



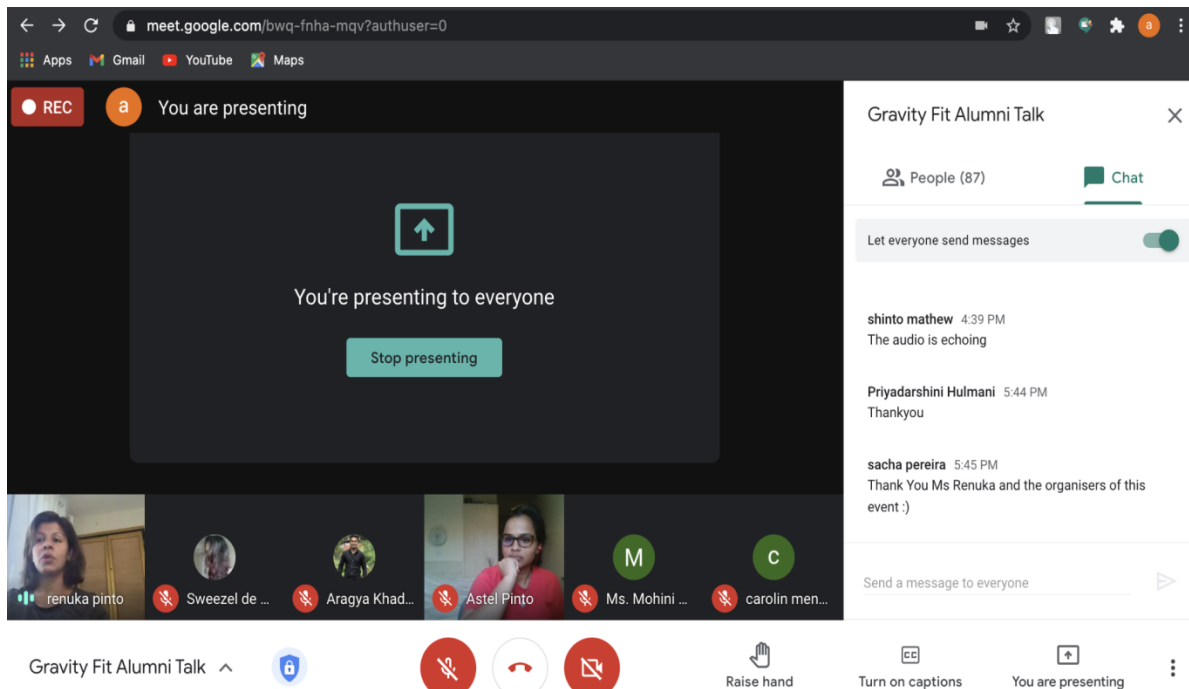
FATHER MULLER MEDICAL COLLEGE

(A unit of Father Muller Charitable Institutions)
Father Muller Road, Kankanady, Mangalore-575002

Alumni Association Activities 2020-21

WEBINAR

- The Department of Physiotherapy and the Father Muller Medical College in association with Alumni Association conducted a webinar for the Post graduate students, interns and final year physiotherapy students on 6th of March 2021. The spokesperson was most eminent alumina Ms. Renuka Pinto, batch of 1995 BPT.
- Ms Renuka pinto has been physiotherapist for the Prahan football club, the National Cricket Academy, the Indian cricket team during the West Indies tournament, the Women's Tennis Association (Sania Mirza's Physiotherapist at all 4 grand slams).



WEBINAR

- A Webinar was conducted by Alumni Association and Department of physiotherapy on the 1st May 2021, titled “Gravity Fit” a new concept introduced for the 1st time in India by our esteemed alumna Ms Renuka Pinto (1995 BPT). The target audience was interns and post graduate students. This was an introductory talk approved by the Gravity FIT foundation in the United States. The concept has studied the gravity muscles and its role in core fitness from 15 years of research from NASA.

“QUARANTUNES” – online music extravaganza



- An online musical extravaganza "QUARANTUNES" was held on 10th October 2020 for the faculty and medical students. Alumni from around the world participated.

COVID EPIGNOSIS

COVID EPIGNOSIS: FIGHT THE INFODEMIC

5 June 2021, Saturday
5:00 pm - 7:00 pm

1. ENT presentation of COVID.
2. Post COVID Complication - Mucormycosis.

1. Face Masks, Oxygen Apparatus-- How to use carefully and cautiously at home and at hospital.
2. Maintaining hygiene of the devices in order to prevent Mucormycosis.

6 June 2021, Sunday
10:00 am - 12:00 pm

Role of Physiotherapy in the management of COVID.

Mental health challenges faced during the pandemic.

Zoom & YouTube
@fmciofficial

Speakers:
Dr. Viney V Rao
Dr. P.S. Balakrishna Achar
Mrs. Charishma D'souza
Dr. Smitha Rasquinha

29, 30 May & 5, 6 June

ZOOM Meet (For FMHC students)
YouTube

FREE! Registration
Participants get E- Certificate (For FMHC students)

Speakers:
General Medicine: Dr. Veena Pinto
Otorhinolaryngology: Dr. Viney V Rao
Community Medicine: Dr. Sudhir Prabhu
Physiotherapy: Mrs. Charishma
Nurse: Sr. Neha Joy
Anaesthesiology: Dr. P.S. Balakrishna Achar
Psychiatry: Dr. Smitha Rasquinha

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- The batch of 2018, MBBS in association with the Alumni Association organised a Webinar - COVID Epignosis on 29th & 30th May 2021 and 5th & 6th June 2021 on COVID 19. The speakers were Dr. Sudhir Prabhu, Professor, Department of community medicine, FMHC, who spoke on Vaccinations, Testing and Tracing, 1st and 2nd wave, Home isolation and treatment of mild to moderate cases of COVID 19., Dr. Veena Pinto, Associate Professor, Department of General Medicine spoke on Diagnosis, Clinical Features and Treatment Guidelines and protocols, management of mild to moderate and severe COVID. Mrs. Neha Joy, Nursing Superintendent of medical college hospital gave a talk “A nurses point of view in the pandemic, challenges faced

as vaccinators, strategies to overcome them, documentation, bed shortage”. Dr. Vinay V Rao, Associate Professor, Department of Otorhinolaryngology spoke on” Rhinocerebral mucormycosis and ENT presentation of COVID 19”. Dr. P.S. Balakrishna Achar, Associate Professor, Department of Anaesthesiology, FMMCH spoke on Face masks, oxygen cylinders and oxygen concentrators. Ms. Cherishma D’silva, Professor, Department of Physiotherapy, FMCAHS spoke on the “Role of physiotherapy in the management of COVID”. Dr. Smitha Rasquinha, Assistant Professor, Department of Psychiatry, FMMCH spoke on “ Mental challenges faced by doctors, nurses, patients, relatives and students during the pandemic”.

- Around 130 participants attended the webinar. The event was also broadcasted live on YouTube. Each session had an interactive question and answer session and some fun activities for the attendees.
