



FATHER MULLER MEDICAL COLLEGE

(A unit of Father Muller Charitable Institutions)

Father Muller Road, Kankanady, Mangalore-575002

FMMC/GEN/80/2021

24.02.2021

The HOD's
FMMC

Dear Sir /Madam,

I am sending herewith the Foundation course schedule of MBBS 2020-21 batch for your kind reference and needful.

Thanking you.

Yours Sincerely,

Dr. Jayaprakash Alva
DEAN

C.C.: The Director, FMCI - For information / The Administrator, FMMC / IQAC /Resource persons /File

jp/jp

FOUNDATION COURSE MBBS 2020-2021

FC CODE	DATE	TIME	COMPETENCY	Resource Person	ATTENDANCE
FC 1.7	4/1/2021-MONDAY	10-10.30	Demonstrate understanding of the overview of MBBS curriculum, its structure and outcomes and its relation to the career pathways	Dr Jayaprakash Alva, Dean	132
FC 4.9	4/1/2021	10.30-11.30	Discuss the significance and appropriate ways of Time management. * Prioritize their activities in order to manage time better. * Identify and handle their own distractions and interruptions.	Dr Nagesh	133
	4/1/2021	2.30-3.30	Anti-ragging and gender sensitivity	Dr Padmaja Udaykumar	133
FC 1.10	5/1/2021-TUESDAY	9.30-10.30	Demonstrate awareness of the History of Medicine and alternate systems of Medicine.	Dr Padmaja Udaykumar	135
FC 1.2	5/1/2021	10.30-11.30	Demonstrate understanding of the Roles of an Indian Medical Graduate and relate it to the societal impact.	Dr Joylene	135
FC 5.2	5/1/2021	2.30-3.30	Demonstrate use of local language in patient and peer interactions	Dr Meenakshi R	131
FC 1.8	6/1/2021-WEDNESDAY	9.30-10.30	Demonstrate understanding the role of physician at various levels of Health care delivery. Demonstrate understanding of the health care systems in India with reference to primary, secondary and tertiary level care	Dr Sudhir Prabhu	132
FC 3.3					
FC 1.9	6/1/2021	10.30-11.30	Discuss the principles of family practice	Dr Achal shetty	129
FC 5.2	6/1/2021	2.30-3.30	Demonstrate use of local language in patient and peer interactions	Dr Meenakshi	132
FC 3.1	7/1/2021-THURSDAY	9.30-10.30	Demonstrate understanding of the National Health Goals and Policies	Dr Saurab Kumar	133
FC 3.5	7/1/2021	10.30-11.30	Demonstrate understanding of the structure and functioning of the community health centre.	Dr Oliver	132

FOUNDATION COURSE MBBS 2020-2021

FC 1.7	7/1/2021	2.30-3.30	Logbook guidelines	Dr Avinash SS	129
FC 4.1	8/1/2021-FRIDAY	9.30-10.30	Demonstrate understanding of the concept of Professionalism and ethics among health care professionals	Dr. Smitha Bhat	133
FC 4	8/1/2021	10.30-12.00	- Demonstrate understanding of importance of communication and inter-professional relationship while working in a health care team. - Orientation to HEART SAVER CPR program	Dr Lulu Sheriff.	133
FC 5.2	8/1/2021	2.30-3.30	Demonstrate use of local language in patient and peer interactions	Dr Meenakshi Ramachandran	123
FC 1.7	9/1/2021-SATURDAY	8.30-9.30	Structure of Competency Based Medical Education Curriculum	Dr Avinash SS	129
FC 4.2	9/1/2021	9.30-10.30	Demonstrate understanding that compassion, altruism, integrity, duty, responsibility and trust are the core values that defines the nature of the physician's work Describe Altruism Discuss Altruism as an important professional virtue of a physician.	Dr Prashanth YM	129
FC 5.2	9/1/2021	10.30-11.30	Demonstrate use of local language in patient and peer interactions	Dr Meenakshi Ramachandran	127
FC 1.1	9/1/2021	2.30-3.30	Demonstrate understanding of the role of doctors in the society and their impact	Dr Varadraj Shenoy	128
FC CODE	DATE	TIME	COMPETENCY	Resource Person and Signature	ATTENDANCE
FC 4.1	11/1/2021-MONDAY	9.30-10.30	Discuss the consequences of unprofessional and unethical behaviour.	Dr. Archana Bhat	132
	11/1/2021	10.30-11.30	Orientation to Physiology	Dr. Jnaneshwar Shenoy	127

FOUNDATION COURSE MBBS 2020-2021

FC 4.3	11/1/2021	2.30-3.30	- Discuss the value, honesty and respect during interaction with peers, seniors, faculty, other health care workers and patients - Describe the significance of working in a health care team.	Dr Prithvi Shetty	127
FC 4.4					
FC 4.6	12/1/2021-TUESDAY	9.30-10.30	Demonstrate understanding and respect of cultural diversities and interact with those with different cultural values	Dr Saurab Kumar	127
FC 5.2	12/1/2021	2.30-3.30	Demonstrate use of local language in patient and peer interactions	Dr Meenakshi Ramachandran	122
FC 4.12	13/1/2021-WEDNESDAY	9.30-10.30	Demonstrates understanding of the process of group learning and group dynamics-IN ACADEMICS	Dr Reshma Kini	127
FC 4.15			Understand collaborative learning		
FC 4.14	13/1/2021	10.30-11.30	Demonstrates understanding of different methods of self-directed learning	Dr Sumanth	126
FC 5.2	13/1/2021	2.30-3.30	Demonstrate use of local language in patient and peer interactions	Dr Meenakshi Ramachandran	117
	14/1/2021-THURSDAY	8.30-9.30	ORIENTATION to anatomy	Dr Prakash Shetty	115
FC 5.5	14/1/2021	9.30-10.30	Demonstrate ability for accessing online resources	Dr Anup Shetty	125
	14/1/2021	10.30-11.30	ORIENTATION to Biochemistry	Dr Malathi M	127
FC 5.2	14/1/2021	2.30-3.30	Demonstrate use of local language in patient and peer interactions	Dr Meenakshi Ramachandran	117
FC 4.1	15/1/2021-FRIDAY	8.30-9.30	Simulation based learning and professionalism in simulation centre	Dr Nicole	118
F.1	15/1/2021	9.30-10.30	History of Outbreaks, Epidemics & Pandemics INFORMATION ON COVID	DR SAURABH KUMAR	132

FOUNDATION COURSE MBBS 2020-2021

FC 2.9		16/1/2021	10.30-11.30		Demonstrate awareness of significance of documentation in patient care and the proper method of documentation.	Dr Harish Gowda	122	
FC 1.3		16/1/2021-SATURDAY	2.30-3.30		Discuss and appreciate the expectations of the students from the Nation, society, Institution, peers, colleagues and patients and vice versa	SHARON-IIIMBBS student & Dr Akshay Dias, Medicine 2 nd year resident.	128	
FC CODE	DATE	TIMING	TOPICS	VENUE	RESOURCE PERSON	Attendance		
	1/2/2021 MON	9.30-10.30	MBBS 20-2021 BATCH COURSE INAGURATION	CONVENTION HALL	Management	147		
	1/2/2021	10.30-11.00	White coat ceremony	CONVENTION HALL	Dr Nagesh K.R	147		
		11.-12.00	Orientation to Curriculum	CONVENTION HALL	Dean, Dr Jayaprakash Alva	147		
		12-1.00	Rules and regulations	CONVENTION HALL	Administrator, Fr Ajith Menezes	147		
	2/2/2021	9.00-10.00	Discuss the various career pathways and opportunities for personal growth	ACADEMY HALL	Dr Rakesh Rai	147		
		10.00-11.00	Ethics in research	ACADEMY HALL	Dr Nagesh	147		
		1.30-2.30	Language	ACADEMY HALL	Dr Meenakshi	147		
		2.30-4.30	Sports- physical fitness	STADIUM	Physical Director	147		
	3/2/2021-WED	8.30-9.30	Discuss disability competencies	SILVER JUBILEE	Dr. Saurabh kumar	147		
		9.30-10.30	Orientation to Blood bank and youth red cross Unit	SILVER	Dr Kirana Piloor	147		

FOUNDATION COURSE MBBS 2020-2021

			10.30-11.30		Orientation to organ donation and NSS	JUBILEE SILVER JUBILEE	Dr Shailaja A Katti Dr Manjunath	147	
			1.30-4.30		Reflective discussion on the Movie My sister's keeper	LH3	Dr Nagesh	147	
FC4.7	4/2/2021 THU	8.30-11.00			Suicide prevention initiative Discuss the significance and methods of Stress management and risk-taking behaviour.	ACADEMY HALL	Dr Avinash Joe & Dr Aruna Yadiyal	142	
FC 4.8		11.00-12.30			Role of yoga /meditation in personal health.	ACADEMY HALL	Mr Prashanth Paj, AOL	142	
		1.30-2.30			Language	ACADEMY HALL	Dr Meenakshi	142	
		2.30-4.30			Ice breaking	ACADEMY HALL	Dr. Anil Shetty	142	
	5/2/2021 FRI	8.30-10.00			Introduction to various to various club- research, quiz, debate, Surgery clubs.	SILVER JUBILEE	Students and staff convener	144	
		10.30-11.30			Role of mentoring	SILVER JUBILEE	Dr Smitha Rasquina	144	
		11.30-12.30			Language	SILVER JUBILEE	Dr Meenakshi	144	
		1.30-4.30			Good Clinical practice	DM HALL	Dr Shivashankar AR	144	
	6/2/2021 SAT	8.30-9.30			Introduction to Research	DM HALL	Dr Sanjeev Rai	144	
		9.30-12.30			Reflective discussion on Movie Miss Ever's boys	DM HALL	Dr Oliver	144	
		1.30-2.30			Language	ACADEMY HALL	Dr Meenakshi	144	
		2.30-4.30			Sports- zumba	Stadium	Physical Director	144	
	7/1/2021	SUNDAY							

FOUNDATION COURSE MBBS 2020-2021

	FEB 8-11, 2021	Morning session 8.30-12.30. Afternoon Session- 1.30-4.30.	~20/BATCH; TOTAL 8 BATCHES.-A,B,C,D,E,F,G,H TOPICS- Skills workshop	RESOURCE PERSON	
FC 2.1			1. BLS	Dr Lulu Sheriff Dr Shreedhara(Paed) Dr Savitha Lasrado(ENT) Dr Archana (Med) Dr Prashanth(Med) Dr Prajna(Anesthesia) Dr Ananth(Anesthesia) Dr Veena (Medicine) Dr Shailaja S (ED) Dr Nicole(Pharmacology) Dr Rashmi(Paed) Ms ReenaFrank(FMCON)	8/2/21- 148 9/2/21- 147 10/2/21-149 11/2/21-149
FC 2.2			2. Perform First Aid in a simulated environment.	Nursing dept- Mrs Jubee Joseph, Mrs Denitha T Mr Abin Kuriakose Mrs Sunitha Priya Menezes Mrs Shwetha Rashmi.	

FOUNDATION COURSE MBBS 2020-2021

FC 2.3			3. Hospital infection control • Follow bio-safety and universal precautions. • Demonstrate handling and safe disposal of Bio-hazardous materials in a simulated environment. • Demonstrate proper hand washing and use of personal protective equipment. • Demonstrate appropriate response to needle stick injuries. • Demonstrate Biomedical Waste segregation (BMW), observe and explain the process of management of BMW in accordance with National Regulations		Dr Thomas, Dr Rekha, Dr Prasanna Ms nancy Ms Dipti Ms Laura Ms Binny Ms Nikita	
FC 2.4						
FC 2.5						
FC 2.6						
FC 2.7						
FC 2.8			4. Discuss the Immunization requirements of Health care professionals and Vaccination Room visit 5. Orientation to fire and safety with demo		Dr Saurabh Kumar, Dr Achal Shetty Dr Sowmya, Dr Anissa Dr Sudhir Prabbu Dr Oliver Dr Moira Dr Saurbh Kumar Fire safety officer	

FOUNDATION COURSE MBBS 2020-2021

			6. Library visit		Dr Janet Lobo	
			7. Orientation to campus and facility rounds		Dr Dane Chandy Dr Namratha Ashwin Dr Neetha Shastry Dr Chitra Pai K Dr Muruga Dr Dyna Ann Roby	



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