Class: Vinaya Alvaris - LH 1 & II MLT class room	

August 11 - 17, 2019	
Aug 11 Sunday	Aug 15 Thursday - Independence Day - Holiday
Aug 12 Monday - Bakrid Holiday	Aug 16 Friday-Professionalism attitude and ethical behaviour- conference hall- Dr Archana Bhat
1	1- 8.30 to 10.30 am - Student's expectations as doctor & Qualitites of good doctor -Small group discussion, Short movie on 'Good doctor', Discussion - Dr Nagesh, Dr Soumya, Dr Archana, Dr Anitha, Dr Reshma-- Conference Hall.
2	2- 10.30 to 11.20 am - Socioeconomic trend relevance to providing health care in India Short movies on urban & rural health care with reflection from students - Dr. Anitha-- Conference Hall
3	3- 11.20 to 12.00 noon - Human Dignity & respect - Large group session - Dr Soumya-- Conference Hall
4	4- 12.00 to 12.30 pm - Role of doctor in above situations - Interactive discussion - Dr. Nagesh - Conference Hall
5	5- Lunch break - 12.30 - 1.30 p.m
6	6 1.30-2.30 - Orientation & Registration to AHA certified Heart Saver CPR - AED Course - Dr Lulu Sheriff- LH1
7	7 -2.30-4.30pm- (1-75 roll no)- Photography Workshop- Open Air Theatre - Mr Preetham D'souza
	7-2.30-4.30-(76-150 roll no) - Stretching exercises and Zumba - Indoor stadium - Physical director
Aug 13 Tuesday- Dr Shivashankara AR	Aug 17 Saturday-.conference hall- Dr Archana
1 - 8.30-9.30am-Learning Pedagogy, Assessment driven learning and learning strategies - Dr Shivashankara A. R- Conference Hall	1- 8.30 to 9.30 am - Patient's expectations from doctor - Small group discussion, Discussion - Conference Hall - Dr Nagesh, Dr Soumya, Dr Archana, Dr Anitha, Dr Reshma
2-9.30-10.30am-Self directed learning and group learning -Dr Sumanth-Conference hall	
3-10.30-11.30am-Use of Online resources - Dr Anup Shetty -Conference hall.	2- 9.30 to 10.30 am - Principles of Bioethics - Large group session - Dr Nagesh
4-11.30-12.30pm-Learning from patients and other members of health care team - Dr Varadraj shenoy- Conference hall	3- 10.30 to 12.30 pm - Autonomy in patient's care - Movie - My Sister's keeper with reflection from students - Dr Archana.
5 - Lunch Break - 12.30 p.m to 1.30 p.m	5- Lunch break - 12.30 - 1.30 p.m
6-1.30-2.30pm- Group dynamics - Dr Anup Shetty - Conference Hall	6 - 1.30-2.30pm-Kannada/Malayalam Class: Vinaya Alvaris - LH 1 & II MLT class room
7- 2.30-3.30pm- Work as a team and interdisciplinary approach - Dr Lulu Sherif-Conference Hall.	7 -2.30-4.30pm-(76-150 roll no)- Extracurricular activity- Photography Workshop- Open Air Theatre - Mr Preetham D'souza.
7- 3.30-4.30pm-Sports - stretching exercise and Zumba	7-2.30-4.30PM-(1-75 Roll no)Stretching exercises and Zumba - Indoor stadium - Physical director.
Aug 14 Wednesday-Dr Smitha Bhat – DM hall	Notes - Rotation of students between:
1- 8.30-9.30am- Who is a Professional?- Dr Smitha Bhat	2 Photography - 76 - 150
2- 9.30-10.30am- Presenting oneself as professional- Dr Prithvi Shetty, Dr Archana Bhat.	3
3- 10.30-11.30am-Medicolegal aspect- Dr Nagesh K.	4
4- 11.30-12.30pm-Communicating professionally -Dr Ajay Kamath, KMC, Mangalore.	5
5- Lunch Break-12.30-1.30pm	6
6- 1.30-2.30pm-Simulation Based learning and professionalism in Simulation centre - Dr Nicole	7
7- 2.30pm-3.30pm- Maintaining confidentiality- Dr Reshma Kini	
7- 3.30-4.30pm-Sports - stretching exercise and Zumba	

August 18 - 24, 2019	
Aug 18 Sunday	Aug 22 Thursday-Dr Anup Shetty
17-24th - Full day booked for Hospital Conference Hall	1- 8.30-12.30am-WORKSHOP ON BLS/ First Aid/vaccination room visit + Hospital infection control policy / Communication workshop / IT
Register I MBBS students on the 1st day of course, AHA certified Heart Saver CPR - AED Course	
Tea break + Biscuits for 40 members - 10 a.m	
	5. Lunch Break- 12.30-1.30
	6 - 1.30-2.30pm-Kannada/Malayalam Class: Vinaya Alvaris - LH 1 & II MLT class room
	7- 2.30-4.30pm-Yoga / Arts class
Aug 19 Monday- Dr Shailaja S	Aug 23 Friday-Dr Anup Shetty
1- 8.30-12.30am-WORKSHOP ON BLS/ First Aid/vaccination room visit + Hospital infection control policy / Communication workshop / IT	1- 8.30-12.30am-WORKSHOP ON BLS/ First Aid/vaccination room visit + Hospital infection control policy / Communication workshop / IT
5. Lunch Break- 12.30-1.30	5. Lunch Break- 12.30-1.30
6 - 1.30-2.30pm-Kannada Class - Role play- Dr Shivashankara A.R-LH1	6 - 1.30-3.30pm-Kannada/Malayalam Class: Vinaya Alvaris - LH 1 & II MLT class room
7. 2.30-4.30 pm: Well being programme, Roshni Nilaya Faculty – Exam hall, FMMC B-block	
	7- 3.30-4.30pm-Sports - Basket ball,TT,Volleyball,Shuttle - Physical Director
Aug 20 Tuesday- Dr Shailaja S	Aug 24 Saturday-Professionalism attitude and ethical behaviour-Conference hall-- Dr Archana Bhat
1- 8.30-12.30am-WORKSHOP ON BLS/ First Aid/vaccination room visit + Hospital infection control policy / Communication workshop / IT	1- 8.30 to 8.50 am - Empathetic care in medical practice - Short movie "Empathy: it starts with you" with reflection from students - Dr. Archana.
	2- 8.50 to 9.20 am - Cultural diversity and pluralism - Large group session - Dr. Nagesh.
	3- 9.20 am to 12pm - Non-discrimination & Social stigma in patient care (Movie "Phir Milenge" with reflection from students - Dr. Soumya.
5. Lunch Break- 12.30-1.30	4- 12 to 12.30 pm - Solidarity & co-operation in patient care - Large group session - Dr. Reshma Kini.
6 - 1.30-3.30pm-Kannada/Malayalam Class: Vinaya Alvaris - LH 1 & II MLT class room	12.30-1.30pm- Lunch Break.
7- 3.30-4.30pm-Sports - Basket ball,TT,Volleyball,Shuttle - Physical Director	7-1.30-2.30-Kannada/Malayalam class:Vinaya Alvaris- LH1 & II MLT class room
	8 - 2.30-4.30pm-Extra Curricular Activity- visit to Nature visit to Herbal Botanical Garden and GMP certified Fr Muller Homoeopathic Pharmaceutical Company at Deralakatte - alternate health systems .
Aug 21 Wednesday - Dr Shailaja S	Notes-
1- 8.30-12.30am-WORKSHOP ON BLS/ First Aid/vaccination room visit + Hospital infection control policy / Communication workshop / IT	1. BLS - Dr Lulu Sherif - Hospital Conference Hall
5. Lunch Break- 12.30-1.30	2. First aid - Simulation skills centre - Nursing Faculty -Silver Jubilee Hall
6 -1.30-3.30pm- Kannada/Malayalam Class: Vinaya Alvaris - LH 1 & II MLT class room	3. HICC- Dr Thomas - Medicine OPD class room.
	4. Communication workshop (Soft skills) - Toast Master club members -Knowledge Centre Hall
7- 3.30-4.30pm-Sports - Basket ball, TT, Volleyball, Shuttle - Physical Director	5. IT - SJEC Faculty - Rev Fr Ajith
	6. Vaccination (room visit)- Dr Saurab Kumar.

August 25 - 31, 2019	
Aug 25 Sunday	Aug 29 Thursday- Dr Reshma Kini
	1.8.30-9.30am- Music and healing -Dr Nagesh and Dr Laxman Prabhu - LH 1
	2. 9.30-10.30am-Introduction to NABH - Rev Fr Rudolph Ravi D'sa - LH 1
	3 & 4-10.30-12.30am - orientation of Fire & Safety with Demonstration - Fire & Safety Dept.- LH 1 & Demo in the Stadium
	5. Lunch Break- 12.30-1.30
	6- 1.30-3.30pm-Kannada/Malayalam Class: Vinaya Alvaris - LH 1 & II MLT class room
	7-3.30-4.30pm- Sports - Mr Vikas Puthran
Aug 26 Monday - Dr Sumanth	Aug 30 Friday- Dr Reshma Kini
1 & 2 -8.30-10.30am- Research Introduction - Dr Shivashankara & Dr Sanjeev Rai - Conference Hall	1- 8.30 to 9.30 am - History of unethical research in health care & Salient features of guidelines for research (Large group session - Dr. Nagesh - –LH1
3 & 4 -10.30-12.30am- Library Visit- Dr Janet Lobo	2- 9.30 to 12.30 am - Vulnerability & autonomy in research activity (Movie "Miss Evers Boys" with refelction from students - Dr. Archana, Dr. Reshma Kini)- –LH1
5. Lunch Break- 12.30-1.30	5. Lunch Break- 12.30-1.30
6 - 1.30-3.00 pm-Kannada/Malayalam Class: Vinaya Alvaris - LH 1 & II MLT class room	6.1.30-3.30pm- Kannada/Malayalam Class: Vinaya Alvaris - LH 1 & II MLT class room
7. 3.00 – 4.30 pm: Art of Living (Breath & Mind: The secret to success) – LH-1	7-3.30-4.30pm- Sports - Mr Vikas Puthran
Aug 27 Tuesday-Dr Sumanth	Aug 31 Saturday- Dr smitha Bhat and Dr Maitreyee D.S
1-8.30-9.30am-Skill of documentation of medical record - Dr Uday Kumar-LH1	1.8.30-9.30am- Anti-ragging (Dr. Padmaja Udaykumar) --LH1
2-9.30-10.30am- Working within a health care team - Dr Prithvi Shetty -LH1	2. 9.30-10.30 am: Orientation to Physiology - Dr Jnaneshwar shenoy - LH1
3. -10.30-11.30am-Orientation of Blood bank and activities, Youth red Cross Unit- Dr Kirana Pailoor -LH1	3. 10.30-11.30am- Orientation to Give and Receive Feedback -LH1
4. -11.30-12.30pm-Orientation on Organ donation - Dr Shailaja A. Katti and Dr Manjunath -LH1	3 11.30-12.30pm- VARK Activity - Orientation to learning style- LH1
5. Lunch Break- 12.30-1.30	5- Lunch Break 12.30-1.30
6 - 1.30-3.30pm-Kannada/Malayalam Class: Vinaya Alvaris - LH 1 & II MLT class room	6 -1.30-2.30pm- Kannada/Malayalam Class: Vinaya Alvaris - LH 1 & II MLT class room
7-3.30-4.30pm- Sports - Mr Vikas Puthran	7-2.30-4.30-Extra Curricular activity- Introduction to clubs of the college and Value added games- followed by Address by Director, Fr Ajith& Dean on Ethos of Institution followed by Snacks- Indoor Stadium.
Aug 28 Wednesday Dr Reshma Kini	
1 -8.30-9.30am- Introduction to pre-clinical phase of MBBS - Dr Prakash Shetty - LH1	
2 - 9.30-10.30am-Orientation to Anatomy - Dr Prakash Shetty - LH1	
3-10.30-11.30am-Orientation to Biochemistry - Dr Malathi M - LH1	
4 -11.30-12.30pm- Work as a team and interdisciplinary approach - Dr Lulu Sherif - LH1	
5. Lunch Break- 12.30-1.30	
6 -1.30-3.30pm- Kannada/Malayalam Class: Vinaya Alvaris - LH 1 & II MLT class room	
7-3.30-4.30pm- Sports - Mr Vikas Puthran	